

राष्ट्रिय कार्यशाला गोष्ठी

# भवन निर्माण आचार संहिताको प्रभावकारी कार्यान्वयन तथा प्रचार-प्रसार

श्रावण १७-१८, २०६४ र गोदावरी भिलेज रिसोर्ट, ललितपुर, नेपाल



**UNCRD**

यूएनसीआरडी प्रकोप व्यवस्थापन योजना इयोगो अफिस



/fli60 sfozfuf ufj7L

ej g lgdf0f cfrf/ ; lxtfsf]  
kefj sf/L sfof0j og  
tyf  
krf/-k} f/

>fj 0f !&-!\* , @)^\$  
uf0fj /L lenh l/; f0{ nlnk/, gkfn



oPg; lcf/8L k\$fk Joj :yfkf ofhgf xoflf]clkm;



; xcf0fhs  
zx/L lj sf; tyf ej g lgdf0f lj efu, lgdf0f tyf eflts ofhgf  
d0qfno  
:yfglo lj sf; d0qfno, gkfn ; /sf/



/fli60 e\$Dk klj lw ; dfh - gkfn

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The Department of Economic and Social Affairs of the United Nations Secretariat is a vital interface between global policies in the economic, social and environmental spheres and national action. The Department works in three main interlinked areas: (a) it compiles, generates and analyses a wide range of economic, social and environmental data and information on which State Members of the United Nations draw to review common problems and to take stock of policy options; (b) it facilitates the negotiations of Member States in many intergovernmental bodies on joint courses of action to address ongoing or emerging global challenges; and (c) it advises interested Governments on the ways and means of translating policy frameworks developed in United Nations conferences and summits into programmes at the country level and, through technical assistance, helps built national capacities.

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## el'dsf

oPg; lcf/8l k'f]k Joj :yfkf of]hgf Xof]uf]clkm; n] ; g\@))& af6 rf/ b'zx? cNhl/of, 0G8fg'zlof, gkfn / k'P  
nf0{nllft u/] HOUSING EARTHQUAKE SAFETY INITIATIVE (HESI) z? u/}f]xf]. o; of]hgf]n]  
ejg lgdf@f cfrf/ ; lxtfsf]kfej sf/l sfof]j ogaf6 ; /llft ejg lgdf@f{nf0{kj 4g ug]nlf lnPsf]5 .

gkfn e\$Dklo hf]lvd ePsf]dhs xf]. ; g\!(\*\* df cfPsf]e\$Dkdf &)) hgf e'bf a9lsf]Hofg uPsf]lyof]/  
xhf/f]ejgx? eI'sPsf lyP . gkfn'df em08}\*) k|tzt e'bf a9l 3/x? ; /llft k'ffnl gckgf0 agf0Psf  
5g\ ; g\!(((\$ df ejg lgdf@f cfrf/ ; lxtf tof/ u/] ; g\@))# df nfu"ul/Psf]ePtf klg, sfof]j og eg]slx  
gu/kfinsfx?df dfq l; ldt 5 . k'fej sf/l sfof]j ogdf k'pV j fws eg\$]sf]of]j og clwsf/lx?sf]lfdtf cefj /  
hg; dbfodf bl]vPsf]; r'j]gfsf]sld xf].

olg}tYox?nf0 d'logh/ u/] gkfn'df klxnf]sfo'zfnf ; #fng ul/Psf]lyof]. e]t's of]hgf d'qfno, :yfglo lj sf;  
d'qfno, ejg lj efu tyf dh'sel/sf @) gu/kfinsfx?sf clws]x?, 0l'ghlgo/x?, zx/l of]hgf]j bx? tyf  
c'lo ; /f\$]f/j fnfx?sf]pk]y]ltdf pQm sfo'zfnf ; #fng ePsf]lyof]. pQm sfo'zfnfsf]k'pV pb'zox? lgDg lyP  
M ; f'ble\$ ; d:ofx?sf]klxrf, ; /f\$]f/j fnfx?df ejg lgdf@f ; /lffsf]r'j]gf clej [4 / gkfn'df ejg lgdf@f  
cfrf/ ; lxtfsf]kfej sf/l sfof]j ogsf /0fglltx? tof/ ug{. of]kl:tsf pQm sfo'zfn'df ePsf 5nkmx?sf]  
clen]y xf]. oPg; lcf/8l cfzf ub\$ pQm sfo'zfn'df ePsf]lj rf/ lj dz{/ cleJoQm cgej n]elj iodf ; /llft  
k'ffnl ckgf0{ejgx? agfpg 7f] sbd r'fNg ; xof]u k'Yofpg]5 .

# Ij ifo ; lr

eldsf

iii

kyd lbg - >fj Of !&, @)^\$

## p4f6g ; q

:j fut dGtJo, cfdff dlof lbllft, sfo\$fl lgbzs, /fli60 e\$Dk  
 klj lw ; dfh - gkfn -----@  
 p4f6g dGtJo, ; f0rl cfbf] ; ofhs, oPg; lcf/8l k\$fk Joj :yfk ofhgf  
 xofuf]clkm; -----#  
 dGtJo, lj ho l; x; ; xos cfj ; lo kltlglw, oPg8lkl gkfn ----- \$  
 dfgglo dGql b] u?^sf]; bzs; ; f0nfn ; j 0l; ; x-; lrj, :yfglo lj sf;  
 dGqfno ----- ^  
 ; eflolfsf]dGtJo, k0f{s8/lof, sfo\$fl l ; lrj, lgdf0f tyf eflts ofhgf  
 dGqfno, gkfn ; /sf/ ----- \*

## ; q - ! M ejg lgdf0f cfrf/ ; lxtfsfnlu glltut 9fFf

lbuf] j ; fjf; sfnlu ejg lgdf0f cfrf/ ; lxtf, lszf] ykfi, ; x-; lrj,  
 eflts ofhgf tyf lgdf0f dGqfno-----!!  
 ; x; f0bl lj sf; nlf (MDGs) lj sf; sfnlu HESI, ; f0lr  
 cfbf] ; ofhs, oPg; lcf/8l k\$fk Joj :yfk ofhgf xofuf]clkm; ----- !\$  
 lj s0bls/of, :yfglo zf; g / ejg lgdf0f cfrf/-; lxtf, lbgz sdf/  
 yklnof, k0v sfo\$fl clws]t, sf7df8f}dxfgu/kflnsf----- !&  
 hfkfgdf ejg lgdf0f cfrf/ ; lxtfsf] 0ltxf; , zz6s] cf]fgl, kfl0fks,  
 lrj f lj Zj lj wfno, hfkfg ----- @!  
 ; q kg/lj n]sg, e/t zdf] gkfn 0€ snh ----- @%  
 5nkm / k]g0/ ----- @\* -#!

## ; q - @ M ; /sf/ ; dXsf]eldsfdf kofgh 5nkm -----#@-\$@

; xhstf{M lj i0f xl/ k08} cg; Gwfg clws]t, oPg; lcf/8l k\$fk Joj :yfk  
 ofhgf xofuf]clkm;  
 6lkt0stf{M lgzf >]7, Pg; 0 - gkfn

Kofgh:6  
 ; f0nfn ; j 0l, :yfglo lj sf; dGqfno  
 ; 0€0m; fuf5] dxflgbzs, ejg lj efu  
 k0/fh hfzL, e/tk' gu/kflnsf  
 j bgnfn Gof5f]r: s]km  
 lhi0f ; j 0l, gkfn 0€ snh  
 /fdr0b]s8h, Pg; 0 gkfn

## ; q - # ejg lgdf0f cfrf/ ; lxtf gllt ; a0wdf ufhd]r 5nkm ----- \$#-\$&

; xhstf{M cfdff dlof lbllft, Pg; 0 gkfn

; q - \$ ejg lgdfdf klsf]sf cj ; / / rgf]lx?

ejg lgdfdf hfkfgl lkk]r/ ; /sf/sf]cgej, gf] xfsl tfsxf; L, Xof]uf] lkk]r/, hfkfg \$(

nln tk/ pkdxfgu/kf]nsf]ejg lgdfdf cfrf/-; lxtf sfolfj og cgej, lgod dxhg, kdv, ešdk ; /lff zfvf, nln tk/ pk-dxfgu/kf]nsf %!

ejg lgdfdf cfrf/-; lxtf sfolfj ogsf cj ; / / rgf]lx? ; /h >]7, 0€ w/fg gu/kf]nsf %\$

ejg lgdfdf lgoq0fsf sf]gl / /uh/L d2fx?, j ; Gt cfrfo] sf]g clws], sf7df8f]dxfgu/kf]nsf %^

bf]f]lbg - >fj Of !\*, @)^\$

; q - % M gu/kf]nsf]df ejg lgdfdf cgd]bg klsf]sf]lj sf;

gkfn ejg lgdfdf cfrf/ ; lxtsf]dVo j Bix?, cd]dfg thfw/, 0]h]lgo/, ejg lj efu %(

ejg lgdfdf cgd]bg klsf]sf]nflu cfj Zos >f] ; fwgsf]Joj :yf, /Zdl/fh kf08] pk-; lrj, :yfglo lj sf; d]qfno ^@

:yfglo ; /sf/sf] ; xeflutf / k/fdz{M j gkfn gu/kf]nsf]cgej, z/z >]7, 0€ agkf gu/kf]nsf ^%

ejg lgdfdf cfrf/ ; lxtfdf gful/s ; df]nsf]el]dsf, lj el'tdfg l; x, clw]f, k\$fk Joj :yfgk ; ldl, sf]dkf - !&, kl]tlgw, 7d]h /f/L Snj ^&

; q - ^M ; dXut 5nkmsf]ejg lgdfdf cfrf/ ; lxtfdf gu/kf]nsf]k]fnl

kZgr] / ; j [f]sf]k]l/Des gtlhf -; DkOf]gu/kf]nsf] ; f/\_ M /d]z u/fuf] lgoqs, ešdk 0€ / t]nd, Pg; f] gkfn ^(  
 ejg lgdfdf cfrf/ ; lxtf / To; sf]sfolfj ogsf]lj Zj Jofkl ; j [f]f, gcf]sf] ldlzdf, cg'; Gwfg ; xfos, cg'; Gwfg clws], oPg; lcf/8l k\$fk Joj :yfgk of]hg xof]uf]clkm; &!  
 ; dXut 5nkmsf] j Bix?, lj iOf xl/ kf08] cg'; Gwfg clws], oPg; lcf/8l k\$fk Joj :yfgk of]hg xof]uf]clkm; &\$

; dXut 5nkmsf]k]ttl &^-\*  
 ; dX s M gu/ ; /sf/ / ; dbfosf]lfdtf clej [4  
 ; dX v M lbuf]ejg lgoq0f / k/fdz]nflu k]fz]lgs 9fFf  
 ; dX u M ejg lgdfdf cfrf/ ; lxtf]nflu cfj Zos df]g / cfly\$ ; #fwg

; q - &Mgu/ ; /sf/df ejg lgdff cfrf/ ; lxtf nfu"; j0wdf ufhdj ; Ddng ----- \*!- \*\*

cllof M s[0f k| fb b] sf0f, k0v sfošf/l clwst, nlnrk/ pk-dxfgu/kflnsf  
; xhstf{M; b{gf/fo0f >]7, pk-sfošf/l lgbžs, Pg; 0-gkfn

; q - \*Mej iosf]sfo?k / ; dfkg

dfjvs k|tit----- ()-(@  
lbgž yklnof, k0v sfošf/l clwst, sf7df8f}dxfgu/kflnsf  
cfdff dlof lbllft, Pg; 0 gkfn

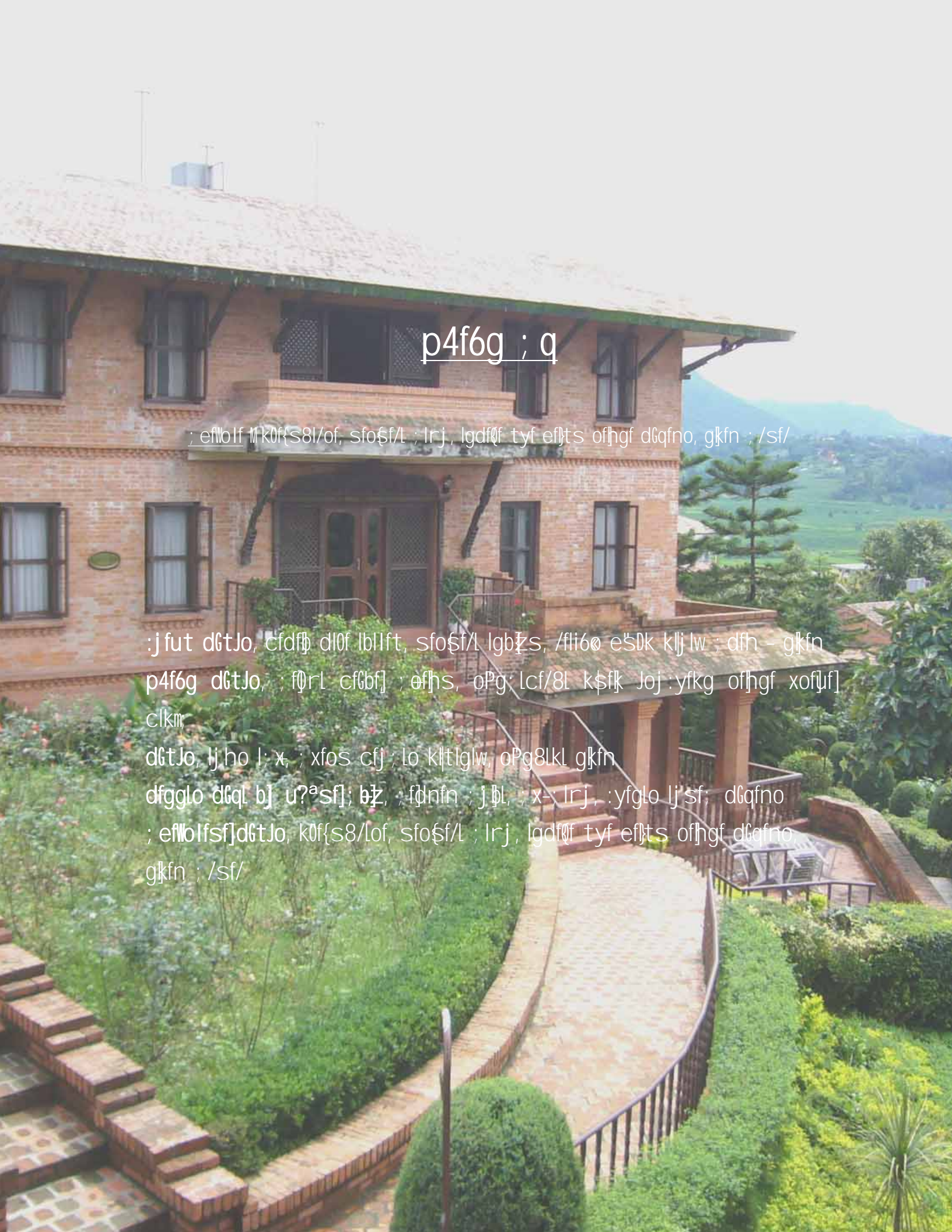
bllof Plzofsfnlu ešDk hfjvd G0lgs/0f / kg?Tyfg tof/l sfošd ----- (#  
df; flxsf]d/ftf, International Recovery Platform  
-cf00f/kL\_  
/fxh; 0 ulkf, kšfk Joj :yfkj lj 1, oPg8lkl gkfn

; dfkg j Qmlo, ; b0Qm ; fuf5] dxflgbžs, ejg lj efu (^

cg" rl

sfošd sf]pbžo / sfošd ; Hfk (\*)  
; xeflux?sf]; lr !\$





# p4f6g ; q

; efllof kof{s8/lof, sfof/L ; lrj, lgdf tyf eflts ofhg dafno, gkfn ; /sf/

:j fut dGtJo, cdfb dlof lbllft, sfof/L lgbzs, /fli6 eSDk klj lw ; dfh - gkfn  
p4f6g dGtJo, ; fQrl cfGbf] ; eflhs, oPg Lcf/8L kffk Joj :yfg ofhg xoflf]  
clkm  
dGtJo, lj ho l ; x ; xfos cfj ; lo klTlgw, oPg8lkl gkfn  
dfgglo dGql bj u?^sf] ; bZ ; fdfn ; j fl ; x- lrj ; yfglo lj sf ; dafno  
; efllofsf]dGtJo, kof{s8/lof, sfof/L ; lrj, lgdf tyf eflts ofhg dafno  
gkfn ; /sf/

# :j fut d6tJo

cfdfb dlof lblft  
sfošf/l lgbžs, /fli60 ešDk klj lw ; dfh - gkfn



gd:sf/, o; ; efsf ; efkl tyf **MPPW** sf ; lrhHo," **MoLD** sf ; x; lrj Ho," d6rdf cfl; g ; d6jostf{  
**UNCRD** kšfk Joj:yfkg ofhgf Xofuf] sfofno, pkl:yt gkfn ; /sf/sf pRr kb:y clwsf/LHoX?, ljleG  
gu/kfnsf sfofnoaf6 kflNgePsf dxfgefj HoX?, cfb/0fio kl|t|glwHoX?, oxf+cfpgePsf kl|t|glw, al/i7 k/fdzš,  
lzlfllj b\tyf ; fylx? .

d of] uf7ldf cfpge0{efu lng]lj rf/ ugšPsfdf ; a}f0{ ; j kyd w6oj fb lbg rfx65' . ; fy}of] ejg lgdff  
cfrf/ ; lxtsf]kšf]sf/l sfof]og tyf krf/ k|f/ ljifos sfožnfdf cfpgePsf ; a}f0{:j fut ubš' . cl3  
elgor] of]sfožnf rf/j 6f ; :yfsf]kšf; af6 cfofhgf ePsf]xf]. d6qfno cyf\ /sf/sf] ; mlgtf tyf g]Tj 5,  
**United Nations Centre for Regional Development (UNCRD)**, kšfk Joj:yfkg ofhgf Xofuf]  
sfofnoaf6 8f- ; f0rl cfbf]h]kl|t|glw] ugšPsf]5 / pxf+u c? ; fylx? klg cfpgePsf]xgx65 / ; fy}xdl]  
ešDk klj lw /fli60 ; dfh gkfn]klg ; mlgtf 5 . o; sfožnf]dvo p2zo gkfn] /fli60 ejg lgdff  
cfrf/ ; lxtf nfu' tyf krf/ k|f/ ugš nflu ; øst k/fdz{tyf 5nkmaf6 ; ašf] ; xdltdf Ps sfof]hgfsf]  
lj sf; ug{/xšf]5 . xfdl; u /fli60 ejg lgdff cfrf/ ; lxtf w]j]if[b]v 5, To; sf]krf/ k|f/ / nfu"ugdf g}of]  
sfožnf uf7l s]b]t /xgš . xfdl oxf+/df0nf] ug{cfPsf]xg . xfdl oxf+sfd g}ug{cfPsf]xf] / of] w]  
dxTj k0f]klg 5 . sfd s]xf]eg] sg af6f]lx8g]xf] ; d:ofx/?sf]klxrfg ug] ; fdlxš ?kdf xfdln] lgsf]  
ugk] ; d:ofx? s]s]5gV s]s]s/fx?sf]c6t/ 5g\ sg af6f]af6 lx8bf 7ls xhf] To; sf nflu sg klbt klkfl  
ug] lj lwx? s]s]xg ; S5g\ xfdl]eldsf s]xg]xf] cflb . xfdln] xfdl]eldsf ; øst ?kdf kl/eflft u/f} of]g]  
xdl]o; uf7lsf]p2zo xf]/ o; df xfdln] xfdl]kl|t|albt hfx] u/f}.

ejg lgdff cfrf/ ; lx#fn0{xfdl kofu u5f} xfdl To; nf0{pkofu u5f} xfdln]o; sf]pkofu ug{9nf ul/; Sof}  
casf]cfzo rfx+xfdn]/fd/l k/f ugkbš e6g]xf]. s]ubf{v]l 3/nf0{k]s[ts lj kQlaf6 ; /lft kfg{; l65 . !)  
j if{cl3 of]s/f gkfn] lyPg t/ cj 5 . 3/ lgdff ug{h; n]h]h:tf]eldsf v]lg ; S5gVrfx]Tof]8sdl]xf] vof  
dflyNnf]gllt txd] ; ašf] ; øfhg ldnfP/ To]sfd k/f ugkbš . lsgeg]xdl; u ejg lgdff cfrf/ ; lxtf 5 /  
kofu klg ul//xšf]5 . w]gu/kfnsfx?n]cfkny} ; f] , gkfn] pknAw ljleG ; f]x?, afXo ; xof]uaf6 eP klg  
nfu' ug]kšf; ul//xšf]5 . gu/kfnsfn]ejg lgdff cfrf/ ; lxtf nfu' ug{ ; ej 5 e6g]s/f k6z6 ul/; sšf  
5gV u/šf kdf0fx? 5g\ . To; afxš zfof clxn]w] /fd]cj ; / 5 lsgeg]xdl; u pkošt sfgl tyf glltut  
jftfj/Of 5 . c6t/ h]s/fx?df blvPsf]5 To; df ; /sf/ tyf d6qnon]s8f dxgt u/L To]c6t/ k/f ul//xšf  
5g\ . cem yk s]5 eg]c6t/fli60 ; 3 ; :yfx?n]o; df ; xofu ug]rf; f]b]vPsf 5g\ . tkf0x?n]UNCRD /  
c6o ; 3 ; :yfxsf]pkl:ylt oxf+b]v]gx65 . To:t}c? klg w]xgx65 . b6f]oj z, clxn]o" Pg= gkfn]sf cfj f; lo  
kl|t|glw >l dfyo' sxfg]o; uf7ldf cfp]kšf; ubf{ubš]klg Jo:ttfsf sf/0fn]cfpg ; Sg6Pg . pxf]sf]rfxgf  
xbf xb]klg pxf+cfpg ; Sg' ePg . ; a}s'f ca ldn; sšf]5 / ca lhd]f]f/l xfdl]klfd] cfpš . t/ s; /l s]  
ug]e6g]af/d] xfdln] ; xdtlsf]lj sf; ugkbš . ca xfdln]g]af6f] tyf t/Lsf klxrfg ug{k}yof]. To; f]xgfn]g]  
xfdln] gkfn] 7hf / cu0fl gu/kfnsfx?nf0{ NofP/ ; d:ofx?sf]klxrfg u/L sf8fx? sx+lahšf]5 /  
To; nf0{s; /l lgsf]Ngš e6g]lj ifodf g}of]uf7lsf]cfofhgf ug{nfušf xf} cfh / ef]h]sf lbgdf To]cfzf kllne't  
ug{xfdl ; a}nflg]5f]e6g]d cf]xfg ubš' eg]JoIstut ?kdf d cfkny]klg cfh / ef]h]sf lbgdf xg]5nkmsf  
nflu w]p] ; flxt 5' . olt e6b}oxfx?n]cfkny]axd]no ; do lbg6Psf]5 . dnf0{yfx 5 :yfglo lj sf; d6qnodf  
sfd w]5 / Jo:ttf 5, uf7lx? 5g\To; sf afj hb klg o; uf7ldf cf0lbg' ePsfdf d ; a}f0{xflbš :j fut  
ug{ rfx65' . k6M ; a}; xefulx?nf0{:j fut ubš' . w]w]w]w6oj fb .

## p4f6g d6tJo

; f0rl cfbf]  
; øfh's  
oPg; lcf/8l k\$fk Joj :yfkq of]hgf xof]uf]clkm;



zè kèft\dlnf tyf ; Hhgj fb . d]r]gfd ; f0rl cfbf]xf]/ d sfå\$] UNCRD k\$fk Joj :yfkq of]hgf Xof]uf] sfofnodf sfd ub5' . of]cj ; /df pkl:yt xg kfPsføf w}vzl 5' / d eflts of]hgf tyf lgdføf d6qnosf sf-d= ; lrj >l k0f{s8l/of, :yfglo lj sf; d6qnosf ; x; lrj >l ; f0nfn ; j0l, eflts of]hgf tyf lgdføf d6qnosf ; x; lrj >l lszf] ykf tyf d6qfno, gu/kflnsf, lj le6g ; 3 ; :yf tyf hfkfgl lj Zj lj Bfnoaf6 kflg' ePsf ; a}cfb/0flo ciltlyx?nf0{w6oj fb lbg rfx65' .

; jkyd d UNCRD sf af/df tkf0x?nf0{ hfgsf/l lbg rfx65' . UNCRD ; g\!(&! df gfuføf e6g] :yfgdf :yfkqf ePsf]xf]. To] :yfg 6f0f0f sDkglsf] x0Sj f6/ klg xf]. gfuføf k\voft 7fp+xf]/ of] hfkfgsf] 7hf] tyf dxfgu/lo lf0 klg xf]. ; g\!(^ tfsf gfuføf zx/ hfkfgdf cfly\$ tyf ; fdilhs lj sf; sf nflu lr6g] ul/6yof]. ; øSt /fi6«; 3n] hfkfgl cgej Plzof0{dh\$x?sf ; fy}lj Zj df lf0lo lj sf; cgej x? dfkmt krf/ k|f/ ug]lg0f6 u0of]. sfådf ; g\!( (% df e\$Dkn]c; / k0of]/ of]cgej sf]cfbfg k0fgsf]krf/ k|f/ lj Zj df g)ug{ pkoSt x65 egl UNCRD sfofnon] xfn k\$fk Joj :yfkq of]hgf th0f kl/of]hgf nfu' ul//x\$]5 . ; øSt /fi6«; 3n]; g\!( ( ) sf]bzsnf0{kfs[ts k\$fk 609ls/of c0t/f060 bzs eg] 3f]f0ff u0of]. dnf0{yxf 5 ls gkfn ; /sf/n] /fi60 ejg lgdføf cfrf/ ; lxtf ; g\!( ( \$ df NofPsf] 5 . ca of]; lxtf gu/kflnsf?df krf/ k|f/ ug]cj :yfdf /x\$]5 . ; øSt /fi6«; 3n]; g\!)% df sfådf Ps åt k\$fk 609ls/of s6km/] ; sf]cfof]hgf u0of]. Toxl s6km/] ; n]sfo\$ nflu Xof]uf]9f#f (Hyogo Framework for Action) c0tsf/ u0of]. UNCRD n]sfo\$ nflu Xof]uf]9f#fsf] Ps kl/of]hgfsf] ?kdf HESI (Housing Earthquake Safety Initiatives) sfollj og ul//x\$]5 . kl/of]hgfsf]klxnf]r/0fdf, xfdlx?n]e\$Dk kl|t/f]vs ejg lgdføf cfrf/ ; lxtf krf/ k|f/ (Anti-seismic Building Code Dissemination-ABCD) kl/of]hgf nfu' ul//x\$]5f}. o; }lznlnfdf xfdln]of]klxnf]sfo\$nf cfof]hgf ug{kfPsføf xfdl w}vzl 5f}. o; ; dodf xfdln]reinforced concrete structure sf lj ifodf lrj f lj Zj lj Bfnosf lj Zj lj voft k0km] / P; = cf]fglnf0{lg0TofPsf 5f}. To:t}>l gfåcfsl tfsxf; l tyf >l df; flxsf]d/ftfnf0{klg o; }lznlnfdf lg0TofPsf 5f}. lj Zj d}; fdilhs tyf cfly\$ lj sf; sf nflu ; /lft 3/ tyf ejgsf]lgdføf g]k0v xf]. o; ; dodf dnf0{nfl05 :yfglo lj sf; d6qfno tyf eflts of]hgf tyf lgdføf d6qnosf ; fy}gu/kflnsf? ejg lgdføf cfrf/ ; lxtf tyf ejg lgdføf cgdlt k0ffnlsf af/]hfgsf/l tyf pkoSt tj/n]sfollj og ug{pT; s xgX65 . gkfn]o; df ; kmntf k0kt ug]5 e6g]s'fdf d cfzfj fbl 5' . dnf0{of]cj ; / k0fg ug{ePsføf km]/klg d w6oj fb lbg rfx65' . w6oj fb .

## dGtJo

lj ho l; x  
; xfos cfj ; lo kl|tlglw, oPg8kl gkfn



wj}wj}wGofb . d !) ldg6 hlt l9nf x65' ls egj ; flr/xsf]lyP+t/ clxn]d 7ls ; dodf g}/x5' e6g]dx ;  
u5{. o; pb3f6g ; qdf dh]cfknyf]egf0 /fVg] ; jOf{cj ; / kfPsf] 5' . o; ; qsf ; efkltho, UNCRD af6  
kflNg' ePsf cfb/0flo cltlyHoX?, dflyNnf] txsf cfb/0flo ; /sf/l clwstHoX?, ; eSt /fi6« ; 3af6 tyf  
c6o ; 3 ; yfaf6 kflNg' ePsf ; xefulx?, dlxnf tyf ; Hhgj 6b . UNDP sf cfjf; lo ; dj ostf{>l dfVo'  
sxfgaf6 of] ; Dafjvg xgkg]lyof]t/ pxfsf]clt Jo:ttfsf sf/0fn]pxfm]pb3f6g ; qnf0{ ; Dafjvg ug{ ; SgePg .  
dh]cfknyf]tyf d7f] ; yfsf]tkmf6 sxl zAb afflg]dfsf kfPsf]5' .

; eSt /fi6« ; 3sf wj}lgsfox? lj z]fu/l o; lfgdf ; fy; fy}cf0/xg' Ps /fd]cj ; / ePsf]dnf0{nflb5 . o; n]  
xfdx?nf0{sxl ; f] tyf lj rf/ ug]s/fx? lb0/xsf]5 / k]s[ts ksf]kaf6 xg]hfl]vdnf0{ ; Dafjvg ug{/fli60 lfdtf  
cleaflb klg ul//xsf]5 . o; ; Gbedf United Nations Centre for Regional Development Disaster  
Management Planning Office,hkfgn]ejg lgdfcf cfrf/ ; lxtsf]sfof]og tyf ktf/ k]f/ ; lxtsf]  
k]sfk ; /lft 3/ lgdf]fsf nflu kefj sf/l k0ffnl lj sf; sf]p27o /fvl rf/ dh'sx? gkfn, 008fg]zof, kP /  
ch66gdf tlj-j if]kl/of]hgf nfu' ug]k]tfj ul//xsf]5 . zfob tkf0{? d]llo ; ahf0{yxf ePsf]xgkb5 ls  
hkfgn]eS0klo hfl]vd Gogls/of tyf ; fj h]gs k] fof/ -public preparedness) sf]p27o /fvl gkfn, ef/t,  
e6g, kfls:tg tyf aunfbz u/l kf# dh'sx?df lfglo sfof]dnf0{ ; d] ; xofu u/f] 5 . o; lfglo  
sfof]ddf ; a]kf# dh'sx?n] ; xefluf ul//xsf 5g\ gkfn]klg o; sfof]ddf ; xeful xg cfknyf]tkmf6 ; Sbf]  
tof/l ul//xsf]5 . gkfn ; /sf/af6 ; xofu ul/Psf ol b0{sfof]dx? alr d wj}synergy ePsf] b]5' hxf+  
/fli60 ; /sf/ tyf c6o ; yfx?sf]k]sfk hfl]vd Gogls/of sfof] nflu /fli60 lfdtf cleaflb ug{ United  
Nations Beureau of Crisis Prevention, United Nations Centre for Disaster Management,  
UNDP tyf IRP kOf{?kdf nfu]sf]5 . ejgsf] ; Argfut ; /lff kof]t 5g / olb eS0k cfPdf tl klg hfl]vddf  
kb5g\ve6g]s/f wj}ki6 5 / gkfn o; af6 c5'tf]5g / jf:tf]df o:tf]sg} ; dodf klg xg ; Sb5 . xfdln]s]klg  
dx ; u/f] 5f} eg] ; /lft pkfox? ; lglZrt gx6h] ; Dd xfdln]dfgj lhjgsf] tyf ; kQlx?sf] ; efJo  
lftlnf0{/f]g ; Sb6f] / of]k]s[ts ksf]sf sf/0fn]sg} ; dodf klg xg ; Sb5 . o; ; Gbedf xfdln]glit tyf  
sfof]ogdf ePsf c6t/x?nf0{kOf nufpg xfd] lfdtf ; b0 ug{tyf k]sfk jf eS0klo kl|t/f]nsnf0{/f]g] xfd]  
lfdtf cleaflb ug{clt cfj Zos e0; s]f]5 .

xfdl ; # ejg lgdfcf cfrf/ ; lxtf 5 / of]sfof]ogdf 5 e6g]xfdlnf0{yxf 5 . t/ o; nf0{nfu'ug{cem}klg xfdl  
sg w/ftndf 5f]e6g s/f ug{cfj Zos x65 . oxw-wj}7hf]c6t/ 5 e6g]s/f klg xfdl dx ; ub5f] wj} ; ldt  
gu/kflnsfx?n]cflzs ?kdf ejg lgdfcf cfrf/ ; lxtf nfu'ul//xsf]s/f klg xfdlnf0{yxf 5 . dVo lfgx?df /xsf  
c6t/x? klxrfg ug{/ tl c6t/x?nf0{ ; Dafjvg ug{of]sfozfnf ufj7ln]/fd]cj ; /x? xfdl ; ahf0{k]bf u/f]  
dnf0{nflb5 . d7f]lj rf/df UNCRD n]cfof]hgf u/f]of]tlg lbg]uf]7lsf]dVo p27o oxl xf]h:tf]nflb5 . of]  
uf]7laf6 h]s/f cPtfklg o; n]xfdl ; ahf0{o; sfof]dsf]sfof]hgf tof/ ug{ ; xofu k]ofpg5 . o; sfozfnf  
uf]7laf6 h]h:tf s/fx? cfp5g\to; n]c? sfof]dx? alr synergy a9fpg ; xofu ug]5 e6g]s/fdf klg xfdl  
cfzf ub5f]. dh]k]sfk k] fof/ldf eS0klo hfl]vd Gogls/of sfof] hg o; lfgsf kf# dh'sx?df rf8}nfu' xg  
u0/xsf]5 e6g]s/f elg ; s]#

of]sfožfnf uf]7Ln]; a); jfnx?df 5nkm ug(; lfd xg5 lsgeg]o; df ; xefultf s]n glit txsf JolStx? dfq  
ge0{blgs ?kdf ejg lgdff cfrf/ ; lxtf nfu' ug]gu/kflnsfsf dVo JolStx? klq xgx65 . o; n]dnf0{s]; emgf  
u/fof]eg]; g\@))^ df kdv gu/kflnsfsf 0lghgo/x?sf nflu UNDP sf]; xof]udf :yfglo lj sf; dGqfnon]  
sxl tfnd sfošdx?sf] cfof]hgf u/š]f lyof] h; sf] p2]o ejg lgdff cfrf/ ; lxtf leqsf] l; Wof0taf/]  
aēmf0df ; xof]u kfofpg' / sDtlldf pglx?nf0{o; sf]dx; ; ug]cj; / kof]g ug{/ ; ej eP ; Dd ; lxtfnf0{nfu'  
ug{g}lyof]. oxf+b0]6f cGt/x? 5g\ klxnf] Psk6ssf] tfnd dfq kof]t 5g / bf] f] ejg lgdff cfrf/ ; lxtf  
sfof]og clxn]Dd gu/kflnsfx?df ; yfut xg ; ls/xš]f] 5g . d kgM bxf]ofP/ eGg rfx65' ls  
0lghgo/x?nf0{Psk6s dfq tfnd cfof]hgf u/] kof]t xbg . pglx?nf0{>vnfalb?kdf tfnd cfof]hgf  
ug{cfjZos 5 . csf] gu/kflnsfsf 0lghgo/x?nf0{ljlwdf dfq klq tfnd lbP/ klbbg . gu/kflnsfx? leq  
ljlw ; yfut ug{ cfjZos x65 . t;y{ ejg lgdff cfrf/ ; lxtf nfu' ug] sfodf  
gu/kflnsfsf]; kof{koffnl ; fy; fy cfpq' kb5 . dh] ut jif{gu/kflnsfsf 0lghgo/x?nf0{; #fng ul/Psf]  
tfndsf sxl Jojxf]l/s pbfx/0fx?nf0{k]tt u/]eGg]cfzf 5 . ca d w}]; do gln0sg o; sfožfnf uf]7Lsf  
5nkmx? dhss} nflu / e\$Dklo jf k\$ffk Joj:yfkgdf sfo{t ;/sf/ tyf bft[ ; yf, u}; ,  
gu/kflnsfx?nf0{; xof]ul xg5 eGg]d cfzf ub5'.

d cfknyf] egf0{cGt ug]sdf UNCRD sf kl]tlglwx?nf0{gk]ndf lj z]fu/L o; zx/df :j fut ug{rfx65' .  
xfox? ejg lgdff cfrf/ ; lxtf nfu' ug]sl6alb eP/ hfg5f] / o; n]dh5nf0{kf0bf lb65 ; fy}; ej eP; Dd  
xfox] xfox] sfošddf o; nf0{ ; dflxt ug]5f} . casf] ; do kl5 sfožfnfsf] glthix?n] ; fy; fy] sfd  
ugf0{; ahf0{; dfg knf6knd{lbg5 eGg]s/f d cfzf ub5' . d of]sfožfnf uf]7Lsf]; km]tfsf]cfzf ub5' .  
wGoj fb .

# dfgglo d6ql b] u?^sf]; b7z

; f0nfn ; j 0l  
; x-; lrj ; :yfglo lj sf; d6qfno



o; ; df/f}sf ; efklt, ; x; lrjHo," 8f= ; f0rl cf6bf] >l lbllft, ejg ljefusf dxflgb7zsho," sf7df08f} dxfgu/kflnsfsf sfo6f/l clws["Ho" tyf ljle6g gu/kflnsf tyf lf0af6 kflngePsf ; fyl tyf ; xefulHoX? . cTo6t ; d; fdlos lj ifodf xfdl of]b0{lbj}ufj7l ; #fng ug{nflu/x6f 5f}; o; sf]lziif6 cfkmbf k16 ePsfno; ufj7lsf af/0f k16 kfl//xg'kg]cfj Zostf 50 . o; n]x6df]; d:of klg lgbfg klg b] }afh6f]5 h:tf]dnf0{nflb5 . xfdl s; /L ejg lgdff cfrf/ ; 6tf k6fj sf/L?kn} sfo6f] og ug{ ; S5f}/ To; df s]s:tf ; d:ofx? 5g\e6g] vfnsf s/fx?sf]5nkm u/7 kSs}klg b0{lbgsf]ufj7ldf lgrf0df klg ; ls65 . xg t xfdl w}k6s gltsf s/fx? u5f}t/ jf:tjdf glt cfkmbf k16 5 . xfdl]; d:of eg6f]o; sf]sfo6f] og klf g}xf]. Pn=P; =h=P= n]:yfglo lgsfonf0{tyf sfo{ljefhg lgodfj nln]ef]ts of]hg tyf lgdff d6qfnonf0{/fli60 glt x0] tyf ; xhls/Of ug] h:tf] lhDd]f/l glbPsf] xfdg tklg xfdl; # sfo6f] og ; Da6wl ; d:ofx? 5g\ . zx/ls/Ofsf] kj]Q (urbanization trend) x0f{ ; #f/df :yfglo ; /sf/ cyj f :yfglo ; /sf/sf]h7f]; #yf eg6f]gu/g}xbf]/x6 . /fhg]ts ; f]sf]z?}ft klg 7hf]zx/af6 ePsf]b]v65 . To:t}x6df]l5d6sl ef/tsf ljle6g :yfgx? h:t}dbf] ; dDa0{sns0f cflbdf Municipal Corporation sf]:yfkqf eof]. To; sf]b0{o j if{kl5 uflDof lj sf; ; #yf (Rural Development Institution) :yfkqf ePsf]kf065 . gkfnf klg uflj ; e6f cufl8 gu/kflnsf Ps ; #yfsf]?kdf cfPsf]kf065 . olt x6f xb}klg x6df]cledvls/Of /fd]9un]cufl8 a9g g; s6f sf/Ofn]ejg lgdff]sf]sfd hlt cufl8 a9l /x6f]5 vt/f klg plQg]lDTofpg]sfd e0/x6f]5 .

To; u/L ejg lgdff ; 6tf sfo6f]ogsf nflu ; a66f dxTj k0f{s/f :yfglo OR5f zlst g}xf] . :yfglo gtf, gu/kflnsfsf ; fylx?n]lj zif Wofg lbgkg]/ klxn]cfj Zostf klg oxl xf]h:tf]dnf0 nflb5 . o; sf]; fy}s0baf6 klg xfdln]; xhls/Ofsf] sfd ug{ ; s0f}. lj s]b6s}t k0ffnl c6tu6 Pn=P; =hL=P= cfpq] ; dodf klg xfdln] sfo{lhDd]f/l h:t}lj]Qo >f], dfgj ; # lj sf; cflbnf0{Ps kofshsf ?kdf gu/kflnsf tx; Dd k/0fpg g; s6f sf/Ofn]klg ol ; d:ofx? cfPsf xg\ . To; u/L s0b/ :yfglo b]}txdf klg ; r]gfsf]h?/L 5 . csf]dVo efu eg6f]gu/kflnsfsf]; # lj sf; xf]. gu/kflnsfx?df cfkmbf]afem x6f xb}klg kflj lws 1fgsf]sdl / pTk70ff u/fpg g; Sg'cflb sf/Ofx?n}sfo6f] og ug{g; s6f xf}; b0]j if{cl3 xfdln]gu/kflnsfsf kflj lwsx? dfq ; xeful u/fp/ j6jn tyf sf7df08f}ejg lgdff cfrf/ ; 6tf ; Da6wl 5nkm u/6f lyof}. To; cj ; /df ; xefulx? o:tf]klg x6f]/x6 eg] cfkmbf]3/ ; Dem em:ofE ePsf lyP . To]cj:yf x7] xfdln]cfkmbf]glit tyf sfo6dx? agfpg'kg]xf]. oBkl tof/ ePsf sfo6dx?nf0{pglx? ; # ldnfg ug{g; lsPsf sf/Ofn]sfo6f] og xg g; s6f] cj:yf 5 . 5f6s/ldf e6g'kbf{oxf+@} j 6f gu/kflnsfsf ; fylx?nf0{af]hf0Psf]lyof]/ cfpq' ePsf]klg xfhf . pxfx?n]klg klxn]cfkmbf]lfdtf lj Zn]f0f ug{k6of]/ ejg lgdff cfrf/ ; 6tf sfo6f]ogsf nflu afw c8kg s] 5g\egl c6t/ -Gap) kQf nufpg'k6of]. c6t/ kOf nflu; s}k15 s]ug]egl of]hg j f dfu klg rlxof]. xfdl; # lfdtf 50 eg] plDsg kfpq ; Sg]cj:yf eg]ca 50 . a? ejg lgdff cfrf/ ; 6tf sfo6f] og ug{ ; S5f]e6g]s/f cf0lbof]eg]s0b]tx h; sf]nlo Ps}5 / ; d6j o klg 5, n]klg ; dfgkltS 9un}sfo6f] og ug]k6fg ug]lyof}.

; a66f dxTj k0f{efu eg6f]s; /L xfdln]; j ; fwf/Ofnf0{pTk]/t ug{ ; S5f}/ o; sf nflu dxTj k0f{k6f} r]gfclej 0b g}xf]. o; sf nflu gu/kflnsfdf >f] afwfsf]?kdf xg ; Snf . ejg lgdff cfrf/ ; 6tf nfu' ug{ ; S5f] e6g]s/f sDtdf klg cfpq'k6of]. o; df gful/ssf]gS; f kf; b:t/ cflbsf sf/Ofn]ejg lgdff nfut a95 e6g] s/f klg cfpq ; S5 . o; sf nflu w}b:t/ lng' ; 66f s}kL 36fP/ b:t/ ln6f gful/snf0{Pp6f pTk70ff xg ; S5 . olb o; sf nflu w}g}>f] hfg]eof]eg]xfdn]o; nf0{kofshsf]?kdf sfo6d cufl8 a9fpg ; S5f}. xfdl]cfkmbf] >f] cyj f bft[ ; #yfsf]>f]af6 slQ; Dd of]ubfg lbg ; lsPnf e6g]h:tf sfo6dx? cf0lbof]eg]; lhnf]x65 .

; aæbf dxTj k0f{s/f csf[s] klg 5 eg] gu/kflnsfsf] cfj lws ofhgf jf jflif\$ ofhgfdf o; sfo\$dnf0{/fvg'  
kg[cj :yf 5 lsgeg]; ktf Joj :yfsf lx; fan]gkfn vt/foSt 5 . To; h]gu/kflnsfn]o; s/fnf0{:yfglo tx; Dd  
nhfg Wofg lbg' cfj Zos 5 . t; y{xfdln] gu/kflnsfnf0{jul\$ /ofsf cfwf/df ejg lgdf@f cfrf/ ; ktf nfu"  
ug[kg]xG5 . o; }; do blv vf; ul/sg ; fgf gu/kflnsfx?df z?jftsf nflu s[b]txaf6 sxl cgbfg klg a9fPsf  
5f); hxf+a9l}hluf vfnl 5 / ejg lgdf@f ; ktfnf0{nfu"ug{w}}vr{klg nllb} To; æf6 klg gu/kflnsfx?n]  
sfo\$ð ; #fng ug{; Sg]5g\ o; /l klg ; ktf nfu"ug]; jfndf o:tf]af6]klxNoifpg' kg]xG5 . a9bf]zx/ls/Of  
ePsf]lfgdf vf; u/l sf7df08f}pkIosfdf eg]Plsst kofshsf]g}cfj Zostf xG5 . o:tf s/fx?df xfdl s]s; /l  
hfg ; S5f)/ s]u/]; ktf nfu"ug{; S5f]cfib s/fx?df oxf+; xeful xgePsf ; fylx?n]cfkn]f]gu/kflnsfsf]; an  
klf / sdhf] klf s]s]5g\egl lj Zn]rof ug[kg]xG5 . tl sdhf] klfnf0{s]s]s/fx? eof]eg]k/f ug{; lsG5  
/ :yfglo tyf s[b]txsf ; fy}bft[; :yfx?af6 s]s:tf ; xsfo\$ kof; x?sf]cfj Zostf xG5 eG]s/fx?sf]lgrf  
of]b0{lbg]uf]7ldf cfof]eg]lgZro klg xfdln]ejg lgdf@f ; ktfnf0{nfu"ug{; S5f); o; n]ubf{:jfoQ zf; g  
Pgn]lbPsf]; jfoQnf0{; sirt u/]; xg a? To; nf0{k]wG u/]; xfdln]sfo\$ð tof/ ug{; Sof]eg]lgZrt ?kdf  
xfdln of]sfo\$ð ; #fng ug{; S5f); o; }; Gbedf ejg lgdf@f cfrf/ ; ktfnf0{s; /l kéj sf/l ?kdf sfollj og  
ug{; lsG5 eG]uf]7l cfof]hgf ughf0{UNCRD, UNDP, eflts ofhgf tyf lgdf@f dGqfno, :yfglo lj sf;  
dGqfnon] hg ; øSt ?kdf kxn u/]; 5 / cit cfj Zos ljifodf of] sfo\$ð ; #fng ePsf] 5 / o:tf]  
dxTj k0f{sfo\$ðdf dnf0{klg sxl zJb afflg lbg' ePsfdf d cfof]hs / o; cfof]hgfnf0{; xof]u ug[kg]  
lgsfox?nf0{wGjfb lbb}of]b0{lbg]uf]7l ; km xf] V o; n]sd; ðd gu/kflnsfx?sf] sfo{; Dkfbgdf ; xof]u  
kfofpg]p2]o /fvf] V tl p2]onf0{s; /l k/f ug{; lsG5, sfof]ogsf /ofgltx? s]s]xg\ s-s; n]s]  
s:tf]; xof]u h6fpg ; lsG5 cyjf xfdln]g; s]cfoqaf6 s]s:tf ; xof]u h6fpg' kg]xG5 cfib nufotsf lj ifox?  
klxrfg e0{Ps axt ofhgf jf ; f/ tof/ xf] veG]zè]5f ; lxt d]f]lj rf/ oxl 6æf5; wGjfb .

## ; eflwlfsv]dGtJo

k0f{s8/lof  
sfošf/L ; lrj  
lgdf0f tyf eflts of]hgf dGqfno, gkfn ; /sf/



; a}hgfnf0{zèkèft\tyf gd:sf/ . dGrdf /xgèPsf UNCRD sf klitlgw 8f= ; f0rl cfG8f] :yfglo lj sf;  
dGqfnosf ; x; lrj >l ; f0lnfn ; j0lHo," UNDP sf klitlgw >l l; \*, NSET sf sfošf/L lgbžs >l lblift,  
xfdf] cltlyx? >l df; flxs] d/ftf, >l gřācsl tfsxf;L, >l P;= cftfgl tyf ljbžaf6 kflg' ePsf]  
lj lzi6 :j o;] sx?, o; sfošdof lj leGg dGqfnoaf6 kflg' ePsf ; x; lrj Hož?, ejg lj efusf dxflgbžsHo,"  
sf7df08f] dxfgu/kflnsfsf k0VHo," lj leGg cll0og kliti7fgsf kflkm] /Hož?, gu/kflnsf ; 3sf dx; lrj Ho," cG0  
dGqfnosf kbflwsf/LHož?, lj leGg gu/kflnsfaf6 kflg' ePsf gu/k0VHož?, kqs/ ldq, ; #f/sdl{ oxf-  
pkl:yt ; a}dlxf tyf ; Hhga0o .

jf:tjdf of] sfožfnfsf af/0f ldxq?n] wj} g} rrf{ ul/; Sg' ePsf] 5 . ešDksf] b]i6sf0fn] xfdl] bž-  
cToGt ; jhgzln 5 eGg]s/f ; a]f0{yxf 5 . oxf+\* /%6/ :s]hsf]ešDk hfg]k]n ; e]gf 5 . ešDk guPsf]  
klg wj}nfd] ; do e0; sšf]5 . ; fy}sg}klg a]f oxf+ešDk hfg ; Sg]5 h; sf]sf/0fn]xfdf] ; a}; #rg tyf  
lhpwg cfb gi6 xg ; Sg] ; e]gf xfdl ; a]h]5nkm ul/ ; sš}lj ifo xf]. o; eGbf cl3 k]f]rnf uPsf]ešDk hg  
^+ sf] /%6/ :s]hsf]lyof] / To; af6 hg lj gfz eflg' k0f]To]xfdl ; a]f0{yxf}5 . ^%,))) 3/ gfš; fg eof]  
nueu & nfv hgtfx?nf0{c; / k0f]. xfdln]eGg vf]hšf]s]xf]eg]af9l cfp5, k]xf]hfG5 To]klg 7hf]blj kšf]k  
g]xf]. o; žf6 xfdlnf0{yxf xG5 ls af9l cfp0f /f]hon]hg klts0f b]v]pg' kg]xf]To]b]v]pg ; s0f] hg k] f0f/L  
ugk]g]xf]To]tdf0f ug{ ; ls/xšf 50f]. oftoftsf ; fwg? 5g\To; sf] ; bkof]u ug{ ; ls/xšf 50f]. ePsf  
lj leGg ; fwg tyf pks/0fx?sf]k0f]u ug{ ; ls/xšf 50f]. 1fg 5 To; sf]plrt k0f]u ug{ ; ls/xšf 50f]. o; tf  
lsl; dsf lj kQlx? ; #f/sf]hg; s}sgdf hlxn] s}c]pg ; S5 / o; nf0{xfdl /f]g ; S0f]. xfdln]ug{ ; Sg]s]n  
o; sf]k] f0f/L dfq xf]. To; sf/0f k] f0f/L ; DaGw lj leGg rrf{ kl/rrf{ cll0og, lj Zn]0f, ufj7l, 5nkm xfdln]  
lj ut Ps bzs bl]v ul/g} /xšf 5f]. xfdln]u/šf lj leGg ufj7l, 5nkmn]sg}klg kšf/sf]km lbPsf]50  
eGg ; lsGg . xfdln]u/šf ufj7l / 5nkmn]/fii60 :t/df 7hf]/ wj}g}k0f] kf/šf] 5 . d oxf+glZr't ?kdf sfd  
ugk?nf0{s]eGg rfxG5' eg]tkf0ž? w0j fbsf]kfq /xg' ePsf] 5 . tkf0ž?sf]hf] / hf0/df sdl gcfcf] \.  
tkf0ž?sf]of]ubg /fi6sf nflu dxTj k0f{/xšf] 5 . tkf0ž? / xfdln]h]hlt sfd u0f]f]fi6sf nflu To]p]Nny]glo  
5 .

t/ olQd]xfdl 9Ss eP/ a; g ; Sg]cj :yf eg]50 . of]UNDP / UNCRD sf]dfq cleofg xf0g, of]s]n  
dGqfno tyf blj kšf]k Joj :yfkG cflbsf]dfq cleofg xf0g of]l; #f]/fi6s}cleofg xf]. ešDk cfp5 / hfG5  
egl ; f]g' x00 . xfdln]nufPsf nufgl gi6 xg ; S5 . t; y{ejg lgdf0f cfrf/ ; lxtf nfu"ugk]g]sfo0f xfdl kl5  
kg{x00 . o; f]gu/0f o; n]xfdlnf0{gi6 kfg{ ; S5 . xfdln]xfdf]lhDd]f/Lnf0{ ; xl t]/sfn]lgfpg' kb5 . o; sf  
nflu cGt/fii60 ; 3 ; #yfx?n]klg xfdlnf0{ ; xof]u ug{tof/ xgXG5 . of]lhDd]f/Lnf0{c]fd] ; flfl /v] lgfpg'  
kg]a]hf cPsf]5 . j xfx?n]s; /L xfdlnf0{ ; xof]u ug{ ; Sg' xG5 s]n ufj7l ; #fngdf ; xof]u u/] dfq x00 .  
xfdlnf0{gu/kflnsdf ; xof]u rflxG5 . t; y{ejg lgdf0f cfrf/ ; lxtf nfu"ug{gu/kflnsfnf0{ ; xof]u ugk]g]xG5 .  
ejg lgdf0f cfrf/ ; lxtf nfu"ug] ; jndf xfdln]5nkm ul/ ; sšf 5f]-o; sf nflu cfj Zos kg] ; k0f{kš0f tof/L  
ul/ ; sšf 5f]. t/ ca cfj Zostf s]5 eg]t]Nnf]txdf u0{sf0f]og ug]. t; y{xfdl ; a}; #l7t eP/ cufl8  
a9sf]eGg]s/f dnf0{nfušf]5 .

c]Todf d s]eGg rfxG5' eg]of]UNCRD kl/of]hgaf6 hf]oxf+c]pg' ePsf] 5 / ; #f/sf rf/j6f dh's d]w0]  
gkfn klG k/šf]5 . gkfn klT pxfx?n]b]v]pg' ePsf] ; bf; of] klT gkfn ; /sf/sf]tkm0f6 8f= ; 0rl cfG8f]h



nf0{d w6oj fb lbg rfx65' . lsggeg]o:tf]vfnfs]sfo\$ð xfdlnf0{clt g}cfj Zos 5 / w}}g}kz;+glo klg 5 .  
csf[s/f d s]e6g rfx65' eg]of]sfo\$ðnf0{sg}Pp6f d6qfno, lj efu jf lgsfosf]sfo\$ðsf]?kdf lng' ePg .  
km/ klg d e6g rfx65' of] /fli60 sfo\$ð xf] ; /sf/sf] sfo\$ð xf] / gkfn ; /sf/sf] o; df kltaWotf klg  
5 . ; /sf/sf] kltaWotfnf0{ xfdln} hg:t/; Dd lnP/ hfg' kb5' . elj iodf cfpq ; Sg] hg; s} lj kQlx?af6  
aRgnf0{ xfdl clxn} blv g}lhDd]f/k0f{eP/ pleg' kg]cfj Zostf 5 . o; sf nflu lj le6g gu/kflnsfaf6 kflg'  
ePsf gu/kdVHoX?n]cfkmf]k6fj sf/l eldsf lgj f u/ sfd sf/j fxl cufl8 a9fpg' xg5' e6g]d cfzf /fvb5' .

c6Todf d s]e6g rfx65' eg]o; df ; a}f]of]ubfgsf]cfj Zostf 5 . Pp6f gu/kflnsfsf]k6f; n]dfq sfo\$ð ; km  
xg ; Sb6 . o; df ; mlg ; a}lgsfox? gful/s ; dfh, 3/wglx?, klj lws ; dfh, ; /sf/l lgsfosf ; a}; 06qx? tyf  
hg 0lGhgo/n] 3/sf]gS; f agfbb}5 pxf;+Ddn] o; sf] cfj Zostf afw u/l lhDd]f/ 9un]ejg lgdff ; ktf  
0df6bf/lk] \$ kfngf ug] ahf cfPsf] 5 . log}s/f e6b}pb3f6g ; qdf afllg]dfsf lbg' ePsfdf d cfofhs klT  
cfef/ JoSt ub5' / sfo\$ðsf] ; km tfsf] sfdgf ; d] ub5' . sfo\$ðdf efu lngxg] ; k0f{ ; xefulx?nf0{d s]  
cg/fjv ug{rfx65' eg]oxfx?sf]b0{lbgf]sfo\$ð ; km /xf] \lj le6g lj wfx?df ; do lbP/ uDel/ 5nkim ugxf] V  
uDel/ 5nkimsf]kl/0ffd /fi66}nflu pknAwldhs x65 . of]sfo\$ðnf0{7f] lgrf\$sf ; fy ; km agfpg' xg5' e6g]  
s/f /fvb}d of]pb3f6g ; q oxl c6To ePsf]3f]f0ff ub5', w6oj fb .



;q!

ejg lgdfcf cfrf/ ; lxtfsf nflu glltut 9frf

cWof M ; fQnfn ; j bl, ; x-; lrj, ; yfglo lj sf; dGqfno

lbuf]j ; f]f; sfnflu ejg lgdfcf cfrf/ ; lxtf, lszf} ykcf, ; x-; lrj, eflts ofhgf tyf lgdfcf dGqfno

; x; fAbL lj sf; nlf (MDGs) lj sf; sfnflu **HESI**, ; fQrl cfGbf] ; eflhs, oPg; lcf/8l k\$fk Joj :yfkq ofhgf xofuf] clkm;

lj sQbls/of, ; yfglo zf; g / ejg lgdfcf cfrf/-; lxtf, lbgz sdf/ yklnof, kQv sfo\$fi/l clwsf, sf7df8f}dxfgu/kflnsf

hfkfgdf ejg lgdfcf cfrf/ ; lxtfsf] Oltxf; , zzGs] cftfgl, kMofks, lrjf lj Zj lj wfno, hfkfg

; q kg/fj nifg, e/t zdfx gkfn Of snh 5nkm / kZgfQ/

# lbuf]j ; f]f; sfnflu ejg lgdføf cfrf/ ; lxtf

lszf] ykf  
; x-; lrj, efl]ts of]hgf tyf lgdføf dGqfno



wGofb, o; ; qsf ; efkltho" xdf] cfb/Oflo cltlyHoX?, dGrdf cfl; g cG dxfGëj x?, dlxf tyf ; Hhgj (b . >l ; efkltho" k|t]t]s/Ofsf]lj wfnf0{Wofgd /fVb}d d]f]k|t]t]s/Ofnf0{g]kfnl efi]df ug{rxfG5'. Inlvt ; fdul eg]cu]hl efi]df 5 . t; y{xdf] cltlyx?n]o; nf0{aem} xG5 / ; a]f0{k]6 xG5 . cfhs]of]sfozfnf uf]7Lsf] klxf] sfokqsf] ?kdf d oxf+k|t]t ug{u0/x\$] 5' . o; df lzif\$ s] /x\$] 5 eg] lbuf] a; f]f; sf nflu c]hf/sf ?kdf ejg lgdføf ; lxtf (**Building code as a tool for sustainable habitat**) . oxf+s]aem} cfj Zos 5 eg]oxf+b0]6f dVo z]bx? 5g\ Pp6f ejg lgdføf ; lxtf / csf]lbuf]a; f]f; . ca d ol b0]6}dVo abfx?sf] ; f]k]f]f] /x] cfk]f]k|t]t ub5' . ca lbuf]a; f]f; eg\$]s]aem} xfdlnf0{cu]hl z]b Sustainable habitat eP/ uffxf]nflg ; S5 . ; /n efi]df s]aem}eg] habitat eg\$]Pp6f j :tl jf dfgj j :tl xf] . dfgj j :tl ufp+jf zx/ bj }xg ; S5 . ca sustainable eg\$]lbuf]eG]alem5 . sg ?kdf lbuf]xg]eG]s/f sg} lsf]af6 eGbf klG dh]d]f]aemf0\$] ?kdf oxf+k|t]t u/\$] 5' . lbuf]j ; f]f; eg\$]df]g; x?sf]cfj Zostf / cf\$ft cg; f/sf]ag\$]a:tlx? xg\rfx]Tof]uf]dlof xg]j f zx/L xgV o:tf a:tlx? pglx?af6]Jo]l:yt ul/Psf] xG5 . To; f]eol]eg]lbuf]xG5 . csf]s/f, ; /sf/n]eGbf klG ; dbfo cfk]f]Jo] :yfkG u/\$]j :tl a9L lbuf]xG5 . a:tlx? hxf+phf\$]pkf] sd xG5 / ; s] Dd k]s]ts ?kd]phf{k]t xG5 . h; n]ubf]sf]g sd p]kfbg xG5 / To; n]k]f]of klG sd xG5 . csf]s/f, j :tl hxf+k]s]ts k\$]k sd xG5 Toxf+k]f] :ydf cfpg]sd klG rf8f]xg] xG5 . h:tf]x]d hfkfgd b]g ; S5]hxf+b]j k\$]k e0 xNof]eg]klG k]f] :ydf cfpg]rf8f]e0xN5 . xdf]bl]f] Pl; ofsf]aunfbz]n]o; lbzdf lfdt] l]sf; ub5 . lsgeg]aunfbz] b]j k\$]k e0/xg]b]z xf] . l]utsf cge]n] Toxf\$ df]g; x?n]k]f] :ydf cfpg]s/fnf0{b] ultdf cu]l8 a9fpg]k]f]n]sf]l]sf; ug\$Psf]5 .

ca ejg lgdføf cfrf/ ; lxtsf]af]f s/f ug{kbf{of]s]x]t< xdf]O]Gh]go/ ; fylx?nf0{of]kl/efi] clns ; /n x]f] . t/ sfo\$]L d]x?nf0{ of] clns uffxf] klG knf{ t/ klG d aem]pg] sf]z; ug5' . ejg lgdføf ; lxtfnf0{x]d oxf+b0]6f pbfx/Of /fVg ; S5f. of] ; lxtf eg\$]cfk]f] P] r]fx+xf0g . of]Pp6f dfkb08 xf] h; nf0{O]Gh]go/E ; dh]cu]sf/ u/\$] 5 . ejg lgdføf ug\$ nflu o; /L l8hf0g jf lgdføf u5f]eG]of] Pp6f :tl/o cEof; jf k\$]b] xf] . ; a; b:ox?af6 df]g] cfPsf]of]Ps b:tf]h xf] . of]b:tf]h nfu"ug{s]l P]sf] cfj Zostf kb5 . g]k]nsf] ; Gbedf /fi6e ejg lgdføf cfrf/ ; lxtf nfu"ug{o; n]Ps sf]g]l cfw/ r]fx+fbPsf] 5 . ejg lgdføf ; lxtf ejg P] cfpg] eGbf cl3 g]ag\$]b:tf]h xf] . ejg lgdføf ; lxtf Ps O]Gh]go/E c]hf/ klG xf] . ejgnf0{ ; Argfut ?kdf ; /l]ft /fVg ; l]Zrt ug[/ ejgdf k]f]ustf]nf0{ ; lhnf]agfpg]O]Gh]go/E c]hf/ xf] . To; h]of]j]lsnx?n]agfpg]j]f agfPsf]b:tf]h eg]xf0g . a? O]Gh]go/x?n]cfk]f]f0{ ; lhnf]xf] \eg] agfPsf]Pp6f b:tf]h xf] . O]Gh]go/E ; dbfon]cfk]f]cfk]f]p2]osf nflu agfPsf]b:tf]h xf] . ca d d]f] cge] ; g]pg rxfG5' . xdf]b]zsf gu/k]f]nsf]x?df h]bf ejg lgdføf cfrf/ ; lxtf / ejg l]lgod (**building by-laws**) ; DaGwl cGof] /x\$]k]f]Ps]5' . s; h] ; lxtf eG5g\eg]s; h]dfkb08 eG]ub5g\ t/ cfh / efl]sf] uf]7Ldf sd; \$d ol s'fx?sf]zsf l]j]f/Of u/] hfg] xG5 eG]s/f]sf]d]h]l]z]f; lnPs]5' . t; y{To:tf zsf l]j]f/Of ug{d s]l s'fx? k|t]t ug{rxfG5' . o; ; lxtfn]ejgsf] ; Argfut ; /l]fsf]s/f dfq ub5 . o; n]ejg af]x/ ; 8s sqf]xg]kg] h]l]ufsf]c]sf/k\$]f/ s:tf]xg]kg] ejg agf]b] slt 5f] agfpg]kg]cf]b s'f o; n]lbg] xf0g . ejgsf] ; Argfut ; /l]f eG]gn]hu s:tf]xg]kg] 3/sf v]afx? s:tf]xg]kg] :nofa ald s:tf]xg]kg] c]sf/ s:tf]xg]kg] t]ls e\$Dk cf]b]f o; n]wf]G ; sf] \ . t; y{ ; lxtfn]ejg leqs]s'f dfq ub5 . t/ ejg l]lgod zx/L of]hgf th]f] ug] Ps c]hf/ xf] h; n] ; f]h]gs :jf:Yo tyf lnhdf ln0g] s'fx? klG ; Da]vg ub5 . zx/nf0{af]x/af6 x]f]s; /L /fd] agfpg] zx/sf k]f]f]x?sf]l]sf; s; /L ug] af6]slt 5f] ejg lgdføf ug] kn6 ; f0h s:tf]ug]cf]b s'fx? r]fx+ejg l]lgoddf xG5 . t; y{gu/k]f]nsf]n]ejg lgdføf ug]sd]f ejg

lgdf0f ; lxtf / ejg ljlgod ol bj hf0{xgkqIx65 . ca ejg P0 nfu' eP kl5 ejg ; Argfut lx; fan]; /lft / eS0ksf]lx; fan]; /lft eP gePsf]hf# ugkqIx65 . t; y{ejg lgdf0f ; lxtf / ejg ljlgod cnu cnu lrh xg\ / xfdln] o; nf0{ld; fpg' xb0 . gS; f kf; ubf{ol bj} s/fx? xgk5{e6g] s/f hfgsf/L /Vof}eg] xfdl o; df :ki6 x65f}.

/fli60 ejg lgdf0f cfrf/ ; lxtf ; g\@))# df cyft rf/ jif{cl3 dl6qkl/ibaf6 lg0f0 e0{kf; ePsf]xf]. ; /sf/L ejgdf of]nfu"ug]lg0f0 e0; s5f]5 . ; /sf/L ejgdf dl6qkl/ibsf]lg0f0 g}k0f{t x65 t/ lghl ejg lgdf0f sf nflu eg]ejg P0 eP/ dfq ; e; xg] xgn] of] P0 Ps jif{cuf18 nfu" ePsf] 5 . t/ o; df sXl ; zfvlg k|tj]x? ; lxt ; #b kZ ul/Psf] 5 / ; #baf6 ; zfvlg xg] lj lQs}of] k0f{tj/af6 ; /sf/L tyf lghl ejgdf nfu" x65 . o; sf]sfof] og klfsf]cgludg ug{Ps pRr :t/sf]; ldt klg agf0Psf]5 . zx/L lj sf; tyf ejg lgdf0f ljefu ; lxtsf]ef]ts of]hgf dl6qnosf ; lrjHo" cWOLF /x5f]; ldt x65 . To; df gu/kfnsfaf6 ; yfglo lj sf; dl6qfno Pj ; Dal6wt ; /f5f/jfnfx?af6 ; ldt ag5f]x65 . of]; ldt]ejg lgdf0f cfrf/ ; lxtfnf0{kl/dfh5 ug] To; nf0{nfu"ug]cflb sfd ub5 / of]; ldt sfgl ?kdf zlStzfnl klg 5 . zx/L lj sf; tyf ejg lgdf0f ljefun] o; sf]g]Tj ub5 .

cj clnslt ejg lgdf0f kofs]h xfdl]bZdf s:tf]5 e6g]lj ifodf xfdl]0lghlgo/ tyf d0/x?nf0{o; af/]; fdf6o hfgsf/L t 5b5 . sl/a () klTzt xfdl]ejgx? gg-0lghlgoL# ; Argf 5 . s]n !) klTzt xfdl] ejgx?df 0lghlgoL# ; Argf 5 . gg-0lghlgoL# eg5f]0lghlgo/ lj gf agfPsf]h:t}xfd] 3/x? xg\ . 0lghlgoL/E ; Argf ePsf eg5f h:t}7hf x0n tyf sfofno cflb 0lghlgoL/E cjwf/0ff cg; f/ agfPsf ejgx? xg\ clwsfz lghl ejgx? gg-0lghlgoL# ; Argf c6tu5 kb5g\ lghl lfd] s:tf]cjwf/0ff 5 eg]c]k]mf]3/ c]k]m]agfp e6g]5 . csf]s/f s]5 eg]lj sf; ; #; #}7h7hf tyf clnf ejgx? lgdf0f xg yfn5f 5g\ dh]of]s/f lsg /fv5f]eg] hlthlt clnf ejgx? a6b}hf65g\to]tg]to; sf]; Argf tyf cfufaf6 ; /lfsf s/fx? dxlj k0f{xb}hf65 . To:t} l8hf0gdf hg lsl; dsf] lj lwtf cf0/x5f] 5 To; n] ubf{ c; 6tInt (asymmetric) ejgx? w} a6b5g\ . asymmetric ejg e6gn] ; 6thg gland5f] ejgx? hg k/Dk/fut 3/x? xg\ . clxn] ljle6g l8hf0gsf sf/0fn] ; 6thg gland5f 3/x? ag5f] kf065 . eS0klo ; /lfsf] lx; fan] ol b0{ s/fx? w} g} dxlj k0f{ / rgt]k0f{ klg 5g\ . o; sf ; fy} ejg lgdf0fdf composite ; fdulx?sf] k0f]u a9L ePsf] klg kf065 . Composite ; fdul eg5f] df] h, s5l6, llnf; , sf7, ljle6g lsl; dsf taxture cflb k0f]u e0/x5f] 5g\ . ol ljle6g lsl; dsf ; fdulx? xfdln] /fdl] # k0f]u ug{ ; s0f]j f hfg0f}eg] ejg ; /lft xb0 . x/5 ; fdulx?sf] cgkft km/s km/s x65g\ t; y{composite ; fdul k0f]u ubf{w}g}Wofg lbgkqIx65 . ca 3/ agfPbf v}l 9nfg g} ugkb5 / 9nfg lagf 3/ g} a6b0 e6g] xfdl] ; dfhd] df6otf 5 . emg\bu6 lfd]sf up+upelf tyf el/kfvf ; d]df cf/l; l; ejgx? ag5f 5g\ Toxf+s0]lsl; dsf]u0f:t/ lgo6q0f 50 . oxfx?nf0{hfgsf/L g}5 ls reinforced concrete e6g]lj lQs}kfgl, afn]f, l; d06, lu66L / 58 ; dfj Z x65g\ . x/5 ; fdulx?sf]u0f:t/ xgkqIx65 ; fy}To; sf]ld; fj 6sf]cgkft xgkqIx65 . To; nf0{s; /L coring / curing ug]xgkb5 . lu66L, l; d06 jfn]f 3fh] to]Qs}9nfg e0xfN5 e6g]; f]f0 5, To]; f]f0{c]k]m] vt/gfs 5 .

ejg lgdf0f cfrf/ ; lxtf Ps b:tf]h xf]. o; b:tf]hnf0{rf/ efudf jul5/0f ul/Psf]5 . Pp6f rflx+state of the art building e6g]5 hg lj bZl bft [ :yfx?n]agf0lbg]j f lj bZl :t/af6 agf065g\To; nf0{xfdln]o; >0lfd /fv5f 5f}. / xfdl gkfnln] klg state of the art ug{ ; S5f; g; Sg] e6g] xf0g . bf] fl] jul5/0fdf Joj ; flos 0lghlgo/x?sf]; Argf eg5f 5f]of]eg5f]s]xf]eg]; Argfsf]; ldf ; Argfut ?kdf \$-% ld6/, # tNnf e6b a9L / !)) :Sjfo/ lk6 e6b a9L ePsf] clnf / 7hf ejgx?nf0{xfdln]o; df /fv5f 5f}. csf] t] fl] jul5/0fdf mandatory rule of thumb hxf+0lghlgo/sf]; jf ku5f]50 / cf0/l; o/sf]lgu/fgl]df sfd x65 / xfdl]lhnf lhnfndf o; k5f/sf]sfd x65 To; nf0{xfdln]o; >0lfd /fv5f 5f}. / c6To tyf rfy0f u0]d0f ejgx?sf nflu lgb]zsf (guidelines for rural buildings) kb5 hg rflx+u0]d0f lfd] hxf+0lghlgo/ jf cf0/l; o/sf] cgkl:yltdf 8sdlx?n]agfpg]3/x? kb5gV hg lgb]zsf oxf+gkfnl efifdf klg 5 .

To; sf/0f xfdl]cfj Zostf cg; f/ hg ; lxtf hxf+; f6ble5 x65 Toxf+xfdlnfu"u5f}. To:t}Pp6f lbuf]j ; f]f; sf nflu ejg lgdf0f cfrf/ ; lxtf nfu" ug{ ; jkydtM xfdl] 0lghlgoL/E sn]hsf u]hP6 lj Bfylx? xgX65 jxfx?nf0{ejg lgdf0f ; lxtf/}to]Q /fdl]hfgsf/L 50 . slxn5f]d 0lghlgoL/E sn]hd] k9fpg hf65' / Toxfsf lzlf / lj Bfylx?nf0{/fli60 ejg lgdf0f cfrf/ ; lxtf 5 e6g]; d]df hfgsf/L 50 . of]Pp6f u0el/ ; d:of xf]. To:t}sf] ul//x5f cfls656 0lghlgo/x? klg ejg lgdf0f cfrf/ ; lxtfnf0{s; /L Joj xf/df nfu"ug]e6g]af/df

klzlifft xgk6g . hg tflndx? xfdln]0lghlgo/x?nf0{lb0/x\$5f 5f}rof]rflx xfdln]st{fo lj ; [ gu/kflnsfnf0{dfq  
s]lbt ul//x\$5f 5f). lghl lfr]sf k/fdz\$?nf0{xfdln] tflnd lbg ; ls/x\$5f 5f}+. clxn] Dd sl/j \$)) hit  
8sdlx? klzlifft ePsf 5g\ . o; sf ; fy}ejg lgdf@f cfrf/ ; lxtfdf s]l kg/fj n]f\$gsf] cfj Zostf klg 5 .  
lsgeg]; g\! ((\$ df agfPsf sltko s'/fx? ablnPsf 5g\ clxn] Dd xfdln]M15 nf0{concrete structural  
complete dflg/x\$5f 5f}hasl ef/tdf M20 xgkb5 e6g]df6otf /x\$5f]5 . t; y{M20 ug]ls gug]e6g]s/fdf  
lg0f6 ug]kg]x65 . of]ejg P6 ; #bdf 5 / of]kf; xb5 . csf]s/f rflx+xfdln]oltsf sfd ubf{ub}klg s]n  
b0j 6f gu/kflnsf sf7df08f)/ nintk/n]dfq ejg lgdf@f cfrf/ ; lxtf nfu"ug]kl]tallotf JoSt u/\$5g\ c?  
gu/kflnsfn]nfu"ug]cf; o k\$6 u/]fklg kl]tallotf eg]cf0; s\$5f]56 .

ejg ; lxtf nfu'ug{; a66bf klxnf]r/0fdf 0lghlgo/ # sn]hsf]kf70sd0df o; nf0{/Vg' kg] x65 . csf]r/0fdf  
g]kfn 0lghlgo/ # sfl6; nn] cfls6\$6 tyf 0lghlgo/nf0{hf/L ug]nf0; Q; df ejg lgdf@f cfrf/ ; lxtf kfnf  
u/fpg]Pp6f glt g]nfu"ug]{kb5 . ; fy}gu/kflnsfx?df r/0fallb ?kdf ejg lgdf@f cfrf/ ; lxtf nfu' u/fpb}hfg'  
kb5 . ; a}gu/kflnsfx?df Ps]6s nfu" u5f] eg] lg0f6 ubf{tof] Joj xfl/s gxg ; \$5 . To:t} ; /sf/af6  
ul/gkg]s/fdf dh hu (Core foundation) tyf dfkb08 ; #fng k\$6f (standard operating procedure)  
h:t}ejg ljefun]g\$; f kf; ubf{lbg' kg]lg]6gx?; ejg ; lxtf ; Dal6wt sfo{tl cflb ; /sf/ jf gu/kflnsfn]  
ul/lbgkg] x65 . ; lxtfnf0{ ; do cg; f/ kg/fj n]f\$g ug]kb5 . 0lghlgo/ # sfl6; nn] 0lghlgo/ /  
cfls6\$6x?nf0{nf0; Q; lbbf ejg lgdf@f ; lxtfnf0{ ; d] ljrf/ u/L lbgkg] x65 . ejg ; lxtfnf0{ kfnf  
gug]0lghlgo/x?sf]nf0; Q; /2 ug]kl]wfg klg /Vgkg] x65 . ; fy}Joj; flos ; dfhx? h:t}NSET, SONA,  
0lghlgo/ # ; #7g cflb h:tf ; #yfx?n] ; b:ox? tyf ; fwf/0f hgtfx?sf nflu tflnd tyf r]gfdhs  
sfo\$dx? ; #fng ug]kg]x65 . ejg ; lxtfsf]k\$5fzg tyf lj t/0f ug]{klg Ps 7hf]r]g]t s}?kdf 5 . csf]s/f  
s] eg] :jdNofsg (peer review) sf] klg cfj Zostf 5 . Peer review eg\$] rflx+  
0lghlgo/ # ; dbfon] ; lxtfsf] kfnf /fd] ; # ePsf]5 jf 56 eg] cfm]h] cfm]y] dNofsg ug]lj lw xf] . sg}  
j]sn, ; /sf/, cbfnt, d6qinon] dNofsg ug]xf0g . of]Joj; flos ; dfhn]ug]xf] . ca of] hg lx; fan] d]h]  
k|t'tls/of u/]To; cy6f ejg ; lxtf nfu' ubf{/0fgllt s]xgkb5 eg]lgo6q0f ug]kg]s/f lgod, sfg6, P6 tyf  
b08af6 ul/gkb5 / o:tf s'/f rflx+; /sf/af6}xgkb5 . ; fy}o:tf] lgo6q0fsf] dfqf ; fg] xgkb5 . kl/kfnf  
(compliance) sf]efu 7hf]xgkb5 . l8hf0g/, dflns, 7\$6f/x?n]o; df 7hf]el dsf v]lg' kg]x65 . lgo6q0f sf]  
efu 36b}hfg' kg]x65 eg]kl/kfnf]sf]efu a9b}hfg' kb5 . ; /sf/n] ; w6/L lgo6q0f ug{; Sb6 p; sf]klg cfm]y]  
afllotf 5g\ t; y{kl/kfnf]sf]efunf0{a9l hf\$ lbg' kb5 e6g]s/f dnf0{nflb5 . w6oj fb .

# ; x; fAbl lj sf; nlf (MDGs)]lj sf; sfnflu HESI

; f0rl cf6bf]  
; ofhs, oPg; lcf/8l ksfk Joj :yfg ofhgf xofuf]clkm;



w6oj fb . d7f]gfd ; f0rl cf6bf]xf] / d sfa3f]UNCRD ksfk Joj :yfg ofhgf xofuf]sfof{nodf sfd ub5' . d o; cj ; /df pkl:yt e0{s/f /Vg / ; 0St /fi6«; 3sf]; x; f]bl lj sf; nlf sf axt p27ox? / lbuf]lj sf; sf nflu Housing Earthquake Safety Initiative (HESI) sf af/df hfgsf/l u/fpg kfPsdf xlift 5' .

sfa3f] !@ aif{cl3 7hf] e5Dk cfPsf]lyof] . >l ykfn]cfkm]k|t'tls/0fdf gkfnf ( ) k|tzt 3/x? gg-0l6hgo8{5g\eg] e6geof] . gg-0l6hgo8{eg3f]l; sdlaf6 ag3f sf7sf]; Argf ePsf 3/x? xg\ . w7h; f] zx/x?df Ps jf b0{tn]sf7n]ag3f 3/x? 5g\h; df cfuf]t?6t]/ ; lhnf]u/l nllg ; S5 . e5Dk cfPsf]nu0} vfgkfgl lj t/0f agb x65 . olb Toxf+ cfuf] lgefpg] 6fhl ePtfklg pglx?n] To] an3f] cfuf] lgefpg ; Sb6g\ . f6f]oj z !& hgj /l lj xfg lxp6sf]; dodf Tolt xfjf klg grn3f]cj :ydf b0{lbg leq}cfuf] lgef0of]. t/ cfufaf6 sxl lf6x? To; ahdf gi6 eP . of]hkfgsf]Psk3f/sf]km/s vfn]e5Dklo ksfk]sf]36gf lyof].

tkf0x?n]b]vgx65, of]sfa]xf]hxf+cfj; lo af6df 3/x? 5g\ . w7h; f]3/x? sf7n]ag3f 5g\hg dh]cl3 g] elg; s7

of]kfls:tfgsf]36gf xf] . ; g\@))% df sfZdl/df e5Dk cfPsf]lyof] / sl/a kf# dlxgf kl5 ; g\@)) ^ df dh]of] t:j/l lnPsf]x+ of]dhkmi/fab zx/ xf] . oxfsf w7h; f]3/x? 06 / 9ufx?n]ag3f]5 . tkf0x?n]b]vg ; Sgx65 ls lxdfndf klx/f] klg uPsf] 5 . of] klg kfls:tfg af/fsf6sf] 36gf xf] / olt ; Dd ls o; 7fp6f 0l6hgo8{tyf ; Argfut 3/x? klg e5Dkn]gi6 kf/3f]5 . of]utjif{d]@)) ^ df 008f]zofdf ePsf]36gf xf] . 008f]zofdf k/Dk/fut 3/x? sf7n]ag3f x65g\ / xfn; fn}06 kofu u/l 3/ lgdf uf{z? ePsf]5 . lj z]fu/l 008f]zofdf 06af6 agf0Psf 3/x? Tolt alnof eg]xb6g\ . kl/0fd:j?k Tolt 7hf]e5Dk gePtfklg w7]3/x? To; ahf gf; fg eP .

UNCRD n]olx cgejx? dfknt\jle6g kl/ofhgf?sf]clloog uof]. w7h; f]kl/ofhgf?df xfdln]sxl k6z6 jf gd6f kl/ofhgf? kofu ub5f); o; gd6f kl/ofhgf dfknt\xfdln]lj 1x?nf0{tflnd lb65f}/ kf]j lwsx?sf]lfdtf lj sf; clej llodf ; xofu ub5f); ; 6be3f]?kdf xfdl hgtfnf0{klg lzllft u5f]. pTk70ffsf]Ps dVo s/f ; /sf/l gltsf nflu dfq geP/ lj 1x?sf nflu klg cuf]8 a9g'k5{e6g]xf]. xfdln]gd6f kl/ofhgf bj}pkfodf k6z6sf nflu kofu ub5f);

of]0ltxf; xf]jf UNCRD sf kl/ofhgfs >vnx? xg\ . tkf0x?; u tlj6f kDkn6x? 5g\ . ol kDkn6x?df kj{ kl/ofhgf ultljwx? ; dfj z 5g\ . Pp6f ; dbfodf cfwfl/t ksfk Joj :yfgdf n]us -; 6tn] kDkn6\_ , bf]f] ; /lffds k6f; dfknt\lgnf]kDkn6\_ / t3f]Housing Earthquake Safety Initiative -xl/of]kDkn6\_ . clxn]xfdln]tlg kl/ofhgf? sfof]og ul//x3f 5f); w7h; f]kl/ofhgf]ksfk Joj :yfgsf nflu kj{ of/l a9fpg] nlf lnPsf]5 . kj{ of/l r/0fdf xfdl 5j6f lf6sf sl6b 5f); Itglx? hgtf?sf]r]gf clea llo, kf]j lwsx?sf nlu lzllf ; fdbilos lj sf; , klj lw lj sf; , zx/l tyf ejg lgdf lgo6qof cflb xg\ . clxn]xfdln]ol lf6x?df Joj :yfg sfo{ ul//x3f 5f) . ; /lft 3/sf ; 6bedf w7] t]jx? 5g\ vf; u/l tlg lf6df o; nf0{af6g ; ls65M ; fdlhs, cly6 tyf jftf] /fo/ef]ts gltx? . ejg lgdf ; lxtf ; fdlhs gltsf]Ps efu xf]t/ ; /lft 3/sf]; lglZrtf ug]of]dfq}Ps pks/of eg]xf6g . xfdlnf0{ejg lgdf glt jf ejg lgdf

lgbzq glt dfq cfj Zos kgI xfoG, nf0; l; hf/L / zx/L ofhgf klg ; /lft ejg jf 3/sf nflu plQs}  
dxIj kOf{s/fx? xg\ >l lszf/ ykfn]klg oxl eGgeof].

hfkgsf ; Gbedf klg /fli60 ; /sf/n]3/sf nflu C0fsf]kijwfg tof/ u/šf]5 . ; fj hlgS 3/ lgdf/f C0f kOfnfl  
nfu' ubf{klg xfdl ; /lffsf]dfkb08 klg xgI u5f. ejg lgdf/f ; lxtsf nflu of]G0gtd dfkb08 xf]. 3/ lgdf/f  
C0f kOfnldf xfdl sxl pRr txsf dfkb08x? klg /fV5f. cflyš glt n]klg ejg lgdf/f ; lxtf tyf ; /lft ejg  
lgdf/f ktf/ k] f/ ugkb5 . of]Ps z]lfs lj Zn]fOf dfq xf]. ; /sf/L glt sf ; Gbedf lj leGg gltut c]hf/x?  
5g\h:t} /uh3f]l glt c]hf/, cflyš glt c]hf/, ; j o+} s glt c]hf/, ; Rgf glt c]hf/, tyf cg; Gwfg tyf  
lj sf; glt c]hf/ . xfdl ; /lff kfj sf/l/tfsf] b]i6sf0faf6 ; lxtf lj Zn]fOf u5f. ; lxtf sfggdf cfwl/t 5 eg]of]  
afWofds xgkb5 . kfj sf/l/tfsf ; Gbedf sfo{ Dkfbg j uflš/Of Tolt w}]alnof]xbg . t/ cflyš kfj sf/l/tf pRr  
xG5 .

ejg lgdf/f ; lxtsf ; Gbedf cflyš kfj sf/l/tf pRr xG5 lsgeg]o; nf0{w}]; fj hlgS sf]fsf]cfj Zostf kbq .  
clt dsf] abf kzf; slo ; e]lotf xf] / of] dxIj kOf{klg 5 . jf: t]df, ejg lgdf/f ; lxtsf ; Gbedf kzf; slo  
lfdtdf w}]; d:of tyf rgf]lx? 5g\ of]hfkfg nufot kf# dhšx?df ul/Psf]cgej xf].

ol ; a}ejg lgdf/f ; lxtsf] glt tyf sfollj og ; Da6wl hfgsf/L xg\ . of] dnf0{ dhšsf] ; fdlhs, cflyš  
tyf ; f:s[ts l:y]tdf e/ kb5 h:t] nflu5 To; h] o; df sg] 7f] ; dfwfg 5g . hxf+Dd dnf0{yxf 5  
gkfn ; /sf/n]o; df w}] sfd u/šf]5 / o:tf ul/Psf cgej x? c? bzx?sf nflu klg ; xofu] xG5 . ejg  
lgdf/f ; lxtf ejg tyf 3/x?sf] ; /lff tyf ; /lftsf nflu dfq geP/ ca cP/ of] jftfj/Of; # ; Dal6wt  
cfj Zostf, ; jfnx?; # klg ufl+Psf]5 .

ofhgf ; lxtf jf hflg# ; lxtsf thgdf ejg lgdf/f ; lxtf nfut kfj sf/l klg 5 . hflg# ; lxtf  
3/x?sf] ; /lffsf b]i6sf0fn]kof(t 5g To:t)ejg lgdf/f ; lxtf klg PSn]kof(t 5g . t; y{ofhgf jf hflg# ; lxtf  
tyf ejg lgdf/f ; lxtf kfj sf/l ?kn]ufl+Psf]xgkb5 . hfkfg nufot c6o dhšx?df klg o:t}cgej /xšf]5 .  
gu/kflnsf?df /fli60 ejg lgdf/f ; lxtf s; /L ktf/ k] f/ ug{ ; lsG5 egl 008f]l]zog ; /sf/nf0{ul/Psf]xfd]  
Ps k]tj tkf0x?nf0{ Ps ; Gbe{ ; fdullsf ?kdf dfq b]v/f0Psf] xf] . 008f]l]zog ; /sf/n] ejg  
lgdf/f ; lxtf ; g!(^% sl/a \$) aif{cl3 tof/ u/šf]lyof]. t/ pglx?n]; g\@))@ df dfq cP/ sfGg lgdf/f  
u/]. t/ o; sf]sfollj og ; dfqdf uPsf]7hf]eŠDk kl5 ; g\@))% df dfq z? ul/of]. clxn]cP/ pglx?n]7hf  
zx/x? h:t}hfsftf{ tyf afw8udf ejg lgdf/f ; lxtf sfollj og ul//xšf 5g\ . w}]c? gu/kflnsf? cfkngf]  
zx/df ; lxtf nfu"ug[ls t kvf0df 5g\ls t lxlRsrxf6df 5g\ UNCRD / hfkfg cGt/fli60 ; xofu] lgsfo  
(JICA) n]008f]l]zofsf]/fli60 ; /sf/nf0{lj leGg gu/kflnsf?df 008f]l]zof ejg lgdf/f ; lxtf ktf/ k] f/ tyf  
nfu' ug; xofu] ul//xšf 5g\ xfnf]cgej n]s]b]v/fPsf]5 eg]008f]l]zofsf gu/kflnsf?df ejg lgdf/f ; lxtf  
nfu"ug; xofu] ldnšf]5 ; fy}zx/sf jfl; Gbfx?df klg cfkngf]3/ ; /lft agfpg]s/f l; Sgdf w}]pI; stf /xšf]  
kf0Psf]5 . o; lznlnzdf xfdln]b0{s/fdf lj efhg u5f]kfl]j lws lgdf/f tyf ckfl]j lws lgdf/f .

cGtdf, d ; eSt /fi6«; 3 tyf ; #7gx?sf]p2]osf b]i6sf0faf6 ; x; #abl lj sf; nlf sf af/df hfgsf/L u/fpg  
rfxG5' . ; x; #abl lj sf; nlf gof+; x; #abl z? xg 7ls cufl8 cyf(\; g\@)) df clusf/ ul/Psf]xf]. o; sf cf7  
7f] nlf x? 5g\ gkfnf] ; Gbedf cf7 j ifšf]c]lwdf !) kl]tzt n]u/lal 36šf]5 eg] ; flf/tfsf]b/ cf7 kl]tzt n]  
a9šf]5 . lj ut !% j ifdf gkfn] w}] 7hf] pGgtl xfl; n u/šf]5 . :jf:Yo lfq, zx/L lfq ; /lff  
tyf ; /; kmf0{ ; lj wfx?df pGgtl xfl; n u/šf]5 . xfdl gkfnf]kbf; nf0{kz+uf ub5f. HESI sfošd ; x; #abl  
lj sf; nlf; # ; Dal6wt 5 . w}] bžsf u/la hgtfx? sdhf] 3/x?df a:g] ub5g\ . olb xfdln] To:tf  
3/x?sf] ; Argf tyf ; /lffdf sxl /sd dfq nufgl ug[xf]eg] bžsf]l:y]tdf g]; w/ cfpG5 . 3/x/sf] ; w/  
ePdf ; /; kmf0df ; w/ xg klg d2t kl5 / dflg; x? . j:y / ; /lft jftfj/Ofdf klg afRb5g\ .  
t; y{xfdlx? ; x; #abl lj sf; nlf HESI sfošd dfknt\kfl]t ug[ sf]zzdf nflu/xšf 5f+/- HESI sfošd n]  
sfošf nflu xofu] 9f#f (Hyogo Framework for Action) xfl; n ug{kbf; /t\5 . of] ; x; #abl lj sf;  
nlf; # ; Dal6wt kšb klg xf].

cGtdf, d tkf0x?nf0{gkfnl / cu]hl eifdf tkf0x?; # ePsf] of] ; Gtn] /#sf] lsfaf] af/df hfgsf/L lbg  
rfxG5' . gkfnf xfdl] of] lj utsf]kl/ofhgf lyof] / o; sf]gfd ; dbfodf cfwl/t kšf]k Joj:yfkg xf] / of]To;  
kl/ofhgf]clen] xf]. ejg lgdf/f ; lxtf nfu"ug{c? c]hf/x? d]l]o]of]; dbfodf cfwl/t sšfnsfx? klg Ps  
xf]eGg]d lj Zjf; u5f. gkfn ; /sf/, gu/kflnsf?, UNDP ; fy}NSET xfdlx? lj 1 xf] / xfdln]of]; lxtf nfu'  
ug{ / hgtfx?nf0{ lzllft tyf ptk]t u/f0{ pglx?n] cfkngf] ; dbfosf 3/x?nf0{ ; /lft agfpg ; xofu]

k%ofpg5g\ lsgeg]; /lft 3/ eg\$fxdf]cfkny}kl/j f/sf]; /lff xf]. ; fdfhs lj sf; sf]of]cfwf/et s/f xf]. of]  
d/f]k|t'tls/of xf]/ vfgf kl5 >l tfsxf; ln]sf\$]cgej ; Da6wL lel8of]Nofpg'ePsf]5 . o; df sf]df k\$fk  
l:ylt tyf e\$Dk kl5sf]kylgdf] k\$fsf s/ix? ; dl6Psf 5g\ To; lel8of]e\$Dksf]k[7edl tyf oyfy{lrqof  
aeny tkf0x?nf0{; xof]u kl6\$ egl d cfzf ub5'. w]}w]}w6oj fb .



# Ij s[bls/0f, :yfglo zf; g / ejg lgdfcf cfrf/-; lxtf

lbgz sdf/ yklnof  
kfv sfof/l clws, sf7df8f}dxfgu/kflnsf



d cfsf] of] uf]7ldf sf7df08f} dxfgu/kflnsf] ejg lgdfcf ; lxtf sfollj og ug[ ; Gbedf ePsf xfd] sxl ultlj lwx? / ; duof gu/kflnsf]dx; ; u\$; ; jfnx?sf]lj ifodf 5f0s/Ldf oxf+/Vg rfx65'. o; df d]f]lj ifog} Ij s[bls/0f, :yfglo ; zf; g tyf ejg lgdfcf cfrf/ ; lxtf sfollj og (decentralization, local governance and building code implementation) eG]5 . Ij s[bls/0f tyf :yfglo ; zf; gsf]lj ifodf oxf+; xefulx? hf] oxl lj ifodf w]}sfd ul//x\$ 5f;p:t}kbf{xfdl ; kgdf klg Ij s[bls/0f / :yfglo ; zf; g bVb5f}. To; h]d]of] lj ifodf w]}s/f u/L /Vg h?/l nfu. t; y{d clnsit ; jfnx? It/ g}nfl5'.

ejg lgdfcf ; lxtf nfu"ug[ s/fx?df xfdl 5nkm ul//x\$ 5f}of]lj Nsh):yfglo ; /sf/n]nfu"ug[ s/f ePsf]d oxf?nf0{k]6 kfg{ rfx65'. o; sf nfu s[bllo ; /sf/n] gllt lgod, dfkb08, cfrf/x? agr0lbg ; S5 / To; nf0{ sfollj og ug[ lhDd]f/l / bflotj t :yfglo txs}x65 . ; fy} Ij s[bls/0fn] klg Toxl eG5 . s[bbp ; /sf/df ePsf]sfd :yfglo tx jf ; /sf/df lbg]s/f u5{/ hxf+; Dd xfdl :jfoQ zf; gsf]s/f u5f;:jfoQ zf; g eg\$]cfknhf0{h}sf d ug[clwsf/ kkt ePsf]5 To] clwsf/nf0{kfej sf/l 9un} :j tGqtfk} \$ Jojl:yt ug]Pp6f :j tGqtf xf]. To; sf/0f ejg lgdfcf ; lxtf nfu"ug[ ; Gbedf klg :jfoQ zf; g Pq jf gkfn ; /sf/sf c6o sfgg c6tu\$ kkt clwsf/x?nf0{ hit kfej sf/l 9un} xfdln] :yfglo :t/df nfu"ug[ ; S5f+Toltg} xfdln]:jfoQ zf; gsf]efjgf cg?k sfd u/\$]7x5{.

ejg lgdfcf ; lxtf nfu"ug[ ; Gbedf dxfgu/kflnsf dfq}xf0g ; du|gu/kflnsf?sf]lhDd]f/l s|xgkb5 eG]s/f d oxf?nf0{hfgsf/l u/fpg rfx65'. xfdl]:jfoQ zf; g Pq lgodn]sxl clwsf/x? xfdlnf0{kbf u/\$]5 . klxn] s/f :yfglo tj/df sb}klg lsl; dsf]ejg jf 3/ lgdfcf ubf{gS; f kf; jf :jls[t ul/lbg'kg]bflotj / lhDd]f/l gu/kflnsf?sf]x65 eg\$]5 . of]gS; f kf; ; # ; Dalwt ePsf]xbf :jfeij s ?kn}oxf+xfdl]pQ/bflotj ; hgf x65 . ca gS; f kf; sf]; Gbedf o; ; # ; Dalwt ; jfnx? s]s]5g\egl d pNny ug{ rfx65'. csf]s/f ejg lgdfcf ; Da6w dfkb08 agrP/ nfu"ug[ klg xfdl]bflotj / lhDd]f/l leq kb5 . o; df sf7df08f}pkTosfsf]xsdf s[bllo :t/af6}xfdln]Pp6f dfkb08 tof/ u5f;/ To; nf0{nfu"ug[ ; Gbedf ; fgf Itgf s/fx? ; zfvlg ug[kg]/ dh dfkb08 leq /x] sxl kfej sf/l agrpg' kof] eg] gu/kflnsf?n] u5g\eg] c6o gu/kflnsf?sf] xsdf cfknhf0{cfj Zos kg[s[bllo gllt lgod, lgb]zsf tyf ejg lgdfcf ; lxtsf]kl/lwleq /x] xfdln]dfkb08 agrP/ nfu"ug[ ; S5f+ of]klg xfdl]lhDd]f/l / bflotj leqsf s/fx? xg\ olb sb}klg ejg dfkb08 ljkl/t agrf]eg] To; nf0{eTsfgp jf lgoldt u/fpg xfdl cfbz lbg ; S5f+ eTsfgp ; S5f+/ of]s/f xfdl]sfd stfo / lhDd]f/l leq kg]ljifo xf]. csf]sb}klg lgdfcfllwg ejgx? ejg lgdfcf cfrf/ ; lxtf cg;f/ eP gePsf]cgludg ug[kg]klg xfdl]lhDd]f/l / bflotj leq kb5 . ejg lgdfcf ug[ lznlnfdf ljleG ksf/sf lj jfbx? cfpq ; S5g\o; df of]dfkb08 cg;f/ ePg egl To; sf]lg?kOf ug]bflotj / lhDd]f/l klg :yfglo txdf gu/kflnsf]x65 . o; df s]s:tf lj jfbx? cfp5g\ / lognf0{s]s; /l lg?kOf ug]eG]lj ifodf sf7df08f} dxfgu/kflnsf sfgg clws[n] ug[ ; S5g\eg] s/f pSt dxfgu/kflnsf sfgg clws[af6 xg] k]t'ls/0faf6 :ki6 x65 xfhf . ejg lgdfcf ; Da6w tfind, uf]7l / kff/ k/f/ ; Da6w sfdx? ug]bflotj / lhDd]f/l klg gu/kflnsf?sf]x65 .

ejg lgdfcf cfrf/ ; lxtf nfu"ug[ sf7df08f}dxfgu/kflnsf]s]s:tf sfdx? ul//x\$]5 eG] ; Gbedf d sxl pNny ug{ rfx65'. ejg lgdfcfdf klt/fv]f]ds klj lwsf]cjndag ug]u/fpg]xfdl]gllt 5 . gllt leq ; dfj z ePsf] ljifo xf]. ejg lgdfcf cfrf/ ; lxtsf]kfej sf/l sfollj og ug{kfej sf/l ; eGqs]lgdfcf u/L sfzln tNofpg] eG]klg 5 . sxl ; eGqx? ag\$ klg 5g\hg d oxf+pNny ug{ rfx65'. sb}vf; lqdf vf; ksf/sf]lgdfcf ug\$

nflu vf; k\$[sf]dfkb08, zt{/ l8hf0g t\$g]/ lgo6q0f ug[klg xfd]gllt leq k/\$f]5 . s:tf]lqdf s:tf]ejg  
lgdf0f ug{lbq]/ s:tf]dfkb08 / zt{x? t\$g]e6g]5 / of]klg ; du|gllt leq /x] xfdn]g}ug\$]f; cgdlt ljgf  
ejg lgdf0f ug[/ gS; f kf; ubf{dfkb08 ljkl/t ejg lgdf0f ug[dflj sf/j fxl ug[klg gllt leq k/\$f]5 . ejg  
lgdf0f cfrf/ ; lxtsf]k\$] sf/l sf0f]og ug{; /\$f/j fxf?; u ; d6j o / ; xsfohf0{ki6 / Joj:l:yt ug[e6g]  
klg gllt sf7df08f}dxfgu/kflnsf]x/\$f]5 .

ca d sf7df08f}dxfgu/kflnsf]k\$]f; / s]s:tf sfdx? ul//x\$]5 e6g]af/]sxl plny ug{rfx65'. oxf+ejg  
lgdf0f dfkb08 ; lxtf e6g]zlb a]ls k/\$f]5 . ejg lgdf0f dfkb08 lj=; +@)% df ag\$]lyof]/ :jls[t lj=; +  
@)^# ; fndf eof]/ xfdln]; x]wg ; lxt nfu"ul//x\$]5f]f; sf7df08f}dxfgu/kflnsf]k\$]f; De blv g}ejg lgdf0f  
cfrf/ ; lxtf; u ; Dal6wt s'fx?nf0{sf0f]og ug[k\$]f ul//x\$]5 . gS; f :jls[t ubf{e0\$]f lqkmm !)))  
julk6 e6f a9l 5 / tlg tnf e6f 7hf]3/ 5 eg]To; k\$[sf]ejgnf0{; Argfut l8hf0g gu/L xfdl :jls[t  
ubf]f; t; y{dfkb08 cg; f/ dfq}:jls[t lbq]e6g]x]fd]lg0f6 5 . lj=; +@)%! ; fn blv g}of]Joj:yf sf0f]og  
ub]cfPsf 5f]f; lj=; +@)^) ; fndf ejg lgdf0f cfrf/ ; lxtf nfu"eof]/ lj=; +@)^! ; fn blv o ; lxtfnf0{nfu"  
ug[e6g] dxfgu/kflnsf af\$]f] lg0f6 u}of] / xfn of] sf0f]og ul//x\$]f] cj:ydf 5 . To:t} ejg lgdf0f  
cfrf/ ; lxtf sf0f]ogsf lglDt sf7df08f}dxfgu/kflnsf]d Pp6f ; ldt 5 h; df klrf\$ 0l6hlgol/u Sofk; , zx/L  
lj sf; ljefu, sf7df08f}dxfgu/kflnsf / 0l6hlgol/x?sf]; dfh cflbs]o; ; ldtdf kl]t]glw] 5 / of]; ldt]n]  
cfkmg]sfd sf/j fxl cufl8 a9f0/x\$]f]cj:yf 5 . s / v jul\$]0fsf ejgsf ; Gbedf ejg lgdf0f cfrf/ ; lxtf  
nfu"ug{; ldt ag]Psf 5f]f; pSt ; ldt]n]:jls[t lbP kl5 dfq gS; f kf; x65 . s jul\$]0f e6g]lj]Qs}; yfut  
ejgx? xg\ / v jul\$]0f e6gn] 0l6hlgol/x?n] g} l8hf0g ug[kg]ejgx? xg\ . o; e6f tnsf ejgx?  
c\$]l/; o/x?n]klg l8hf0g ug{k]pg]t/ gS; f kf; xfd]cfkmg]sf]z; af6 ug[kg]x65 . t/ To; e6f clns 7hf]  
k\$[sf]gS; f / l8hf0g 5g\eg]x]fdl To; nf0{; ldtdf :jls[t hgfP/ dfq kf; u5f]f; gS; f :jls[t ubf{x]fdl  
b0{r/0fdf u5f]f; klxf] btf{ePsf]gS; fsf]klxn]kl]lws r\$ u/] DPC ; Ddsf]:jls[t u5f]f; To; kl5 kl]lws /  
l8hf0g ug[0l6hlgol/sf] :jls[t] e} s]kl5 dfq]Tof] e6f dfl]ysf]j f dfl]Nnf]; Argfsf]gS; f kf; u5f]f; o:tf]  
k\$]faf6 klg ejg lgdf0f cfrf/ ; lxtf sf0f]og e0/x\$]5 ls 5g e6g]s/f xg{x]fdlnf0{; lhnf]x65 . :jls[t]  
cg; f/ lgdf0f]ePsf]ejgsf]dfl]Nnf]; Argdf kl]lws jf l8hf0g/sf]Joj:yf xfdl u5f]f; rf/ lkn6sf]af6df  
gu/kflnsf]3/hluf s/ sfod u5{ / of]s'fsf]k\$]f]t j f l; kmf/; ubf{gS; f kf; ePsf]clg]fo{?kdf xfdl x\$]f]f;  
gS; f kf; gePsf]hf0{x]fdl lbb}f; lgdf0f ; Dk6g k\$]f]kq 5 ls 5g e6g]s/f xfdl x\$]f]f; lsQf sf6sf]l; kmf/z  
dfkb08 cg; f/ ejg lgdf0f ePsf]cfwf/df dfq lbq]eg] xfdln]kl]wfg /fv\$]f 5f]f; o; n]klg xfdlnf0{lg06q0f  
ug{; 3fp k\$]f]Psf]5 .

sf7df08f}dxfgu/kflnsf]d 0l6hlgol/, hlgc/ 0l6hlgol/x?nf0{sxl ; yfx? h:tf]NSET sf]; xof]udf ljle6g  
lsl; dsf tflndx? kbfg u/\$f 5f]f; o; /l sf0f]og k\$]f]df sf7df08f}dxfgu/kflnsf]lg/t/ ?kdf cufl8 al9/x\$]f]  
5 . o; }k\$]f]f; u ; Dal6wt 8sdlx?nf0{klg tflnd lb0 lgdf0f sf0f]f; nlg u/fpg'k5{eg] ljle6g k\$]f] /  
k\$]f]f; x? z? ul//x\$]f 5f]f; o; df :jef]j s ?kdf ; d6j o; u ; Dal6wt ; d:ofx? 5g\ . o; nf0{; jfnx?sf]; Gbedf  
clns kl6 kfg\$]f'.

5f]s/ldf e6gkb{ejg lgdf0f cfrf/ ; lxtf sf0f]og ug{lgoldt ?kdf cgludg ug[kg]xf]To; df klg ; d:of  
5g\To; nf0{klg d ; jfnx?sf]; Gbedf kl6 kf/f]f . cfj Zos hgziSt / ; f]f ; f]wgsf]sdl xfdln]dx; ; u/\$f  
5f]f; csf]ejg lgdf0f cfrf/ ; lxtsf]cfj Zostf 5 eg] hg;t/df hgr]gfsf]c]o6t sdl 5 . o; df d s]cg/f]w  
ug{rfx65'eg]; lxtf cg; f/ 3/ lgdf0f ubf{w}vr{a95 e6g]hgdfg; df ed klg 5 . ol b0j 6}s'fx? hf\$] d s]  
e6g rfx65'eg]ejg lgdf0f cfrf/ ; lxtf cfj Zos 5 egl h; n]3/ agf0/x\$]5 p; n]cge't g}u/\$f] 5g . hf]  
3/wgl xf]To; n]o; s'fsf]dx; ; g}u/\$f] 5g . sf7df08f}clxn\$]f]ejg lgdf0f]kf]Q x\$]f]lj ut cfly\$  
j if{e6f vf; }a]l6 gePsf]d]b]v5' . sf7df08f}dxfgu/kflnsf]leq 3/ agfpg]hldg geP/ x]0g a? Tof]hldg  
a]f] ufp+lj sf; ; ldt lt/ 3/ agfpg'k5{e6g]k] [t a95}uPsf]x]fd]c]gej 5 . lsgeg]uf]lj ; df u0; s]kl5 gt  
ejg lgdf0f cfrf/ ; lxtf gt gS; f kf; gt c? sg}Jojwfgx? g}Jox]0]e6g]dfgl; stf 5 . To; h]uf]lj ; df klg  
jl/k/L ljle6g 3/x? ag\$]f]l:ylt 5 . o; nf0{klg d]h]; jfndf /fv\$]f 5' . of] gu/kflnsf]n]; fdf6o dx; ;  
u/\$f]; d:of xf]. To:t}:jls[t] gS; f e6f km/s lsl; dn]lgdf0f ug[k]Q klg 5 . oxf+c]o6t}n]Hhf af]w gu/L d]h]  
e6g'k/\$f]5 . sf7df08f}dxfgu/kflnsf]leq sl/a %) ^) kl]tzt 3/x? gS; f ljkl/t ag\$]f 5g\ . o:tf kj]Qsf  
3/x? ag\$]f]n]w}]; d:ofx? bl]vPsf 5g\ . gS; f ljkl/t lgdf0f ePsf 3/ e]sfpg]eg] cfbz 7f\$5f]f; oxf+cfbz  
n]Vg]; fyl klg cfpg'ePsf]5 . d To; sf]sf0f]og u5{. km] nf ug[rflx+w]6g cfpg'ePsf]/x]5 . xfdl sf0f]d  
ug{; ls/x\$]f 5g]f]of]klg Pp6f n]Hhfgs l:ylt xfdln]dx; ; u/\$f 5f]f; To; sf/0f ejg lgdf0f cfrf/ ; lxtf  
sf0f]ogsf]; Gbedf o; n]klg Pp6f 7hf]; d:of ; hgf u/\$f]5 .

To; u/l l8hf0g/x?af6 :jls[ePsf]l8hf0g cg; f/ g]toxf+sfd x65 eg] ; lglZrt ug{; Sg]cj :yf g}5g . geP  
gS; f dfkb08 ljkl/t 3/ a6b}a6b}lyP . gS; f Ps 7fpxf]nflu a65 csf7fpxf nu] 3/ agsf]klg pbfx/0fx?  
xfl ; u 5g\ . l8hf0g/n]l8hf0g u/g; f/ klg slt 3/x? alg/xsf 5gg\ . o; df xfd]cgludgsf]kf6f]sdhf]  
xg ; S5 . ejg lgdff sfof kllj lws ; kl/j ]f0fsf]cejf 5 . ejg ; ktf ; Da6wl tflnd kft sflnu9x?sf]klg  
cejf 5 eg] xfdln]sxl ; d:ofx? cge't u/sf 5f;

sxl ; emfj x? eg] dh] dxfgu/kflnsfs); Gbehf0{lnP/ /fv\$]f 5' . c?sf]; jfnx? cl6tddf /lVg rfx65' . ejg  
lgdff cfrf / ; kttfsf]sfollj ogf nflu lgoldt cgludg ug{yk ; ft ; fwgsf]JoJ :yf xg cfj Zos 5 . o; sf  
nflu xfdl ; øSt ?kdf cufl8 hfg' kb5 e6g] xfdln] bly\$]f 5f; . :jls[e gS; f ljkl/t lgdff ug]f0{ sfgg  
cg; f/sf]; hfodf sfggl JoJ :ydf ; wf/ xgkg] / o:tf]ug]f0{; hfosf]JoJ :yf klg xgkb5 e6g] xfdln]dx; ;  
u/\$f 5f; . :jls[e gS; f cg; f/ lgdff eP gePsf]cgludgsf nflu :yfglo lgsfo / gu/kflnsf alr plrt ; dg]o  
xgkg]5 . ejg lgdff cfrf / ; ktf ; Da6wt sd{f/lx?, l8hf0g/x?, sflnu9x?sf nflu cfj Zos kg]tflnds]klg  
JoJ :yf xgkb5 h; nf0{xfdln]z?jft ul//xsf 5f;/ of]; lsPsf] 5g . tflnd kft sflnu9af6 dfq ejg lgdff  
sfo{u/fpg tyf ejg lgdff cfrf / ; ktf ; Da6wl hgr]gf hufpg]sfof nfu"ug]kb5 . sflnu9x? kofft  
dfqdf eP kl5 dfq o; df hfg' k5{ e6g] xfdl] ; emfj x] . l8hf0g/x?nf0{ cfknh] l8hf0g u/\$f /  
gu/kflnsfaf6 :jls[e ePsf] gS; f cg; f/ dfq ejg lgdff u/fpgsf nflu lhDj]f/ agfpg' kb5 eg]  
dxfgu/kflnsfn]dx; ; u/\$f ol sxl ; emfj x? xg\ . ; emfj x? ; jfnx?sf] ?kdf k]tt ug{ rfx65' /  
c? ; jfnx? klg /lVg rfx65' hg ; dudf dxfgu/kflnsfsf ; jfnx? xg\

klxnf]; jfn, ; dudf gu/kflnsfn]s]blyof]eg]gS; f kf; ug]sfd s; sf]xf]/ s; n]ug]kg]xf] e6g]s/f]lg?k0f  
xgkb5 . o; nf0{5nkmdf Nof0g' kb5 eg] klg /fv\$]f]xf]. s]of]/fhgllt ug]df]lg; sf]sfd xf] jf kzf; lgs sfd  
xf]jf kllj lws 0lGhlg0/x?sf]sfd xf] olb of]0lGhlg0/ jf kllj lwssf]sfd xf]eg]pglx?af6]o; sf]cl6td lg?k0f  
xgkb5 cyf\ :jfoQ zf; g Pgd]f gS; f kf; ug]sfd lg]f]g lht] cfpg]df65h]xf0g 0lGhlg0/n]ug]kb5 e6g]  
bkrf xflg' kb5 . pQ/bflolj axg u/fpg' kb5 To; h] d]f]f blyf0{xf]a7]ls eP a7]ls elglbg' xfhf . o; df o;  
lj ifosf]lj 1 lhDj]f/ geP; Dd xfdl o; nf0{nfu"ug{; Sg]cj :ydf klb}f;

bf] f]; jfn, zx/ls/0fsf]k] [Q a]9/xsf]5 / zx/; u hfl]8Psf uf]j ; x? ca sdz]l gu/kflnsfdf ufleg hf65g\hg  
s/f sf7df08f]df dfq}ge0{c? gu/kflnsfx?df klg xfdln]bly\$]f 5f; . sf7df08f]s}pbfx/0f lbP/ e6gkb]f]of]zx/  
eS0klo b]l6sf]0faf6 vt/fdf 5 eg] xfdl ; a}elg/xsf 5f; . dh]s]s/f 7dfDd}alemg eg]Tof]eS0k e6g]j :t'  
dxfgu/kflnsf leq cfpbf v]l of] ejg lgdff cfrf / ; ktf nfu" ePsf] 7fp+xt] ; ktf nfu" gu/\$f  
ejgx?nf0{e]sfP/ tx; gx; kf/f]clg hf]kfl6 lt/ rflx+of]uf]j ; xf]o; n]r]fxbg o; nf0{rflx+ge]sf]f]eg]  
e65< olb e65 eg]jf To; n]kdf0lt u/\$f]xf]eg]t k/g, xf0g eg]tl uf]j ; x?df To; /l lgdffsf k] [Q a]9/xsf]  
eg]Totf]t/ of]; ktf nfu" xg' kg]ls gkg]. cy]f dxfgu/kflnsf leqsf df]lg; x? rflx+ /lft xg]/ uf]j ; sf ; a}  
dbf{xfdlnf0{cf]g6b cfpg]xf] /< Pp6f klg lhjg lft xgxbg elg/xsf 5f;eg]of]ejg lgdff cfrf / ; ktf  
sf7df08f]sf ; Gbedf e6g]xf]eg]of]pk]tosf leqg]nfu" xgkb5 . xfdl ; w; d:ofsf s/f dfq]u5f; dfwfgsf]af6f]  
slxNo}e]f]pb}f;

t}f]; jfn, gS; f agfpg]/ kf; ug]0lGhlg0/, o; nf0{nfu"ug]cyf\7\$]f/ / 3/wgl hxf]+szf] ; /n]e6g' ePsf]  
tlg klfsf]; 6df dh]rf/ klf klg xg ; S5 e6g]nfu\$]f]s/f Pp6f kllj lws hf# ug]cfknh]/fv\$]f]0lGhlg0/ klg  
xfhf . loglx?sf]bflolj / lhDj]f/l s]s]xg / sxf+tf]sg]Tof]k]6 egl lbg' k]of]. l8hf0g/n]unt gS; f agfPsf]  
sf/0fn]kf]ellsg]xf]ls< agfpg]df65h]a7]ls 9un]agfP/ kf]Tof]ell]sPsf]xf]ls< / Tof]ell]sof]eg]pglx? bl08t  
x65g\ls xbgg\ olb x65g\eg]Tof]s/f slx+n]lvg' k]of]. xf0g eg] ; dudf h:tf] s}gS; f agfpg]/ h:tf] s}  
lgdff ug]k] [Q a95 e6g]; jfn xf].

csf] 3/x?sf]:jfld]j kl/j t}sf sfdx? xfdln]yk]ug]kb5 . :jfld]j kl/j t} ubf{s; /l ug] Pp6fn]l8hf0g u]of]  
Pp6fn]agfof] csf]v?Ss ls6of]o:tf s/fx? e0g]/xsf 5g\ sd]tdf Tof]l8hf0g/n]of]/fd]9un]ag]sf]3/ xf]  
eg] kdf]0ft u/]k]5 dfq}:jfld]j kl/j t} xg ; S5 egl e6g ; lsg]xf]ls< olb xfdln]o; tkm]klg xg{k]of]eg]  
k/fgf 3/x? ol glt lgod cfpg' e6f c]3 g}ag]sf 3/x?sf]; Gbedf s]ug] ol k/fgf 3/x? xg\to; ahf glt  
lgod cfPsf]lyPg eg] eS0kn]5f}j]fnf t 5g . To:tf s/fx?sf nflu gu/kflnsfsf]el]dsf s]xg] s]e]sfpg]  
cfb} dfq}lbP/ x65 ls< ol s/fx?df xfdln]ca x]g]eg]of] 7hf ; d:ofsf] ?kdf /lx/x65 e6g] dh] bly\$]f 5' .  
xfdln]k6s k6s gu/kflnsfx?sf]af/]df 5nkmm ubf{p7\$]f s/f ePsf]xbf d s]cg/f]w ug{rfx65' eg]ejg lgdff

cfrf/ ; lxtfsf]sfggl x); ot s]xf} sfggl x); ot ePsf s/f ldrbf t bfbflu/L ug]x]fd] hdfgdf j f xfdl To; df axfb/L 7f]g]hdfgdf ejg lgdff cfrf/ ; lxtfsf]sfggl x); ot g}5g . of]dfq}Pp6f cgZf; g xf]eG]xf]eg] dxfgu/kflnsfn]agfPsf]cfp/x\$ kh h:t}dfq xG5 . xfdln]cfp/x\$ kh agfPsf 5f}t/ dflg; x? sgf sflrfdf sb} df/fdf/ 5 / xfdl To; df sxl ug{; Sbgf} o: tf lsl; dsf Joj :yfnf0{s; /L clns aflwofds ug{; lsG5 eg] klg ; f}f} . o; df kl/kfngfsf]efu g}dxTj kOf{xG5 eG]s/fdf z\$}5g . t/ kl/kfngf u/fpg s; /L p2t u/fpg ; lsG5 eG]s/f klg ePg eg]x]fdl o; nf0{sfofj og u/fpg ; Sbgf}

clGtddf d]f]Pp6f ; jfn s]xf]eg]h; /L gS; f kf; ug]sfd s; sf]xf]elgof]To; u/L cgludg klg s; n]ug]eG] s/fsf]lgwf]xgkb\$ . olb of]kflj lws s/f xf/ kflj lwsx?n]u/\$f]l8hf0g olb cf0= sd= k9\$; Aafn]hffg ; S5 eG]s/f d 7d]d}kTofplbg . OlGhgo/n]u/\$f]l8hf0g 7ls / a]ls s]ePsf]5 eG]s/f OlGhgo/n]g}hfgb5 t/ xfdlsxf+k]ng s]5 eg]OlGhgo/n]gS; f l8hf0g u5{ Pp6f ; ldt]n]To; nf0{kf; ub\$ / /fd] u lgdff sfo{jf ejg lgdff cfrf/ ; lxtf cg; f/ eP gePsf]egl lgl/lfs eg] gfoa ; Aaf jf vl/bf/nf0{lgl/lfof ug{k7fpb5f} s; /L xg ; S5 ol s/f< t; y{gu/ lj sf; ; ldt / xfd] ; eSt kof; df cgludgsf sfo{ug]s/fsf] lgwf]ugkb\$ . xf0g eg]cgludgsf]cft\$ e0/x\$]d]dx; ; u/\$f]5' . olb d]a]ls eg\$]x'eg]hfgsf/L kfp+ xfdl To; df ; Rofp5f} . o; /L xfdln]pk/f\$ t ; jfnx?df /fd] 9un] ; Daf]wg ug{ ; Sof}eg]dfq}ejg lgdff cfrf/ ; lxtf kefj sf/L 9un]sfofj og xg ; S5 . clg xfd] 5f]f gftlx? xfdl ; /lft 3/df a; \$f 5f} / oxf; fgf lrgf e\$Dk cfof]eg]klg xfd]j z lj gf; xbg eG]s/fdf 9Ss xG5g\ xfdl rfx+st}cfkm}kf]dg]xf]ls / j z g} l; lbg]xf]ls eG]qf; n]x/\$ /ft lgbfpg' kg{l:ylt 5 . To; nf0{cGt ug\$ nflu klg elgPsf ol lj leG klfx? dfly lj rrf/ ug{k5{eG]s/f dnf0{nfu\$]5 ; fy}sxl lh1f; f ePdf /Vg]s/f /Vb}lj bf xg rfxG5' . wG6j fb .

# hfkfgdf ej g lgdff cfrf/ ; lxtsf]oltxf;

zz[s]cftfgl  
kffofks, lrjf lj Zj lj wfno, hfkfg



wGojfb . xfd] cgejsf af/df oxf+s/f ug{kPsfdf d xlift 5'. tkf0? dWojw]h; fih]hfkfg bZ Ps lj sl; t  
tyf wgl bZ xf]eg/ ; f]gXG5 xfhf . t/ !)) j if{cl3 To:tf]sxl klg lyPg . clxn\$]cj :yf kft ug{w}nfd]  
tyf kz:t}; do nfu\$]lyof] . ; g\!^)# blv ; g\!\*^& ; Dd 6f]sof] ; f]ugb ; /sf/n]hfkfgdf zf; g ufof] .  
lsLZrog wd{ dflys] kl]tjGwn] cd]sl kfglhxfh cfp/ aGb/ufx vfl]g aflWo gk?Gh]h; Dd  
hfkfgdf ; g\!^#( ; Dd ; a)Aofkfl/s sf/f]f/x? aGb lyof] . o; }cj lwdf xfdln]w}]/fd] hfkfgl ; s[tsf]lj sf;  
ufof]h:t}lrof ; df/fx, kmhx?sf]Jo :yfsf ; fy}c? w}w}]/fd] s'/fx? . t/ bef]oj z o; aGb cj lwdf xfdln]  
kZrffo lj 1fg jf klj lws] knfObf kft ug{ ; sgf} . xfdln]ol ; fdulx? cfoft ug{ ; sgf} . ; g\!\*^& df ha  
sfl]t eof]w}]/sf/x?n] ; lgs :j tGqtf lj sf; ug{rfxGy} . xfdl hgtfx?sf]lhjg:t/ psf:g / bZ lj sf;  
ug{rfxGyof} o; }p2Zo kftlsf nflu pBfl] dGqnon] ; g\!\*&# df Ppof kllj lws tflnd sn]hsf] :ykgf ufof] .  
dGqln] :s6Nof08 bZsf] Unf:uf] lj Zj lj Bfnosf kfl]m] / flGsgnf0{ ; ks{ u/ / pgnf0{ o]f kfl]m] /x?nf0{ o;  
kllj lws tflnd sn]hsf]x]l rf/sf nflu hfkfg k7fpg eg] . ; g\!\*&# df @% j if{>l xG/L 8fP/ hfkfgdf kllj lws  
lzlf z? ug{egl cfp . pgn]tlg r/Ofdf kf7asdx?sf]lj sf; u/] k]os b0{j ifsf nflu kl/ro]ds tflnd,  
Jo ; flos lzlf tyf Joj xfl/s tflnd . pgn]hfkfgdf l; len OIGHlgol/u, d\$flgsn OIGHlgol/u, 3/ lgdff -to]xf]  
cfls6\$r/, 6]nu]kml, kfl]S6sn sl]d:6k dfOlgu tyf d\$flnu]l{ cflb h:tf lj ifox?df l; sf0g' w}]}dxTj kOf{ xG5  
egl ; f] . pgn]c? c7 hgf ahfotl o]f OIGHlgo/x?nf0{pgl; u}c]pg lgdGqoff u/]. tl kfl]m] /x? w}]}hj fg  
lyP . h]g k]Xl @# j ifsf lyP, lj lnod 0= 06f] @^ j ifsf lyP . hfkfgsf o]fx?nf0{OIGHlgol/u lj ifodf lzlf lbg  
w}]}hj fg ahfotl OIGHlgo/x? hfkfg cPsf lyP . j} flgs lzlf egb klg Joj xfl/s tflnddf oxf+h]B lb0Psf]5 .  
Psk6s pglx? kllj lws sn]hdf egf{e} sk]5 hfkfgl lj Bf]l{x?n]Jo]xfl/s OIGHlgol/u sfdx? ug{kYof]hg w}]}  
dxTj kOf{ lyof] . cfl]w] lj 1fg, sfgg tyf ; flxio lj ifosf ; sfox? ; lxt ; g\!\*&& df 6f]sof]  
lj Zj lj Bfnosf] :ykgf eof] . t/ OIGHlgol/u ; sfo eg] lyPg . t/ of] kllj lws sn]h 0Dk]on lj Zj lj Bfno  
kffnldf ; dfj z ul/of] / 0Dk]on lj Zj lj Bfnodf kllj lws sn]h OIGHlgol/u ; sfosf] ?kdf xg cfof] . To]f  
jf: tj df 6f]sof]lj Zj lj Bfno xf].

6f]sof]lj Zj lj Bfno jf 0Dk]on lj Zj lj Bfnodf tflnd kft hfkfgl kfl]m] /x?af6 cfoft ul/Psf kfl]m] /x? lj :tf/}  
lj :yflkt xb} uP . cfoft ul/Psf ; a) kfl]m] x/x?nf0{ lj :yflkt ug{ xfdlnf0{ !%-@) j if{ nll]of] . Tokl5  
hfkfgdf ; g\!\*(! df &=( /\$6/ :sh d]kg ul/Psf]Ppof 7hf]e\$Dk cfof]. of]zfob ; aGbf 7hf] ; efJo e\$Dk  
lyof] . o; e\$Dkaf6 cflwgs 06af6 ag\$ ; Argfx? lgs}g] lflit eP . To; kl5sf j ifx?df hfkfg ; /sf/n]  
0Dk]on e\$Dklo k\$fl]k cg! Gwfg kl/ifb\$] :ykgf ufof] . o; sf] p2Zo e\$Dknf0{ kl]t/f]v ug] ; Argfx?sf]  
lj sf; df ; ef]gxf?sf]clwog ug{ /x\$]lyof] . /fhfaf6 ; a}; b:ox?nf0{sf]d ug]lh]hdf lb0Psf]lyof] . cfls6\$r/  
lj efudf ; Argfut OIGHlgol/u k9fOGYof]. oBkl hfkfgdf cPsf @# jf @^ j ifsf ahfotl cfls6\$6x?af6 cfls6\$r/  
lj ifo k9f0 xGyof]. Toxf-ahfotaf6 Pshgf nf0; l; kft cfls6\$6 klg lyP / pgn]cfls6\$r/df ahfotl lsl; dsf]  
lzlf kffnl kof]u uy]hg lj efudf ; Argfut OIGHlgol/udf 7ls tj/n]ldng . 7hf]e\$Dk / o; af6 ePsf]lftlsf  
sf/Ofn] lj :tf/} cfls6\$r/ lj efun] ; Argfut OIGHlgol/u k9fpg z? ufof] . l56} g} ; Argfut OIGHlgol/u  
cfls6\$r/ lj efusf]Ps alnof]efu eof] . ; g\!\*(! (df xfdln]ej g lgdff ; Da6w klxnf]sfgg hf/L ufof]hg  
zx/L ej g lgdff sfgg lyof] . ; Argfut l8hf0gsf ; fw/Of l; Wof]tx? ; dfj z u/L sfgg tyf lj leG l8hf0g tyf  
k\$bfx?sf]p]n]y u/L lgod klg nfu"eof] . ; Argfut l8hf0g, cg; Gwfg ; ah]lgd]df kof]u ul/g] ; fdulx?sf  
af/]hf\$ u/\$f lyP . t/ o; lfo]df sg}; ]dls l8hf0g eg]lyPg .

zx/l ejg lgdf sf gđ hf/l ePsf] tlg j if{kl5 cyf\; g\!(#@ df 6f]sof\$]cf; kf; df Pp6f csf]7hf]e\$Dk cfof/ w}cfwlg\$ ej gx? gi6 eP . of]ejg lgdf ; DkGg xg}nfu\$]lyof/ hg reinforced concrete z}ldf cd]sl skglaf6 lgdf ePsf] lyof] . To] ejg klg e\$Dkn] lftl k'ofof] . To; ; dodf e\$Dk kl't/fw ughf0{hfkfgdf ; }dls l8hf0gsf]cfj Zostf g} lyPg . olb xfdln]tYof\$ xg[Xf]eg]lftlsf]lj j /of cfZro{?kdf sd 5 . pbfx/0fsf nflu, 6f]sof]df To; ahf sl/a %! j 6f reinforced concrete ej gx? lyP t/ & j 6f ej gx? dfq}gi6 eP . !! ej gx? g/fdf] u lftl eP . \$ ej gx?df vf; lftl eof]eg]^( ej gx? ; df6o lftl eP / c6o afsl ej gx?df w})sd cyf\vf; }sg}lftl ePg . t; y{tYof\$]n]s]byfp5 eg]e}x\$ reinforced concrete ej gx?df 7hf]lftl s]n \$ kl'tzt / w}); fgf]lftl e0 af\$ ( ^ kl'tzt ej gx? x65g\ o; af6 of]alem6 ls 6f]sof]df \$ kl'tzt lftl eof]. s]To]e\$Dk 7hf]lyPg t< 6f]sof]e\$Dksf]s}blj Gb' e6f w})6f9f ePtklg e\$Dk w})7hf]lyof/ d ; f]g}; lSbg ls tl ej gx? s; /l af\$]. To; }ubf{xdf]lolt lftl ePg . t/ ; }dls l8hf0g sf gđdf e\$Dk cfP nuQ}; g\!(@\$ df llof0Psf]lyof] . ; }dls l8hf0g lj ifoj :t' Toxl ; Gbedf /flvg]lglZr't ul/of]. 6f]sof]lj Zj lj Bfnosf]clwoog cg; f/ )# G acceleration sf]sl/j #) kl'tzt hldgsf]acceleration ePsf]kf0of]. To; cj:ydf ejg tyf hldgsf]vibration a/fa/l kf0of]. h; sf]cy{x}ejgsf]acceleration hldgsf]a/fa/l )# x65 h; nf0{Factor of Safety # n}efuf ubf{cfpg})= nf0{ejg l8hf0gsf]nflu ejgsf] Weight ; u u0fg u/} cfpg]Quantity g}ejgdf nflu]Lateral Load dfgof].

Enforced seismic design xdf]b}zsf]nflu cfj Zos 5 . b6f]oj z, ; g\!(@\$ tfsft/ sg}Joj xfl/s ; Argf lyPg . Sof; l6llnofg\$] ; ħ ; g\!(@\$ df ljsf; ul/Psf] lyof] / le/fnf] lj rng lj lw (slope deflexion method) ; g\!(!\* df ljsf; ul/of] . t/ ol w}) lbSs nflu] lj lw? lyP . tkf0n] ; dls/0fsf w}) >{vnx? ; dfwfg ugkb5 / To; ; dodf sDko6/ klg lyPg, >l Pr= s|n|k|tflj t u/\$]j:f:tlj s ?kdf Joj xfl/s ult lj t/of lj lw (movement distribution method) gcfp6h] o:tf] ; Argf lj Zn]f0f lj lw? k6f]u ug]; efjgf g}lyPg . ; fy}8f-d'tf]h]; Argfut lj Zn]f0fsf nflu D-value lj lw k|tflj t u/]hg w})g}; lhnf]lj lw lyof]t/ ejg rf6{/ tflnsf? w}); xl xgkb5 .

clxn]dflg; x? hl6n ; Argf klg lj Zn]f0f ug{; S5g\ . klxnf ; Argf OlGhlg0/x?nf0{o:tf ; Argfsf]lj Zn]f0f ug{; ej lyPg . d}f]lj rrf/df cfj Zos kg]; }dls l8hf0g sf0f]og ug{h?/L 5 . o; }lznlnzndf ; Argf OlGhlg0/x?n]To; k\$}f/sf lgodx?sf]k6f]u jf sf0f]og ug{klg ; lfd xgkb5 . o; ; Gbedf ha ; }dls l8hf0g nfu"eof] t/ s; }klg ; Argfsf]lj Zn]f0f ug{; S6gy} . pglx?n]; of}; dls/0fx? Ps}fy ; dfwfg ugkYof] t/ To]; ej lyPg .

d clxn\$]cj:ydf hfg rfx65' . hfkfg klxn]/ bf}f]lj Zj o]mbdf k/flht eof]. of]hfkfgsf]; g\!(%\$ sf]cj:yf lyof]. ha xfdln]o]mbdf xYof}7hf zx/x?df ; Argfx? afsl /xgg\ xfdln]To]cj:yfaf6 b}znf0{kgM Argf ugkG]lyof]. xfdl To]; dodf wgl lyPg}t/ xfdl clxn\$]cj:ydf %) j ifdf cfof} b}zdf b} ultdf kgM Argf ughf0{ ej gx?df G6Qd uof:t/sf] cfj Zostf lyof] To; }xfdln]; ahf0{; /lff, :j:f:Yo tyf k6f]usf] G6Qd cfj Zostf k/f ug{; ahf0{af]wo agof}. To:t}xfdlnf0{7h 7hf ; Dktx?sf]; /lffsf]klg cfj Zostf lyof]. o; sf] dtna nfd]; do; Dd wfG ; Sg] alnof ejgx?sf] cfj Zostf lyof] . pkoSt k\$}f/sf] lgdf w}) dxlj k6f x65 . ; Argfut OlGhlg0/x?n] sf gđ cfj Zostf k/f ugkb5 cyjf dfj clwsf/nf0{ dfGkb5 . sf gđnf0{w})s/f]sf] cfj Zostf xg ; S6g . o; n]G6Qd cfj Zostf lgwf}0f ugkb5 . dflg; x?sf] j t6g afRg kfp] clwsf/ 5 / dflg; x?sf] To:tf] :jt6qt l]kl/t afwf c8kg kfg] vfnf] sf gđ xgxbg . To:tf cfj Zostfx?sf] kl/kl't{ug{ejg lgdf sf gđ ; g\!(%) df nfu"eof]. dflg; x?sf] lhjg, :j:f:Yo tyf ; kIQ arfp] G6Qd cfj Zostfx? lyP . ; Argf agfp] 7hf ; }dls l8hf0g w})v]rnf xg ; S5gV of]/fd]klg xfd]g . t; y{o; df G6Qd cfj Zostfx? xgkb5 . To; }l cfls6\$6 sf gđnf0{klj lwklt pQ/bf0l Ps c; n OlGhlg0/sf] cfj Zostf x65 . lgdf Jofk/ sf gđ cg; f/ xfdl; u lj Zj; glo lgdf]sfodf ; Mlg dflg; x? xgkb5 . olb lgdf]sfodf ; Mlg dflg; x?n]lgdf :yndf s}l ; fdu]x? x6fP jf rrl u/]eg]To]ejg ; /lft xb} . hfkfgdf sf gđ b:tf]hx? 5g\h:t}ejg lgdf dfkb08 sf gđ, o; }sf gđ; u ulf; Psf] sf0f]og cfbz / ejg lgdf cfrf/ ; lxtf k6f]nlsf s}l gu/kfnf ; /sf/sf lgodx? . To; sf/0fn]k]o\$ :yfglo ; /sf/n]lj Zj cfj Zostf sf0f]j t ug{; S5 / xfdl; u z]lfs ; u7gx?af6 cfPsf w})lgj }gx? 5g\ . t/ ltx?nf0{ sf gđ cfj Zostfsf ?kdf ln0g]ul/b} . ltx?nf0{s]n ; Gbe{; fdu]sf ?kdf dfq]ln065 . pbfx/0fsf nflu hfkfgsf] cfls6\$R/ OlG:6Ro6; u dfkb08, lgb]zsf tyf lj Zj lj j /of h:tf b:tf]hx? 5g\ t/ tl ; Gbe{; fdu] dfq xg\ . hfkfg s}l6 OlG:6Ro6n]lgb]zsf, lj Zj lj j /of tyf Dofgcnnf0{k]lj lws ; Gbe{; fdu]sf ?kdf ln065 . ; g\!(^\* df 6f\$frl cf\$sl e\$Dk cfPsf]lyof]hxf+lj Zj lj Bfon ejg gi6 eof]t/ efl0j z, e\$Dk cfPsf]kf# 306f kl5 dfq

Tof]gi6 eof]. To; ahf eSk cfPsf]kf# 306f kl5 dfq ejg ellsg z? ePsn] xfdl; # ejg vfnl u/fpg] kZ:t ; do lyof] / To; h] Toxf+sg}dfgj lo lftl xg kfPg . of] klxnf] k6s xf] hga]hf hfkgl reinforced concrete ejg lftl eof]. To; h] ; /sf/, pBfl tyf lzlfll bx?n] of] c; km xg sf sf/0fx? af/] clloog ug{ yfn]. koflu ul/g awf0{w}]ghsdf xgkg] lyof]. of] clns km/s vfnsf] c; kmntf lyof]. o; ksf/sf] c; kmntaf6 hfl]ug csf] lbzftkm(enforcement ugkb5 tfs bj}lbzdf vDaf lj :tf/ xg g; sf] \. To; h] reinforced concrete lgdf/fdf tie spacing sf]; Gbe{lj leG sfggx?sf] cfj Zostf 5 egl dfkb08 sfggdf kl/j tG eof].

; g\!(^\* sf]6f\$frl cf\$sl eSk cfPsf]; dodf lgdf/f sf nflu eSklo kl/t/f]ws l8hf0g ; ktf lj sf; ugkb5 eG]xfdln]dx; ; uof] e/x\$ sf lgdf/f sf]sdhf]lx? dNofsg ug{xfdl ; lfd xgkb5 . eljiodf cfpG]eSkx?n] e/x\$ sf ejgx?df To:t}vfnsf lftlx? kofpg ; S5g\ sdhf]l clloog w}]dxTj kOf{5 / xfdln]eSkksf nflu sxl ; Argfx? sdhf] /x\$]kfPsf 5f} xfdln]To:tf ejgx?nf0{; b0 tNofpg kb5 . olb eSk cf0{lfll kofPdf xfdln] lftlsf] ulx/f0\$] dNofsg ugkb5 / lagf dd\$ klg To:tf ; Argf koflu ug{ ; ls65 jf slt dd\$ ug{cfj Zostf 5 . eSkaf6 ; dhnf0{; /lff ug{log}sf/x? xfdln]lj sf; ugkb5 - gof+lgdf/f, lj Bdfg lgdf/f / o:t}o:t}.

olb xfdln]gof+klj lw jf ; lxtsf]lj sf; u5f]eg]gof+l] sf; jf cfj Zostsf]koflu ugkb5 . To; f]xbf xfn ; a} lj Bdfg ejgx?df To:tf ejgx?sf]cfj Zostf nfu"xb5 . egf] j if{kl5, olb xfdln]ejgx?nf0{xg]xf]eg]sl/a @)-#} kl]tzt]dfq o; j if{nfu"ul/Psf]gof+cfj Zostfx? k/f ub5 . t/ afsl /x\$ ^)-&} kl]tzt ejgx?n] Tof] gof+cfj Zostf k/f ub5 . t/ eljiodf cfpG ; Sg] eSkaf6 arfpG o; nf0{; /lft eg] ugkb5 . ; g\!(^\*! df ejg lgdf/f dfkb08 sfggdf w}]dfqdf kl/j tG eP . klxnf xfdln]eGof]hs ; Argfsf] ef/sf]!) kl]tzt dfq nfu" xgkb5 t/ oxf+xfdl] klxnsf] ; Argfsf]c; / tyf storey shear sf] kfj nf0 cllooghg/ u/] design force nf0{storey shear sf]?dkdf JoQm ug{yflnof].

lhjgsf]; /lffsf nflu klg xfdln]9Ng]s/f]hf# ugkb5 . xfdl zlstnf0{nfu"u5f}/ 9Ng]; eGq sxf+sdhf] xg ; S5 egl kOf nufp5f]. To; h] xfdln]lj :tf}zlstnf0{nfu"u5f}/ 9Ng]sdhf] s8lsf]; eGq cEof; u5f}/ To; kl5 Toxf+sg}yk kl/t/f] ug{s/fx? xb5 . To; h] xfdlnf0{9Ng]ef/sf]ls; d cg; f/ prf0\$]cfj Zostf x65 . pbxf/0fsf nflu s]n vDafaf/f ; kf{ul/Psf leOf ; Argf xf]. o:tf vfnsf ; Argfx? ; a}vDafaf/f ; kf{ul/Psf] x65 . leOf ; Argf w}]g}alnof]x65 To; sf/0f w}]sddq lftl x65 t/ vDaf ; Argf ePsf 3/x? w}]nrsbf/ x65gV tl w}]lftl x65 . olb ; Argdf sg]sdhf] 7fp+5 eg]lftl klg Toxl 7fpaf sl]bt x65 .

of]sf]sf ejgx?sf]; Argf xf]. of]Ps ckf606 ejg xf]/ bf] fl]tNf tyf dfly o; sf]leOf ; Argf 5 t/ o; sf] klxnf]tnf llof]hsf nflu koflu ul/Psf]lyof]/ pglx?n]o; df leOf ; Argfsf]koflu u/dg\ To; h]klxnf]tnf w}]g]sdhf] eof]/ ; kOf{tnfx? 9n]. of]ejg xbf{of]vDafaf/f ; kf{ul/Psf]leOf ; Argf xf].

of]tnfsf]prf0\$]f/ lj eflht t] f]displacement xf]/ of]c; Argf t]j x?sf]; ks{ub5 . loglx? leOf c; Argf xg\ / loglx?sf] zlstnf0{kl/t/f] ug] sg]eldsf xb5 . loglx? aflx/af6 leq 56dfpg dfq /flvPsf] xg\ . loglx? ; Argfut t]j x? xb} x0gg\ . eSkksf bf]fg ol leOfx? cToflws dfqdf lftl eP . xfdlx?n] o; ksf/sf ; Argfut t]j x?sf]; /lff ug{cfj Zos 5 . To; sf/0f ; ]fsf]w}]; fg]czsf]dfq xfdlnf0{cfj Zostf 5 . xg ; S5 xfdl To:tf]zlst l8hf0g ug{; S5f} of]w}]dxTj kOf{5 . c; Argf t]j sf]dd\$ vr; Argf t]j sf]em} x65 . To; h]c; Argfsf]; /lff w}]dxTj kOf{5 . o; n]hfkfgsf]sf]df lgdf/f ; DkGg ePsf lj leG ejgx?sf]lftsf] tYofs b]vfp5 . ; j]f0f cg; f/ g/fdf] # kfj k/\$f lfd] sl/a \$%) reinforced ejgx? / ol ; g\!(&! eGf cl3 ag\$ sf ejgx?sf] tYofs xg\ . To; ahf sxl hf#aem jf ; ktf hf#aem lyP t/ ; ktf hf#aem kof]t ?kdf ; g\!(^\*! kl5 dfq z? ul/of]/ ol ejgx? ; g\!(&! b]v !(\*! ; Ddf agf0Psf lyP . tYofsn]s] b]vfp5 eg] ejgx? ; xl ; ktf cg?k g]l8hf0g tyf lgdf/f ePsf lyP . ; g\!(&! df w}]Gogdfqdf tyf xlsf?kdf dfq lftl ePsf]lyof]h; nf0{sg}dd\$ sfo{lj gf g}koflu ug{ ; lsGof]. t/ sf]sf]eSkdf @) kl]tzt ejgx? g/fdf] # lftl eP / eSkkn] lftl kofPsf] 7fpaf klg \*) kl]tzt ejgx?nf0{eg]sxl ePg . clxnsf] lj Bdfg ejgx?df Tof] eSkdf sl/a (# kl]tzt ejgx?nf0{sxl xg] lyPg / sg}dd\$ sfo\$] cfj Zostf kg]lyPg . s]n ^-& kl]tzt ejgx? dfq g/fdf] # lftl xg]lyP . To; h]ejgx?sf]l8hf0g ; lxtsf]sfo\$zntdf w}]g]; wf/ ul/Psf]lyof]. ; g\!(^\* df ejg lgdf/f dfkb08 sfggdf kl/j tG ul/Psf]lyof]. cfh w}]dhsx?df hfkgl lgdf/f ahf/ vfl]g 7hf]dfu 5 . ejg lgdf/f dfkb08 sfgg, sfollj og cfbZ, cgdl 3f]off tyf lgdf/f

h:tf s/xf?n]ubf{ hfkfgl l8hf0g cfj Zostfx? w})g}hl6n 5 . 0lGhlgo/x?nf0{ol s/xf? aemg w})g}sl7g 5 . l8hf0gdf leGgtf agfpg]s/xf?sf]w})g}7hf]dfu 5 . k]o\$]n]hfcg]/ ug{; lsg]u/l ; Argf h:tf]sf]t:t}xgkb5 . hfkfgl ; k]tfd ; Argf w})reinforcement ; lxt v]laf o; o; k\$]f/sf]xgkb5 eGg]5 hg /fd]f]xf0g . of] sfo\$zntfdf cfwfl/t ; lxtf ; g\!( (\* df nfu" eof] . t/]klg ejg lgdff clws[x?n] l8hf0g b:tfj]hx? kg/fj n]f\$g ug]kb5 / ; a]lgodx?nf0{; lglZrt ug{tl b:tfj]h cg; f/ hf#aem u/l k]d]f]t ug]kb5 / of]s/f ejg lgdff clws[x?nf0{; lhnf]eg]5g . olb xfdln]sfo\$zntfdf cfwfl/t l8hf0g k]f]u u5f]f/ olb ejg lgdff clws[x?nf0{; Argfut 0lGhlgo]uaf/]1fg 5g eg]Toxf-xfdlnf0{s}xl ; d:ofx? x65g\

clGtdf, ejg lgdff dfkb08 sfggdf csf]; z]fwg eof]. cfhsn ; Argfut l8hf0gsf nflu hfkfgdf xfdlx? sDko6/ k]f]u]dx?sf]k]f]u ul/x\$]f 5f]: ha xfdl ; Argfut l8hf0g b:tfj]h :yfglo ; /sf/nf0{k}z u5f]f]ta ejg lgdff clws[x?n] ; a}of]otfx?sf] hf#aem ug]kb5 . olb of] sDko6/af6} ul/g] eP ejg lgdff clws[x?nf0{ol ; a}of]otfx? 7ls jf a]ls ePsf]s/xf? hf#aem ug{ck7df/f] kg]lyof]. To; h]olb lgdff dGqnoaf6 :j]l\$] ePsf]v08df ejg lgdff clws[x?sf]p2]osf nflu ; /sf/n]pglx?nf0{sDko6/ k]f]u]d k]f]u ug{cgdl]t lbg]lg0f6 u}of]. w})lgdff skglx?n]sDko6/ k]f]u]dx?sf]lj sf; u/\$]f 5g\ . loglx? ; j]rflnt sDko6/ k]f]u]dx? xg\ . tkf0h]olb ejgsf]l8hf0g, ; Argfut lj]wsf efux? ; Da6w] s}xl ; Fgxf? /fVgeof]eg] af\$]sf]sfd eg]sDko6/ cfk]n]ub5 . Pshgf k]lj]wsn]To; }u/] b0j 6f design x?nf0{ld; df; u/] :yfglo lgsfodf design k] u/\$]f]pbf]x/of klg 5 .

7ulaf6 ag\$]f ejgx?sf af/df :yfglo ; /sf/nf0{yxf] lyPg / To:tf ejgx? cfj Zos ; fdu] lfdtfsf]s]n \$)- %) k]tzt dfq lyof]. o; n]ejg wglx?df vf; ul/sg cfj f; lo ejgsf wglx?df a6]sf]cj :yf ; hgf u}of]. o:tf ejgx? k]f]u ul/xg eooSt ePsn]pglx?n]To:tf ejgx? k]f]u ug{; Stgy]. pglx?n]o:tf ejgx?nf0{gi6 ugkg]lyof]/ of]sfd vlr]f]klg lyof]. To:t}ejgx? v/lb ug{pglx?nf0{lgs}dlZsn sfd lyof]/ o; n]w})g}; fdf]hs ; d:ofx? lgd]tofof]. To; sf/of hfkfgl ; /sf/n]el]iodf cf0kg]To:tf ; d:ofx? x6fpg utj if{ejg lgdff dfkb08 sfgg kl/jt6 u}of]. t; y{ pglx?n] ; Argfut l8hf0g lj]wsf] ?k/yf tof/ kf/] / 7hf kl/of]hgfsf] ; Id kg/fj n]f\$gsf nflu cg/f]w u/]. tkf0h]Toxf+7hf lgdff]sf] ; Argfut l8hf0g kl/jt6 ug{; Sgx65 h; nf0{cg6jl ; Argfut 0lGhlgo/x?n]hf#aem ug]kb5 / s]n ejg lgdff clws[x?n]dfq xf0g . ejg lgdff dfkb08 sfgg sfof]og cfb]zdf lgdff]sf bf]fg s8f c6tl/d ; kl/]f]of tyf lj :t] gd6f lgdff lj]wx? nfu"ul/Psf]lyof].

cf]s6\$6 / ; Argfut 0lGhlgo/x?sf]eldsf s]x] t< pglx?nf0{l]z]ful/sg 0lGhlgo]u lg0f6 k]f]u ug{k]l]lft ul/Psf]x65 . t/ olb sfggn]gd6f ; Argfnf0{; a]t/af6 lgb]z]t u5{/ ; Argfut lj]zn]f]of u5[eg]; Argfut 0lGhlgo/sf] eldsf s] x] t< dnf0{nfl5 olb sfggn] w})g} lj :t] s/xf? lb65 eg] To; kl5 ; Argfut 0lGhlgo/x?sf]l8hf0gdf cfk]n]f]; h]glzntf lj sf; x/fpg]5 . dnf0{nfl5 hfkfg w})g}cuff]8 uPsf]5 . w6oj fb .



# ; q kg/fj nf\$g

e/t zdf{  
g]kfn 0€ snh



wGofb ; efltho". k]k] / cf]fglsf]k]t'tls/Of kg/fj nf\$g ug]sfd d]n] nflu lgsS]lg 7hf]sfo{xf]. dnf0{bz  
ldg6df of] ; qsf] kg/fj nf\$g ug{elgPsf]lyof}. o; sf] dtna k]o\$ k]t'tls/Ofsf nflu s]l ldg6 dfq 5 .  
k]t]f]sf nflu lgw]t ul/Psf] ; do Gof; ut 5g . To; sf/Ofn] d d]f] ; Nfx tyf ; em]sf nflu !%  
ldg6sf] ; dosf nflu cg/f] ub\$ . d o; nfo{kg/fj nf\$g eGf klg d ko]f]of eG ?rpf\$ . dh]u/\$]ko]f]of  
o; k\$]sf 5g\ k]t'tls/Ofx? læflfs tyf w]h; f]c]hl eifdf lyP .

lj ifoj :tx? w] /fd] lyP eG]dnf0{nfl5 . ejg lgdff cfrf / ; lxtf; u lbuf]lj sf; tyf a; f]f; ufl+ Psf]lyof].  
pxf]cfk]k]l/efiff lyof] t/ sg}klg l]df lbuf]lj sf; sf nflu tkf0\$]eGf pxf]kl/efiff 6f9f lyPg . hg  
tkf0]el]iosf ; Gtlnf0{lj gf sg}këfj kf/L clxsf ; Gtln]lj rf/ k]ofpg' kb\$ . h; n]lbuf]agf\$ . of]g]  
tkf0\$]kl/efiff lyof]hg tkf0n]lhjgsf]sg]l]df nfu"ug]G5 . pxf]kl/efiff of] ; u w]g]l]hs cfp\$ To; h]  
dnf0{o; df sg} ; d:of 5g . pxf]dfgj j :tl klfsf s/f ug{eof]hg w]g}; f]ble\$ l]g] xf] / o; df xfdn]w]g]  
uxg ?kdf ; f]g' kb\$ . pxf]phf{klfsf af/d] hg rrf{ug]eof]dnf0{w]g}/fd]abf h:tf]nfl5 . xfd] ; Gbedf  
phf{ Ps dx]k0f{ ; jfn xf] / xfd] vfgf vfg] afgldf o; nfo{ a9l art ub\$} . lj Z]sf] klZrdl efudf  
phf{pkef]us]afgln]g]kfn ; lxt lj sf; zln dh\$?df d]fg; x?sf nflu Ggtd phf\$]pkef]udf c; / k]of0/x\$]  
5 . w] ; j]hg]zn tl/sfa6 pxf]o:tf leGgtfnf0{ Daf]vg ul/gkb\$ eg] eG' ePsf] 5 . of] ejg lgdff  
cfrf / ; lxtf tyf ejg lgdff]sf]el]iosf]kf6]xf] / of]Ps csf\$ nflu kl/k'ssf ?kdf cfp\$gV k]o\$sf cfk]  
cfj Zostf 5g\ t; y{xfdn]Ps csf]f0{oxf+; fw/Oftof ld>Of ug{; Sbg]f; To; h]leGgtfnf0{k]6 kfl/gkb\$ .

lgdff k]ngsf ; Gbedf k]lj lws / ck]lj lws Ps cfk; df ; xof]ul xgkb\$ / of]w] ; j]hg]zn ; jfn klg xf]. d]f]  
nflu eg] s]l 5g . xfdl 0]Ghlg0/x?n]c]tdf v]f]g] s]l sfd klg u/f]. xfdl d]W0]w]y]f] 0]Ghlg0/x?n] xfd]  
0]Ghlg0/ufsf cEof; x? dfq k]o ug] u5f]. c]p]f lbgx?df xfdn] xfd] cEof; df pGgtl Nofpg' kb\$ eG]  
dnf0{nfl5 . xfdl o:tf]l:ylt tk]p]dv e0/x\$] 5f]hxf+xf] s]dsf nflu xfdl lhDd]f/ x]kg] . xfd] d]o  
dfGof, g]tsf nf0{w]g}; f]wfg]k] \$ cgz/Of ub}; sf/f]ds tyf ; hg]zn e0 xfdn] 0]Ghlg0/ ; Argf?sf]  
lgdff ug]kb\$ . xfdn]h:tf] s}v]nsf] 0]Ghlg0/ u l8hf0g agfP/ hf]g]u]of;eg] xfdn]f0{nflg] c]f]k]af6 xfdl  
6f9f eflg ; Sbg]f; h:tf] s}v]nsf] 0]Ghlg0/ u l8hf0g agfpg]clg To; af6 p]sg]eG]s/f xfdn]lj ; G' g}/fd]  
xG5 .

dnf0{ s] nfl5 eg] leQdf / va/klqsdf n]vg] s]/df xfdl ; ts{ xgkb\$ lsgls d]fg; x?n]  
o; nfo{lhDd]f]f]l]sf] ; j]nsf ?kdf ulxl/P/ lnG5gV olt ; Dd ls 0]Ghlg0/ tyf 8f\$6/x?n] klg o; sf] k]ngf  
ug]kb\$ . dnf0{nfl5 xfdn]ug]sfox?df xfdl lhDd]f/ xg z? ug]kb\$ h; n]xfdf]JolStut tyf xfd] 0]Ghlg0/ u  
cEof; df ; d] lj sf; ub\$ . To; kl5 pxf]ejg lgdff cfrf / ; lxtsf]kl/efiff lbg' eof]h; df d ulxl/P/ hf]  
rfxG . ; dudf, pxf]xfdl cfk]c]tdf v]h]sf]s/f ulxl/P/ ug]k]s/f ; lxt ; Sg' ePsf]5 . of] xfdl u/f]o; n]  
xfdf]JolSt] tyf Joj ; flos ; dhnf0{g}/fd]ub\$ . d of]s/f]k]z+uf ub\$ / of]w]g}/fd]abf xf].

8f- c]b]f] k]t'tls/Of w]g}hfgsf]ldhs lyof]. pxf]k]t'tls/Of w]k]lj lws, lj rf/Oflo t/ Toit u]xf]galem]  
0]Ghlg0/ u klg lyPg . c]fs6\$ r/ tyf zx/l of]hg] dh] aem] ; s] / tkf0\$] sfokqdf ; a} s'/fx?  
/fd] u ; d]6Psf lyP . pxf]cfk]k]k]t'tls/Ofdf sf]af6 z? ug]eof] / o; l]gsf s]l dh\$? 008f]zof tyf  
k]fs:tfgsf af/] rrf{ug]eof]. pxf] UNCRD sf p2]osf af/] j]OfG ug]eof] dnf0{nfl5 tl /fd] lyP . olb  
xfdn] tl p2]ox? k]t ug{ ; Sof+eg] dnf0{nfl5 o; n] xfdn]f0{ w]g} /fd] u5{ . pxf] kl/of]hg]x?sf]

af/df ; #d/Of u/fpg' eof]/ To; kl5 k\$fk Joj :yfkq, ; fdbflos lj sf; tyf ; dbfosf cj :yfsf af/df w}}g}hf8  
lb0 rrf{ug6of}. pxfm]b0] 6f ; dbfosf af/df s/f ug6of]. Pp6f xfdl]Joj ; flos ; dbfo / csf]dfg; x? /xg]  
7hf]; dbfo h; df Ps ; f\$]ts ; Da6w 5 . xfdl hxf+a:5f]Toxl ; dbfo xfdl]cle6g cu x]e6g]s/f la; ] kfom  
xfd l km/s tj/n]Joj x/ u5f] xfdl ; dbfonf0{clDnf]v]nsf s/fx? xfdl lbg yf]5f] xfdl 0l6higo/x? ; t\$  
xgkb5 lsgls xfdln]lnPsf z]f]s l8ul ol s/fx?df xfdl]gg\ xfdl] cEof; x? d]k]f\; dfhsf nflu enf]sfd ug{g}  
7ls x].

xfd] sf7df08f}dxfgu/kflnsfsf k6v sfo6f/l clws[ w}}g}ef]s ?kdf k]t't xgeof]. ha xfdl eSDklosf  
lj ifoaf/] s/f u5f]kh k6v ; Argf ePtfklg khx? lgdff eP gePsf af/] s/f gu/f]. sf7df08f}pkTosfsf]  
l:yltnf0{x]f] /fd] vhf 7fpX?, pkTosfdf /x\$] /fd] k]ugx?nf0{x]f] . tl ; a}tla]uldf lj no e0/x\$] 5g\  
w}}; f3/f]7fpdf klg dfg; x?n]3/x? lslg/x\$] 5g\ ha xfdl eSDksf af/]s/f u5f] Argfut efudf o; n]s]  
u5{e6g]dfq ge0 eSDksf bf]fg xfdl Zj f; s; /L km]f] / eSDk kZrfg\s]x65 e6g]s/f klg lj rf/ ug]k]x65 .  
To:tf vhf 7fpX?n]xfdlnf0{clS; hg lng d2t ub5 . t; y{JolStut 3/x?sf ; Argfut efu dfq ; kOf{x]f]g .  
olb tkf0]o:tf k\$]s/f ; Argf ag]pg]cgdlT k]pg' ePdf o; nf0{klg ulx]P/ ; f]f] . :6]8od j]l/k]Lsf :yfg  
hxf+clxn]7hf]Jofkl/s ejg 5 ca ; f]f] ; s6sf af/]hg ; f]g]g; lsg]5 . s]xfd] s]n ; Argfut ; /l]faf6  
akg]s/fx? dfq ; f]r/x\$] 5f] cyj f s]xfd] w}}dx]j kOf{ ; jfnx?nf0{klg lj rf/ ul//x\$] 5f] d]f]lj rf/df kl5Nnf]  
s/fx?nf0{x]d] j]f:tf ul//x\$] 5f] . ; f:s[ts klfx? klw w}} dx]j kOf{x65g\ . xfd] efudf klw ; fdl]hs  
tyf ; f:s[ts klfd 7hf]k6f] kb5 . xfdl eflodf lj Zj f; ug] ; dfh x]f] xfdl ; fxl; s sfo6f klw lj Zj f; ub5f]  
eSDk slx]o}klg lx8] cfp6g . ; f:s[ts ?kdf lgi]f]wt s/fx? hg xfdln]kvf{b]lv ln0 c]Psf 5f]f]of]klg l:y/  
5g / ; dfh p]yfgsf nflu of]klg ultzn 5 . tkf0]n] ; x; f]bl lj sf; n]osf af/]klg 5geof]hg g]k]nsf nflu  
dx]j kOf{5 . w}}h; f] ; dodf xfdl c6t/f]60 k]t]f]x? x:tf]f/ ub5f] / To; kl5sf]sfof]og klaf/]xfd] la; 6f].  
xfd] s]l b:t]f]hx? tof/ u5f] / tl b:t]f]hx? st}b/hdf y]6s/x\$]x65 . ; g\@)!% ; Dddf ; x; f]bl lj sf;  
n]lo k]t ug{xfd] ; lfd xg]5g]f] t; y{xfdln]kz:t dfqdf u]sfo{ug]kb5 .

>l yklnofs]k]t'tls/Ofdf s]l s/fx?df pxf+w}}k]6 xg]6yof]/ pxfm]eldsfsf ; Gbedf j ul6/Of ug{rfxg]6yof]  
/ ; du6f >l yklnofn] :j]ld]j x:tf6t/Of, ejg lgdff cfrf/ ; k]tfsf]l:ylaf/]e6g' ePsf]5 / To; df pxfm]  
k]6tf v]f]g' ePsf]5 . k]6 tyf sfg6l cy6f d]f]lj rf/df clxn]7ls ; do 5 . d]f]lj rf/df w}}nfd]cEof; kl5  
lj efusf] ; fem]f/ldf ; g\!(( \$ df z?jft\ug{ ePsf] >l l]l]ftn] tkf0]nf0{o; lj ifodf ; Nnfx lbg]65 . of]  
Ps ; yfut k\$6f x] / xfdln] xfd] k6l af]g ; lfd ePsf 5f] . ; yf v]f]g]sf] dtna ; yfut ePsf] e6g]  
x]f]g . ; yfn]ha To]t/xs]lq]mofdf k]6 ?kdf ug{n]l]5 Toxl+af6 g}; yfut k\$6f z? x65 . ; f0gaf6] r]fx  
s]l ub6g . ; f0gaf6] lq]mofsnfk s] x65 e6g] s/f; u ; m]g 5 . dnf0{n]l]5 ls ejg lgdff  
cfrf/ ; k]tfsf] ; kOf{ cEof; sf] ; yfut k\$6f dVo ; d:of x] . ejg ; k]tfnf0{ ; g\@))^ df h]k]fgdf  
t ; kOf{?kdf kg]m]kl/dfhg ul/of]. cj :yfsf af/] ; f]f]s; /L pglx?n]z? u]. pglx?n]csf]ts{ut tl/saf6  
z? u]. pglx?sf]p7g]tl/saf/]lj rf/ u/f] ; s; /L k]f]lws p]k]off z? eof]/ s; /L pglx?n]To; df kf/ kfP .  
tkf0]nf0{yxf] 5 G7 dh'sx?sf]cj :yf . of]To]ts}; lhnf]u/L c]Pg . h]k]fglx?sf]o; df 7hf]k]l]t]l]b]t]f 5 .  
c]f]f]s j daf6 ePsf] l]l]taf6 klw pglx? of]cj :yf; Dd c]f]ku]t/ xfdl To:tf]cj :yfaf6 ulh]g' k/g . t/ klw  
xfd] cem] c]w]f/f]d] ?d]l]n/x\$] 5f] . of] clxn] /fd] cj :yf 5 / xfdln] hg]tfsf] k6f; df xfdl o; af6 kf/  
kfpg ; 55f] .

>l ; efkl]t]Ho" d c]k]m]f]s/f rf8}; Sb5' . xfdlnf0{hu]fpg ; xof]u ug{ePsfdf k]f]m] / c]f]f]gl]nf0{w6oj fb 5 .  
k]t't ul/Psf hfgsf/lx? w}}k]f]l]w]s lyP . tkf0]n]ldq]t]k] \$ ; fwr/Of tj /af6 c]k]m]f]k]t'tls/Of z? ug{eof]. d  
To; nf0{kz]f ub5' . tkf0]n]cj :yfsf af/] /fd] u tyf ldq]t]k] \$ jOf6 ug6Psf]5 . To; kl5 tkf0]n] ; g\@))^ /  
@))& sf kl/jz]sf af/] xfdlnf0{ hu]fpg' ePsf]5 . w}}7hf] kl/j t6 c]Psf]5, kl/j t6 ; f]f]af6, sfo6f6,  
k]l]t]l]b]t]f]af6 c]f]5 . of]w}}7ls ; do x]vf; u/L xfdl 6\$g]f]6x? d]f]lj rf/df >l yklnofn]7ls e6g' eof].  
lj j]bsf ; Gbedf pxf]sf cg' f/ of]s/f zx/ tyf u]l]dof alr]sf]rlgsf]kvf]f] em]5 . of]7ls x]l]sgeg]Toxf+s]g]  
rlgsf]kvf]f] 5g . olb k]f]v]ldf s]l x65 eg]o; df dtna x6g r]fx]of]c; g l]q]df x] \of r]s]ky aflx/  
s; h]f0{s]l x] \ of]s]n lj gf; s]k]6f] dfq x] . of]ah8f]h/ em]h]f]5 . To; h]o; df tkf0]7ls xg]65 . d]f]lj  
lj rf/df d tkf0]6f] ; fdl]hs ; s]t] dg k/fp5; k]f]m] / c]f]f]gl . ; fdl]hs tyf ; s]t]df eSDkn]s]u5{. k]f]oh; f]  
xfd] ; txl ?kdf dfq o; nf0{ ; f]g]u5f]t/ o; n] ; fdl]hs tyf ; f:s[ts s/fx?df w}}7hf]k]6f] kb5 / o; df  
tkf0]n] /fd] u k\$]z kfg{ePsf]5 . To; kl5 tkf0]n]lj le6g r/Ofx?af/]l; n] ; n]f]l]b ?kdf c]k]m]f] s/fx? ; d]j z  
ug6Psf]5 . @! c]f]z]t]f]b]ldf ug]k]g]sfdnf0{lj gf sg]u]n]t] u/L b]t] uldf sfdnf0{n]h]f]g' ePsf]5 . of]Ps 7hf]  
pk]n]Aw] x] / h]k]fg o; df ; lfd 5 . xfdln]c? s]s/fx? l; Sof] d]f]lj rf/df of]Ps ultzn k\$6f x].

sf]l klg wdáf6 cnu xg ; Sbð . e\$Dkn]s; þf0{56 lbbð . olb xfdl dfgj hfltsf nflu of] rçf]t x] eg]  
xhdln]; f]g' kb5 . xhdln] hfkfg tyf ljZj sf c6o eëfuaf6 l; lSPsf s/fx?nf0{xhdln] kf7sf ?kdf lngkb5 .  
kfl]m] / tkf0h]/fd}tl/sfn]cfknyf] egf0 c6t ug{ePsf] 5 - Joj; flos ; dfhsf] eldsf . Joj; flos ; dfhsf]  
eldsf s]xgkb5 cyjf JolStut 0lGhigo/x?sf] eldsf s]xgkb5 . cfvF lrdn] ; d:of hfkg' xbf]/xð5 . cfvF  
lrdn] ; d:of hfKof] eg] b]v\$} 5ð, sxF 5 ; d:of e6g] x6Vof] . cfvf vfh] ; d:of x]f} / cfvf vfh] g}  
To; nf0{; dfwfg ub]nllvof] eg] pkfo /fd] xfhf . dnf0{nfU5 ls of]rf/} 6f sfokqx? w]} /fd] lyP . dh]Tolt Gof  
ul/g xfhf . dh]ol sfokqx?df slx ; Nnfx ; emfj lbP eg] klg s[of wð{ul/lbg' xfhf . w6oj fb .

5nkm / kZgQ/

>L ; j bll w6oj fb kllm / e/t zdf{. tkf0n]; a}k|t'tls/0fnf0{; d66' ePsf]5 . ; do ; dft ePsf]5 . ul/Psf k|t'tls/0fx?df oxfx?sf]olb sg}kZg, lh1f; f eP ; Dal6wt JolStnf0{tf} lglb6 kZg ul/lbg'xfhf .

kZg sm d7f] kZg sf7df08f} dxfgu/kflnsfsf] d6/ tyf sfo6f/L lgbZs >l lbgZ sdf/ pklllofonf0{. dh] pxfmf0{of]kZg u/L ck7df/f]kfg{vfh}sf]xf0g . pxfm]c; fllo /fd]k|t't ug65 / d pxfmf0{dg klg k/fp5' . pxfm]k|t't u/sf]s/fx? dgk5{ o; xsdf pxf+dnf0{dg kb5 . pxfaf6 ; d:ofsf]; dfwfg x65 ls eg] d kZg /fvb5' . elg65, gkfn lj z]ful/sg sf7df08f}/ e5Dk ; u;u}5, Psbd glhs glhs} sg}klg ahf xfdlx?nf0{h} klg xg ; S5 e6g]cj :yfdf xfdl 5f} / dnf0{nfl5 5 jf ; f9]5 e6f a9L /\$6/ :shsf] e0Ffnf] sf7df08f} dxfgu/kflnsfsf]c; g 06b}f}sf cflb lfd]df cfor]eg]lj 1x?n]e6g]u/sf 5g\ls Ps nfv df65} Ps}f6l Ps} lrxfg xg ; Sg]cj :yf 5 . beffon] cfo8f6sf] lfdtf bz hgf df65] kfl]g]dfq 5, s]n !) hgf df65]dfq cfo8f6df kfl]n65g\ . Ps nfv df65]Ps}f6l d/]eg]xg ; S5 xfdlx?n]tl df65}sf]nfz dfly 66} cf-cfkmg df65}nf0{vfl]g}sf}. Ps]5g xfdln]uel/tfk} \$ To]b[o jf b[6f6tnf0{x}of]eg]s:tf]xfhf< ; ah]Ps]5g 5fltdf xft /fv} dggu/vf}. dh]e6g vfh}sf]s/f sf7df08f}dxfgu/kflnsfn]c; g / 06b}f}df e0Ffnf]c]P kl5 cyjf efln cfor]eg]s]ug[e6g]h:tf s}k s/fx? ; f}sf 5f]jf To:tf]vfn]; f}x? s}k 5g\eg]k}6 kfg{cg/fv} ub5; w6oj fb .

kZg vm d7f]lh1f; f vf; u/l >l lbgZ yklnofHohf0{. pxfsf]k|t'tls/0f kl5 dnf0{s}s/f nfu}sf]5 eg]e5Dk zx/df dfq ge0{c6o 7fp}df klg cfp5 . of]Psbd}; xl s/f xf]. pxfmf0{d s]k}6 kfg{rfx65' eg]ejg sll6tnf0{lj =; +@)^} ; fn >fj 0f @) ut]dl6qkl/ifbn]kf; u/l sfg6l ?k lb0; s}sf]5 . ca To; nf0{nfu" ug{sfg6l lj =; +@)%% ; fn ciff9 !\* ut]/fhkqdf k}flzt ul/; s}sf]5 . h; df bkif @ sf]pkbkif ! df tfl]sPsf] lfd]df tfl]sPsf]ldt blv nfu"xb5 e6g]/flvPsf]5 . o; }; Gbedf xfdl]ljefu / sfg6 d6qnosf yk}k6f; x? afj hb lj =; +@)^@ kmfluo! ! ut]sg sg 7fp}df nfu"ug[e6g]k}flzt e0; s}sf]5 . oxfx?nf0{hfgsf/L ePs} xgkb5 To; df %\* j6f gu/kflnsfx? / ljle6g r/0fsf sfdx? 5g\ . ejg lgdff cfrf/ ; lxtf bZsf]; a}7fp6f nfu"ge0{!& 7fp}df tfl]sPsf]5 . csf]pxfm]e6g' ePsf]5 o; nf0{sfg6l ?k rfx65 . xf]kSs}klg xfdl Toxl e65f]s sfg6l ?k rfx65 . xfdln]df6/ ; f0sn rnf6f xld6 nufPg]eg]k}k/Ln]; df5 . To]l:ylt eg}sf]xfdf] sfg6l xf]. ejg lgod ; zfvgsf nflu ; #bdf kZ u/sf]5 / To; df gu/kflnsfx?nf0{yk}clwsf/ lbPsf]5 . ejg lgdff cfrf/ ; lxtfn]eg}sf]h:tf]ejg agfPg eg]To; df s]s:tf s/fx? ug{; ls65, s]s:tf]; hfo ug{; ls65 cflb h:tf s/fx?; a}To; df pNny 5 . xfdl]:yfglo lj sf; d6qnoaf6 klg To; df kxn ePs}xf]. hjfkndf s}k s/f cfp5 ls e6g]czfz 5 .

pxfm]csf]s/f s]p7fpg' eof]eg]ejg lgdff cfrf/ ; lxtf cg' f/ agfP gagfPsf]r}shf# ug{nf0{cf0= P= k9}sf] Pp6f gf; hf0{xfdl k7fp5}f. xf]To]s/f ; xl xf]. sf7df08f}dxfgu/kflnsf h:tf]7fp6f nflu t/ To]7ls ePg . hg 7fp6f kfl]lwsx?sf]sdl 56 lsg gf; ' :t/sf dflg; nf0{r}shf# ug{k7fpg' k}of]To; df clnslt k}sfz kl/lbg' eP /fd]x6vof]. clxn]xfdl ejg lgdff cfrf/ ; lxtsf s/fx?df g}uf]7l ub5}f. clxn]ePsf]kl]t]6g cg; f/ gu/kflnsfsf]el6sf lgw}of ug} sf7df08f}dxfgu/kflnsf g}cu}fl xf]. To; h]hg ; d:of jf ; jfnx? 5g\No; nf0{pxfm]clns 5f6f]ul/lbg' eof]eg]/fd]x6vof]. w6oj fb .

kZg um jf:tf df xfdln]lj =; +@)^} ; fndf ejg lgdff cfrf/ ; lxtfnf0{nfu"ug{s}k gu/kflnsfx?df ; d6j odf q6lx? ePsf 5g\ . kl/kq ul/; s}sf]5 / Toxfaf6 tIsfn]k}lts6f? c]Psf 5g\ . tflnd k}t kfl]lws?sf] Joj :yf, :yfglo k/fdz}6ftf?nf0{o; lj ifodf kl]zlf0fsf]Joj :yf, hgtfnf0{r}gfdhs sfo6dsf]Joj :yf, /fhg]ts kf6lx?nf0{o; lj ifodf hfgsf/L u/fpg] Joj :yf, :yfglo 8sdlx?nf0{tflndsf] Joj :yf, k/fgf ejgx?nf0{s] ug]e6g]h:tf s/fx? k}lts6fsf ?kdf c]Psf lyP . ol s/fx? k}6 eP/ c]Pd]q xfdln]sfd ug{; S5f]egl !\* j6f gu/kflnsfx? d}l]lj z]fu/L aflx/sf gu/kflnsfx?af6 k}lts6f? c]Psf 5g\ o; }; Gbedf xfdln]s]dx; ; u}of}eg] lfdtf, ; f} tyf p}k}off lagf g}xfdln]gu/kflnsfnf0{lh0d]f/L lbof}t; y{ol s/fx? lagf g}xfdln]kl/kq u}of]s e6g]xfdlnf0{cgelt ePsf]5 / ca xfdl s; /L hf6f pkoSt xfhf< of]uf]7ldf xfdl s; /L hfg' kb5 e6g] vfnf s/fx? cf0lbof]eg]xfdl klg Toxl lj ifodf 5nkm ub}hf65}f. olt e6b}d7f]s/f olx 66f6p5' .

kZg 3M d7f]kZg e6f klg s}k ; f6ble6 s/fx? o; 5nkmndf ; dfj Z xbf /fd]x65 ls eg] /fvb5' . ejg lgdff cfrf/ ; lxtsf ; Gbedf gS; f kf; cg' f/ ge0{dfkb08 lj kl/t sfd eof]eg]Ps nfv; Dd hl/jfgf ug{; Sg] klj wfg 5 . olb s; h]dfkb08 lj kl/t ejg agf]eg]Pp6f t e]sfpg ; Sg]s/f 5 / e]sfpg ; lsb6 e6g]s/f

lbgzhlsf]k]t'tldf ki6 kif/; Sg' ePsf]5 . eTsfpg' eëbf hl/jfgf ug{; lhnf]x65 . gu/kflnsfn]hl/jfgf ubf{=?  
e))) , \$))) jf %))) hl/jfgf u/L t[h]h]ul/; \7ls ul/; \eg] sfgöL ?k lbg]x]fd]Pp6f kllbtL jf k/Dk/f 5 .  
o; n]s]kl/0ff d lb65 eëg]s/]sf]kblj {f/ ug{cfj Zstf 5 ls< bf] f]s/f xfdl ejg lgdff cfrf/ ; lxtf glit blv  
gu/kflnsf tx; Dd s; /L nfu" ug[eëg] s/fx? ul//x\$ 5f] xfd] ; aëëbf 7f] s/f rfx+sx+cfp5 5 eg]  
0lghlgo/x?af6 ejg lgdff]s]l8hf0g, 0l:6dë cflb ; a]/fd] eof] t/ agfpg]a]hfd 8sdlx?n]d; nf agfpg]  
sfodf clnsit klg dfkb08 kfofPg eg] xfd] ; f/f tof/L g} a\$ / xg] x65 . Jojxfl/s ?kdf s/f  
ubf{ 8sdlx?nf0{ Pp6f kdf0fkq jf sg} Joj; fo ug] cgdlt kq cflb h:tf sfgöL ?kdf cgdlt glnsg  
pglx?nf0{To:tf] sfd ug{glbg] vfnf klf wfg ug{; Sof]eg]pglx?sf] sfdsf] uöf: t/df jf këfsf/tfdf ; wf/  
cfpg ; S5 ls eëg]d]f] ; emf] xf]. Id:qlsf]kl5 nflu sfd ubf{b}Hofdl Ps jf b0{j ifdf Id:ql eP/ lg:s65 .  
p; nf0{sg}tflnd, klj lws]af/]hf hfgsf/L cflb sxl klg rfx6g / p x\$ld:qlsf ?kdf sfd ul//x\$]x65 . p; n]  
b0, tlghgf Id:qlx?nf0{klg sfd cxf0/x\$]x65 t/ klj lws ?kn]p z6o x65 . To; h]dfkb08, sfgöL lgoöf,  
uöf:t/lo cflb ; DaöwL s/fx? ubf{p; sf]el'dsfnf0{klg xfdln]kl/eflft ub}hfgkb5 eëg]dnf0{nflb5 . w6oj fb .

>l ; j bLM ; do ; lsof] / c? ; qdf klg ol s/fx? cfp5g\ . kl5 klg olx lj ifox?df ; qx? /flvPsf 5g\ . clxn]  
g}; a}; skl5 kl5 s]ug{

kZg aM oxf+sfo{kqx? w}]/fd] cfp . d vf; u/L lszf]hlnf0{sxl lh1f; f /fvb}sxl ; emf] klg lbg rfx65' . pxfm]  
s]eëg'ePsf]5 eg]lzlffsf ; Gbeëf sxl 0lghlgoL/ ; yfx? ; u xfd] ; d6j o e0/x\$]5g . Toxfaf6 hg cfls6\$6,  
0lghlgo/x? ptkfbg x65g\pglx? ejg lgdff cfrf/ ; lxtfaf/] ckl/rrt g}x65g\ . of] xfd]Ps ; d:of g}xf]  
clxn]oxf+klg sit lj Bfylhf0{; mlg u/f0Psf]5 jf 5g . olb xfdn]of] lfd]df eflhl sfd ug{5 eg]Tof] lfd]df  
clwog ul//x\$ hgzlStnf0{of]lzlffdf klg ; mlg ug{k65 eëg]dnf0{nflb5 . of] lj ifodf eflts of]hgf tyf  
lgdff d6qfno / zx/L ljsf; tyf ejg lgdff ljefun] s] glit Nofpg nflu/x\$ 5< To:t} :yfglo ljsf;  
d6qfnon]klg :yfglo ; /sf/ jf gu/kflnsfx?df s]ug{; S5f]eql ; rbf 7ls x6vof]ls< eflhl s; /L hfg]/ eflhsf  
cfls6\$6 jf lj zif1x?nf0{cfh}blv ; mlg u/fpg]/ kl/rrt u/fpb}7fp+bb}nluof]eg]eflhl sxl ug{; S5f]s .  
lj bzsf tflndx?df xfdl hfbf xfdl k5fl8 ple65f} . pglx? klxfn g}cfP/ l; ls/x\$ x65g\tfls eflhl ; /sf/sf]  
sddf s]of]ubfg ug{; ls65 eëg]pglx?n]cfkny]lj rf/ agf0/x\$ x65gV Pp6f lj zif1s}?kdf ptkfbg ul//x\$]  
x65 . xfdln] sxl ug{; ls/x\$ 5g} . To; h] xfdln] sxl ug{k65 eëg]nflb5 . xfdln]o; lznlnzndf s]s:tf  
gltx? agfPsf 5f} / o; df sxl u/f]eëg]d]f] ; emf] xf].

kZg rM gd:sf/ . d]f]kZg >l l3ld/hf0{xf]. gu/ lj sf; ; ldit ; DaöwL ; ah]elg; Sg' eof]/ o; sf]nfd}syf 5 .  
wgs6fsf af/]d eëg rfx6g . gu/kflnsfn]gS; f kf; ubf{ejg lgdff cfrf/ ; lxtfdf ckfux?sf nflu sg}s/f  
p]n]v gu/]x]x6f ckfuf nflu gS; f kf; ubf{sg}k\$6f c]n]dag ug{k65 ls 5g< csf]kZg, sf7d08f]f  
af]8e :shx? Rofp pd]h:t}pldPsf 5gV clnf clnf ejgx? agfpg]sdx? z? e0/x\$]5 . o; }lznlnzndf  
xfdln]clnf clnf ejgx?sf]cjwf/0ff lj sf; u/]5f 5f]s 5g} cyj f ; d:of ; dfwfg ug]hdsf]ul//x\$ 5f]s  
5g} lsgeg] xfd] ejg lgdff cfrf/ ; lxtsf] bkm e) ^ sf] pkbkm \$ n]s]e65 eg] l% ld6/ eëbf clnf  
ejgx?nf0{clnf ejg t eg\$]5g t/ !% ld6/ eëbf clnf ejgx?df lnkmsf]klj wfg eg]xgkb5 eg\$]5 . t/  
c? ; /lffsf s/fx? o; n]sxl p]n]v u/]5f]5g . To; h]o; df klg sxl lj rf/ ug{k65]x]ls< o; eëbf cl3 klg xfd]  
5nkml sfo\$ddf nlntk/df !\$ tnfsf] 3/sf] lgdff]s] :jls[t lbP/ lgdff ug] lznlnzndf Toxfsf :yfglo  
df]g; x?n]lgdff sfo{ug{lbo/x\$ 5g}\ Tof]d2f cbfntdf uPsf]; Gbeëf oxf+clnf clnf ejgx?sf af/]hf hfg  
kfp+

csf]s/f, kf/ldes klfn]xg]s/f xf]eëg]s/fdf oxf+/fd] s/f lgsflg' ePsf]lyof]. h:tf] xfd] ; /sf/L ejgx?  
klj lws n]v kl/lfof ug]u/]5 . xfdln]JolStut ?kdf lgdff u/]3/x?nf0{klg klj lws n]v kl/lfof u/fpg]  
k/Dk/f a; fpbf /fd] x]hf ls< tflnds] lznlnzndf oxfm] axt /fd] kZg p7fpg' ePsf]lyof]. tflnd kl]t  
sflnu9af6 dfq ejg lgdff u/fpg]eëg]s/f cfPsf]lyof]. o; df d s]eëg rfx65' eg] xfd]x/\$ l8lehgaf6 @%-  
#) hgf sflnu9nf0{x/\$ j if{tflnd lb0/x\$ 5f}. To; /L xfd]l8lehgaf6 x/\$ j if{(\$%) hgf sflnu9nf0{tflnd  
lbg] sfo{e0/x\$]5 . pSt tflnd tlq lbg]dfq ePklg pglx?nf0{ xfdln] kdf0fkq klg lbg] u/]5f .  
t; y{oxf?n] xfd]l8lehg; u ; d6j o u/] xfd] tflnd kl]t sflnu9x?sf]k6f] ug{; Sgx65 .

c6tdf, gu/kflnsfnf0{dfq lj rf/ ul/65 t/ uflj ; nf0{lj rf/ g}ul/6g eëg]lj ifo p7fpg' ePsf]lyof]. of]axt /fd]  
lj rf/ p7fpg' ePsf]5 . o; ; Gbeëf xfdln]Pp6f ejg lgdff lgb]zsf agfPsf 5f} / of]lgb]zsf x/\$ JolStsf]  
xftdf k/f] \eëg] ; f]f0 5 . o; /L ejg lgdff ug] x/\$ JolStsf] xftdf of]lgb]zsf kluf \eg] xfdln]

gu/kflnsf; u klg ; d6j o ug{vflhl/xsf 5f}; oxfx?nf0{cfj Zos k/\$f]v08df xfdl of]pknlw u/fp5f}; oxfx?sf] o; df; f] sxl 5 ls e6g]lh1f; f klg d]f]xf]. w6oj fb .

>L ; j b]m x; \t w}]lh1f; f xbf xb}klg xfdln]o; 5nkmnf0{66ofpg' kg[ljztf eof]. k}tftfn]gllt tyf sfof]og lj ifodf cPsf kZg tyf lh1f; fx?sf] hjfkm lbg' kb5 e6g] dnf0{nflb5 . To; h] d >L lszf] yfkfnf0{cfkmg]k]lts6f lbg xg cg/f]v ub5' .

>L ykflm d; u ; Dal6wt b0j6f kZgx? d]w0] gf/fo0fhl]n] p7fpg' ePsf] Hofb} dxlj k0f} 5 . lsgg] gu/kflnsfx?nf0{xfdl]lh0d]f/l t lbof]t/ o; sf ; fy; fy}; fwg. ; f] tyf lfdtf rflx lbPgf]eg]Tof]lh0d]f/l]sf] sg}cy{/xbo} e6g]s/f 5 . cl3 dh]cfkmg]k]t'tldf eg]cg; f/ gu/kflnsfx?nf0{jul6/0f u/L pglx?sf] lfdtf lj Zn]f0f u/] sdz]M ejg lgd0f cfrf/ ; ktf nfu" ug] xfdl]gllt xgkb5 . gg sfd ug{u]xf] x65 . lj/u]h gu/kflnsf / vfbj f/L gu/kflnsfnf0{Pp6}j u6f /vbf ldl]b6 . lsgg] xfdl] ; /sf/sf]gllt klg o; ; Gbe6f x]f]. gu/ lj sf; sf]fn]C0f lbbf t jul6/0f u/\$f]5 . t; y{ejg lgd0f cfrf/ ; ktfdf klg To; } ugkb5 . To; f] ubf{ trickle down effect xb} h65 h:tf] nfl5 . ejg lgd0f cfrf/ ; ktfdf dfdndf ; a66f h6 ugkg]0l6hlgol/u ; dbfo h; n]l8hf0g u5{gS; f agfp5 / csf]egsf]sflnu9x? xg\h:tf]nfl5 . lsgg]Pp6f 0l6hlgol/n]xhf/f]3/x? agfp5 . Pp6f sflnu9nf0{tflnd lbg' eg\$]xhf/ j6f 3/x? ; /lft ug]xf] . t/ Pp6f 3/wglnf0{tflnd lbg' eg\$]Pp6f 3/sf]nflu dfq xf] . ; dfhd f r]gfs]lx; f]n]r]g kmpfg]xf]t/ tflnd lbg] eg\$]0l6hlgol/ / sflnu9nf0{g}xf]. To; h]d6qfnon]klg ol b0j6f klfnf0{nllft u/L sfo6d agfp5 . ca afa/fdhl]n]e6g' ePsf]lzlff l6df 0l6hlgol/u sn]hdf t l5l/g; ; s6f 5f]/ lq=j= ; u}c? lj Z]lj Bfnof?sf kf76sd]df klg /Vg]k6f; xb5 . clxn]lj Z]lj Bfnof]kf76sd] agfp6f w}]; do nllg]ePsf]/ kf76sd] /Vg g; sklg Pp6f jf b0j6f x/\$ Snf; df ejg lgd0f cfrf/ ; ktfaf/]k]rg lbPd] kl5 lj Bfyl{kf; eP/ cfPd] ejg lgd0f cfrf/ ; ktf of]xf]e6g]hfgsf/L x65 / cfkmg]l6df cP/ o; af/df sfd ug{; S5 .

>L yklnofm cfh ; do kl6 t/ w}]; fylx?sf]lh1f; f lyof]. dh]Toit hjfkm lbg' kg[h:tf]klg nfu6 . lszf]hln] d; u ; Dal6wt lj ifosf s/fx? kl6 kf]/; Sg' ePsf]5 . dh]sxl ; jfnx? p7fpg vfl]sf]x+. d efj gdf cP+e6g' x]hf t/ oxfx? klg d; u efj gdf cPp' eof]eg] /fd]xg]lyof]. d]f]lj ifo ejg lgd0f cfrf/ ; ktf nfu" ug]; Gbe6f xdf]k6f; x?nf0{; jfn dfq e6g]xgfn]e6dksf]lj ifonf0{oxf+k} u]z h66sf]dfq xf]. e6dksf af/df dnf0{eg eg] s; h]e65 eg]d cfwf 306f o; }klg e6g ; S5' . pxfsf]lj ifo s]xf]eg]e6dksf cfp5 / olt hgf df65]d5[eg] 3f6 agfp]g]xfdf]gu/kflnsfsf]; f]f0 56 . e/; s Pshgf klg dg{xbo} e6g]xfdf]; f] xf]. ; flg' dfq ePsf] xgfn]To; df xfdl s] ub5f]eg] e6bf Ps c6t/f]60 ; yf / NSET ; u ldn] sf7df08f] dxfgu/kflnsfn]sfo6f]hgf, u?of]hgf agf0/xsf 5f]. of]cl6td r/0fdf kl6sf]5 / o; n]w}]/s/fx? kl6 kf5{. To; n]sf7df08f]dxfgu/kflnsfnf0{dfq g; d6l pkTosfnf0{g]nueu ; d6l e6dk; u ; Dal6wt Ps 7hf]sfo6f]hgf a6b5 . d o; df oxfx?sf]; emf] klg cfcf] \egl cg/f]v ug{rxf65' . To; ahf dflg; d56\eg] dxfgu/kflnsfn] lj B'tlo ZdZffg 3f6sf nflu ah6 566fpg]fnf 56 . dflg; nf0{arfpg]k6f; df 5f]; ejg lgd0f cfrf/ ; ktf nfu" eof]ePg e6g]d]f] ; /f\$ / x]0g . ejg lgd0f cfrf/ ; ktf eof]eg]s]; a)dfkb08 cg; f/sf 3/x? a65g\ a6b6g\ u]a' uflj ; df ejg lgd0f cfrf/ ; ktf nfu"eof]eg] x]0g t/ nfu"ug\$ nflu xfdl]Plss] b]l6sf0f lnP/ hfg' kb5 . o; sf nflu xfdl ; 6St ?kdf tof/L u/f]ca o; nf0{pkTosfsf]b]l6sf0faf6 x]f]. lsgg]Pp6f uflj ; df 3/ agfp6f sg]k66f k6ofpg kb6 e6g]5 . To; nf0{s; /l ; wf/ ug]e6g]t 5b5 . lg/Ll0f]sf]efu d]f] x]0g / tkf0x?nf0{; f]w\$]kZg dh]lbg]x]0g . ca klg of]kl6tldf hfg yf]l6f]eg] xfdl 8A5f]. x]0g eg] To; ; u ; Dal6wt d6qfnodf o:tf]kl6t] x6f0 lbgxf] \d]f]cfux 5 .

kf08hln]/Vg' ePsf]ckfufsf]kZg c]o6t /fd]5 . of]h?/l klg 5 / xfdlnf0{cfPsf]klg 5 . o; c6tu6 dfkb08 agfp6f of]s/f /v\$ 5f]. o; df xfdl clnslt ; j]hgzln ePgf]t/ 7hf]; fj h]lgs ejgx?df o; /l hfg]e6g] l6 5 . kl6 eflfddf e6bf ckfux?sf nflu ul/Psf]56 .

Vertical growth sf]s/fdf xfdl]gllt leq clnf ejgx?df hfg' kb5 e6g]5 . o; nf0{klg uxg ?kn]x]f}; ca sf7df08f]hldg ; lsg]eof] / vhf 7fp+56 . lj b]z]t/ h6f xfdl] b0{j8df c6fpg]df65} Pp6}3/df a:bf /x5g\ To; h]poSt klj lw ckgfpg ; lsof]eg]7N7hf 3/ klg agfp6f ; lsg]/x5 . To; h]To; df hfg ; lsg]xfdf] gllt 5 / o; af/]lg0f6 klg ul/Psf]5 . clxn]of]dfkb08nf0{g}h:tf sf]t:t}sfof]og ug{Toit ; lhnf]56 To; h]o; df clnslt ; z]v]g u/L ; /lft lx; fan]hfgkg]xfdf]; f]f0 xf]. ; /n]klj lws s/f ug6Psf]5 / Tof] dfkb08df gkg]ePsf]o; nf0{glltdf nfg'k5[eg] ; emf]sf]?kdf lnPsf]5' .

sflnu9sf] s/f p7fpg' eof] / /fd] klg xf]. dxfgu/kflnsfn]Ps xltf leq}ejg pknAw u/fP/ sfoffo lbb5f}.  
o; n]ubf{tkf0{xfdln]lbPsf sflnu9x?sf]; Dks{sx+5 ebf of]sfoffo eGg ; ls65 . tflnd klt sflnu9x?n]  
ejg lgdff cfrf/ ; lxtsf s/f aemf 5gV ca aGg]3/x?df pSt kltl ckgfpg ; ls65 eGg]dnf0{nfu\$]5 .  
ca lgb]zsf] s/f p7df]. o; df %))) hit klt 5flkPsf] s/f ul//x\$ 5f}. lgb]zsf h]h:tf]ag]klg nfu"  
ug]lgsfo ; lfd 5 5g eGg]kzg hg lyof]tof]xll/gkg[ePsf]uip+lj sf; zfvdf klj lwss]cejf df gkl/lbPsf]  
klj lwsn]lgoStl kfPsf]JolStaf6 nfu"x65 eGg]s/f xf:of:kb x65 . d b0lbg oxl+g}x65' / cfj Zos k/df 5nkm  
u/f. clxn]lh1f; f /vL Wofg lbP/ ; lglbg'ePsf]w6oj fb 5 .

>L ; j dlm :kli6s/of tyf k|t|t|s/ofsf nflu w6oj fb 5 . ; do ; ls; s\$]5 . xfdln]ejg lgdff cfrf/ ; lxtsf]  
s/f ubf{function fund sf]s/f u/df}. Toxf+Ps lsl; dn]; d:of cfPsf]5 . xfdl]dGqnon]Pq agf0lbg] ejg  
ljefun]ejg lgdff cfrf/ ; lxtf agf0lbg] gu/kflnsfn]klj lwsx?sf]s/f ug]/ slxn\$xl gf6 klg u/\$]5g .  
o; nf0{c6oyf glingxf]h . d]ejg ljefus]l8lehn 0lGhgo/nf0{dxfgu/kflnsfs]gS; f zfvdf clxn]/Vg  
ldN5 /< s]of]; xl x65 /< Toxf+k|t|a|b|t|f s]5< Psfl/ gu/kflnsfx?df ; yfut jftj/of k|6 5g eg]csf]/  
sfoffj og /ofglit, ejg lgdff cfrf/ ; lxtf agf0lbg] ; u; u}uPsf]eP cufl8 hfVof]xf]h . ca xfdln]s; h]0{bf]  
nufpg ldNb} . gu/kflnsfn]ejg ljefunf0{ ejg ljefun]gu/kflnsfnf0{bf]f nufof]eg]xfl eGg]afix/sfn]s]  
eGng< To; h] kl/l:ylt ; jhgzn 5 / xfdln] xft]fn] u/] sfd ug]k]ePsf] kl5sf ; qdf 5nkmsf  
lj ifoj :thf0{k|6 kfg{pkoSt x65 eGg]dnf0{nfl5 . oit eGg]of]; q oxl ; dkt ePsf]jf c6t ePsf]3f]off ub6'.

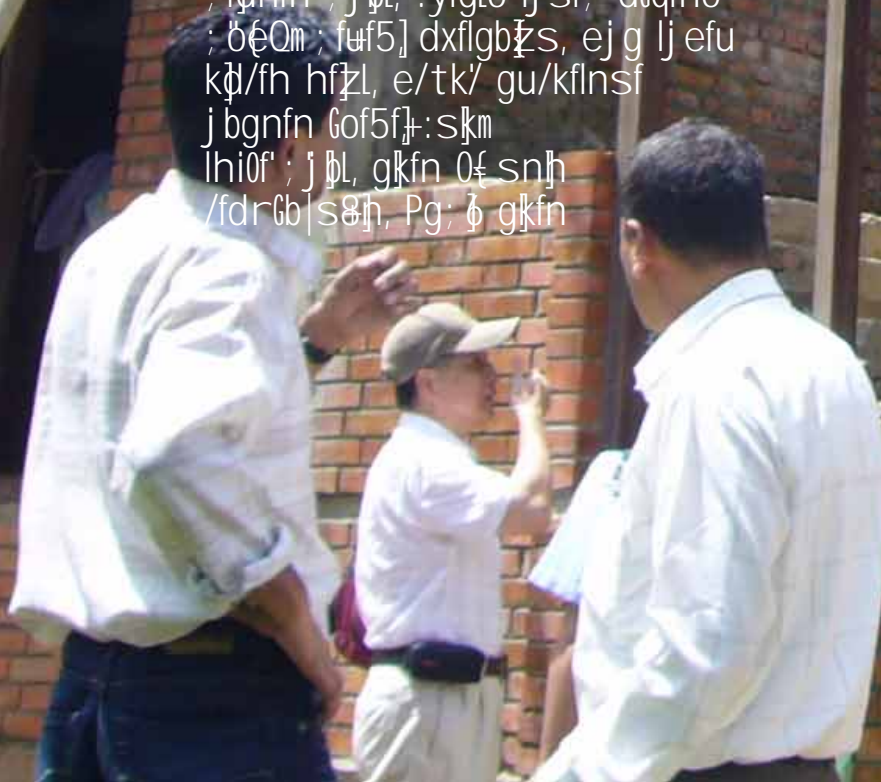
; q - @

; /f\$f/j fnfx?sf]eldsfaf/]kofgn 5nkm

; xhs tff[M]j i0f' xl/ kf08] cg'; Gwfg clws[, oPg; Lcf/8L k\$fk Joj :yfkq of]hgf  
xof]f]clkm;  
6lkf6stff[M]lgzf >]7, Pg; 6 - gkfn

Kofg]n:6

; f0fn ; j 6L :yfglo lj sf; d6qfno  
; b6Qm ; fuf5] dxflgbZs, ej g lj efu  
k0/fh hfZL, e/tk' gu/kflnsf  
j bgnfn Gof5f]r:s]km  
lhi0f' ; j 6L, gkfn 06 snh  
/fdrGb]s&h, Pg; 6 gkfn





; fdl nfn ; jdl M Stake holder sf]s/f ubf{@ j 6f category df /fv'g' k5{e6g}dnf0{nfl0f5 . LOCAL level df s/f ubf{/}l ; aebf o; sf]leadership :j o+gu/kflnsfn]g}Ing' kg{x65 . / ufplj sf; ; ldltsf] xsdf uf lj ; sf]capacity xfdln]a9f0 lbgkg{x65 . uflj ; Pl/ofdf uflj ; n]Ing' kg{x65 . of]@ j 6f Pl/ofdf government sf]land cyfj government sf]infrastructure nf0{s; /l agfpg]e6g]s/f r}dnf0{nfl5 M lhlNnf ejg sfofnon]x]b6f]eg]clnslt effective x65 . / of]p; sf]mandate leqsf]s/f klg xf].

gu/kflnsf leq cf0; s]kl5 , technical leadership x6k4of]. gSzf zfvfx?nf0{ a? xfdln] s; /l re structuring ug{x]f, ToxFg}d6 s/f xf]. df65]klxn]c]fpg]7fpFlxl xf]. To; h]gSzf zfvfn]technicalities sf]af/df JofVof ulb6 ; Sg]s/fx? cyfj ePg eg]To; /l g]of]s/f ldn6 el6bg]vfnsf]behavior oriented Joj xf/ x6k4of]. / Technically of]of]s/fx? k5{, o; sf]glthf o:Tff x65 e6g]vfnsf]s/f Wofg lbg' kg{x65 . / ejg sfofnon]lhlNnfut lx; fj n]low coxt housing sf]klg modality agf0 lbg k5{ls e6g]dnf0{nfl5 . lsgsl lhlNnsf]cfw/df xfdl]e"agf6 km/s 5 . xjfj kfgl klg km/s x65 . RCUP n]agfPsf]building lyof] em6fn}pN6f] /Vb6f Yof]. ldlNofy6 . uf]vdf xf]. Pp6f agsf]xf] h:Tff nfl5 dnf0{. eg6f] To:tf]lx; fan] x6f{hld} s/f]xfdn]contently genrralize u6of]eg]To; n]cK76f/f]kf5{x6f .

To; kl5 ,technican n]cyjf blf zfvfsf]k6v]n]lhd]f lnof]eg] lb0; s]kl5 kg/fj 6g ; 6g]s/f r}sf6f/l / politician ; u ldn] Pp6f wing agf0lbof] eg] ; lhnf]x65 x6f . h; n]r}policy guideline b6f] \. e" pkof] offhg agfpg]blv lnP/ building code implementation sf]policy guidelines / facilitation ug]sfd r}htglx?n]ug{k]g]eof]. / csf]dxlj k6f{k]f eg6f]local level df /fhgllts bn . emg\clxn6f] ca:yfdf \* j 6f bnsf kltlglnf0{xfdln]sensitize ug{ ; Sof]eg] of]ug{k]g]xf] e6g]vfnsf]cg6tl xfdln] u/fpg ; Sof]eg]w}); lhnf]x65 x6f sfollj og ughf0{. / o; n]ubf{gu/kflnsfsf]revenue j [4df klg ; xof] kl5 .

To; sf/Of pglx?nf0{k}f/ k}f/ / ; xhls/Ofsf]role rfxlFlolal political leader x?sf; a)k6l6f]km]l . ox6f s] eg] ; fg] eg] 5f66 x66 h:tf] nfl5 . lsgeg] p; n] cfm6f] dfq} 3/ /fd] E agf0 lbof] eg] gu/kflnsfnf0{of]ubfg]xf] ; fg}eP klg . / csf]s/f DDC sf]Role s]t < xg t eflh /fhosf]k6 ; Argf x6f kl/j t6 x6f . ; efgf klg blv65 . tklg lh lj ; a; 6h] sg}klg To:tf]AGENCY Function ug]sg}klg lgsfo e0 g]xNnf .

; fob eflh restructuring x6f, ejg sfofno ToxFkf]hfg]xf]ls cyjf DDC df hfg]cfm6f]7fp6f 5 . t/ gu/kflnsf e6f aflx/ gu/ p6dv uf lj ; / gu/kflnsf af6]xfdn]z? ug{k6of]building code sf]s/f , rfx] To]free of cost g]xf]eg]klg . clxn]gu/kflnsfn]!) nfv ?k6fFkfp6 , !) nfvaf6}of]k}f clnslt 566f0lbof]eg]of]ufx]s/f r}x6f .

xfdf]clxn6f]rng s]5 eg]concrete sf]hun ePk15 clxn]x6f gu/kflnsf agfp6f. klx]lo}vfnl hluf x6f xfdl agfp6f. h:tf]uf]ahf0{ca dxfgu/df ufEof]eg] To]Pandora box leq6fpg' xf]. \* lk6]af6] 5 ,cf7} tnf 3/ 5 . To; h]To]s/fnf0{xfdln]z? blv g]land use planning ug]s/fx?df ; kf6{k6ofpgsf]nflu uflj ; nf0{facilitation ug]sfd r}DDC n]ug]g] x65 . of]l; nl; nfd d kl5 cfp6'. Centre DOLIDAR sf]klg s]l role DDO sf]klg role klg clnslt x6' k5{. lsgeg]ejg sfofnon]gu/kflnsfleq km6f; ug] / ; fj h]gs building construction , :shsf] s/f cfpnf, c:ktfnsf]s/f cfpnf, Totfl/ r}ejg sfofnon]facilitation ub}x65 .

t/ olb gu/kflnsf :j o6]c:ktfn rnfp6 eg]To]km]l gu/kflnsfsf]jurification df hfg]l ug]k5{. oBkl To] sfollj og u/fpg ; do nflnf . aem6g]x6f aem6g] knf{. t/ clx]lo}v xfdln]r}e6g' k6of]. lsgeg]Pp6f trend s]xf]eg] ; g\!(%@ df g]k]ndf hDdfhdld !) j 6f gu/kflnsf lyP . clxn]%^\* j 6f ef5 . ; g\!(%@ df !) kltzt e6f sd lyof]zx/L hg; Wof . clxn]zx/L hg; Wof !% kltzt 5 . @)!! ; Dddf em08} @#:#\$ kltzt x65 e6of5 .

jf:tjdf IDPs sfp66 ufof/ mobile population count ufof] eg]clxNo}xfhf Tolt . eg]gu/kfinsf t \$! xfdln] tof/}ufof 5f}egk15 t, em08}89 ; o gu/kfinsf x65 ! ) j ifdf . egk15 t @ ; osf] xf/fx/Ldf gu/kfinsf x65 . To]lx; fj n]klg xfdln]s]b]vg kfof]eg]potentian VDC nf0{clxNo}gu/kfinsfsf]culture rfxlFINJECT ug{; Sof}eg]ef]hl ; lhnf]x65 , gq eg]Ps}f6l lj u] n] cfp5f}. To; kl5 To] ; Dxfnl g; Sg' x65 .

csf]k}f/ k] f/sf]s/fdf NGO / CIVIL Society nf0{klg To]Role lbgk5{ including media. lsggeg] o; n]of]c; / kf5{e6g]vfnsf], clxn]FM olt w}}5g\To]s/f e6of]eg] 3/ agfpg]s/fx?df gu/kfinsfn] jointly lj 1fkg}klg lbg ; S5 lg . p; n]k}Ph:t] klg x65 . t/ virtually To]gu/kfinsfsf]sfd x65 . cyj f To]gu/kfinsfsf] ; \*gf kf6l . dh]t e6of klg y}Psrf6l Nset ; E d}f]s/f klg ef]of]. kf]y/f / w/fgdg gu/kfinsfsf]pre message leq gd}gf 9}fsf]3/ t/ disaster risk reduction technolgo seed u/}f] Pp6f gd}gf agfpFeg] xfn]proposal klg k7f}of}t/ To]cfpg ; s}g . To:tf]model df klg st}xhdl hfg' kg]x65 xf]hf . centre af6 x}f}v}l r} ; To; }u/} centre level df g}kfnsf]Natal policy agfpg]national norms / standardize ug}f]d definitely ef]ts of]hg] d6qfno / DUDBC s}xf]hf . hlt; S}S/f u/}klg internationally globalize trend df Urbanization sf]process df c6t/f66 lx; fj df s}e}/f5 , xfd]df s]xg]x] e6g]s/f r}lsggeg]g}kfnn]nufgl u/}f] hgziOm ToxlF5 e6g]d}f]a6nf0 5 . Urban planner x? To; }u/} architect b]v lnP/ . cl3 s/f ef]of]. !\* cf}z}t}f}bl}df /f}ff sfndf egf}g , /f}ff sfndf g}kfna6 % hg] df65]k9y ufy]/}h}kf}gd . eg}f]central level n]nufgl u/}f] df65}x? klg Toxf}xg}x65 .

To] cy}df Technology design ug] innovation sf] s/f transfer ug] s/f egf} To] ejg ljefun] ubd}f]eg] ; lhnf]x65 / MLD sf]role r}j}f:tjdf , gu/kfinsfnf0{facilitation ulb}g]xf] / ejg ljefu; E ef]ts of]hg] d6qfnol; t bft[ ; y}fx?; t ; d6j o ug] / national account df reflect ePk15, egk15 , gu/kfinsfsf activities x?nf0{compile u/} , ; }blo ; ldltdf government sf c? lgsfodf lbg]sfd r} MLD sf]x65 , capacity strengthen ug]s/f xfdln]ubf{UDTC nf0{klg lj ; } ePg .

Urban development training center cyj f To:tf]vfnsf]af]x/ private sector gePsf]ca:y}df t To; }nf0{ug]x] ls s}hf0{ug]x]MLD sf]role klg To; } ; t klg cfp5 . To; }u/} definitely dolibdar n]klg oqf] af6f] agf0 /f 5 , oqf project x? cf0/f5g\ToxF . dolidar n] c}k}h] ug] 7fp}f c}k}h] agf0b6f 3/x?nf0{klg of]modality df nfug ; Sof]eg] /fd]x65 xf]hf .

To:t}university df o; sf]role r}sd k9fp6f v}l special lx; fan]k9fpg' kfof] . sf8df08f}f] norms k9f0lbg ePg ; a}7fp}f . oxfFr}x}df] general norms 5 . xfd] ; jfoQ zf; g P}g s:t]5 eg] cd/u9l gu/kfinsfnf0{klg Toxl xf], dxfgu/nf0{klg Toxl xf]e6of h:t]f] . ; fob To]k}w/s xg ; S5 . To; sf/Of lhn]nfut norms agfpg]s/f lhn]nfut technology s:t]vfnsf]x65 e6g]s/fx? klg /flv}lbg' kfof]university n] . To; }u/} architect association hg 5, To; n]klg 7hf]role v}hl /fs}x65 . xg t oxf]lj jfb 5 clncln ls c3f]lft ?kdf . gu/kfinsfsf]rooster df xg]df65}f] Psflwsf/ / technically egPd, know how architect x? hg r}Psbd /fd] df65]xg}x65, pxf}j}lrdf Tolt /fd]ldln /f 5} . pglx?sf]role s]t< architect x?n] klg building code o:t]f]5, of] sfoff]og ug}k5{ e6g]vfnsf]s/fx? ubd}f]eg] housing company cfp ; Snf, land developer x?df To]s/f cfp ; S5 .

Toxf}klg t xfdln]e6g' kfof]ls pglx?n]license sf]review ubf}v}l klg , p; n]u/}f]performance hg x65, building code implementation sf] 5}annex /f}g' k5{ e6b6f] eg] klg ; lhnf] xf]hf . To; }u/} building code implementation df ef]ts of]hg] ; lrj Ho}f]c}l}lftdf ; ldltd hg 5 lg, To; n]t}tsfn] ug]kg]dh]b}of t private bank , financial association 5 lg , hg; S}eP klg , h:n]building agfpg loan lb65 lg, To; n] r}sd; }d building code s] dfkb08 ePs}nf0{dfq Cof lbg] egg] vfnsf] government n]lgb}g}lbof]eg] sd; }d Totfafa6 klg clnslt z?jft x65 / df65}h]a6nf0 . To]Pp6f t}tsfn]

ug{kg}blv65 . To; u/L private sector sf] s/f FNCCI l; t klg s/f ubf{sltko ca:yfdf business community x? ToxfFcp5g\ . pglx?; E public private partnership sf]modality df hfg ; ls65 . pglx?nf0{klg kft/ k/ f/ / ownership ln0lbg]nflu request u{of}eg]cinslt ; lhnf]x65 xf]hf .

Pp6f kf6f]lawyer x?n]klg yxf kfp' k{of}building code s]xf] To; sf]implication s]x65 . To; sf] vertical horizontal linkage s]5 ,legal implication s]x65 e6g]vfnsf s/fx? klg yxf kfp' kg{x65 . plus gu/kfnsf leq x{f}l ToxfInternal audit section 5 , auditor n]klg yxf kfp' k{of} zNs lng] s/fx? 5g\ . To]leq klg x] ls xf0g, norms s]5 e6g]s/fx? To; n]klg yxf kfp' kg{x65 . To; h]hg stake holder x? 5g\ To; nf0{core / non-core 566fP/ ug]xf]ls< core eg]f]hNn]hf6g]kg{x65 , non core eg]f] afix/sf , lh6buldf Ps km] xf]hf jf professionally ; Dks{sd xg] vfnsf nf0{ , To; /l categorize u{of}eg]klg ; lhnf]xf]hf . ; u; u;cgludgs]mechanism r]xgk{of}. Center local s]x] t < sectoral klg ; a]h]xg]k{of}. oxfFs]eg] xfdln]tn lbP/ k7f0lbP kl5 eof] finished. P6 agf0b]l eof] lgo6 ub]l eof] k]tfj k7f0b]l eof] ; jls[t kl5 5flkb]l eof]e6g]xf0g ls, ; a]h]To]ePsf]5 ls 56, xg s]ufxf]5 , s]problem xf]e6g]s/f 5 . / Capacity assessment sf]s/fdf k]hf xfn] ; a]gu/kfnsf / gu/ p6dv uf lj ; sf]capacity assessment u/ h; n]Joxf] ; Om6, To; nf0{support ug]mechanism klg dig out ug{kg}x65 xf]hf . / central level df donor co ordination ug]sfd r]Ministry of local development nf0{x65 . New innovation international technical institution l; tsf] ; Dks{f]s/f r] DUDBC n u{of}eg]/fd]x65 xf]hf e6g]nfl5, w6oafb .

k6 /fh hfzL M jf:tfj df role of stake holder sf]s/f ubf{gu/kfnsfx? Building code nfu' ug]bfl0j ePsf] ; #yf xf]e6g]nfl5 . role sf]s/f ug{cuf8l implementing agency gu/kfnsfdf sfd u/} gftfn] s:tf s:tf issue cfp5g\gu/kfnsfdf eg] @, \$ j6f issue df hfg rfx65' .vf; u/l xfdln]s]b]y}f 5f]eg] xfd] lfdtf x{65{. vf; u/l sf7df08f}e6bf afix/sf gu/kfnsfx? h; sf]sfo{k}t s:tf]blv65 eg] Pp6f gu/kfnsf]Pp6f engineer x65 . To]engineer n] ; s8 agfpg]9n agfpg] vfg]kgl]design estimate ug]blv lnP/ ofj t sfdx? ug{k5{/ Toxl Pp6f engineer n]building code nfu' ug]s/fx? klg cuf8l a9f6f slt kéj sf/l x65 <

To; sf/0f clxn] e]fv}f gu/kfnsfx?sf] lfdtf j]4 ug{c]o6t}h?/l 5 . To; sf/0f building code nfu' ug]kdv r6f]l xf]6f]. xfdln]Pp6f ; #yfs]lfdtf lj sf; u/] ; #rgfd]kl/j t6 ug{h?/l 5 . x/} gu/kfnsfdf e}Dk ; /lff zfvf cyf{k}k Joj :yfkz zfvfs]?kdf ; #yfs] ; #rgfx?sf] lgd/ ug{h?/l 5 e6g]dnf0{nfl5 . hg s/f xfd]gu/kfnsfx?df clxn]56 . To; sf/0f of]Pp6f kdv r6f]l xf] e6g]nfl5 . To; u/L xfd] ; f]f0l6sf] agfj6 s:tf]5 eg]- ; fdf6otof xfdl hit klg P6 lgod agf05f]To; sf]alv6fk ug], To; nf0{ldr} cfm6f sfdx? cuf8l a9fpg]. ca building code sf]s/f ubf{v}l klg xfdln] P6 lgod agfPsf 5f]To; sf]kfnf ug{k5{e6g]eg}f 5f]. t/ xfd]clwsfE 3/x? xfdln]b]y}f, cl3 ktm sf]sir n]e6g' e], 60% . d e65; sf7df08f}e6bf afix/ hf6f , xnt of]e6bf a9l 5 e6g]dnf0{nfl5 . 70-80 % 3/x? gu/kfnsf] ; jls[t gln0sg agfPsf]ca:yf 5 . lgod ldr]k/Dk/fnf0{s; /l lgod leq lnP/ cfp]g] < of]klg 7hf]r6f]l xf]e6g] nfu}f]5 . of]s/fnf0{lj z]f ?kdf lj rf/ ug{k5{.

t; f] s/f , d]h]n= k= pkdxfgu/kfnsfdf a; } sfd ubf{c6ej u/}f] kfl/j fl/s ; #rgfn]klg s}xl xb; Dd building code nfu' ug]nf0{s}xl r6f]l cfp5 e6g]dnf0{nfl5 . oxfFa:bf s]c6ej u/]eg] vf; u/l core area df x{f}(Ps c6f e6bf klg sd @ bfd cyjf @ k}fsf]hlufdf 3/ agfPsf]x65 . ToxfSingle Pp6f e}ofa / Pp6f sf]f dfq]x65 / p; sf]%, ^ 5f]f / a9fa9l 5g\eg] sd; }d p; n] & tnfsf]3/ agfpg' kg{x65 !, ! j6f lb6f v}l klg .

To; h]xfdn]hlt; s}sf66 nufpg vf]h]klg , building code ToxfApply xg ; Om6 . To; h]kl/j f/sf] ; #rgf , ha Ps]7f6f a:g]ca:yf 56, To; sf]sf/0fn]klg building code nfu' ug{s}xl xb; Dd r6f]l blvPsf]5 e6g] nfl5 . To; u/L , clwsfE xfd] gSzf zfvdf a; } kf; ug]sddf ; #lg ePsf 5g, e6bf xfd] gSzf agfpg] ; fyx? gSzf kf; u/fpg ; #lg xgx65, To] :jeflj s xf] / slxn}f]fsoft corner hfg]/x} . cfmh]

agfPsf]gSzf dfkb08 e6bf tndfyl eP klg cuf8l a9f0lbg k5{eg} soft corner hf6fv]l klg of]dfkb08 nfu' ug[sfddf obfsbf To:tf]cj:yf cfPsf]b]v65 . To:t]Pp6f s:tf]k] [Q klg 5 eg] 3/ agfpg]JolQm? clnslt 5n] sfd ug[k] [Q klg 5 . vf; u/l klxn]3/ agfpg], To: k15, To: nf0{lgoldt ug{vfl]g]cyjf s; h]uNtl u/\$f]5 eg]To]uNtnf0{gh/ agfP/ , Toxl cfwf/df d]h]3/ agfpg kfp]g' k5{e6g]k] [Qsf]klg cTolws lj sf; ePsf]5 .

xfdln]ktm valley sf]s/f ug[xf]eg]/ c6o 7fp6f]klg s/f ug[xf]eg] h:tf]dfkb08df vf]hf lsgf/df @) ld6/ 5f8] 3/ agfpg' k5{e6g]Pp6f dfkb08 5 . vf; u/l sf7df08f6f x]hf]j futdl , lj i0fdtl / dgf]f/vf]hfnf0{lnPsf] 5 eg]c6o vf]hfsf]xsdf, k15 dfkb08 lgwf{0f ul/g]5 eg] elgPsf]5 . t/ oxl ca:yfdf clxn]s]5 eg] gflk gS; fdf To]vf]hf @)) ld6/ 6f9f 5 , t/ rng rllntdfdf rflxField df uP/ x]hf{; 6]hfl]8Psf]5 eg] xfdln] sgnf0{cfw/ df6g}< of]Pp6f question 5 .

o; u/L Pp6f JolQm]vf]hf lsgf/d}3/ agfof]. kmf]gfh]oxl gu/kflnsfaf6 :jls[t lnP/ 3/ agfPsf]5, d]f]3/ lsg ga6g]eg] klg cfPsf 5g\ . dnf0{nfl5, o; df kzf; lgs bj fj klg cTolws xg]u/\$f]5 . xfd]d6qfno , lj efu, cyjf c6o lgsfo 7hf 7hf JolQmaf6 kzf; lgs bj fj cfPsf]sf/0fn]dfkb08 nfu' ug]g; s}f ca:yf 5 . of] gu/kflnsfdf sfd ug[xfd] ; ah]ef]u\$] ca:yf xf]. To; u/L k/Dk/fut ?kdf ej g lgdff ug[xfd]k] [Q klg 5 . xfdln]vf; u/L Pp6f gSzf agfP6f]To]gSzf Psft/ y6sfp6f] labor contract u/P/ cfk]y]lsl; ds] 3/ agfP6f] . o; n]ubf{klg dfkb08 nfu' xg g; s}f ca:yf 5 . / slxn]sfxLF, :yfglo afl; 6bfsf]tussle, 3/ agfpg]JolQm / :yfglo afl; 6bfsf]tossle sf]sf/0fn]klg dfkb08 nfu' xg g; s}f ca:yf 5 .

km]l n' k' pkdxfgu/kflnsfsf] example lbg] x] eg] g]kfn]sf] ; ae6bf clnf]3/ x]hf !# tn]3/ agfpg] s/fdf, :yfglo afl; 6bn]cTolws lj /f]u/\$] ca:yf cfof]. eS}k cfp6f of]3/ e]Sof]eg]xfd] ; a}d5f]of]3/ agfpg lb6g] eg]. To; df xfdln] of]3/ structurally 7ls 5 eg] cf:jf:t kfg{; s6f]. oBkl To]3/ structurally 7l Yof]sound lyof]. t/ klg To]s/f] xfdln] :yfglo afl; 6bfx?nf0{aempg ; s6f]. cyjf pglx]sf]csf]lsl; dsf]ck]ff klg xg ; S5 . To]3/af6 To]l]f6df benefit xg ; S5 . 3/ agfpg]owner af6 . To:tf]klg b]v65 . k/Dk/f M 7hf 3/ agfP6f xfdlnf0{ck7]f]x65, 3fd 5\$5, w]Dff65\$]cfj t hf]t x65 . a9l agf0 ; s}k15, !) k]tzt 56 lbg]eg] klg 56 lbPsf 5f]; o; n]ubf{dfkb08 e6bf aflx/ uPsf] ca:yf 5 . ; fy; fy] ol rgf]lx? Xg h:tf]nfl5 d]h]sfo{f6df e]u\$].

ol rgf]lx?af6 kf/ kfp]gsf]nflu xfdln]yk}k6f; ug{h?/L 5 e6g]nfl5. jf:tj df gu/kflnsf cj:o klg o; sf] k6v stake holder xf]e6g]dnf0{nfl5 . :yfglo :t/df x]hf]gu/kflnsf g}k6v xfd] eg]s]b]lo :tf/df efl]ts of]hg] tyf lgdff d6qfno / :yfglo lj sf; d6qfno . ; fy; fy]ej g cfrf/ ; lxtf nfu'ug[s/fdf u} ; /sf/L ; :yf -gfd]lnP/ e6bf NSET h:tf ; :yfx?n]hgr]gf clej [4 ug]v lnP/ w]}sfd u/\$f 5g\ . pxf]x?sf]role s]b]lo :t/df xg ; S5 eg] :yfglo :t/df gu/kflnsf / ToxFsfo{t designer x? eof] lgdff sdl{eof] gu/kflnsf leqsf k]j]lwsx? / sfo\$fl clwst nufotsf JolQm?sf]role k6v x65 e6g]dnf0{nfl5 . To; s}Xof ol rgf]lx?sf] ; fdgf ug{/ sfo]j og ug]s/fdf ; :yfut lj sf; ug{k5{. To; sf] nflu gu/kflnsf leq h] h:tf] ; Argf / hgziQm 5, To; sf]overall structure sf]c]loog ug{k5{organization structure sf] cwoog u/] km]l gofFagfpg' k5{e6g]dnf0{nfl5 .

To; u/L :yfglo afl; 6bnf0{of]dfkb08 nfu' u/] eS}k k]t/f]M 3/x? agfP6f of]of]kmf0bfx? X65 eg] hgr]gf clej [4 u/fpg' kg]b]v65 . of]ktm df ePsf]5, aflx/ ePh:tf]nflb6 . n k' sf]s/f ubf{v]l xfdln]UNICEF sf] ; xof]udf j8f j8fdf uP/ hg r]gf clej]l4 u}of]. oxf6f &) j6f dlxn] ; dx , lj Bfno, :yfglo ; 3 ; :yfx?df hgr]gf clej [4 u}of]/ pglx? Psbd}k]h]l6e 5g\ . n k' df e6g]xf]eg]x/\$ 3/df (= cf] pillar slxNo}p7b6 . x/\$ 7fp6f !@+!@ sf]pillar kfp]g]65 . To; sf/Of hgr]gf clej [4 xg h?/L 5 . To; u/L hgziQmsf] pknAwtf klg xg' k}of]. h:tf]vf]faf/L gu/kflnsfdf uP/ structural designer sf]s/f ug{; S6f]. To; h]o:tf 7fp6f]df SONA h:tf ; :yfx?n]To] ; lj wf lbg]tkm(klg ; f]g' k5{h:tf]nfl5 .

To; u/L /fhgllts OR5fziQm klg xg' k5{. clxn]s] ca:yfdf hlt; s} sfd u/] klg :yfglo :t/df u7g ePsf] ; j]nlo ; 66q 5 , ; 66q leq /x] sfd ug]k5{. / pxf]x? o; df agree xg' ePg eg]xfdln]of] dfkb08 nfu' ug{; Qm]f]. lsgeg]hgtnf0{aempg]eg]sf]k6v ?kdf /fhgllts kf6l? g]xf]. To; sf/Of /fhgllts OR5f ziQm

klg xgk5{e6g]nfl5 . To; u/L designer / planner x?n]klg design ubf{v}l of]dfkb08 nfu'ug{pxf?sf] klg commitment xgk5{e6g]7fg\$] 5 ' . xfdln]klxn]vf; u/L n k' df listed s}l designer / pkdgrf sf s}l engineer x?sf] workshop u/} e" sDk kl/t/f]f]ds 3/x? s; /L agfpg]e6g] tflnd lbPsf lyof}. To; lsl; dsf] tflndx? gu/kflnsf?sf h?/L 5 . lfg lfgdf eP klg o:tf] lsl; dsf] training lbg h?/L 5 e6g] dnf0{nfl5 . To; u/L clxn\$] Pj lgod hg 5g\To; sf]kl/kfngf klg gePsf]ca:yf 5, To; sf]kfngf klg xgk5{.

To:t}, dfkb08e6bf aflx/ l g d f f e P s f 3 / x ? n f 0 { e t s f p g ] j f s g c f w f / d f d f k b 0 8 l e q l n P / c f p g ] , o f ] s f o f f j o g u g ] l g s f o k l g z z Q m x g h ? / L 5 . g u / k f l n s f l e q e P s f h g z l Q m v f ; u / l g u / k x / l x ? a f 6 d f q } d f k b 0 8 a f l x / s f 3 / x ? e t s f p g ; S g ] c j : y f 5 g . o ; d f : y f g l o k z f ; g , / f h g l l t s b n x ? / ; a } g u / a f ; l x ? s f ] ; x d l t e o f ] e g ] / s f o f f j o g u f o f ] e g ] , T o ; k l 5 , d f k b 0 8 e 6 b f a f l x / u P / 3 / a g f p g s ; j ] ; Q m g e 6 g ] n f l 5 d n f 0 . w 6 o a b

**; b e Q m ; f u f i j M**

; ae6bf klxn]stake holder df s/f ug{rfx65' . clxn]xhdl building sf]s/f ul//f xgn]stake holder sf] sf]xf]e6g] ; Gbe6f building material blv lnP/ ha; Dd finishing xb6gl , ; a}g}stake holder h:t] nfl5 . lsgsl building t To; klg agf0g]/fv\$]5 . Toxl dfq}xf]ls building code follow u/\$] 5 ls 5g e6g]dfq}s/f xf].

ha building code xhdl nfu'u5f}, building code cg; f/ design ubf{v}l computer n]Pp6f /fd] software use u/} design ul/65, hg xhdl agfPbf rfxg]essential material g}standard sf]5g eg] Tof] building code engineering design u/} dfq} kLb6, material blv g} lnP/ consciousness xg' k5{. o; df inter role stake holder klg d Toxl cg; f/ lng]u5{. h:t}rod s} s/f u/f} xhdl design ubf{s; sf]capacity slt 5 e6g]lx; fj n]xhdl calculation df /fV5f} stat pro design u/} Toxl calculation fit u/} 808lsf]spacing klg xgk5{e65f}. t/ Toxl g}standard df 5g eg]calculation u/} dfq}ePg .

Toxl lx; fan]stake holder sf]s/f ubf{v}l from bottom, building maerial blv lnP/, machine blv lnP/, designer blv lnP/ ; ae6bf klxn]s]x65 eg]3/ agfPbf v}l s; /L design u5g\< desigh ug\$ f nflu xhdl gu/kflnsfdf gSzf kf; ug{hf65f}gSzf kf; ug{hf0{building code cg; f/ 5, 5g xf]ls xf0g eg] checklist gu/kflnsfaf6 check ul/65 . To; kl5 , Tof] ; a} ; lSPkl5, construction sf]s/f cfp5, construction ubf{dlzg blv g}z? x65 . of] ; a\$ /fx? ; ls0 ; s}kl5, dlzgn]g}Tof]rod s; /L af6g] e6g] s/f awareness cfpG eg] Tof] building code k/f ug{ hlt klg high level s/f u5f} ktl{ug{; lsb6.

To; }lx; fan]stake holder sf]lx; fj df from bottom to top ; a}stake holder xf]. of] rflxF dissimilation sf]s/fdf policy level df definitely eff]ts of]hgf tyf l g d f f d 6 q f n o / z x / l l j s f ; t y f e j g l j e f u n ] m a i n p o l i c y g } o x l x f . o f ] # j 6 f e f i h d t a g f 0 g } ; S o f 5 . o ; s f ] s / f s ] 5 e g ] @ ) ^ @ k m f u g ! d f / f h k q d f k l g l g l : s P s f ] 5 l s ! ! & j 6 f 7 f p e f b u i l d i n g c o d e n f u ' u g k 5 { e 6 g ] s / f d f . T o f ] ; G b e 6 f x f d l n ] c l x n ] u l / / x \$ ] s f d e g \$ f ] x f d f ] @ % j 6 f l h n n f d i v i s i o n s f o f f o x ? 5 g \ p x f f ? a f 6 x / \$ ; f n m a s s o n x ? n f 0 { t r a i n u l / / f 5 . o v e r s e e r x ? n f 0 { e n g i n e e r x ? n f 0 { t r a i n u g ] s f d k l g e } f v \$ ] 5 .

ca gu/kflnsfsf] s/f ug{xf] eg] building code nfu' ug\$ f ] nflu sxl6f6 help dfu\$ f ] v08df h:t} sf7df08f}, nln tk/df Pp6f committee ag\$]5 . Toxf]engineer x? uP/, building code s; /L chek ugk5{e6g]s/f ul/g}/fsf]5. xfdl]role specifically e6bf To:t}nfl5 . Inter liknage sf]s/f ubf{t s:t} nfl5 eg] of] ; ah]building code nfu' ug\$ f nflu DUDBC , gu/kflnsf , VDC ; a\$]inter linkage 5b5 . Main s/f]s]xf]e6bf interlinkage s; /L /fVg]e6g]community sf]klg s/f 5g\ .community

nf0{awareness ug\$fnflu inter linkage u/fpgsf]nflu gu/kflnsfdf demand cfPsf]v08df xfdl ToxF uP/ training u/fp5f}:

Pamphlet agfpg]sfd e}/f5 . Dessimilation sf]s/fdf hoarding board agf0/f5g\ . h:t}steel sf]Pp6f company n]dfkb08 krf/ k|f/ ug\$fnflu xfdl hoarding board agfpg eg} interst lbPsf] v08df xfdln]7fp7fp6f hoarding board /fVg]cgdlit lbP/ krf/ k|f/ ug[sfd e}/fv\$ 5 .d}f]eG'olt g}xf]w6oafb .

csf]j Stm w6oj fb . clxn]xhf{ ; d:ofx? b0{k6fdf blvof]. clxn]btf{u/]cg; f/ nlnk/ dxfgu/kflnsfdf ejg lgdfcf cfrf/ ; lxtf nfu"e} s\$]5 . clxn]Dd sg}klg gu/kflnsfdf cfkrfl/s ?kdf of]nfu"ePsf]5g . t/ clxn]hfz\ ; /n]eG' ePsf]h:tf]; fwf/Of gS; f kf; sf]s/fdf klg yk}s/fx? lg:s]. To; eGbf klg cl3 a9l xfdln] eSDkaf6 ; /l1ft xg]s/fx?nf0{klg ; dfjz u/L ejg lgdfcf cfrf/ ; lxtf sfof]og ubf{s]s:tf ; d:ofx? cfpG ; S5g\egl 5nkm ubf{To; df cem yk /fd]x65 . ol ; a}s/fx?nf0{Vofn u/] of]kofgnsf]kZg bxf]ofpg rfx65' . eSDklo ; /l1f ; lxtsf]ejg lgdfcf cfrf/ ; lxtfnf0{nfu"ug]; jfnf xfdl ; /f\$]jfnfx? /l160 :t/ / :yfglo :t/df sf]sf]xg\egl klxrfg ugkb5 . olb ; /f\$]jfnfx?nf0{of]dfndf ; dfjz u}of]eg]pglx?n]s] s]ug; S5g\pglx? cfkth]dfq]PSn]ug; S5g\ls c?; # ; DaW /fv] ug; S5g\pglx?sf]cGt/; DaW s] s:tf]x65< ; 0st ?kdf s; /l hf65g\ cflb h:tf ; jfnx?df /fo lbg k/fdz{cfls6\$R/n tyf 0lGhlgol/# knd\$]; dfhsf tkm66 kflng'ePsf lj 1nf0{; 1]5' .

>l Gof5f] of dxTj k0f{sfozfnf ufj7ldf ; xeful xg]dfsf kfPsfdf d cfkthf0{efllodfgl 7fb5' . d}f] ; yf Society of Consulting Architectural and Engineering Firms ; g\!(@ blv g)ejg lgdfcf cfrf/ ; lxtf lgdfcfdf ; mlg lyof]. z?jftdf o:tf]lyPg . xfdln]d:of]sf ?k blv clxn]sf]cj:yf; Dd Nofpg w} dxgt u}of}. sfGgsf] ?kdf Nofpg ha xfdln]ejg lgdfcf cfrf/ ; lxtfnf0{; g\!(# df clGtd ?k lbof} To; kl5 ; #baf6 ; jls[tsf nflu / ; /sf/af6 sfof]ogsf nlu of] kvf0df 5 . ; #bdf gkfnldf n]vPsf] b:tf]hnf0{dfq cgdf]og ug]ePaf6 ejg lgdfcf cfrf/ ; lxtfnf0{gkfnl efiffdf cg]fb ug[w]}; d:of k/\$]lyof]. cuhl efff jf c6o sg} lj bzl effiffdf n]vPsf] b:tf]h ; #bdf df6o x6g . To; sf/Of ejg lgdfcf cfrf/ ; lxtfnf0{gkfnl efiffdf cg]fb ug[sfd sl/a sl/a c; Dej / ; do nllg]sfd lyof]. zfo o; df Tolt Wofg k4of0Pg . clxn]xfd; # pkoSt ; #b 5 . xfdl of]ejg lgdfcf cfrf/ ; lxtf kf; xg] / sfof]og xg] kvf0 ; g\!(# blv ub}cf0/x\$ 5f} . olb xfdln]of]sfd rfx}u/\$]eP ejg lgdfcf cfrf/ ; lxtsf]sfof]ogdf w]}cuf18 u0; s\$ x6of}. t/klg 0lGhlgol/# Joj ; folx?af6 s]ljrf/ cfof]eg]sDtlfd klg of] ; dfhn]ejg lgdfcf cfrf/ ; lxtsf nflu cu]/tf lngk] tyf sfof]og ugkb5 . clxn]sf]cj:yfdf xfdl ; a}; b:ox? clgjfo{ ?kdf o; ; lxtfnf0{nfu"ug{ tof/ 5g\ . Psilt/ ejg lgdfcf cfrf/ ; lxtf ; #baf6 kf; ug{ xfdl ; 3if{ ul/x\$ 5f} eg] csf]t/, ejg lgdfcf cfrf/ ; lxtf; # kl/kfngf xg] l8hf0g hg xfdln] gu/kflnsfx?df ; jls[tsf nflu kZ u/\$]lyof}tof]cem]klg c8lsP/ a; \$]5 lsgeg]gu/kflnsfsf kd\vd f l8hf0g k|6 kfG]lfdtf, 1fg, cgej sf]cej 5 .

To:t}xfdln]csf]tkm{klg ; 3if{ugk}of]. xfdl ; a}hf0{yxf g}5 ls gu/kflnsfsf sdf/L hf]nf0; Q; kkt l8hf0g/ xg\pglx? ; a}of]; dfhsf ; b:o xfoGg\ . xfdln]nf0; Q; kkt l8hf0g/ tyf Joj ; flos ; dx? alr xNsf n8f0{/x\$]dx; ; u}of}. ; fdlhs ; b:ox? lj ?Wb c6o ; b:o gePsfx? hg w}h; f]gu/kflnsfn]lgoSt u/\$]5g\pglx? alr 7hf]leGtf 5 . xfdl]; dfh; # cfallob nf0; Q; kkt l8hf0gx?sf]; Wof c? ; b:o gePsf l8hf0g/x?sf]bxf]df sd 5 . o; af6 s]alen65 eg]w]}c? ; b:o gePsf nf0; Q; kkt l8hf0g/x?df Joj ; flos klxrfg, g]tstf, b]6sf]cf]b h:tf tTjx? gePsf]kf065 . kl/Offd:j?k ejg lgdfcf uOf:t/df kn/s kg{hf65 . nlnk/ pkdxfgu/kflnsf dfq Ps gu/kflnsf xf]hf]# ; xh kx# 5 t/ bef]oj z, kd\v sfof]L clwst ut xktfdq xfdlaf6 lj bf xgePsf]ePsf]5 . xfdln]tlg jif{blv Psk6s lj xfg / csf]k6s ; fem u/L lbg]b0k6s gu/kflnsfsf]9f\$ 3R3rfpg' k/\$]5 . rf/ jif{cl3 ejg lgdfcf cfrf/ ; lxtf sfof]og of]o 5 egl lgof6 u/] cg; f/ To; a}hsf pkk]vgdqln]; g\@)# hgj/L !^ df o; sf]3f]fof u/]. gkfn]ejg lgdfcf cfrf/ ; lxtf gu/kflnsfsf]clws/ lfg leq xg]u/L pkoSt 5 egl elgof]/ xfdl]sfof]og ug]; d:of oxlaf6 z? eof].

clxn]xfdln]uj \$f ; fy eG ; S5f]hs gkfn]ejg lgdfcf cfrf/ ; lxtf kl/kfngf xg]u/L sDtlfd \$ xhf/ a9l l8hf0gx? agfPsf 5f}. d o; df xfdl ; dfh, ; fylx?, gu/kflnsfsf] eSDk zfvf, tyf kd\v sfof]L clws]x?nf0{w6oj fb lbg rfx65' . xfdlx? gu/kflnsfx?, ejg lgdfcf cfrf/ ; lxtf tyf ; dbfo alr /x\$]

vf8nnf0{; af]vg ug[ sf]zz ul//x\$ f 5f; xfdn]ol tlghf0{/fi6«; dbfo tyf gu/kflnsfnf0{Ps} fy Nofpg dVo  
eldsf vln/x\$ f 5f}tfls xfd] ejgx? ; /lft xfbg\ xfdn]; lj wfx? ln0/x\$ f 5f; Joj; fol, l8hf0g/, 7\$bf/ tyf  
lgdf@f lj z]f1x?af6 glt, sfollj og /ofglit tyf jf: tlj s cfof; nf0{Ps; fy Nofpg dVo eldsf lgj f\ u/\$f 5g\  
d]f]lj rf/df To]w]}dxTj k0f{5 . of]k@v abf xgkb5 . e\$Dksf]elj ioj f0fl ug{; lsg / of]lhNnf jf ufpX?  
hg; S}7fp@f hg; S}; dodf cfpG; Sb5 . ; lrj >l v@/fh gkfnn]; a}lhj ; , uflj ; tyf gu/kflnsfx?df nfu"  
ug]lgbzg lbg@Psf]lyof] t/ To]ToltD}/flsPsf]5 . d@qnon]cfj Zos lgbzgX? hf/L u/\$f]5 t/ of]s; /l  
uflj ; tyf lhj ; tx; Dd hfg ; S5< xfdn]o; efudf klg sfd ugk@b5 . d of]e@ rfx@5; utj if{xfdn]w]}g}  
dxTj k0f{eldsf lgefof]lsggeg]ejg lgdf@f cfrf/ ; lxtf nfu"ug]sfddf ; xofu s; /l ug{; lsg5 e@}\$) 306]  
tflnddf Joj; flos, of] 0lghgo/x?n]dVo of]ubfg u/\$f lyP . o; ; u yk hfgsf/l sf nflu tkf0h]j@; f06  
[www.esi.com.np](http://www.esi.com.np) af6 k@t ug{; Sgx@5 . of]j@; f06 Ps l8lh6n knf6knd{ePsfn]tkf0h]c]knyf]1fg tyf  
cgej x? cfbfg k@fg ug{; Sgx@5 . olb o; df sb}kZgx? ePdf k\$zfzln]p0/x? lbgX@5 . w@oj fb .

>l kf08] clxn]xdl; u CBR l@df k}t'tls/ofsf nflu gkfn 0lghgol/u snhsf 8f= lhi0f' ; j @l xgX@5 . o; n]  
ejg lgdf@f cfrf/ ; lxtfsf]k@f/ k] f/sf ; fy}klj lw lj sf; df k@v eldsf v@b5 .

8f= ; j @l w@oj fb . ejg lgdf@f sf] ; /lfsf nflu 0lghgo/x? g}klxn]/ dVo lhD]f/ JolStx? xg\ olb e\$Dksf  
sf/ofn]3/ 9N5 eg]dflg; x? tkf0\$xf+cfp5gV tkf0h]0{lk65g\ . To; k15 Itglx? lj Zj lj Bfno hf65gV Toxf+  
k9f0/x\$ f k@k] /x?nf0; dfl5g\ . UNCRD / gkfn ; /sf/sf]dflg; x?nf0; r] u/fpg]of]k@f; nf0{d kZ+f  
ub5' . lglZrt ?kdf lj xfgsf]c@f/fh]0{x6fpg ; fwf/of dflg; tyf glt lgdf@fx?n]lj le@ sbfsnfX? u/\$f  
5g\ . To; sf/of c@f/f]lraqaf/]x]fdn]lr@tf lng' kb@ lsggeg]x]fdn]kofft >f]fx?nf0{oxf wofgsif@f ul//x\$ f 5f/  
/ of]Pp6f ; sf/flds klf x].

>l lj i0f c@fn]x]fdlx? ; /\$f/jfnfx?af/]s/f ul//x\$ 5@f]eg] e@geof]. t/ d bj}lfdtfaf6 Pp6f ; Argfut  
0lghgo/sf]?kdf / csf]; dbfodf a:g]3/wgl sf ; fy}Ps lzlfssf]?kdf ; /\$f/jfnfx?af6}k]tlglw]j ub5' . d  
snhsf]k]tlglw]j ub5' / xfd Toxf+of]k9fp5f]. lj xfgsf]; qdf >l lszf] ykfn]c@ kf7@sd]sf]; fydf of]  
lj ifoj :thf0{klg /fvkg]cfj Zostf 5 eg] e@geof]. d o; s'/df c]ns k15 cfp5' . t/ Pp6f ; Argfut  
0lghgo/sf]?kdf d To; af/]; r] /x\$]d dx; ; ub5' . Psk6s d]f]sfof]o ejg h; df sl/a ^) s]dbf/x?n]  
sfd ul//x\$]c] :ydf ; klj]f0f ul//x\$]lyP+ d]p]pglx?nf0{sfd ul//xg eg]. To; k15 s]dbf/x?n]sfd ulb@  
eg] eg]. o:tf]c] :yf 5, oBkl tkf0{ u lfdtf 5 / tkf0{o; af/]; r] xgX@5 t/ k'}k@fnln]ugk]sfd ub@ /  
tkf0{PSn]s}l ug{; Sgx@G .

x]fdn] 3/wgl, 0lghgo/, 8sdl{ tyf s]dbf/x?sf] lfdtf lj sf; df hf@ lbgkb5 h; n] ; of}3/x? lgdf@f  
ub5 . ; j k]yd x]fdn]o; df hf@ lbgkb5 . r]gf:t/ a@bsf nflu x]fdlx? ; a@b@f tlnf]:t/df hfg kb5 . ox+  
kofft r]gf 5, of]w]}p]; fx]w\$ tyf ; sf/flds s'f x]. d]f]3/ cl3lnt/ Pp6f 3/ a@b5 . of]3/ load  
bearing k\$ f/sf]x]. o; df cfZro\$]s'f s]5 eg]Toxf+k5f18 k16@ 9f\$ f j u@ g]5@ . l; len 0lghgo/x?af6  
pSt l8hf0g ul/Psf]lyof] / pglx?sf]dVo eldsf s]n 0lghgol/ufsf]klfx?nf0{dfq x@]lyof]. clxn]pglx?  
ejgsf]c]sfif\$ klfsaf/]; r] 5gV pglx? ejgnf0{c]sfif\$ agfpg rfx@5g\

b@f]oj z, c]fs6\$6af6 /flvg]lj ifoj :tdf ; Argfut efusf]w]}cfj Zostf /x\$]5 . x]fd]; :ydf Ps To:tf]  
lj ifoj :t' 5 hg clxn]kl/lf0f j if@f 5 . of]lj ifoj :t'w]}vhf 5 / lfdtf lj sf; sf]Ps efu x]. 0lghgo/, lfdtf  
clea@bstf{ lzlfssx?af6 d] s] aem]sf]5' eg] klxn\$ l8hf0gx? l; len 0lghgo/x?n] u/\$f xg\ . l; len  
0lghgo/x?sf]eldsf klj t@ e0/x\$]5 . clxn]pxf? ; r] xgX@5 / ejgnf0{c]sfif\$ agfpg]sfddf pxf?sf]  
zlkdf ; wf/ e0/x\$]5 . b@f]oj z, c]fs6\$ r/nf0{lboG]lj ifoj :tdf ; Argfut efunf0{sd ef/ lb0Psf]5 . x]fd]  
c@oog ; :ydf o:t}k\$ f/sf]lj ifo kl/lf0f j if@f 5 . d]f]lj rf/df lj ifo vhf lsl; dsf]5 . pglx?n]l; Sg  
rfx@5g\ t/ dVo lj ifo w]}sd 5 . z?j ft blv g]x]fdl ; fwf/of vnsf 5@f]t/ c@tdf x]fdn]; Argfut e\$Dklo  
0lghgol/ u lj ifo k9f0/x\$ f 5f; / d lj Zj :t 5' dnf0{o; df w]}c]fdlj Zj f; a9\$]5 .

c]hsf]vfgsf]; dodf 0lghgo/x?; u\$]5nkm k15 d] s]dx; ; u}eg]0lghgol/ufsf]efu dfq ge0{; d]hdf  
lfdtf lj sf; sf]s}l efu klg cfp5 . x]fdn]c]knyf]Ph]08f s; /l nfu"ug] tkf0{ u ejg lgdf@f cfrf/ ; lxtf 5  
t/ slt dflg; x? ; dbfox?n]cfp5gV c]knyf]lx; ; f b]vp5g\ s; /l ; dbfo / 0lghgo/x? alr, 0lghgo/, glt  
lgdf@f tyf /fhg]ts JolStx? alrsf]vf8n kb@ x]fdl]lj ifoj :tdf o:tf s'fx?sf]cejf /x\$]5 . o; ; lznlznfdf  
d]f]lj rf/df j]ldfn] 7h} eldsf v@lg ; S5 . x]fdn] j]ldf skglnf0{ dhk]fxdf Nofpg ; S5f} / p

Pp6f ; /f3f/jfnfsf]?kdf x65 . xfdlx?sf] lfdtf Pp6f lglZrt xb; Dd dfq ePsf]ubf{xfdldf lj Zj f; sf]cefj 5 . xfdl l8hf0gsf lj le6g txx?df cBfj lws xg ; ls/x3f 56f] xfdl ej gx? ; fgg cyf\; f9]b0{tnf; Ddsf dfq 5g\ t/ casf]%) j ifdf ej gx? clnf xg5g\ xfdl ej g ; lxtf ; Dalwt s/f ul/x3f 5f] of]lj ifo xfdl k9fp5f] o; sf]dtna xfdl; u ef/tlo / ahfotl lj ifoj :t' 5 . Olghlgo/x?sf] lfdtf lj sf; g}lj sf; sf]Pp6f efu x]eg] csf]efu k6fj sf/l sfot]ogsf nflu ej g ; lxtsf lj :t' ljj /Ofx? xg\ csf] ; jfndf, kllm] /sf]egf0 cg; f/ hfkfgl ; lxtf lglb6 5 . ; 0St /fi6«; 3nf0{d7f]; emfj s]x]eg]x]fdln]hfkfgl cgej df e/ kg{x65 . jf: tj df, hfkfgn] u/3f q6lx?af6 eg] xfdln] l; Sg' kb5 . xfdl Olghlgo/ tyf kllj lwsx?sf] lfdtf l; ldt ePsf] ej g ; lxtfnf0{gu/kflnsf aflx/ lfdl lj :t/ ug{xfdln]lglb6 lglzsf tof/ ugkb5 . To; kl5 dfq xfdl /fdl uof: t/sf l8hf0gx?df hfg ; S5f] w6oj fb .

>l kf08] d NSET sf >l /fdr6b]s8]nf0{pxf]sf]lj rf/ /flvlbg xg cg/fw ub5'.

>l s8]m w6oj fb . d7f] lj ifoj :t' ; /f3f/jfnfx?sf] eldsf e6g] /x3f] 5 . d oxf+bV5' / oxf+w}] xgePsf] d ; /f3f/jfnfx? u6g kl g ; lsb g . olb xfdln] /li60 :t/af6 s/f ug{z? ufof]eg]olt; Dd ls cy{d6qfnosf] eldsf a3x?nf0{lgo6qof ug{x65 . olb ej g lgdff sf0{/li60 ej g lgdff cfrf/ ; lxtf cg?k gePdf a3af6 Cof :jls[ ul/6g eg] o; n] kl g ; lxtfdf k6fj kfg] x65 . t; y{ o:tf s/fx? glt lgbzgd fcpqkb5 . To; u/L ; Rgf tyf ; #/ d6qfnosf]klg eldsf x65 . xfdl ; ah]6yk]6sf]kjw6sf af/]l8of]af6 lj 1fkg ; g3f 5f] o; n]s; /l k6f] ug]e6g]hfgsf/l lb65 . xfdln]To:t}k3f/sf lj 1fkgx? l; d6nf0{kjw6 ug]vfnfsf] ugkb5 o; sf nflu pkef]tx?nf0{To; sf] k6f] ldt tyf cgkftsf af/] lzlft ug{ ; S5f] . d6qfnon] lj 1fkgstf]nf0{ lgbz ug{ ; S5 . o; ; Gbedf l; d6 ptkfbsx?n] pglx?sf] j:t]sf] lj:t' ljj /Of dflg; x?nf0{ lbgkb5 . /l8of] jf 6]nlehg dfrk\ skglaf6 cfpq] o:tf lj zif ; Rgn] lgdff]sf] uof:t/ cem ; lglZrt ug{ ; S5 . jf: tj df :yfglo lj sf; d6qfnosf] glt lgbzgd t 7hf] eldsf 5 . :yfglo tx cyf\gu/kflnsf tyf ulj ; :t/df o; d6qfnon]sfot]og ; 06g tof/ u/l ; xof] ug{ ; S5 . xfdln]ulj ; x?df ej g lgdff cfrf/ ; lxtf nfu"ug{ ; Sb6f]e6g]dnf0{nflb6 . xfdl ufp]df slt k3f/sf ej gx? lgdff ul/Psf 5g\ olb xfdl sf7df08f] aflx/ uof]eg] xfdl s]bV5f]eg] ulj ; x?df algPsf 3/x? xfdl] lgbzgd ; dfj z eP cg; f/ g]5g\hg xfdln]dflg; x?df k]f/ k] f/ ugkg]cfj Zostf x65 .

xfdl glt agfpg ; S5f] xfdl lglzsf agfpg ; S5f] / xfdl :yfglo lgsfonf0{ ; xof] ug{ ; S5f] . oxf+ Joj ; flos ; dhfsf]eldsf]s/f kl g cfp5 h:tf]SCAEF jf Olghlgo/ u ; u7g . w}]hlnfx?sf]lj Bfnof?df cleefj s ; u7gx? x65g\ xfdl pglx?nf0{sxl >f] lbP/ pglx?af6 ; Rgf k]f/ k] f/sf nflu ; xof] lng ; S5f] . To; sf/Of oxf+lzlff d6qfnosf]klg eldsf xg cfp5 . Olghlgo/ u ; yfx?df ej g lgdff cfrf/ ; lxtf clwoogsf nflu / k70sdqdf ; dfj z ug{xfdl hf8 ul//x3f 5f] . sg}klg Olghlgo/ u snh jf ; yfnf0{cgdlit lbg]sdqdf ej g lgdff cfrf/ ; lxtf ljifodf k9f0 xgkb5 e6g] xfdl kllj wfg /Vg ; S5f] . To; kl5 ; ah] k9fpg' kb5 . c6oyf ; /sf/n]pglx?nf0{l j Zj lj Bfno jf snh vllg cgdlt lbg]56 . ej g lgdff cfrf/ ; lxtf s]x] of]lj sf; k3f]sf]Ps efu x] . To; sf/Of o; sf w}]g} ; /f3f/jfnfx? ePsf] d bVb5' h:tf] k] f/s tyf ; yfx? , gkfn gu/kflnsf ; 3, /fhg]ts kf6lx? . uof:t/ lfdl pglx?sf] ; xof] xg ; S5 lsgeg]ej g lgdff cfrf/ ; lxtf s]n e5Dk; u dfq ; Dalwt xfdl . of]ejgsf]uof:t/ ; x ; flbl lj sf; nlf, lbuf]lj sf; cflb ; u ; Dalwt 5, . To; h] of] ; a} u ufl+ Psf]5 . jf: tj df ; /sf/n]ulj ; df sfd ug]dflg; x?sf nflu cfj Zos kg]kllj lws tflnds]pk]ff ul//x3f] 5 . dh] ?; df clwoog u/3f] x+hxf+olb dflg; n] cufl8 k96 ; s6g\ hf+ kf; u/]eg]Joj ; flos tflnds] nflu kllj lws tflnd s]b6?df egf{x65g\ xfdl; u kl g o:tf kllj lws tflnd s]b6? 5g\ dnf0{yxf 5 Pp6f afnfh' / csf]hgsk/df 5 . t/ o:tf kllj lws tflnd s]b6? c? ulj ; x?df kl g lj :t/ ul/gkb5 tfsl ej g lgdff s; /l ug]e6g]lj ifodf xfdln]8sd]nf0{tflnd lbg ; sf] . clxn3f] ; dodf xfdlx?n]dhs e6b aflx/af6 cPsfnf0{ln0/x3f 5f] . glt lgdff txdf a; 3f JolStx?sf]sg]of]hg b]v6g . olb xfdl]glit lgdff sfot] ; mlg xg]nf0{8sd] tflnds] cfj Zostf 5 e6g] ePdf xfdl; u Tolt 7hf] ; d:of xg] 56 . t/ k]o3 ; /f3f/jfnfx?n] ; d6j o xg]lsl; dn]sfd ugkb5 / ej g lgdff cfrf/ ; lxtf sfot]og tyf k]f/ k] f/sf nflu k]o3]pkoSt eldsf xgkb5 . To; h]k]o3 JolSt ej g lgdff cfrf/ ; lxtf k]f/ k] f/sf]Ps efu x]e6g] dh]bVb5'.

>l kf08] w6oj fb ; / . xfdl; u ; do 56 . jf: tj df k]o3 ; b:onf0{Psk6s kZg ugkg]5 t/ xfdl; u ; dosf] kfa6bl 5 . ca d ; fw/Of 5nkmsf nflu kmnf] vhf ub5' . a9ldf xfdl \$ jf % kZgx? Incf] / To; kl5 lj le6g ; /f3f/jfnfx?sf]kl]lglw]j sf ?kdf xfdln]5nkmm u/3f s/fx?sf]d:of] tof/ u/f] . ca kmnf] vhf 5 .



**kZg sll** ; /f\$f/jfnfx?sf]el'dsf af/\$f]tkf0x?sf]5nkmnsf nflu 6fhlsf ; b:ox?nf0{w6oj fb 5 . d]f] ; Nnfx jf  
kZg zx/l ljsf; tyf ejg lgdrf ljefu tyf gu/kflnsfx?; # ; Dal6wt 5 . lsggeg]loglx? glt lgdrf tyf  
sfollj ostfx? xg\ . zx/l ljsf; tyf ejg lgdrf ljefu jf gkfn ; /sf/n]sfg9l 9f#f tof/ u5{ . pglx?; #  
xftdf sxl 5 h; df ; do ; dodf sxl ; zfvlg tyf ; Nnfx ; em]sf]cfj Zostf 5 . ejg lgdrf crf/ ; lxtf nfu"  
ug\$ f nflu gu/kflnsfx?sf] ; xh jftfj /of ; hgf ug]el'dsf xg ; S5 . z]fs ; #yf, lj Zj lj Bfno, k/fdz\$ tyf  
c6o ; #yf{x?n]kf70sd tyf lgbzgsf]Jo:yf u/] , dflg; x?df kflj lws hfgsf/l a9fpg sxl ; r'gix? pknAw  
u/fp/ ; xhls/ofsf]sfo{ug{ ; Sb5g\ . of]Pg]sf] sfollj ogsf nflu gu/kflnsfx? w/]g}dxi k0f ; /f\$f/jfnf xf]  
eg] dh]cl3 g}elg; s]# . 8f= lhi0f ; j]ln]gu/kflnsf 0lghlgo/x? k0v ; /f\$f/jfnfx? xg\eg] e6g' eof]. d  
of]lj r/rf/nf0{ : jlsf/ ub5' lsgls olb pxfx? ejg lgdrf crf/ ; lxtf nfu"ug]s/fdf ; ts{xg' eof]eg] xfdln]  
o ; nf0{/fd]tj /n]nfu"ug{ ; S5f#

csf]s/f dflg; x?sf] ptk]off xf] hg xfdln] r]gf a9k15 dfq k0t ug{ ; S5f# . Joj ; flos gful/s ; dhn]  
dflg; x?nf0{o ; lznlnzndf ptk]t ug{ ; S5 . olb xfdln]dflg; x?nf0{ptk]off hufpg ; s0f]eg] xfdln] ejg  
lgdrf crf/ ; lxtf nfu"ug{klg ; St0f]# . ejg lgdrf crf/ ; lxtf Ps k\$ f/sf]crf/ ; lxtf xf/ o ; af/] xfdln]  
5nkm ul/ ; s\$ f 5f# . To ; h] ; dbfodf cfwfl/t ; #yf{x?n] cleofg dfkm\ r]gf hufpg] sddf k0v el'dsf  
vllg ; Sb5g\ gu/kflnsfx? tyf ; dbfodf cfwfl/t ; #yf{x? em]gu/kflnsfx?df xg] 806l clwst, 0lghlgo/x?n]  
klg k0v el'dsf vllg ; S5g\ ; d6j o ug] ; dbfon]ol ; a0f k0v el'dsf vllg ; S5g\veg]bft[ ; dbfo, u} ; tyf  
c6t/f60 u} ; x?n]kflj lws tyf lj l0o ; xofu ug{ ; S5g\

**kZg vll** d s]hfgsf/l u/fpg rfx65' eg]w/fg gu/kflnsfn]cfufdl efb] ut]blv ejg lgdrf crf/ ; lxtf nfu"  
ug]ePsf]5 . xfdln]to ; sf nflu tof/l k/f ul/ ; s\$ f 5f# . dh]Pp6f lh1f; f s]/fv vfh\$]eg] xg t of] ; qdf  
gu/ ljsf ; ; ldtst] el'dsfsf] s/f t lg:s\$] lyof] . t/f0\$ gu/kflnsfx?df, gu/ uflj ; x?df gu/  
uflj ; ; ldtx? u7g ePsf 5g\ . t/ tl gu/sf uflj ; x?sf] el'dsfd w/]kZgx? p7f0/x\$ 5g\ . of]5nkmndf  
ef]ts ljsf; sf]s/f klg dxi k0f]5 . To ; df ; f0fnf ; /n]l8lehgsf s/fx? eg]ug' eof]t/ gu/ ljsf; sf s/fx?  
ug]ePg . oxf+xfdn]cgludg, ljsf; cflb s/fx?df 5nkm u'of# . cgludg klfd xg] xf] eg] kflj lws n]yf  
kl/lf0fsf] s/f klg cPsf] lyof] . gu/ ljsf ; ; ldtfnf0{clnst pQ/biol agfP/ cgludg tyf kflj lws n]yf  
kl/lf0fsf]lhDdf lbg]xf]eg] klg jf: t]df gu/kflnsfdf ejg lgdrf crf/ ; lxtf nfu"ug]s0df blvPsf sdl  
sdhf]lx?nf0{ ; wf/ ug{7hf]d2t k15 ls e6g]dnf0{nfu\$]5 .

bf]f]s/f, oxf-k}ttstfx? ; a]j 1 5g\ ejg lgdrf crf/ ; lxtf eg\$]cfd hgtfn]s]aem\$ 5g]eg]of]s]n  
s:g]sfd dfq xf]. o ; sf]wf/f a9l x65gV o ; nf0{ ; Argut l8hf0g lt/ wsl]g' kb5 . To ; n]ubf{o ; df dflg; x?  
e\$Dk cfpbf clnst ; ts{xgkg]cj : yf klg 5 . ejg lgdrf crf/ ; lxtsf]s/f ubf{of] xfdl; # 5 ls 5g<  
xfdn] c? ljsllk lngkg]xf] ls x0g< o ; af/] klg ; fkgk] h: tf] nll5 . ; fdlhs ; #yf{x?n] ejgx? lgdrf  
ubf{ gu/kflnsfx?df e/ ; s gS; f kf; g} u/fpg rfxbg . To:tf]f0{ sf/]fxl u/fpg] cj: yf agfpg'  
k'of]. ; dfhg] ; /f\$f/jfnf -SofDk ; , lj Bfno\_ xg] / x5 / o ; sf]bfo/f g}km/flsnf]xg] / x5 e6g]s/f dh]oxf+cfP/  
dx; ; u/\$f] 5' gS; f kf; g}gul/sg lj Bfno agf065 t/ xfdl p; nf0{ ; dflhs ; #yf ePsfn] sf/]fxl klg  
ug{ ; Sb0f]# . p; n]dNo df0tt jf ; lxtsf]kfngf slt u5{e6g]Joj xf/s lx; fj n]p xfdl]kx# e6b aflx/ x0f]  
/x5 . dh]olQ dfq k16 kfg{vfh\$]xf].

>l k08] w6oj fb ; / .

**kZg ull** d]j kZg kd /fh hfzlnf0{ . oxfm]ev}e6g' eof]ls kflj lws hgziStsf]cejf sf]s/fdf d ; xdt 5' .  
kflj lws hgziStsf]sdl x0f x0}klg c? sb}kflj lws hgziSt; # ; Dal6wt sfolljox?; # ; d6j o u/\$f]h: tf]  
nfu0 . lsggeg]d klg lhNnf a; \$f]@%/^ j if\$]cgej ePsf]x0fn] ; w]lhNnf ljsf ; ; ldt / gu/kflnsf]Ps  
cfk; df ; f]sf]Joj xf/n]x0]u/\$f]h: tf]dh]b]v\$]5' . clxn]DOLIDAR sxf#o: t}ePsf]5 . o: tf]cj : yfdf  
klg tkf0h]d6qfno c6tu\$sf]DOLIDAR nf0{zlst lbg rfxg' x6g . of]lsg< dh]of]kZg lsg /fv\$]xf]eg]  
of]sfollj cfof]eg]nkn8f u56\ . jf: t]d]d pxf# ; xdt 5' . ejg lgdrf ubf{f ejg lgdrf crf/ ; lxtf  
cg' f/ 3/ lgdrf ubf{w}]vr{ nll5 eg] d tkf0x?nf0{Pp6f pbf/ of lb65' . utj if{xfdln]e\$Dk lbj z dgfpg  
a; Gtk/df Ps kbz6l klg u/\$f lyof# . To; df xfdln] ; 0 dfkb08 kbz6l u'of# . csf]xfdn]ald / lkn/sf nflu  
5t s ; /l a9g]e6b To; df s]eof]eg]x0f]t 5t alnof]5 t/ skgn]/8 lasfpgsf nflu o ; /l l8hf0g ug]/  
oxf+dn]tt]5 . xfdlnf0{3/ vlrnf]agfpg nll0f]e6g] ; f]f0{cfPsfn]dflg; x?nf0{r]gf hufpg klg u'xf]5  
e6g dh]vfh\$]x+ cl3 8fS6/ ; fx0n]e6g' eof]ls Pp6f 0lghlgo/sf]x] ; otn]d t ; r] 5' . t/ pxfm]cfkm]g]

lj Bfyl{r0{; r} ug{slQsf]; Sgx65< cyjf pxfsf]lj Bfyl{r]; dbfosf dflg; x?nf0{; r} u/fpg slQsf]; S5g& dnf0{o; sf]pQ/ lbg'x65 ls< w6oj fb .

>l kf08 w6oj fb . ykfk ; / / lbnk ; /sf]; emfj sf s/xf? cfPsf lyP . df]lnfn ; /sf]kZgnf0{8f= lhi0f' ; j }ln] sxl 5f6f]?kdf hj fkm lbgx65 ls<

8f=; j }ln] df]lnfn ; /nf0{w}w}w6oj fb . oxfm]; xofu lng]lbg]s'f ug{ePsf]lyof]/ xfdl vhf?kdf ; xofu]sf] ck]ff ub5f}. To; df xfdl]cfqfsfgl 5g . t/ xfdl ; /sf/L sdf{f/L sfd ul//x65}5f}/ xfdl]klg cgej 5 . slt ; xofu ug] To;df ttk/ g} 5f}Tof] s'f oxf+cfPg . t/ hg s/xf? oxfx?n] e6g' ePsf] 5 To; nf0{; fj hlgS ?kdf cf]xfg ug]kb5 . xfdl ev{ }klqsdf lgsfn] gu/kfinsfsf] ttk/tfd xfdlnf0{ol ol s/xf?df ; xofu ug]x'f \eg] cf]xfg ug{tof/ 5' . d s]e65' eg]xfd]vfbj f/ldf Pp6f 0l6hlg0/ cj Zo klg 5 t/ dnf0{nfl]5 Toxf+hNnf lj sf; ; ldl t jf ejg lgdff l] efusf]0l6hlg0/ 5 h:tf]dnf0{nfl]bg . ePdf xfdln] gling] e6g] s'f rfx+5g . of] aemf0df sxf+ed eof] / o; df 5nkm ufof}eg] w}]; do nflnf . t/ klg gu/kfinsf ; xofu ug]klfdf g}5 . rfxdf & lbg leqdf ; r'gf k\$flzt u/] e/tk/ gu/kfinsdf Tof]; xofu]sf] ck]ff ub5'.

>l kf08 w6oj fb . ; a}; /f6f/jfnfx? hg hg ; yfx?n]k|t'tls/of ug{ePsf]5 oxf+8f= ; j }ln]e6g' eP h:t}w} lglb6 eP/ :yfglo lj sf; d6qfno, efl]ts of]hgf d6qfno / c? lzlfllj b\nufot gful/s ; dfhsf ; fylx?af6 7f] k|tallotf lng]rxfgf lyof]t/ ; don]; fy lbPg . o; }lznlnfdf d]n]s]k|t]f] u/]6f]5'eg]lrof 566l / lkmld ; f] sf] ; dodf ; /f6f/jfnfx?n] vllgkg] 7f] eldsf h:tf] ; /f6f/jfnfx?sf] c?; wsf] c6t/; Da6w cflb h:tf s/xf?df ; /f6f/jfnfx?sf] tkmf6 Pp6f ; fgf 6f]hl agfpg]k|t]f] ub5' . d6qfnosf]tkmf6 sf]xg ; S5 e6g] s'f :yfglo lj sf; d6qfnosf]tkmf6 sxl ag ; Sgx65< ykfk ; /< :yfglo lj sf; d6qfnosf]tkmf6 ykfk ; / kf; . zx/L lj sf; tyf ejg lgdff l] efusf]tkmf6 afl/sf ; / . gu/kfinsf 7hf tyf ; fgf ePsf]o; sf ckm] syf 5 . ca To; df dxfgu/kfinsfsf]tkmf6 sxl xg' e]bPsf]v08df ; a}; df]z x6Yof]. sxl xgx65 xfhf< ; a]n] cfkm] xfy p7fP/ ; xeflutfds tj/af6 k|t]lglw] xg] ls]; dn] gu/kfinsf] s] ug{ ; S5< dxfgu/kfinsfsf] tkmf6 xfdl]06bdfg ; jfn ; / xgx65 / pxfsf]; yf tyf ; a6f]; yfsf]tkmf6 lj b/ d6n]l ; / xgx65 . c? ; a} nueu e} s6f]df ; /sf/ aflx/sf]s'f ul/of]. d7f]tkmf6 lszf] ; /n]; a}k|t]l]gnf0{cl6td ?k lbgSf nflu xfdl] NSET sf]tkmf6 ; b]lnf0{t6b5' . olt hgf ; b:o ePsf]; fgf 6f]hl xfdl 566lsf ; dodf 6andf a; l Pp6f rf6{agfP/ sdtldf :yfglo lj sf; d6qfno, zx/L lj sf; tyf ejg lgdff l] efu, gful/s ; dfhn]ug]sfo{x?sf] k0f{dtkq cfof]eg]To; df j Stfx?n]csf]; qdf ; wf/ ug] / ; a6f]; xdtl lng]sfd ug{ ; lsof]eg]Pp6f pknAwl g}x65 . ; a]n]of]k|t]f]nf0{; dy6 ul/lbg'x65 e6g]Psrfl tfnl ahf0lbgxf] \



; q - #

ej g lgdfef cfrf/ ; lxtf glit ; aGwdf ufjhdj  
5nkin

; xhstfM cfdff dlof lblift, Pg; ð gkfn

ए. एस.  
लेडिज टेलर्स  
कुसुन्तो, ललितपुर  
यहाँ पीसो

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>L lblift llca d >l ; b{gf/foof >]7nf0{k|t|t|s/0fsf nflu cg/fw ub5'. To; kl5 xfdl pknAw ePsf, 5bšf, 7f] / lgrfšf s/fx? Ps jf b0{j fsodf eGg ; lsg]s/fx? ; a)ep/ ylkibcf. To; kl5 d]f]lhDd]f/l klg ; lsg] 5 . e/ ; s dnf0{afll]g kgl/lbg' xg xh/x?nf0{cg/fw ub5'. clxn]rflx+; b{hln]afll]g' xG5 .

>L >]7M wGoj fb . gd: sf/ ; a)h{ d NSET sf]pk-sfošf/l lgbžs / d]f]gfd ; b{gf/foof >]7 xf]. oxfx?n] lhDd]f/l lbg' ePsf] 6fhlsf] ; b:o / 6fhlsf] tknaf6 lhDd]f/l lbg'ePsf]f wGoj fb 5 . ; dx sfoaf6 cfPsf] ; f/ ; h{k k|t|t ug{lbg'ePsf]f 6fhlnf0{wGoj fb 5 . ; j kyd ; do olt 5f]f]lyof]ls xfdln]cfkny]sfd k/f ug{ ; s]f]t/ klg xfdln]sxl lgbžs l ; wof]t / /ofgltx? Nofpg]sflzz u/šf 5f] / cfPsf ; emj x?nf0{tflnsdf /fvšf 5f]. xfdln] 5nkmaf6 cfPsf s/fx?nf0{ tflnsdf /fVg] k]Tg uof] tfls xfdl] ; a)ebf hNbf]l]bf] ; d:ofsf] ?kdf bl]vPsf] cyf] / /šf/jfnfx?sf] eldsf k]6 ePg eg] ; a)h] eGg] u/šf s/fx?nf0{tflnsdf /fVg]k]Tg u/šf 5f]. t/ cem]klg of]k]f{ePsf]5g . To; nf0{k/f ug{sxl ; do nlnf tkgl d ox+k|t|t ug]k]Tg u5{. xfdlnf0{lhDd]f/l lbg' eGf klxn NSET sf]Pshgf sd{f/ln] hit s/f ox+ 5nkmdf cfP tl ; a)s/fx?nf0{o:tf]vfnf] tflnsdf /fVg]u/šf]lyof]. kofgndf ePsf ; b:ox?n]s]s]s/fx? eGg' eof] / cG ; xefulx?n] s] s] eGg' ePsf] lyof] ol ; a) s/fx?nf0{ d]h] l6kf] u/ /fvšf] 5' . sG sG ; /šf/jfnfx?sf]s]s:tf]p0/bf]o]j xg ; S5 ol d]h]lgrfš jf l6kf] ug[k]Tg u/šf]lyP+ ; f] /fh ; /n]s] ugk5 / s]ug{ ; S5 eGg]s/f ug{ePsf]lyof]. o ; /l lj leG ; /šf/jfnfx?sf] eldsf kl/eflft ug]sfd ePsf] lyof]. To; nf0{d]h]of]sfd lbg' cuj] }l6kf] ug[u/šf]lyP+. xfdlnf0{of]lhDd]f/l lb0 ; s]kl5 clGtd 5nkmsf] cfw/df ; /šf/jfnfx?sf] eldsfnf0{lgrfš lgsflg] xfdln]k]Tg uof]. o ; df xfdln]sf]g]l 5nkmm ubf{gcfPsf t/ dxTj k]f{s/fx?nf0{o:df ; dflxt ug]k]Tg u/šf 5f]. pbfx/0fsf nflu uX dGqnosf] s/f xfdl] sf]g]l Joj : yfkgdf Toit cfPsf]lyPg t/ xfdl] 5nkmaf6 s]bl]vof]eg] uX dGqnosf] eldsf kšf] ; u ; DalGwt dVo lgsfo xg]ePsf]To; sf] ; k]f{dfužz]gdf sfd ugkb5 . kšf] ; u ; DalGwt glt lgbžg rflx p ; žf6 g]Ing' kb5 To; sf]nflu dfužz]g p ; h]lbg' kg]xG5 . To]xgkb5 eGg]s/f xfdl]lgisifaf6 cfo]. To:t} ; r]g]sf nflu klg p ; sf]dfužz]g Ing' kb5 lsgg]ejg lgdff cfrf/ ; lxtf nfu"ug]s/f ; dfgk]ts hgr]gf ; u klg ufl+ Psf] x]fn]To; sf]dfužz]gdf sfd ugkb5 . To; sf]lhDd]f uX dGqnon]Ing' kb5 . ejg lgdff cfrf/ ; lxtsf nflu sf]g]l sf/jfxl ha lngk]xG5 To; cj : ydf kx/l z]st k]f] ug]sfd nflu uX dGqnosf] ; xof]u rflxG5 . of]ejg lgdff cfrf/ ; lxtdf ; /sf/l lgsfox?sf]csf]dxTj k]f{lgsfodf lz]ff dGqno, e]f]ts of]hg] tyf lgdff dGqno xg\ . To; n]g]l lgdff, kg/fj n]šg ; w/ cflb h:tf sfdx? ugkb5 . ; fy)sfof]j ogf nflu ; sf/flds eldsf lgj fx klg ugkb5 . To:t}gu/kflnsfx?n]ejg lgdff cfrf/ ; lxtf nfu"ug]sfd nflu s:tf]jftj /of cfj Zos kb5 To; nf0{ ; lg]Zrt ug]sfd : yfglo lj sf ; dGqnosf]xf]. gltn] ; xof]u ug{k]b5 / To]5 klg . ; f] af8km]8sf] of]hgdf klg : yfglo lj sf ; dGqnosf]eldsf xgkb5 . ejg lgdff cfrf/ ; lxtf k]f{?kdf nfu"ug{ ; f] klxrfg tyf of]hgdf klg : yfglo lj sf ; dGqnosf]eldsf xgkb5 . csf]dxTj k]f{s/f sfof]j og tyf glt lgdff alrsf] khsf]sfd klg : yfglo lj sf ; dGqnon]ugkb5 . To:t}sb]lo lj efusf]s/f ubf{ejg lj efusf]o ; df p ; sf]7hf] eldsf /xg] xfdln] k]f]. ejg lj efusf]sfd ; j kydtll ejg lgdff cfrf/ ; lxtfnf0{ ; k]f{ ; /sf/l ejgdf k]f]sf/l ?kdf sfof]j og u/fpg kb5 . ejg lj efusf]bf] fl]sddf lj Zj df lj leG vfnf klj lwx?sf]cg ; Gwfg tyf k]f]u e0/xšf]5 To:tf s/fx?sf]clloog ug]cfkny]cj : ydf 9flg] : yfglo : t/df nfu"ug] / cGq lj : tf/ ug]cflb h:tf sfdx? ul//xšf]xG5 .

To:t} ; g\!(( \$ df lj sf ; ePsf]ejg lgdff cfrf/ ; lxtsf]k]f]u, kg/fj n]šg tyf ; w/ ug]sfd klg ejg lj efusf]xG5 . ; fy)ejg lgdff cfrf/ ; lxtf sfof]j ogf nflu gu/kflnsfnf0{ ; xof]u ug{cfj Zos kg]sfo{ 'l o ; n]lj sf ; ugkb5 . csf] gu/kflnsfx?sf] ; yfut lj sf ; h:t}gS ; f kf ; , ršhf, cgludg cflb h:tf sfof]df ejg lj efun] ; xof]u ugkb5 . To:t}o ; n]ug]c? sfof]df 8sdlx?, 0lGhlgo/ nufot lj leG lř]sf JolStx?nf0{ tflnd kf7]sd]sf nflu ; xof]u ugkb5 . tflnd kl]otl, kl]z]fsx?sf] lj sf ; , ejg lgdff cfrf/ ; lxtf ; u ; DalGwt d]lo d]f]otf cflb agfpg kb5 eGg]s/f pxf]eGg' ePsf]lyof].

csf]dxTj k]f{s/f ; /šf/jfnfx?, bft] ; yfx?, olgogx? cflbn]af]x/ bžaf6 c ; n klj lwx?, cEof ; x? lemsfpg jf Nofpg ; xhls/0fsf]sfd ug{ ; S5g\ . To]x]fdln] ; lg]Zrt ugkb5 . ejg lgdff cfrf/ ; lxtf nfu"ug]pglx?n] lj lQo ; xof]u ug{ ; S5 / lj lQo ; xof]u a]l]b ug]sfd nflu ; xhls/0f klg ug{ ; S5 . ejg lgdff cfrf/ ; lxtsf] j sfntdf csf]dxTj k]f{sfd ug{ ; S5 .

ejg lgdff cfrf/ ; lxtfnf0{sfof]j og ug]Pp6]ynf]gu/kflnsf xf]. gu/kflnsfnf0{s]s ; /l z ; St agfP/ ejg lgdff cfrf/ ; lxtf nfu"ug{ ; lG5 eGg]lj ifodf 5nkmm ug]g]5". gu/kflnsf] ; a)ebf 7hf]lhDd]f/l egšf] ejg lgdff cfrf/ ; lxtsf]sfof]j og kl]f g]x] / s]s ; /l sfd ubf{To]k]f]sf/l ?kn]sfof]j og xG5 eGg]s/f g}

cfhsf] 5nkmsf] lj ifoj ; t' xf] . xfdln] gkfn gu/kfnsf ; 3 (MUAN) sf] eldsf klg klxrfg ug{ vfh\$fyof} . ; 3n] j sfnt tyf n] j udf 7hf] eldsf vlg ; S5 . To:t}o; n] ejg lgdf cfrf / ; lxtf ; xl 9un] nfu" ug{; dgj osf] sfd ug{; S5 . 7hf] t geg'+t/ ; fgf gu/kfnsfnf0{cfj Zos k/df ; 3n]; xofu ug{; S5 .

o; u/L z]hfs ; :yfx?sf] eldsf klg xfdln] klxrfg ug{ sflzz u/\$f lyof} . z]hfs ; :yfx? jf lj Zj lj Bfnox?n] ejg lgdf cfrf / ; lxtf ; Da6wL lj ifonf0{ k9fpg] sfd yfNg' xb} . Isgeg] of] lj ifo kf7dsddf 5} . o; nf0{; j kydtM kf7dsddf /fVg' kb5 . ejg lgdf cfrf / ; lxtfnf0{kg/fj nfg; ; wf/ ug{h:tf ejg lj efusf] sfdsf z]hfs ; :yf jf lj Zj lj Bfnox?n] lj z]f lj r/f, 1fg lbg] sfd ug{; S5 . csf] z]hfs cg; Gwfg, klj lw lj sf; h:tf sfo{? klg ug{ ; S5 . To:t}; Nnfxsf/sf] eldsf klg p; n] vlg ; S5 .

o; tflnsfdf Joj ; flos ; dfhx?, u} ; x?sf] eldsf klg lgsof] ug{ xfdln] kof; u}of}. lj z]fu/L o; df klj lw kl/dfhg, hgr]gf, lfdtf lj sf; , tflnd ; fng cfb h:tf sfdx?df Joj ; flos ; dfhn] sfd ug{; S5 .

8sdlx?sf] 7hf] eldsf x65 / loglx?nf0{tflnd lbgkb5 . tflnd klt sdbf/x?nf0{/fVg' kg] kfj wfg xgkb5 e6g] s/f xfdln] u}of}. lj le6g ; /f\$f/jfnfx?n] ejg lgdf cfrf / ; lxtf kfj sf/l ?kdf sfofj og ug{; xofu ug{; S5g'e6g] ol s/fx? eP .

ejg lgdf cfrf / ; lxtf kfj sf/l sfofj ogsf nflu ge0 gxg] lgb}z s l; Wofit/gllt jf /ofg]ts ultlj lw eg] xfdln] kl/eflft ug{ sflzz u/\$f 5f}. To:tf ultlj lwx? s]s] xg' vegl xfdln] 5f6s/Ldf kl/eflft u}of} / ofg]ts ultlj lwx?nf0{/fVg] hdsf] u/\$f 5f}. h; n] w]h; f] ejg lgdf cfrf / ; lxtsf ; d:ofx?nf0{; Dafvg ug{ sfd u5{ . ejg lgdf cfrf / ; lxtsf] p2}o eg\$] tkf0\$] lh]j g / ; kQlsf] ; /lff xf] . csf] s/f, ; /f\$f/jfnfx?sf] eldsf, pQ/bfoltj, lhDd] f/L :ki6 ePg e6g] s/f xfdl u5f] of; a66bf klxnf To; sf] lgsof] ug{ sfd ug{k65 hg s}l xb; Dd xfdln] u}of}. klxn] sfd ; /f\$f/jfnfx?sf] pQ/bfoltj, clwsf/ kl6 ?kdf kl/eflft ug{k65 . bf] f] /ofg]ts ultlj lw jf lgb}z s l; Wofit xfdln] s] e6of} eg] lj le6g gu/kfnsfsf] efu]lms lfq, k\$[t, csf/, ; j?k jul\$ /of u/L gu/kfnsfx?nf0{pkoSt xg]lx; fan] ejg lgdf cfrf / ; lxtf nfu" ug{; Sg]u/L ejg lgdf cgdlit k\$6fnf0{kl/kfngf ug{h?/L 5 . Pp6f dxlj kof{ultlj lwsf]?kdf kl/kfngf ug{k6g /fv\$ 5f}. ejg lgdf cgdlit k\$6fnf0{kg/fj nfg ug{ tfls To; df ejg lgdf cfrf / ; lxtsf s/fx? /fVg ; lsof] \ o; sf] tf/tl/sf eg\$] lj le6g gu/kfnsfx?sf] lfdtf cg; f/ jul\$ /of ug{ sflzz ug{k65 . csf] /ofgllt eg\$] ; kof{u]ldof Pj +gu/ lfq?nf0{; d} ejg lgdf cfrf / ; lxtf sfofj ogsf] sfof] leq Nofpg' kb5 . ev{ } e0/x\$] kof]gn] klg To] Nofpg] sflzz ul//x\$] 5 . To:t} csf] dxlj kof{/ofglltdf, ; /sf/L, u}; /sf/L, ; fdbflos lj Bfno cfbn] 3//ej gx? ejg lgdf cfrf / ; lxtf cg; f/ a6g] s/fsf] ; lglZrt ug{pkoSt v\$sf agfpg' kb5 . clxn] Dd gu/kfnsfx?n] a:g] 3/x?nf0{dfq ; Dafvg ug{ u/\$f] 5 eg] pln] vt vnsf 3/x?nf0{klg ejg lgdf cfrf / ; lxtsf] bfo/f leq Nofpg' kb5 . sxaf6 of] lj luof] To; sf] klg lgsof] ug{k65 . csf] /ofglltdf, ; a} ejgx? lzllft, tflnd klt JoIStn] dfq agfpg kfpg] klj wfgsf] ; hgf ug{k65 . To:t} lj Zj lj Bfno, z]hfs ; :yfx?df ejg lgdf cfrf / ; lxtf cwoog xg] s/f k6v kyldstfdf cpg' kb5 . o; sf ; fy] klj lw cg; Gwfg lj sf; sf s/f klg ; u; u} cpg' kb5 . ejg lgdf cfrf / ; lxtf sfofj og tyf ktf/ k/f/df Joj ; flos ; dfh, u} ; sf] eldsf glltn] ; lglZrt ug{ csf] dxlj kof{klf xf] . ejg lgdf cfrf / ; lxtf nfu" ug{ k]tflj t ; fdbflos Joj :yfg dfkne\ Joiks ?kdf hgr]gf clea]bsf nflu ktf/ k/f/ ug{ xfdl] gllt agfpg' kb5 . To:t} csf] klj lwsx?nf0{lgoldt ?kdf lfdtf lj sf; df nllg' kb5 . To:t} ejg lgdf cfrf / ; lxtf c6o ; Argdf klg lj :tf/ ul/gkb5 h:t} khx? cfb . oit e6b}d cfkn] ; dxsf] k]t'ls/of oxl c6t ub5' . w6oj fb .

>l yklnofl c? ; xofu oxfx?n] ug{ s/fdf o:tf lsl; dsf sfo\$dx? klg kof] eg] o; df tkf0\$?sf] k]t]f klg cfcf] \ olb /df] vnsf] k]t]f cfo] eg] xfdl bftfx?nf0{tfg] Nof0{lb65f} bftf / Pg l; h:tf tkf0\$ ; :yfx? tflnd lbg] j hfd gful/s ; dfhsf] kl]t]glw klg xg'vof]. cj gful/s ; dfhn] s] e6g' eof] eg] of] kfngf gu/] xfdl tkf0\$?sf] 3/x?nf0{gu/af6} jf ; dfhaf6} lj :yfk t ug{kof; u5f] e6g] kf] xf] sl< kl]t] c'tfsf nflu w]} s/fx? 5gNo; nf0{ki6 ?kdf efln j hsf 5\$}j ; j lgsof] u/f; t/ b0{lbg leq To; nf0{ki6 u/} hfcf}. To; kl5 cfudl j if{slt sfd u}of} eg] Toxf x]f} .

>l lblftM jf :tj df dh] j em] cg; f/ / clxn\$] sfoqmd cg; f/ efl]lsf] c6To; Dddf of] kl]t] c'tf klg xfdln] g] ug{k65 . To; nf0{xfdl klxn] tlg jf kf#j 6f r/ofsf] s] xg] xf] To; j f/] efl]l g] lgsof] x65 . kfoM Ph]8f g] tof/ x65 . dh] cl3 oxsf] s/fdf d clxn] ; xhstf\$] ?kdf ge0{dt ; j f] of clwsf/l sf] ?kdf kx/l sf] s/f ubf{5f6f] cj wlsf nflu 808fj n kx/l sf] cfj Zostf kb5 eg] nfd] cj wlsf nflu kx/l n] 808f g; dP; Dd afx/sf] kx/l n]

hlt ; s}xfg]klg sxl xbg . clxn}f]hdgfg emg v/fj 5 / emg\sfd gnflnf h:tf]blvPsf]5 . clxn}f]cj :yfdf  
leql Xbosf]kx/Ln]gxfgghh d]f]lj rf/df Tolt lbut]xbg / leql kx/Lnf0{xf6g nufpg xfdln]j:f:tj df ZEP sf]  
zq ug}k5{.

csf]s/f xfdl ejg lgdff cfrf/ ; lxtfsf]s/f u5f; ejg lgdff cfrf/ ; lxtf Ps kl]j lws ; d:ofs]kdf xdf(d  
o; nf0{Pp6f dfu tyf cflkt}f]b0j 6f vfsdf /fv} x}5' . xfdln]w]h; f]cflkt}f]s/f ul//x}f 5f; kl]j lwsf,  
lgod sfgg tyf o; sf]kngf, glt cflb ; Da6wl s/fx? s; /L n]hfg]e6g]s/f 5g\ csf] ; xeflutfsf s/f 5g\  
3/wgln] d]f]3/ klxn] agfp5' e6g] p; sf]leql dgdf gk?ghh; Dd nfv u/] klg xbg . cfwf kf6f]sfd  
pglx?nf0{vby} ug]s/f cf]Zos kb5 e6g]s/f dgleg gnofp6h; Dd xfdln]sxl ug; Stgf; Tolt u/fpgsf  
nflu r]gf, sfo{r}lsf s/fx? ug}f] \. g}kfnf l]sl; t ePsf]Pp6f k}ffln] clxn] ; #f/ lht/x}f] 5 eg]  
To; nf0{kl]f; fxg lbg' kb5 . of]t uj }f]s/f xf]. of] ; fg]kf6f]dfq xf]. j:f:tj df w} }s/f ug; lsg5, To; sf/Of  
xfdln]dfu klf a9fpg' k5{.

:ki6ls/Ofsf nflu d b0hgfno{cg/fv ub5' . clxn}f] ; f]f0 s]5< s; n]Tof]gS; f kf; ug]xf} s; n]Tof]kdf]oft  
ug]xf]/ kl]tj hgdg s; n]7ls 5 egl elgbg]xf} o; ; Gbedf d dxlgbzshohf0{k}sfz kfl/lbg xg cg/fv ub5' .

>L ; fuf]f] oxf" kl]tj ctf, sfgg cflb ; a} s/fx? cfP . ejg Pq sfgg ag] kl5 t kl]tj ctf eP ug]geP  
gug]e6g] ; ej g}ePg . hg lgsfon]sfgg lgsf]of] sfgg dfq eP/ klq, hgtf ; fd' hfg' k}of]. of]lsg r]lxfof}  
xfdlnf0{cfkm} ; /lfsf nflu, cfkm}f] wghgsf] ; /lfsf nflu eg] Jofks k}f/ k}f/ ug]k}of]. hgtf; fd' hfg'  
k}of]. csf]s/f, xfdl]0lghlgol/ ; dx h:t}8foE ug] ; dx ltlgx?n]klg ejg lgdff cfrf/ ; lxtf clg fo{?kdf  
kngf ug}k5{ gu/]ltglx?sf]sf} ckm 0lyS; df 066/o/ sfp6; lnsf]nf0; q; \vf/h ug; lsg]5 . csf]s/f, ejg  
lgdff cfrf/ ; lxtfsf] ; a}6bf /fd] klf s] 5 eg]h; n]ejg ; lxtf lj kl/t 3/ jgfp5 p; sf] ; DklQdf /f}sf  
nufpg x65 . p; nf0{gu/kflnsfn]lbg] ; j}fx? ; j}f}sf ug; Sgx65 . clxn]gu/kflnsfdf sg]klg JolQm]cfkm}f]  
sfd sf/jxl cuf]8 j9fpgsf nflu tkf0x?sf]lzkml/ ; lagf slx klg rNbg . h; /L xfdln]s/ glt/lsg p; sf]sg]  
klg sfd ubg]To:t}clgoldt u}f] /}8{p; n] ; Rofpbg ta; Dd p; nf0{ ; j}faf6 /f}g ; lsg5 . p; sf] ; DklQ  
/f}sf /Vg ; lsg5 . ol /fd] klfx? 5g\ To; sf/Of h; n]ulltl u}f]5 / ; se/ Tof]ulltl gu/fpg p; nf0{ ; r}  
u/fpg] p; nf0{l]le6g :t/df s; /L p; sf] ; /lf x65, lsg of]ug]kg]e6g]h:tf s/fx? l6=e, /8of]j f ljle6g  
sfo}ndx? dfkm} \ ; lrt u/fpg' kb5 . clxn]Dd Pp6f lgsfon]sfgg agfp5 . To:tf]sfgg p; }f] ; fd' dfq]  
/lx/x65 / Tof]hgtf ; fd'g}hfbg . hgtfnf0{yxf g}xbg .

>L lbf]ftM s; n]kl/kngf kdf]oft ug] clxn]s]klj wfg cfpb5< / l; xb/j f/ leqsf]3/nf0{s]ub}xgx65< Tof]  
dfkb08df :ki6 n]vPsf]5 . ; /sf/L j f hg; s}lgsfo xf] gS; f kf; ug}kb5 . gu/kflnsf cfkm}klg 3/ agfpg'  
cuf]8 gS; f kf; ubg . of] ; /sf/n] klg ubg . wld6 ; #yfx?n] klg ubg . kx/Lx?n] klg ubg . h; n]  
hgtfnf0{lgoddf a:g' k5{e65 pm cfkm}lgoddf a:bg . of] xfdl] ; j e6bf 7hf] lj 8D]gf xf]. dh] gu/  
lj sf; ; ldltdf j ; } l; s}f] ; j e6bf klxn]lgod ldrG] eg}f] b/j f/f ; lgs, kx/L, sd{f/LdWo} 7hf] kbsf  
sd{f/Lx?, gu/kflnsf}sd{f/Lx? x6y]. clg dfq hgtf x6y]. xfdl] ; j e6bf 7hf]ulltl g}oxfg] 5 . To; sf/Of  
xfdln]7hfnf0{sf]jxl gu}f] sf/Ofn]klg xfhf / ug]g; lsg]cj :yf klg /x5 . t/ hlt Pq=lgoddf Joj :yf 5 /  
hg s/fx?nf0{xfdl ug; Sbg]f]of]k] dfkm} hfgk5{.

kl/kngf kdf]oft, gS; f kf; ug]h:tf sfdx? gu/kflnsfn]g}ug}k5{. gS; f kf; ug]h]@)-#) nfv vr{u/} 3/  
agfp5 . %-!) xhf/ cltl/St /sd lt/} ; Argfut 0lghlgol/ dfkm}r}shf# ug}sf nflu gu/kflnsfn]0lghlgol/E  
sf]pl6; ndf btfePsf kl]j lwsx?af6 kdf]oft u/fpg' kb5 . p; n]of]3/ ejg ; lxtf cg; f/ ag}f]5 / of]ejg  
a:g nfos 5 eg] kdf]oft u/kl5 dfq of]lbg]xf]sl< lj sl; t bzx?df k/fdz}x?nf0{lhDd]f/ 7f6b5g\ h; n]  
k}f In65 / k9} ; xl ug]clwsf/ kl}t u5{/ efln To; df sxl eof]eg]lhDd]f/L p; h]Ing' kb5 . h:t}ll hf]  
0lghlgol/n] ; xl u5{ agfPsf]3/ e}Dk kl}f/vf]ds ge0sg u5{eg]To; nf0{lhDd]f/ 7x}ofpg' k}of]. p; n]k}f  
lnPsf]5, l7s 5 eg] ; xl klg u}f]5 . To; sf/Of Tof]clwsf/ r]lxf 0lghlgol/ sfp6; ndf btfePsf kl]j lwsn]  
ug; ; S5 . p; n]u}f] cfwf/df gu/kflnsfn]cl}td ?kdf ; lglZrtf ug}k5{lsgeg]z? blv cl}td cj :yf; Dd  
gu/kflnsf ; mlg xgkb5 . clxn]3/ eg]kl5 gu/kflnsf dfq xfgg uflj ; x?df klg hfg' k}f]5 . clxn]zx/L  
lf}df e6bf j 9l gu/f]dv uflj ; x?df lj sf; sf sfd a9l cfp5g\ To; sf/Of Pqsf]klj wfgx?df d6qino, lj efusf  
gftfn]hgtf; fd' hfg]xfdln]lhDd]f/L Ing' kb5 . of]Pq cg; f/ agfpg' k5{/ of]lj kl/t agfP hgtfnf0{blv xg]  
sf/jxl xg]s/fx? k6s k6s p7f0/xg' kb5 . Ps k6s k}f/ k}f/ u/} dfq klbg . of]lg/6t/ k}df xft; y{of]  
ul//xg' kb5 . Pq=sfgg agfP/ 5f]8 lbP/ klbf]/xg5 . o; nf0{kngf u/fpg]lhDd]f/h; n]agfPsf]xf]p; h]nfu"  
ug}kb5 . Tof]nfu" u/fpg] lznlnfndf gu/kflnsf cyj f :yfglo lgsfox?nf0{ kl]j lws ; xof]v lbg] s/fdf

gful/s ; dfh cfpq ; S5 . 0lGhlgol/ u sfp]G; n, NSET cflb h:tf ; :yfx?n] klg cfkmg] eldsf vllg' k'of].  
To; sf]cnfj f z]lfs lf]df hfg] klg ; /sf/sf] eldsf x65 . ca of] ejg lgdf cfrf/ ; lxtsf] af/df k9f0{xg'  
k'of]. ejg lgdf cfrf/ ; lxtsf] lj ifoj :tdf g}hfg' k'of]. hg; S}0lGhlgol/ u ; :yfaf6 kf; e0 cfPsf lj Bfyl[n]  
ejg lgdf cfrf/ ; lxtf cg' f/ 3/ agfpg' k5{e6g] s/f p; sf] lbdudf cfpq' kb5 . gS; f sf]I; fy ejg  
lgdf cfrf/ ; lxtf p; sf] lbdudf cfpq' k'of]. xfdL sxf" sltko 0lGhlgol/x?nf0{ejg lgdf cfrf/ ; lxtf af/]  
yxf gePsf] s/f klg cgej e0/x\$] 5 . Pq gePt f klg ejg lgdf cfrf/ ; lxtf cg' f/ 3/ lgdf  
sfo{xgkg]xf].



; q \$

ej g lgdf0f cgdlt k\$0fsf cj ; / / rgf}lx?

cW0lf Mlj b/ d0fnl, dx; lrj , gu/kfnlsf dx; 3

ej g lgdf0fdf hfkfgl lkkn0r/ ; /sf/sf] cgej , gf] xfsL tfsxf; L, Xof}f] lkkn0r/ , hfkfg

nlntk/ pkdxfgu/kfnlsfsf]ej g lgdf0f cfrf/-; lxtf sf0f] og cgej , lgod dxhg, k0v, e\$Dk ; /lf zfvf, nlntk/ pk-dxfgu/kfnlsf

ej g lgdf0f cfrf/-; lxtf sf0f] ogsf cj ; / / rgf}lx? , ;/h >17, 0€ w/fg gu/kfnlsf

ej g lgdf0f lgo0q0fsf sfggl / /}h0/L d2fx? , j ; 6t cfrfo{ sfg0 clws[ , sf7df8f} dxfgu/kfnlsf



# ej g lgdffdf hfkfgl lkknr / ; /sf/sf]cgej

gf] xfsf tfsxf; l  
Xofuf]lkknr/, hfkfg



d Xofuf] k/knr/df ejg kzf; gsf] sfollj ogsf ; Gbedf aff]g rfxG5'. Xofuf] k/knr/ hfkfgsf] dwo efudf  
cjl:yt 5 . ev{sf]tVofs cg: f/ Toxfsf]hg; Wof sl/a %^ nfv 5 . Xofuf]k/knr/ ; /sf/ sf]zx/df 5 .

- d/f]k}t'tls/of rf/ efudf xG5M
- != ej g lgdff lgoGq0fsf]z?j ft
- @= ; g\! (%) tfsf ej g lgdff lgoGq0f
- #= ej g kzf; gdf ; Argfsf]hf#
- \$= ; g\! ((% df cfPsf]7hf]eSDklo k\$flk kl5sf cEof; x?

ej g lgdff lgoGq0fsf]z?j ftM  
Xofuf] ^ lfgx? kb5g\ ; g\! (!@ af6 Xofuf]df ej g lgdff lgoGq0f z? eof]. ; g\! (!@ df pglx?n]s]n sf]z  
zx/df dfq nfu" u/]. ; Argfut ; lxtfnf0{ ej g lgdffsf >ynfdf /flvof] t/ eSDk kl/t/f]w]ds rflx+  
xf]g . ; g\!(@ df cfPsf] csf] ej g ; DaGwl sfggn] kl g eSDk kl/t/f]w]ds s/fx?nf0{ ; dfj z u/g .  
To; ; dodf ej g lgdff ; Argf dVo l; sdl\$] zlkdf e/ kg]ub]of]. d cgdfg ub5; beffoj z ; g\!(@# df  
cfPsf]eSDklo k\$flkn]w]}ej gx?sf] lftl eP . To; h]eSDk kl/t/f]ws ; lxtf cfof].

**; g\! (%) tfsf ej g lgdff lgoGq0f**  
; g\! (%) df hfkfgdf ej g lgdff dfkb08 sfgg nfu"eof]. o; }znlzndf d tkf0x?; u tlg ab]cgej x? af8y  
rfxG5M

- != ej g lgdff Joj :yfxsn]lgdff :yndf ; Gbedf lkn8 Joj :yfxsnf0{lgbzg lbg] ub]of]. To; ; dodf  
sl/a %) hgf hit cfls6\$ r/x? lyP . Itglx? w]}lgdff :yndf u0{ej g lgdffdf cfknyf]lgbzg kfnf  
ug{af]lo ub}].
- @= ej g lgdff clws[x?n]lbPsf]lgbzg sfoff]hgf tof/ u/l lj leG ej gx?sf] kvffndf 6f:ag] ub}].  
olb To; lgdff :yndf sg}; fw/Of s/fx? eP pglx?n]ej g lgdff clws[x?nf0{hfgsf/l lbty}].
- #= ej g lgdff clws[n]ej g l; d]6sf]; Argfsf nflu Joj :yf ldnfpy]/ of]sfggdf cfwl/t eg]  
lyPg .

3/ lgdff Cof sfggM cfh lj xfg 8f= cf]b]h] kl/eflft ug{eP em}; Argfut klj lwnf0{ ; dfj z ug{of] sfgg  
pkof]ul lyof]. o; sfggdf lgdff :ynsf]; kl/j ]f0f tyf ; Argfut klj lwsf] dfkb08 kl/eflft ul/Psf] lyof].  
w]h; f] dflg; x?n]o; cj lwdf 3/ lgdff C0fsf] kof]u uy]/ pglx?n] cfknyf] sf7sf] 3/ agfpy]. ej g lgdff  
clws[x?n] ej g lgdff kdf0ls/ofsf] dfkb08; u ldn] gldn\$] hf# uy]/ log} clws[x?n] ; kOf{ hf#j em  
ug]ub}]. jf:tj df, sf7sf 3/x? dfkg ug{of]; Argfut dfkb08 w]}g}pkof]ul lyof]. tkf0x?nf0{yfx}5 ls  
hfkfgdf sf7sf 3/x? ag] ub5g\ . dVo l; sdl\$] zlk w]}g} pRr xG]of]. To; sf/of l; sdlx?sf] cfknyf]  
zksf] :t/ sfod /Vg sf7sf 3/x?sf] l8hf0g kl/eflft ul/Psf] lyof]. **Reinforced concrete structure**  
sf ; Gbedf lghl ejgx? lj utdf Tolt w]}lyPg. ; fj h]gs lfg jf lj Bfonx?n]ej gx? agfP . ej g lgdff  
clws[x?n]lgdffnf0{ ; Gthgdf Nofpg lkn8 Joj :yfxsx?sf] lgoSt uy] hg w]}g}pkof]ul / dx]kOf{lyof].  
vf; u/lsg ej g lgdffsf]uOf:t/ sfod /Vg ; kOf{; kl/j ]f0f w]}g}pkof]ul lyof]. ej gsf]; Argfut lfdtfsaf/]  
sxl eGsf nflu dh]; g\!((% df ePsf]eSDklo k\$flsf af/] rrf{ugkb5 . d 3/ tyf ej gx?sf] lftaf/]sxl  
s/fx? /V5M

o; k\$fkaf6 ^ xhf/ \$ ; o dflg; x?sf] d[o" eof]. tfhf tVof\$ cg; f/ e\$Dk cfP nuQ} dgX?sf] ; Wof % xhf/ % ; o lyof]. dg[sf/Ofx? w]}eP klg dVo sf/Of rflx+; ; f ePsf 3/x? g}xgV o; sf]cgkft \*\* kltzt 5 . cfuf]nflg\$ sf/Of l; ; f ePsf 3/x? g}xgV sl/a sl/a ; a}dflg; x? g}To:tf k\$ f/sf 3/x?af6 dfl/P . csf] ; g\!( (^ af6 e\$Dk klt/fv k0ffnlsf ; Gbedf lj zlf1x?nf0{ tflnd z? ul/Psfaf/] d eGg rfxG5' . xfdl] ck]ffg; f/ 3/df vf; } ; wf/ gcfPsf] xfdln] 3/wglx?nf0{ ; xofu u#of}. To; kl5 ; g\@))@ af6 e\$Dk klt/fvnf0{; dfj z ug{xfdln]3/wglx?nf0{; xofu u#of}. ; a}3/x? ; wf/ ug{3/wglx?nf0{ck7df/f]/ vlr(f]klg lyof]. ; a}rf/ lfpx?df ; wf/sf Joj xfl/s tl/sfx? lj sf; u/L xfdln]klt:kwf{g}cfof]hgf u#of}.

; g\@)))-@))@ ; Dd 3/x?sf nflu e\$Dk klt/fv ; Da6wL hf#afemsf]kl/Offd ; g\!( \*! cfPsf]e\$Dk klt/fv dfkb08 cufj }ag\$ f bj }vfnf sf7sf 3/x? hf#of}. j fl; Gbx?nf0{lbPsf]hfgsf/L w]}g}dxTj kOf{5 . e\$Dk klt/fv k0ffnlsf c; /af/] ; a}3/x?nf0{aemg w]} ; lhnf] 5 . bOf6f 3/x? !(\*! df cfPsf]dfkb08 cufi8 g}ag\$ f lyP . Pp6 3/ rflx+e\$Dksf]w\$sfnf0{/fd} u klt/fv ug]vfnf]lyof].

afI; Gbx?sf nflu kDn0x?M

- xfdl k]o\$ j if{kDn0 tof/ u5f# / afI; Gbx?nf0{CD dfkm\NbG5f}.
- xfdl]kDkn0df aflx/ cfj /Ofsf nflu kpfj sf/L t:jL/x?sf]kpfu ub5f}.
- e\$Dklo k\$fkaf6 cfknyf kl/j f/nf0{ ; /lft /Vg xfdl cfJxfg u5f# / e\$Dk klt/fvdf pglx?sf] 3/nf0{a9fj f lbg pglx?sf]Wofgfsif0f u5f#.

cGtodf, ; b0 ?kdf kl/dfih# ul/Psf s'fx?af/]d afl]g rfxG5' . lghl lf0 tyf sXl ejg lgdf0f clws[x?n]ejg lgdf0df q6lx? kmhf kf/]. of] ; fdfhs ; jfnf] ?kdf cufi8 cfof] / sfggnf0{ ; g\@)) ^ df kl/dfih# ul/of]. ejg lgdf0f k\$0fdf w]} /fdl] ; Argf / l8hf0g Nofpg' kgI lyof]. of]gof+k0ffnl oxl hgaf6 z? ePsf] 5 . hfkgf ejg kzf; g ; w} cBfj lws ul/Gg . ; fj flgs clws[x? em} xfdln] ; fdfhs dfusf ; Da6wdf pQ/ lbgkb5 . zx/L of]hgf tyf ejg lgdf0f lj efusf gof+dxflgbz\$snf0{d kf] ; fxg ug{rfxG5' . w6oj fb .

# nln tk/ pk-dxfgu/kflnsfdf ejg lgdføf ; lxtf sføfj ogsf]cgej

0f lgod dxhø  
zfvf kðv  
ešDk ; /lff zfvf  
nln tk/ pk-dxfgu/kflnsf sføfj



@)! ; fndf /fli6ø ejg lgdføf ; lxtf lgdføf eP kZrft nln tk/ pk-dxfgu/kflnsfn]@)%( df3 @ af6 nfu' u/L sføfj ogdf NofPsf] 5 . o; alrdf xfdln] z?j ft ubfšf] r/Ofdf ul/Psf sfoš? ; dfwfg ug{k/šf rgf]lx?, ln0Psf nlox? / efjL /Ofglltx?sf] af/ðf sxl cgejx? af8g] sf]zz ubš' . h; af6 c6o ; 3; :yf Pj + hg; dxX?nf0{ejg lgdføf ; lxtf sføfj og ; Da6wdf aemg ; xhtf ldlng]5 e6g]nfušf]5 .

## k[7eðlm

nln tk/ pk-dxfgu/kflnsfn] ; g@))# hnjl / !^ blv /fli6ø ejg lgdføf ; lxtf nfu' u/L sføfj og ubšcfPsf] 5 . clw/fhosf gu/kflnsfx? dWlo]o; pk-dxfgu/kflnsf ejg lgdføf ; lxtf nfu' ug[klxnf] gu/kflnsf xf] . To; ; do; Dd ejg lgdføf ; lxtf cg; f/ gS; f l8hf0g hfF ug[ , ; /; Nnfx lbg] Joj :yf lyPg . blf hgztmsf] cefjdf ejgsf] gs; f :jls[ lbg] zfvaf6 ejg lgdføf ; lxtf cg; f/ hfF ug[ / ; Nnfx ; emfj lbg] sfo{xg ; ls/xšf] lyPg . ; lxtf nfu' ug{k} {g}o; sf] cfj Zostfsf] af/ðf ; Dal6wtdf hfgsf/L u/fpg lj le6g r/Ofdf klzlf0f lbg] sfoš? ul/of] . o; lfgšf lj 1x?sf] /fo ; emfj x? klg lng] sfo{ePsf] lyof] . hj nfu' ug[3f]f0ff ul/of] To; kl5 sfoš?nf0{kflj lws ?kaf6 Joj l:yt ug[ pk-dxfgu/kflnsfsf] 0hlg0/ , zx/L lj sf; tyf ejg lgdføf ljefu, NSET, ešDk ; /lff d-rsf 0hlg0/ ; lDdlnt kflj lws 0šf0šf] u7g ul/of] . o; 0šf0h]ejg lgdføf cgdltstf] nflu kž xg]gS; f l8hf0g x/df ejg lgdføf ; lxtfnf0{ ; dfj ž ug{nufpg klšp lgwf]0f ug[ Structural Drawing Design hfF ug[ / cfj Zos ; Nnfx / ; emfj lbg] sfoš? ^ dlxgf; Dd nuftf/ ubš uof] . To; cj lwdf pk-dxfgu/kflnsfleqs kflj lwsx?df klg blftsf] lj sf; xb} uof] . pk-dxfgu/kflnsf cfmh] o; sfošf0{ Joj l:yt ?kn] ; #fng ug{ ; lfd ePsf] dx; ; ul/P kZrft kflj lws 0šf0h]0{v/f/h u/L ešDk ; /lff zfvfsf] :yfkf eof]. g[ð]a/ !&, @))# df ešDk ; /lff zfvfsf] u7g eP kZrft pkdxfgu/kflnsfsf] hgztmaf6 g} ejg lgdføf ; lxtfnf0{ këfj sf/L ?kdf sføfj og ul/b} cfPsf] 5 . o; df ešDk ; /lff zfvf / gS; f zfvfn] ; dg] oTds ?kdf sfo{ul//xšf] 5g\

ejg lgdføf ; lxtf nfu' ubfšf] z?df pkdxfgu/kflnsfsf] ; u7gf]ds ; Argf / sfo{k0ffnl le6g lyof]. gu/kflnsf afššf] clwgdw w}} ; ldltx? /xšf] lyP . To; dWlošf] /fli6ø ejg lgdføf ; lxtsf] nflu glt lgod thðf ug{ ešDk ; /lff ; ldltsf] Joj :yf ul/Psf] lyof] . ; ldlts} c6t6t pk; ldltx? klg lšpfl; n lyP . kflj lws sfošf0{ Joj l:yt ug{kflj lws 0šf0šf] Joj :yf ul/of] . h; n] ejg lgdføf cgdltstf] nflu kž xg]gS; f l8hf0g gS; f zfvdf kkt eP kl5 ; lxtf cg; f/ eP gePsf] hfF ug{kflj lws 0šf0df k7fpg] / kflj lws 0šf0h] hfF u/L ; lxtsf] kfgnf ul/Psf]gS; f l8hf0gnf0{lgdføf cgdlt lbg] kšp cuf]8 a9fpg l; krf/ ; ; lxt gS; f zfvdf k7fpg] Joj :yf lyof].

xfn ejg lgdføf ; lxtf sføfj ognf0{ Joj l:yt ubšhfg] sðdf ; u7gf]ds ; Argfnf0{ ; dofgšh kl/j t6 ul/Psf] 5 . pkdxfgu/kflnsfsf] sfo{kš[tsf] cfw/df # j 6f dxzfvf /xšf] 5g\ h; dWlo]zx/L lj sf; dxzfvf c6t6t sf]yk} zfvx? dWlo] ešDk ; /lff zfvf dxTj k0f{zfvfsf] ?kdf /xb} cfPsf] 5 . xfn blf hgztmsf] k0f]t tf, glt lgwf]0fdf l56f]5l/tfkg / lhDd] f/lk0f{zfvfsf] ?kdf lj sl; t xb} u0{xšf] dx; ; ePsf] 5 .

k4tl, kšp tyf glt lgdføf ug[ s/fx? dfq kof]t x8g . xdf] cgej df xfdln] s] l; Sof;eg] lgod sfg8x? agfpg] kmVof6x? agfpg] ; rlx? tof/ ug[ tyf /fli6ø ejg lgdføf ; lxtf cg; f/ l8hf0g eP gePsf] hf# aem ug[ s/fx? dfq kof]t xifgg\ . oxf+c6o ; 06qx? klg xgkbš . tflnd tyf cledVls/Of ; u; u} hfg] kbš . To; u/L ; dbfo :t/df r]gfdhs sfošp w}} g] dxTj k0f] 5 . To: t} cgudg ; 06q klg xgkbš . o: tf laifox? df

pk dxfgu/kflnsfsf] kpf; dfq kof{t xg ; Sbg . /fli60 :t/df sfoqmdsf] ktf/ k] f/ hgzlQm ljsf; ug]cleofg ; -rfng ul/g' kb5 .

ca d e5Dk ; /lff zfvfsf sxl ultlj lwx?af/] rrf{ug{rfx65' . xfdlx?n] l8hf0g tyf gS; f /fli60 ejg lgdff ; lxtf cg; f/ eP gePsf] hfraem ul//xsf 5f}. xfdl lgoldt ?kdf lkm8 cgludg klg ul/xsf 5f}/ e5Dklo klj lwx?sfaf/] klg 3/wglx?nf0{; Nnfx tyf ; emfx? lb0/xsf 5f}. dbfo :t/df klg xfdl r]gf hufpg] sfdx?df ; mlg e0/xsf 5f}. e5Dk ; /lff zfvfsf w}] sfdx? dWo] Pp6f dxlj k0f{ sfd c6o ; xof]ul ; :yf, bft[; :yfx? h:t}zx/L ljsf; tyf ejg lgdff l]efu, NSET cflbsf]; xof]udf /fli60 :t/sf] tflndsfcfof] hgf ug{klg xf]. xfdln]gu/kflnsf :t/lo ksfk Joj :yfk; ldltx?df dVo eldsf lggf ul//xsf 5f}. of]lrq xfdln] klxnf]k6s NSET / zx/L ljsf; tyf ejg lgdff l]efusf]; est kpf; df 8sdlx?sf nflu lb0Psf] tflndsfx]. tflnd kl5 tflnd kkt 8sdlx?n]; dx u7g u/]h; sf]gfd nlnkt/ e5Dk klt/fly lgdff sdl{; dx (Lalitpur Earthquake Resistant Constructors' Group) xf]. o; ; dxn]ejg lgdff ; lxtfnf0{k6fj sf/L sfof] og u/fpg] sfof] ; xof]ul ul//xsf] 5 . xfn; Dd ^ j6f lgdffsdl{ tflndx? ; rfneg e0{s}f] 5 . clw/flhoel/sf gu/kflnsfx?nf0{bfhg]xf]eg]nlnkt/df tflnd kkt 8sdlx?sf]; wof ; a66f a9l cyf{ \ \* ) /xsf] 5 / tl ; a} nlnkt/ pk dxfgu/kflnsfnf0{sfo{lfq agfP/ cuf]8 a9/xsf 5g\ . sfo{lfqdf sfoqmdsf] sfof] og / ktf/ k] f/sf]sfo{; u; u}cuf]8 a9/xsf 5g\ xfdlnf0{yxf 5, ejg lgdff ; lxtf sfof] og Ps rgt]lk0f{sfo{xf]. o; lfqdf sfo{ul//xsf ; a}sf]; xof]ul lagf o; n]k0f{f kfg; Sbg . t; y{xfdl l]leG ; 3; :yf; u xft]fnf]ub}; d6j of]ds ?kn]sfo{ul//xsf 5f}. o/f]kog sldzgsf ; xof]udf xfdln] dlxn, cdf, tyf l]Bfnosf l]Bfyl{; dxnf0{nllft u/L r/Ofa4 ?kdf r]gfdhs sfof]dx? ; rfneg u/sf 5f}. cS; krdn]klg ; dbfo :t/df ul/g] xfdl] r]gfdhs sfof]dnf0{sxl czsf] ?kdf ; xof]ul ub} cfPsf] 5 . ejg lgdff ; lxtfsf] k6fj sf/L sfof]ogsf nflu ; dbfosf dflg; x?nf0{; lzirt u/] g}lh0d]f/ agfpg ; ls65 e6g]s/f xfdln]l; Sof}. olb ; dbfon]o; nf0{; jlsf5{eg} /fli60 ejg lgdff ; lxtfnf0{nfu"ug{w}]g}; xh x65 . olb ; dbfosf dflg; x? o; df l]Zj :t xg ; sgg\ / gu/kflnsfn]toxf+ejg lgdff ; lxtf nfu"ug{vfhdf To; ; dbfosf dflg; x?n]rf; f]lmg]5gg\ To; h]; dbfo; u} cyf{ ; dbfo dfrk\ sfd u/fpg' cfj Zos 5 . xfdln] ; dbfo; u sfd ubf{xfl; n u/sf cgejx?af/] c? gu/kflnsfx?; u cfrk\ l; sf0x? cfbg k6fg ug]sfd klg ul//xsf 5f}. o; }lznlnfdf xfdln]Pp6f gu/sf / csf]kfy/fdf UN-Habitat af6 ; rfnlnt ejg lgdff ; lxtf ; Dal3t tflnd sfoqmdf cgej cfbg k6fg u/sf lyof}. kfy/fdf cfof]ht tflnd sfoqmd kZrft Toxf+klg ejg lgdff ; lxtf nfu'ug{; sf/flds kxn ePsf] k0Psf] 5 . xfdlnf0{yxf 5, of]cleofg /fi60kfl?kdf nh'fg' kb5 ta dfq o; n]k0f{f kfg; S5 . gkfn clw/flhodf nlnkt/ t Pp6f ; fg]cz dfq xf].

/fli60 ejg lgdff cfrf/ ; lxtf cuhl efiidd ePsn]xfdln]e5Dk ; /lffds ejg lgdff lgb]zsfnf0{gkfnl efiidd ksf]zt u/sf 5f}. ; fy}c6o ; d; fdlos ksfzgx? lgoldt ?kdf ksf]zt e0{xsf] 5 . elj iodf xg ; Sg] ksf]ksf af/] klj f/nf0{ tof/L cj:ydf /xg xfdl ksfzgx?n] dfukz:t ub5 e6g] nfu}sf] 5 . o/f]kog sldzgsf]; xof]udf gu/kflnsfsf]e5Dk ; /lff zfvfsf]nflu gof]fn]l]f] 'e5Dksf]k] tof/L, xfdl ; a}sf]lh0d]f/L' e6g]to ul/Psf] 5 . cfp; Sg]k}k}sf]k] tof/Lsf ; Da6wdf hgr]gf clea[4 ug{kf]6/x? ksfzg u/L ktf/ k] f/nf0{cl3 a9f0Psf] 5 .

xfdln]xfn cgz/of ul//xsf]cgdlit ksf] M != gSzf zfvfn]ejgsf]gS; f :jls[lsf]nflu kkt gSzf? hfraem ug] / e5Dk ; /lff zfvdf k7fpg]h; n]/fli60 ejg lgdff ; lxtf cg?k eP gePsf] hfraem u/L l; krl/ ; lxt gSzf zfvdf btfsf]nflu k7fpg]ul/65 . / gSzf zfvaf6 c:yfol cgdlit - lkn6y n6n ; Ddsf]\_ lbg]cfj Zos klqomfx? xg]ub5 . @= lkm8 cgludg r/of M gSzf zfvf / e5Dk ; /lff zfvfsf klj lwsx?af6 ; e0m ?kdf dfrk08 / /fli60 ejg lgdff cg?k ejg lgdff eP gePsf]lgl/lf0f ul/65 . olb dfrk08 / lgdff ; lxtf cg?k ePdf :yfol gS; f kf; kdf0f kq lbg]ul/65 . ; lxtf cg?k gePdf ; wf/sf]nflu cfj Zos ; Nnfx / ; emfa lb065 .

sxl pknAwlx?M

- klxn e6f clxn]dflg; x? a9l ; r] ePsf].
- l8hf0g tyf gS; fsf nlu kof{t hfgsf/L ePsf].
- lgdff sfof] ; wf/ e0/xsf].
- l8hf0g/x? a9l ; j}hg]zn ePsf].

- /fli6 tyf c6t/f(6 ; 3 ; :yfx?af6 ; xofu k(kt e0{x\$}.

xfdln]; fdgf ul//x\$ sxl rgf]tx?ll

- l8hf0g/x?df cem)klg Joj ; flostf tyf kf/blz(kgsf]cefj .
- w]h; f]l8hf0gx? cblf kflj lwsx?n]agfpg]u/\$fh]lhDd]f/Laf]vsf]cefj .
- pkoSt lgdf(fsf af/]:yfglo 8sdl{ 7\$bf/x?df 1fgsf]cem)cefj /x\$}. .
- u0f:t/lo lgdf(f ; fdfullsf]kbf]udf 1fgsf]cefj .
- lj gf l8hf0g / kflj lws ; kl/j ]f0fdf ag\$ w]k/fgf 3/x? c; /lft /x\$}.

xfdln]ugkgll

- r':t tyf kfj sf/l cgludg k(ffnl
- gof+glltx?sf]lgdf(f
- ejg lgdf(f ; lxtf cBfj lws ug{kflj lws 1fg tyf zlk
- 3/wgl, 8sdl{ l8hf0g/, kflj lws cflbx?nf0{tflnd tyf cledvls/0f
- ktf/ k] f/sf]dfllodsf]e/k/ kbf] .

c6tdf ejg lgdf(f ; lxtf sfollj ogdf o; pk dxfgu/kflnsfn]laleg rgf]lx?nf0{; fdgf ub}cuf]8 al9/x\$}5 .  
gofFsfod ePsf]/ r]gfsf]sdl]ubf{; d:ofx? yk}cfpg ; S5g\t/ klg b9 0f5f zIQm eP ; d:of ; dfwfg  
ug{ ; lsg5 / nlfdf klg dfukz:t xg ; Sbf]x\$ e6g] kf7 xfdln] l; s\$ 5f}. cfufdl lbgx?df ejg  
lgdf(f ; lxtf nf0{cem a9l kfj sf/l agfpg ; lsg5 e6g] laZ]f; sf ; fy cuf]8 al9/x\$ 5f}. ; bf e} o;  
sfodf ; a\$6 ; xofu ldNg]5 e6g]cfzf lnPsf 5f}.

# ejg lgdfcf cfrf/-; lxtf sfocfj ogsf cj ; / / rgfjlx?

; /h >ij  
0f w/fg gu/kflnsf



lxdfn xfdn]nflu rgfj]lsf ?kdf /x\$]5 eg]oxl lxdfn b]x ko6sx?nf0{xfdln]leqdfpg ; s\$] 5f] t; y{oxl  
lxdfnn] xfdlnf0{ ; Defj gxf? klg kpf]g u/\$]f 5 . o; } ; Gbedf ejg lgdfcf cfrf/ ; lxtf sfocfj og klfd  
klg ; efj gf tyf rgfj]lx? /x\$] 5g\ uof:t/lo lgdfcfdf ljle6g t]j x?n]eldsf vln/x\$]x65 . /fd]3/ agfpg  
3/wgl klg ; r] ePsf] xgkb5 . To; sf ; fy; fy]k]jlwsx? klg cf1fsf/l xgkb5 . ; fdul cfl't\$tf{klg  
cf1fsf/l xgkb5 . 8sdlx? tflnd kfl't xgkb5 . gftf/sf ; fy]l5d\$lx? klg ; r] xgkb5 eg]7\$]f/x? 1fg  
ePsf]xgkb5 . To]e6bf 7hf] lgodx? kngf u/fpg]Pp6f ; :yf gu/kflnsf xgkb5 .

log\$]f; xflm]f]df /x/ d ; efj gf tyf rgfj]lx?sf]lj Zn]f0f ug{rfx65'.

## rgfj]lx?M

- w/fgsf] ; Gbedf 3/wgl l/emfpgsf nflu concentrated load cfp]lsl; dsf lgdfcf sfo{ug]u/\$]f].
- 8sdlx?n]agfPsf]3/x? vertical line df hf]8Psf].
- ; lfd hgziStsf]cefj, s]n !@) hgf 8sdlx?nf0{dfq tflnd lb0Psf].
- 3/wglx?nf0{ xfdl slt ; /lft 3/df a; \$] 5f]-e6g] hfgsf/l lbg] -cfsifdfdf dfq a9l Wofg lbg]  
3/wglx?df ; /lft 3/af/]r]gfsf]sdl\_ .
- ejg lgdfcf cfrf/ ; lxtfnf0{dx]j sd lbg]k]fng lj Bdfg 5 .
- ejg lgdfcf cfrf/ ; lxtf, gS; f kf; h:tf sfox? hgtfnf0{bv lbg]dfq x]e6g]k] [t j f cj wf/off .
- kofl't lj z]f]1sf]sdl .
- gS; f kf; ug{Ps dlxgf ; do nllg].
- ejg lgdfcf cfrf/ ; lxtf cg; f/ 3/ agfpbf k\$]f nfd]xg] nfut a9g] hgtfn]o; nf0{gsf/flds ?kdf  
xg]f].
- lj Zj lj Bfnof?df lglb]6 kf7dsf] g'xg' / lj ifoj :tx? bftfd'vl xg' .
- l5d\$]l dh'saf6 c:yfol ?kdf sflnu9x? cfp]g'.
- tflnd kfl't 8sdlx?n]3/ agfpbf vlr]f]xg].
- ejg lgdfcf cfrf/ ; lxtf nfu" ePsf gu/kflnsf?df gS; f r\$]hf]f ug]t/ cgludg tyf dNof\$gsf]  
efudf eg]sdl .
- ; fdul cfl't\$tfdf cfrf/ ; lxtf gx]f uof:t/lo ; fdul kfl't ug{g; lsg].
- lj efu, d6qfnof?af6 ; xof]u sf7df08f]pk]osfdf dfq sl]b]f /x\$]f/ sfo\$]d af8km]8df c; dfgkflts  
/x\$]f].
- gof+3/ agfpg gof+7fp+kfpg uf]xf]. To:t}k/fg]3/df tnf ylg] / lj :tf/ ug]sfo\$]ddf klg /li60  
ejg lgdfcf cfrf/ ; lxtfn]:ki6 ?kdf ; Daf]vg gu/\$]f].

## ; efj gxf?M

- k]lj lws p]kfbgdf ; /sf/sf]nufgl a9l / sflnu9 p]kfbgdf sd 5 t/ lkm]8df 3/ agfpbf 7ls pN6f]  
ePsf] 0lGhigo/ sd t/ sflnu9sf]; m]lgf w]xg]ePsfn]; /sf/n]sflnu9 p]kfbgdf Wofg lbgkg].

- ; lfd 0l6higo/, k/fdz\$, l8hf0g/x?af6 3/ agfpg ; lsg].
- ejg lgdf@faf6 ; /sf/nf0{/fhZj ; \$ng xg].
- gu/jf; ln]/fli6@ ejg lgdf@f cfrf/ ; lxtf nfu"u/] hgwg[sf]; /lff u/]fkt ; sf/flds ; f]f0 jf r]gf cfp].
- ejg lgdf@f cfrf/ ; lxtf tof/ ug{l5d\$l dh'sx?df ; xeful xg]cj ; / kfp].

# ej g lgdfef lgo6q0fsf sfggl / /uhf/L d2fx?

j ; Gt cfrfo{  
sfgg clwsf, sf7df8f}dxfgu/kflnsf



ej g lgdfef lgo6q0fsf sfggl ; j fnx?nf0{rf/ lzif\$df k|t't ug5'.

- != sfgg s: tf]xgkb5 / o; sf]df6otf s]xf}
- @= lgdfef; # ; Dal6wt sfgg s: tf]5< clxn]lj Bdfg sfgg s]s]xgV tl sfggsf Joj :yf x? s]s]5g\
- #= tl sfggx?df ; d:of s]5g\ lsg c; km eof}
- \$= ca s]ugf}

xfdln]agfPsf] sfgg ; a66bf klxn] xfdln]g}kfnf ugkb5 . sfgg s; sf nflu agfPsf xf\* c?sf nflu sfgg agfpg]cfknh]klg kfnf ug{; Sgkb5 . lj wfosx?n]ej g lgdfef ug{:jLst lngkb5, dfkb08 cg; f/ agfpg kb5 . ; /lft ej g agfpg kb5 eg] sfgg agf0g]/ pglx? a:g]; /sf/L ej gx?sf]dfkb08 cg; f/ ej g lgdfef gu/]clgoldt lgdfef ug{/ To; nf0{klg ; Af0f cfknh]6 ug]o:tf]kl/kf6sf] ha; Dd dfgl; s ?kd}c6to x6g ta; Dd xfdln]sfgg ; zfvlg, ; xtf, dfkb08 kl/j t6 u/] sxl xg]5g . ; a66bf klxn]xfdln]l; xb/af/af6}z? ugkb5 .

sfgg lgdfef ubf{lj wfoss]dg; fo a9l e6bf a9l dflg; n]sfgg kfnf u?gV sfggsf]pIn3g c; Dej xf] V w]h]o; nf0{dofef u?gve6g]x65 . of t sfgg ; dfh cg?k ga6bf o; sf]kfnf x6g of t sfgg lgdfefx?n] kfnf gu/af6 o; sf]kfnf x6g . clxn]klg dfkb08 ; zfvlg ePsf]5 t/ To; n]sf7df08f]f0{; afvlg ufof]ls u/6< sf7df08f]f ( ) k|tzt 3/x? sg}g sg} ?kdf dfkb08 lj kl/t 5g\ t/ To; nf0{ clxn] agsf] sfggn] klg ; afvlg u/6 / h:tf sf]t:t}5 . ls t /fHon]dfkb08 lj kl/t agsf ; a}3/x? 8f]h/ nufpg]eg] gllt lem6g kfof]. Joj xfl/s sfgg agfpg kfof]. kf# tnf e6bf clnf]3/ agfpg x6g e6g]sfgg sf7df08f]f ; ej 5 ls 5g< To; h] sfgg agfpg k[7el'd x6gkb5 . ; asf] nflu pko]ul / Joj xfl/s sfgg agfpg kb5 . kl/j ltt ; 6be]f0{x]l/g' kb5 / lgod sfgg agfpg]hgtfsf]rfxfg aem] ; xeflutf]ds ?kdf sfgg agfpg kb5 .

lgdfef ; Da6wl sfgg tlj 6f 5gM!\_ :j foQ zf; g P6, @\_ gu/ lj sf; P6 @)\$%, / #\_ ej g P6 @)%% hg rfx+ lj =; +@)^@ ; fna6 nfu'ePsf]5 . ol tlj 6f sfgg tlj tkm{kms\$ 5g\ loglx? Ps cfk; df PsLst 5g\Ps cfk; df aflemPsf 5g\loglx?sf]dg; fo g} km/s km/s 5gV s; /l o; nf0{nfu"ug{; ls65 t<

lj =; + @)\$% sf] lj sf; P6nf0{ x6g] xf] eg] hg clwsf/ Toxf k6fg ul/Psf] 5 To] clwsf/x? lj =; + @)%% ; fndf :yfglo lgsfox?nf0{ lb0; s\$]f] blv65 . km] / lj =; + @)^@ ; fndf ej g P6 eP/ cfp6f kl gu/kflnsf; # Pscfk; df aflemPsf 5g\ o; n]ubf{ca sfid s; n]ugf] lhDd]f/L s; n]lngf] clwsf/ cfknh]lng] clg stfo / bfo]j afvlg ug{/of]d]f]xf0g e6g]dfl; stf xfdl]5 . gu/ lj sf; P6sf]bkf ( df gu/ of]hgf lfg]eq lgdfef :jLst lbg] ej g lgdfef yk ug]o; y{dfkb08 tflslbg]xb; Dd gu/ lj sf; ; ldltnf0{clwsf/ lbPsf] blv65 . t/ To] gu/ of]hgf g} ; #fng gePsf] lfgdf klg p; \$f] cfknh] s6fsnfk ; #fng e0/x\$]f] blv65 . gu/kflnsfsf]0l6hgo/n]kf; u/\$f]tlg tnf 3/sf]gS; f gu/ lj sf; sf]vl/bf/ j f gf; h]cgludg u5{ To] sg dg; fon]u5{ !((& df gu/kflnsfn]gS; f kf; u/\$f]k6f0f sf7df08f]f km]f k/\$f]5 . gu/ lj sf; df gS; f kf; ug] clwsf/ ghfg' kg] xf] . lj =; + @)%% ; fndf P6 cf0; sk]5 :yfglo :j foQ zf; g P6sf] kl/R56 ( sf] bkf !\$( blv !^\$ ; Dd ej g lgdfef ; Da6wl Joj :yf 5 / of]gu/kflnsfsf]xsdf dfq}5 . of]P6n]uf]j ; df 3/ a6g' k5{ gS; f kf; ug]k5{ ; /lft dfkb08 cg?k 3/ a6g' kb5 e6g]s/f]sf]kl/sNkgf u/\$f]5g . t/ kl5Nnf] k6s ; zfvlg eP/ uf]j ; x?sf] nflu klg dfkb08 nfu" xg]Joj :yf cfof]. t/ P6sf]kfnf ; Da6wl x6g] xf] eg]



uflj ; ; Da6wl Joj :yfdf 5g . gu/kflnsf ; Da6wl Joj :yfdf dfq}ejg lgdf@f ; Da6wl Joj :yf 5 . Joj :yf cfkmbf  
k0f{5 h; df cgdlt lngkg] ejgsf]kl/efiff lbPsf]5 ; fy}kvf6nf0{klg /flvPsf]5 . sg}klg ejgsf]tnf ylg]  
dfx8f kmj] kvf6 agfpg]ol ; a}ejg lgdf@f ; Da6wl kl/efiff leq kb5 . Pp6f dfq 06 ykbf klg To]ejgsf]  
kl/efiff leq kb5 / cgdlt lng kb5 . ; a}ejgx? ; /sf/L, cw{/sf/L, ; yfg, u} ; /sf/L, JolSt hg; 5}  
k6f]hgsf nflu ePklg :jls] lng'kb5 .

gS; f kf; M o; nf0{/fhZj c; h ug]dfllods]kdf xl/g'xbg . ; /sf/L ejgsf]/fhZj Itg{gkg]eg] gS; f kf;  
gug]kj] [Q a]ls xf]. /fhZj k]kt ug\$ f nflu gS; f kf; ug]ge0 ; /lft dfkb08sf nflu xf]. o; /L ; /sf/L klfn]  
dfkb08 pNn3g u/]k]5 c6o hgtfn]s; /L gS; f kf; u56^ d6qfnoaf6 gS; f kf; ug]sfd z? u/f]; b:t/ 56  
ug{; lsg]klj wfg bkrf !\$^ df Joj :yf 5 . Pgn]t]s]sf]sf7df08f}dxfgu/kflnsfn]gS; f kf; ug] .

; q - %

gu/kfnlsfdf ej g lgdf0f cgdffbg kls0fsf]lj sf;

cW0lt Wgr/fo0f ykf, pk-; lrj, :yfglo lj sf; dgqfno

akfn ej g lgdf0f cfrf/ ; lxtfsf] dVo j 5ix?, cd[dfg thfw/, 0Ghigo/, ej g lj efu

ej g lgdf0f cgdffbg kls0fsfnflu cfj Zos >ft ; fwgsf]JoJ :yf, /Zdl/fh kf08] pk- ; lrj, :yfglo lj sf; dgqfno

:yfglo ; /sf/sf]; xeflutf / k/fdz{M j gkf gu/kfnlsfsf]cgej, z/z >]7, 0€ agkf gu/kfnlsf

ej g lgdf0f cfrf/ ; lxtfdf gful/s ; dfhsf] eldsf, lj el'tdfg l; x, cW0lt, k\$fk JoJ :yfgk : ldt, sdfkf - !&, kltlgw, 7dh /f0/L Snj



g]kfn ejg lgdføf cfrf/ ; lxtfsf]dVo j bfx?

cdt]dfg thw/  
0]hgo/, ejg lj efu



; ahgfnf0{ zèkèft\ . clxn] d g]kfn /fli6ø ejg lgdføf cfrf/ ; lxtfsf dVo lj z]ftfx? / gu/kflnsfx?  
tyf ; Daløwt lgsfox?n]xfn; Dd o; nfo{nfu' u/\$f k| # ; lxt k|tt ug{u0/x\$]5' . d]f]k|ttls/0fsf p2]ox?  
o; k\$]/ /x\$] 5g]g]kfn /fli6ø ejg lgdføf cfrf/ ; lxtfsf]l:ylt, tf]tl/sf, sfollj og tyf krf/k] f/sf af/df  
j 0f] ug]. d d]f]sfokq o; k\$]/af6 k|tt ug\$] /fli6ø ejg lgdføf cfrf/ ; lxtfsf]lgdføf tyf lj sf; , xfd]  
lj efux?n] cfollhg f u/\$f lj le]g sfozfnf u]l tyf tflnd sfo\$dx?, /fli6ø ejg lgdføf cfrf/ ; lxtf nfu'  
e0; s]k]5sf pkn]Awx?, /fli6ø ejg lgdføf cfrf/ ; lxtfsf ; Gbedf zx/l lj sf; tyf ejg lgdføf lj efu  
(DUDBC) n] ; #fng u/\$f] s]fsnfkx?, /fli6ø ejg lgdføf cfrf/ ; lxtfsf nflu zx/l lj sf; tyf ejg  
lgdføf lj efu (DUDBC) sf]sfo]llt tyf glttx? .

gu/kd]vx?; # k]o\$ j if{xfdf]lj efuaf6 c]t/s]f sfo\$]d ; #fng xg]u/\$f]s/f oxfx? ; ahf0{lj lbt}5 . o; }  
j if\$]klg hg !\$ / !% df pxfx?; # xfd]c]t/s]f sfo\$]d ; #fng ePsf] lyof]. To; u/l utj if{klg o:t}  
k\$]/sf]c]t/s]f sfo\$]d gu/kd]vx?; # ePsf]lyof]t/ clxn]o; u]l]df pkl:yt xgèPsf ; ahgf eg]To;  
sfo\$]ddf ; xeful xg]x]y] . To; d]l]o]s]l dfq o; u]l]df ; xeful xg]x]5 . To; ; dodf dh]/fli6ø ejg lgdføf  
cfrf/ ; lxtf, o; sf]j ul\$]/0f, d]l]kl/ifbsf]lgdføf] ; l tyf ejg P] @)%% sf af/df s]l hfgsf/lx? u/PSf]  
lyPF.

/fli6ø ejg lgdføf cfrf/ ; lxtfsf lj z]ftfx?sf] ; Gbedf s/f ubf{lj z]ful/sg xfn; Dd xfdln]u/\$f krf/k] f/sf  
s/fx? cfp]g\ d o; } ; Gbedf vf; ul/ ; g\((# kl5 lj sf; ul/PSf]/fli6ø ejg lgdføf cfrf/ ; lxtfsf]lgdføf]sf  
af/df s/f ug{rfx]5' . To; ahf xfdl; # k]l]lws / gl]tut ; xof]u ug{eg] oPg8kl / x]a6f6sf]kl/of]hg f lyof].  
To; ahf xfd]lj efun]/fli6ø ejg lgdføf cfrf/ ; lxtf lgdføf u/\$f]xf]. To; kl/of]hgfn]@) j 6f ejg lgdføf  
cfrf/ ; lxtfx?sf]lj sf; u/\$f]lyof]. tl ; lxtfx? ; Arg]ut ; /lf; # dfq ; Daløwt lyP . xfdlnf0{ ; \$6/n ejg  
lgdføf]sf nflu c? kl; lxtfx? cfj Zos ePsfn]xfdn]c? yk On]S6sn, cfls6\$]r/n tyf ; lg6/l u/l # ; lxtfsf]  
lj sf; u]of]. ol ; a]u/l xfdl; # @# j 6f ejg lgdføf cfrf/ ; lxtf xfn lj Bdfg 5g\ . cem]klg ol kof]t  
5]g]To; h] xfdl o; nfo{lj :tf/ tyf kg/fj n]\$gsf nflu k]f; /t\5f]. ; g\@))# df /fli6ø ejg lgdføf  
cfrf/ ; lxtfnf0{ ; /sf/n] ; ]ls]t ul/ ; s]f]5 . of] ; lxtf :jls]t e0; s]k]5 o; nfo{nfu' ug{xfdf]lj efun]c?  
of]hg f? agf0{sfollj og u/\$f]5 .

xfdn] tlg j if{Dd r]gfdhs sfo\$]d ; #fng ug] /x\$] 5 h; n] ejg lgdføf cfrf/ ; lxtfsf]kl/kfng  
klfnf0{a9]f]lbg] . ejg lgdføf cfrf/ ; lxtf k/fj n]\$g, kl/dfhg tyf lj :tf/sf nflu of]nfd] ; dosf]sfo\$]d  
xf].

krf/ k] f/sf ; Gbedf s/f ug]xf]eg]/fli6ø ejg lgdføf cfrf/ ; lxtfsf nflu xfdln]w]g}sf]dx? u/\$f 5f]. ejg  
lgdføf cfrf/ ; lxtf ; j]kyd ; g\((# dfr]df ha lgdføf eof]Toxl ; dodf o; sf]lgdføf jf lj sf; ePsf]  
s/f]sf ; fy}o; nfo{gu/kflnsfx?df nfu' ug] ; jndf klg xfdln]gu/kd]vx?nfo{hfgsf/l u/PSf lyof]. ejg  
lgdføf cfrf/ ; lxtfsf] ; Gbedf ; /sf/ tyf gu/kflnsfx?sf]kl]t]glw]j /x\$]Ps 7h} ; ]dgf/ ; g\((# cl]k]hdf  
k]v]/df cfollhg f u/\$f lyof]. tkf0x?d]l]o]s]lnf0{of]s/f yfx xg]kb]5 .

; g\((# bl]v xfn; Dd ejg lgdføf cfrf/ ; lxtf lj ifos tflnd sfo\$]dx? w]} 0]hgo/x?nfo{lbb}cfPsf  
5f]. ; g\@))# df d]l]kl/ifbn]ejg lgdføf cfrf/ ; lxtfnf0{ :jls]t k]f]g ul/ ; s]f]5 . ; g\@))# g]f]a/df w]j

gu/kflnsfsf kdlvx?n]ejg lgdf0f cfrf/ ; lxtf t?łt}nfu' xg5 egl kl|tallbt klg hfx/ ul/; Sg'ePsf]5 . of] pxfx?sf]cfrkf]lg0f0 / kl|tallbt lyof]t/ klg xfdl o; nfo{nfu'ug]lznlnzndf kl5 kl//xšf 5f}.

ejg lgdf0f cfrf/ ; lxtfnf0{nfu' ug] ; Gbe0f nlnkt/ pkdxfgu/kflnsf g}kyd xf]h; n] ; g\@))# df nfu' u}of]. xfdln] ; g\@))# df w]}tflnd sfošdx?sf]cfofhgf u}of}/ tflndx? lnof} xfdlx?n]0lGhigo/x?nf0{ejg lgdf0f cfrf/ ; lxtfsf af/0f lzllft agfpg]sf]z; klg ul//xšf 5f}. tl 0lGhigo/x? xfdl]lj efu tyf sxl rfx+ gu/kflnsfsf xg\ . To; u/l xfdln] ; xfos 0lGhigo/x? -cfe/l; o/ jf 8kmd0g\_ nf0{ejg lgdf0f cfrf/ ; lxtfsf] k0fufsf lj ifodf tflndx? k0fg u/šf 5f}. sDk00/ ; km0j 0/ k0fu u/l ešDk kl|t/rfvs l8hf0g lj ifos x0f0fdf csf]Ps sfošdx?sf]cfofhgf u/šf lyof} kfy/fsf]Ps k/fdz{skglsf] ; xof]udf kfy/fdf ejgsf]ešDklo kl|t/rfvs l8hf0g / ejg lgdf0f cfrf/ ; lxtf lj ifos tflnd sfošdx?sf]cfofhgf u/šf lyof}. To; ; dodf zx/L lj sf; tyf ejg lgdf0f lj efu tyf NSET n] ; 0St ?kdf ; xefulx?nf0{ tflnd k0fg u/šf lyof]. To:t} ; g\@))^ df oPg8klksf] ; xof]udf s0b] :t/ / gu/kflnsfsf 0lGhigo/x?nf0{ tflnd sfošdx?sf]cfofhgf ul/Psf]lyof]. xfdln] k}f0rn l00sf 0lGhigo/x?nf0{ /fli60 ejg lgdf0f cfrf/ ; lxtfsf af/] tflnd sfošd ; #fng u/šf lyof}. ; g\@))^ df ejg lgdf0f cfrf/ ; lxtf lj ifos sfožinf ufj7l x0n zš/df cfofhgf u/šf lyof}. of] sfožinf ufj7l NSET / EMI sf] ; xof]udf ePsf]lyof].

/fli60 ejg lgdf0f cfrf/ ; lxtf lj sf; ePkl5sf pknAwlx?M

- ešDklo ; /lff ; DaGwl r}gdf pNn}yo a00b ePsf].
- sxl gu/kflnsfx?df ; wf/ e0bf klg ; Argfut gS; fšg a9L dxTj k0f{.
- ; Argf l8hf0gdf l8hf0g/x?df klxnf e0bf Ps?ktf k0fPsf].
- ejg lgdf0f ug]s0df 3/wglx?df of]hgf agfpg] ; Argf l8hf0g, gS; fšg tyf lgdf0f sfo0f r}g cPsf]k0fPsf].

ešDklo ; /lffds pkfox?df zx/L lj sf; tyf ejg lgdf0f lj efu (DUDBC) n]xfn; Dd u/šf s0fsnfkx?M

- /fli60 ejg lgdf0f cfrf/ ; lxtfsf] k}f/ k}f/ zx/L lj sf; tyf ejg lgdf0f lj efu (DUDBC) n] bžel/g}ul//xšf]5 . o; }lznlnzndf 0lGhigo/ ; xfos 0lGhigo/ , cfe/l; o/ , 8kmd0gx?nf0{lj le0g vfnstf tflndx?sf]cfofhgf tyf ; #fng ul/Psf]5 .
- zx/L lj sf; tyf ejg lgdf0f lj efu (DUDBC) n]/fli60 ejg lgdf0f cfrf/ ; lxtf gkfnldf cgj fb u/l bžel/sf #)) e0bf a9L JolStx?nf0{tflnd lb0; sšf]5 .
- /fli60 ejg lgdf0f cfrf/ ; lxtfsf]sfg0l ; Argf ; b0 ug]sfd e0/xšf]5 .
- bždf ešDklo ; /lff ejg lgdf0fnf0{a9jf lbPsf].

zx/L lj sf; tyf ejg lgdf0f lj efu (DUDBC) sf]sfo0llt tyf gllt - xfdln]u/šf sfož?M

- xfdl]lj efun] ; xhstfšf] ?kdf / ešDklo kl|t/rfvs ejg lgdf0f tyf /fli60 ejg lgdf0f cfrf/ ; lxtf nfu' ug]gllt lgdf0fsf] ?kdf sfd ul//xšf]5 .
- cg; Gwgflds k0f0šn zfvfsf] ; d0j o ul//xšf]5 .
- bžsf lj le0g l00x?df tflnd k0t klj lws?nf0{kl/rfng ug]k0f; ul//xšf]5 .
- sdhf] ; /sf/l ejgx?

sf7df08f}pk0osdf ešDklo kšfk G00ls/0f ; DaGwl JICA n] ; g\@))@ df Ps c0oog u/šf lyof]. o; c0oogn]klg ešDklo kl|t/rfvs ; 00qsf]lj sf; tyf ; /lft lgdf0f kš0fsf]sfof0j og ; DaGwl s/fx?sf]l; kmf/z u/šf lyof]. pSt c0oogn] of] klg ; 0mf] lbPsf] lyof] zx/L lj sf; tyf ejg lgdf0f lj efusf] r}gdfhs ultlj lwsf ; DaGwdf xfdln]NSET / uš d0afnoaf6 sxl km0f}x? k0t u/šf lyof}. xfdln]k0z0l tyf ; fglgd0f klg k0z0g u/šf lyof}. o; j ifšf]hgj/L @))& df xfdln]kgM ešDk ; /lff lbj ; dgfof}/ To; ; DaGwl d sxl km0f}x? oxfx?nf0{b}fpg rfx05' . ; /lft ejg s; /l lgdf0f ug]e0g] xfdln]gd0fsf]k0f]uaf6 hgtfnf0{r}g hufpg]sfd u}of}. o; j if{klg xfdln]k0z0l sfošd u}of}t/ of]RCC ejgsf af/0f lyof]/ of]s; /l 9N5 e0g af/0f lyof]. of] xfdln]xgd0f9fšf b/jf/ :Sj fo/df cfofhgf u/šf lyof}. ešDklo ; /lff G00ls/0fsf af/]hgtfdf k}f/ k}f/sf nfu of]w]}g}pkof]ul c0hf/ xf]. of]c0hf/ lj gf k0z0g ug}; 0j lyPg . To; sf/0f ol c0hf/ pknAw u/0lbPsf]0f xfdl NSET nf0{w0j fb lbg rfx05f}.

- /fli6@ ejg lgdf@f cfrf/ ; lxtf nfu' ug{xfdln]lj le@g vfnsf kf]6/ tyf xfl]8@+af]8{x? agfp5f}. olb tkf0{ejg lgdf@f cfrf/ ; lxtf cg; f/ cfkmg]3/ agfpg' x@5 eg]tkf0{; /lft xgk@5 gq tkf0{; /lft xgk@5 .
- xfdl; # s]s:tf ; d:ofx? 5g\egl xfdln] \$@ gu/kfnsfx?af6 ; f'gf ; \$ng u/\$f lyof}. ; \$nt ul/Psf ; f'gfno{ lj Zn]f0f ubf{s] kf0of] eg] /fli6@ ejg lgdf@f cfrf/ ; lxtf ; Da@wl sg} hfgsf/l jf ; f'gf g}5@ . e\$Dklo ; /lfsf af/]hfgsf/l]sf]cefj 5 .
- /fli6@ ejg lgdf@f cfrf/ ; lxtfsf af/]tflnd tyf sd{f/l]sf]cefj 5 .

ol gu/kfnsfx?df s]s; /l sfd ug[e@g]lj ifodf of] sfozfnf uf]7l kl5 7f] ; dfwfgsf pkofx? cfpq\$ e@g] s/fdf d lj Zj ; t 5' . xfdln]@) j @f gu/kfnsfx? ; d@sf 5f}t/ d@]plny u/\$f ol tlg} @f pglx?sf nflu dVo ; d:ofx? xg\

c@tdf, /fli6@ ejg lgdf@f cfrf/ ; lxtfnf0{ bzel/ g} nfu' ug{ h@f}. tkf0{x?n] /fli6@ ejg lgdf@f cfrf/ ; lxtf ; Da@wl hfgsf/l xfdl]j @; f06af6 k@t ug{; Sgk@5 . bzel/sf xfdl ; a}sfofno{x?af6 /fli6@ ejg lgdf@f cfrf/ ; lxtf ; Da@wl CD klg vl/b ug{; Sgk@5 . w@oj fb .

# ej g lgdfw cgdffg klspfsnflu cfj Zos >ft ; fwgsf]Joj :yf

/7dl/fh kf08  
pk-; lrj , :yfglo lj sf; dGqfno



o; ; qsf ; efklt, cfb/0flo cltlyHo"tyf ; xefulx? . d7f]k|t'tls/0fsf]lj ifoj :t' ej g lgdfw cgdlt kspfsnflu >ft;x?sf]klj wfg x]. d :yfglo lj sf; dGqfnosf]ofhg tyf lj bzl ; xofu ; dGj o zfvdf sf ub5' . d7f] dVo lh0dj f/L :yfglo lgsfodf ; feif ; xofusf lfqx? klxrfg ug{x]. d7f]lhjgsf] ; aGcb lxlRsrfx6sf]cj :yfdf o; uf7ldf dh]k|t'tls/0f ul//xsf]5' . lsggeg]dnf0{o:tf]lj ifoj :t' lb0Psf]5 h; df ; /sf/n]sd jf guGo nufgl u/sf]5 / o; }lj ifodf /x] dh]tkf0x? ; dl f k|t'tls/0f ug{k|/xsf]5 . o; sl7g ; dodf dnf0{s}kof dfkml/lbg'xfjhf .

d tkf0x?nf0{ ; /sf/L lj lQo k0ffnlaf/]jf:tljs lrq blyfp5' . To; kl5 dfq xfdl s; /L cufl8 hfg]egl 5nkm ug{ ; S5f} o; cflyS j ifsf nflu :yfglo lj sf; dGqfno; # \$# lj leGg sfoSdx? 5g\ / ; ahf0{ ; dGg]xf]eg] dVo ?kdf eg]rf/ ksf/sf sfoSdx? 5g\ tl xgM  
! = sxl sfoSdx? lj s|b|t ; Zf; g vf; u/L :yfglo lgsfox?sf]lfdtf lj sf; / ; :yfut ; xofudf s|b|t 5 .  
@ = :yfglo ; Argfut lj sf; sf sfoSdx? h:t} ; 8s, kh/emthl kh, vfgkfgl / ; /; krf0{ tyf cGo ejgx?df ; xofu ug].  
# = ; fdlhs kl/rfng u/La tyf k5f18 kfl/Psf hgtfsf]r]gf cleaMbsf nflu ; fdlhs kl/rfng Ps c|hf/ x] eGg]xhdln]kPsf 5f} oib xhdln]u/La tyf k5f18 kfl/Psf dfg; x?nf0{ ; ul7t u|of]eg]pglx?n]C0f tyf art h:tf sfoSdx? z? ug{ ; S5g\ pglx?n]cfkng} ; dxdf ; fdlhs tyf cflyS ; jfnx?df 5nkm z? u5g\ . To; kl5 pglx?nf0{kflj lws ; xofu lb0G5 h; n]pglx?nf0{ ; fj hlgS ; lj wix?df kx# a9fp5 / pglx? lg/lf/tf tyf cGo s/fx?sf]nflu ; 3if{ug{cl3 a95g\ ol ; a} ; fdlhs kl/rfngsf lj ifoj :tx? xg / %) kltztecbf a9L ufpx? o; } ; fdlhs kl/rfng sfoSdn] ; dGsf]5 .  
\$ = ; /sf/n] ; fdlhs tyf cflyS ?kn]k5f18 kfl/Psf vf; ul/sg u/La ; dbfosf dfg; x? , cflbjf; L hghftlx? , dwzl ; dbfo tyf blntx?nf0{ ; dfj zls/0fsf] /0fglt lnPsf]5 . gkfnf dlxnf? dfly e|efj ul/Psf]5 t; y{xfdlx? pglx?nf0{klg zziSts/0f ug]sfd ub5f} .

o; cflyS j ifdf :yfglo lj sf; dGqfnosf]sh ah0 !# c/a ?k0f+5 . h; df rfn"vrSf nflu ?= # c/a !& s/f0 tyf khlut vrSf nflu ?= ( c/a (! s/f0 eg] 5b0fPsf]5 .

sh ah0 ?= !# c/a dW0]?= & c/a !& s/f0 gkfn ; /sf/sf]cftl/s /fhZjaf6 , ?= @ c/a (! s/f0 lj bzl cgbgaf6 tyf ?= @ c/a (( s/f0 lj bzl C0faf6 lj lQo ; ft|x? h6f0Psf]5 .

gu/kflnsf?df lb0g]sfoSd tyf ah0M

- utjif{gu/kflnsf cgbfg ?= !& s/f0 ^) nfv lyof]eg]o; j if{o; /sdnf0{pNn]ygl0 aM u/L ? #) s/f0 k|of0Psf]5 .
- :yfglo lj sf; zNsm]of]sg}klg cfofltt ul/Psf j :tx?df ln0g]kj z zNns x] / o; 0f6 ; /sf/n]:yfglo lj sf; zNns egl af0krf0 ub5 . o:tf]/sd ut j if{/ o; j if{u/L (\* s/f0 &) nfv lyof] . o; kfnf blv ; /sf/n] gu/kflnsf nflu lj zif ah0sf] Joj:yf u/sf]5 . ; r'sfssf cfwf/df gu/kflnsf?nf0{gu/kflnsf] ; 8ssf nflu ?=@) s/f0 ah0sf]Joj:yf u/sf]5 . pbf/0fsf nflu %) kltzt hg; Wof tyf %) kltzt e|uflns lfqsf lx; fan]. To:t}cGo sfoSdsf nflu ah0sf]Joj:yf

ul/Psf] 5 . :yfglo ljsf; d6qfnodf l/he{sf]sf] klg Joj :yf 5 To:t}ef]ts of]hg tyf lgdrff  
d6qfnodf klg zx/L l jifo nufot\lj le6g l jifoj :tx?df ah6sf] Joj :yf ul/Psf] 5 . To; u/L c?  
d6qfnox?n] klg gu/kflnsfx?nf0{sxl ; xof]usf sfo6dx? lbg ; \$5g\ . gu/kflnsf cgbfg sfo6d  
c6tu{ o; j if{lb0g]?= #) s/f6 ah6 d]llo]rfn'vr6f nflu ?= % s/f6 %) nfv / khl vr6f nflu ?=  
e\$ s/f6 %) nfv lbg]Joj :yf u/6f 5f6

ca ul/g]k|t'tls/0fdf ejg lgdrff cgdlt k66sf nflu 566}ah6sf]Joj :yf 5 56 e6g]af/df x65 .

rfn'vr6f l j/0fdf x66rf . xfdln]kzf; lgs cgbfg lbPsf 5f6hg'w}]dxTj k0f{5, olt; Dd ls xfdln]cltly  
u6sf nflu ; d] cgbfgsf]Joj :yf u/6f 5f6t/ ejg lgdrff cgdlt k66sf nflu eg]o; lzif6df ah6sf]sg  
Joj :yf 56 . To:t}khl vr6f nflu cgbfgdf xfdln]ljsf; cgbfg, zx/L ljsf; sf]f, Doflr u kn08, u]ld0f  
zx/ ; f66f/l h:tf sfo6dx?df ; xof]u lbPsf 5f6

clxn]; Dd xfdln]gu/kflnsfx?df lbPsf c6o ; xof]ux?sf af/df 5nkm ug{rfx65' . ; /sf/n]gu/kflnsfx?df  
/fli66 ejg lgdrff cfrf/ ; lxtf nfu'ug{kl/kq hf/L u/6f] 5 . :yfglo ljsf; d6qfnon]lj z]fu/L ejg lgdrff  
cgdlt k66f tyf e\$Dklo hf]vg 666s/0fsf nflu gu/kflnsfx?df r]gdfhs sfo6d ; #fng ug{ ; d6j o  
tyf ; xhls/0fsf sdx? ul/x6f] 5 . sxl gu/kflnsfx?n]r]gf clea]llo sfo6dsf nflu ah6 566fpg]sfd  
u/6f 5g\ ; /sf/n]lbPsf]lgb6g cg; f/ xfdln]gu/kflnsfx?df r]gf clea]llo tyf dfg]lo ; f] ljsf; sf nflu  
ah6 566fpg sxl ; xof]u k66f ub]cPsf 5f6. xfn :yfglo lgsfox?n]cfj lws of]hgfx? agf0/x6f 5g\ . o; }  
cfj lws of]hgdf /x] pglx?n]j flif6 of]hg agf65g\ ejg lgdrff cfrf/ ; lxtsf]k]j wfg o; cfj lws of]hgdf  
5 . sxl gu/kflnsfx?n]pglx?sf]cfj lws of]hg zx/L ljsf; tyf lgdrff l jefusf]; xof]uaf6 tof/ ul/x6f 5g\

clgoldt k6[tsf sfdsf nflu klg ; /sf/n]slxn6fxl ; xof]u k66f ug]ub6 . xfdl slxn6fxl dfgj >f] ljsf; sf  
nflu ; xof]u k66f ub6f]pbfx/0fsf nflu tflnd, u]l7L, eD0f tyf /fd] cEof; x?sf]c66f k66f h:tf sfo6dx? .  
sg]klg gu/kflnsdf /fd] cEof; x? ePsf 5g\eg]xfd c? gu/kflnsfx?nf0{to; sf]cgz/0f ug{k]f; flxt klg  
ub6f]. xfdl ; /; fwg tyf ; fdulsf] ; xof]u klg ub6f]. slxn6fxl+hkfg, ef/t ; /sf/af6 k66t xg] ; /; fwg  
tyf ; fdulx? gu/kflnsfx?nf0{pknAw u/fpg]sfd klg u5f6. ; /sf/n]w}]lgb6gx? hf/L u/6f] 5 . :yfglo  
lgsfosf]dfusf cfw/df slxn6fxl xfdlx?n]k]j lws ; xof]u klg lb0/x6f x65f6. xfdl]d6qfnon]c; n cgludgf  
hf6 u/6f] 5 . t/k]k xfdl]cgludg kl sdh] /x6f] 5 . gu/kflnsfsf]; 6bedf a6asf ; dodf klg sg]g sg]  
k6f/n]pglx?sf]cfj Zostf cg; f/ cgludg tyf ; xhls/0fsf]sfd xfdln]u/6f 5f6

ca xfdl ; d:of tyf ; j fnx?sf]af/df 5nkm u/f6

- gu/kflnsf tyf :yfglo lgsfox?df kofft ; W6df k]j lws tyf Joj; flos hgziStsf]cej 5 . olb  
pglx?; u k]j lws tyf Joj; flos hgziSt ePklg u0f:t/lo hgziStsf]eg]cej 5 . olb pglx?; u  
u0f:t/lo hgziSt ePklg cfj Zos kg]tflndx?sf]cej 5 . egf{ug]; dodf sfd ug]sd{f/l lt]0f eP  
klg olb pglx?nf0{cfj Zos kg]tflndx?sf]cej ePdf pglx?sf]lt]0f allb klg sd x6}hf65 .
- zx/L lfgsf]hg; W6fnf0{bfHg]xf]eg]gu/kflnsdf hf]cgbfgsf]dfqf ; f6x]y]f]x]. zx/L lfgdf a; f] f;  
ug]sh hg; W6fsf]6) kl]tzt 5 / pglx?sf]sh uf6:y p]kfbg (GDP) df ^) kl]tzt]of]ubfg 5 .  
t/ zx/L lfgdf nufglsf]dfqf eg]sd 5 . t; y{cgbfgsf]dfqf w}]sd sd 5 / d l:j sf/ s]u5{eg]  
xfdln]:yfglo lgsfo l j z]fu/L gu/kflnsfx?nf0{ejg lgdrff cgdlt k66sf nflu ; xof]u g]u/6f 56f6.
- b]l k66f tyf e\$Dklo hf]vd 666s/0fsf nflu xfdln]lbg]cgbfg ls t sd 5 jf ls t 56}56 . zx/L  
lfgsf ; j fnx? sd k]yldstfd k/6f 5gV cgludgf sdh] /x6f]s/f d]elg g]; s6

/fli66 ejg lgdrff cfrf/ ; lxtsf] kfej sf/l sfollj ogsf af/] rrf{ u/f6. s6b]t/af6 /fli66 ejg lgdrff  
cfrf/ ; lxtfnf0{gl]tdf dhk]fx ug]kb6 . xfdl; u glt ePklg olb o; nf0{kfej sf/l ?kn]sfollj og ul/Pg eg]  
of]Ps /fd]n]v]Psf]b:tf]hdf dfq l; ldt x65 . clxn]; Dd of]6) kl]tzt glt / \*) kl]tzt b:tf]h h:t}5 .  
t; y{xfdln]o; nf0{b:tf]haf6 /fd]sfd ug]gl]tsf ?kdf ?k66t/l t u/f6. ; a]ljsf; ; u ; Dal6wt d6qfnox?n]  
/fli66 ejg lgdrff cfrf/ ; lxtfnf0{pglx?sf]gl]tdf ; dflxt ug]kb6 tyf l j le6g d6qfnox?n]o; ; 6bedf ; xof]u  
ug]kb6 . ljsf; ; u ; Dal6wt d6qfnox?n]o; nf0{sub cross cutting issue sf]kdf :j lsfg{k66 . xfdln]ejg  
lgdrff cgdlt lgb]zsf lbPsf 5f6. gu/kflnsfsf]oyfyf tyf cj :yf x]l o; sf]kl/dfhg ug]klg cfj Zos kb6 .  
xfdln] gu/kflnsfx?nf0{ejg lgdrff cgdlt k66sf nflu kofft ah6 566fpg] kb6 / b]l k66f hf]vd

Gošls/0fsf nflu gu/kflnsfx?nf0{5b6}ahšsf]JoJ :yf ug{kb5 . cfzf u/f]s cfufdl j ifdf ; /sf/n]zt{ lxtsf] cgbfgsf]JoJ :yf ug5 . ol lfqx?nf0{; dfj ž ul/g}kb5 .

gu/kflnsfdf dfgj >f] kšwšsf nflu xfdln] dfgjlo >f] lj sf; lgb]zsf hf/l ug{ kb5 . h; n] ubf{gu/kflnsfx?n]o; sf nflu sxl ahšsf]JoJ :yf ug{kb5 lsgeg] :yfglo lgsfodf o; nf0{PsbD}j]f:tf ug]ul/Psf]5 . r]gf clea]b ug{klg cfj Zos 5 h; n]xfdlnf0{xfdlx? 6f0d adsf]dgl al; /xšf 5f]eg] ; f]g tyf dx; ; ug{; 3fp kšofp5 . JICA sf] ; g\@))@ sf]kl]t]dg cg; f/ klg olb ; g\!(\$š tfsf cPsf]h:tf] ešDk kgM cfPdf sf7df08f]zx/ gk]nsf] ; b/dsfd /x/xg ; Sb5 . sf7df08f]Psk6s 7h}ešDk cfPdf lj dfg:ynaf6 zx/l lf]df hfg]sg]af6f]xš . kh nufot vfgkfgl tyf c6o ; lj wfx? Wj :t xg]5g\ xfdln]gllt lgdf]fx?nf0{r]gfdhs ultlj lwx? ; #fng ušof]eg]cj :yfdf kl/j tš cfp]g ; Sb5 . sxl j ifx?df sxl pšgtlx? eP t/ ol cko]t 5g\ t; y{xfdl cu]l8 a9g}kb5 . :yfglo lgsfox?df cgludg ug{:yfglo lj sf; dšqfno; # cgludg ; Fl 5 . cgludg ; Fl df ejg lgdf] cgdlt kššf s/fx?nf0{cgz/0f ušof]eg] o; n] :yfglo lgsfodf ; xfpb] jftf] /0fsf] ; hgf ug5 . t; y{ s8f cgludg cfj Zos 5 / /fd] cEof; x?nf0{ c6o gu/kflnsfx?df cgz/0f ug{:xof]usf]klg cfj Zostf x65 . sxl gu/kflnsfx? h:tf]n]lntk/ pkdxfgu/kflnsf tyf sf7df08f]dxfgu/kflnsfdf ejg lgdf] cgdlt kššf sfof]ogdf sxl c; n kl]tkm klg k]t ePsf 5g\ Toxf+b]l kšf]k hf]vg Gošls/0fdf sxl kšf; x? ePsf 5gV ol s/fx? c? gu/kflnsfx?n]klg cgz/0f ugkb5 . o; ld; gnf0{c? gu/kflnsfx?df JoJ xf/d}n]hfg' kb5 . :yfglo lgsfox?sf]cfj lws of]hgf tyf j flifš of]hgfdf ahšsf]klj wfg ; lglZrt ug{xfdln]k] ; flxt ugkb5 . tkf0x?; # ko]t ; šofdf klj lws hgZ]st ePdf / ko]t ahšsf] klj wfg ePdf o; n] kšf]sf/L sfof]ogdf ; xof]u kšofpg] 5 e6g] d cfzf ub5' . xfdln] 6f]h/nš ; #7g ; lxtsf]gful/s ; dfh kl/rfng ug{kb5 . o; kšf/sf ; #7gx? ePsf #) e6bf a9l gu/kflnsfx? 5g\ . olb xfdln]ejg lgdf] cfrf/ ; štf nfu' ug{o:tf ; #7gx?df r]gf ; hgf ug{; Sof]eg]zx/L lf]sf] cj :yfdf /fd]kšf] kg5 . d cfk]k]t'tls/0fnf0{log}hfgsf/Lsf ; fy c6t ug{rfx65; w6oj fb .



:yfglo ; /sf/sf]; xeflutf / k/fdz[M j gkf gu/kflnsfsf]cgej

z/z > j  
0€ agkf gu/kflnsf



k|t'tls/0f ug[dfs] lbg'ePsf/f cfb/0flo dxfgfej x?nf0{w6oj fb . ejg cfrf/ ; lxtf nfu'ugf0{agkf gu/kflnsfn]s]:sf ; 3ifx? ufof] s]sit sfox? u/]to; j f/]d cfn]f]cgej af8y ug{u0{x\$]5'.

gkfn ; /sf/n]lj = ; \*@)^) ; fndf ejg lgdf/f cfrf/ ; lxtf nfu'ug{k5{e6g]cfb}z cfpq' e6f cufl8 g}agkf gu/kflnsfn]gkfn]klxn]gu/kflnsf h; n]ejg ; lxtf nfu'ug[u]f]j k|t ug{vfh]f]lyof]t/ lj lw sf/0fn] xg ; s6j .

agkf gu/kflnsfn]sg}Pp6f l; 4ft lnP/ cufl8 a9y'kb5, ; fy}sg}klg glt lgod nfu'ug{cufj}k0f{?kn]nfu' ug{; ls65 / cfkm'; lfd 5' e6g]cfdlj Zj f; ePsf dfq To]glit lgod nfu' u/f]e6g]dg; fon]agkf gu/kflnsf cufl8 a96f] . c6oyf Toxf+sg} s/f sdhf] /xdf To; n] ; Dk0f{l; :6dnf0{g} ck76f/f] kf5{ eg] xfdln] ejg cfrf/ ; lxtf nfu'gu/\$f xf}.

sg}klg 9uf b]tf xg ; St6j hj ; Dd dflg; x?n]Tof]9ufnf0{kfh ub6j e6g]df6otf ; lxt agkf gu/kflnsf cufl8 a96f] . To:t}xfdln]ejg lgdf/f cfrf/ ; lxtfnf0{To; }dlt\$] ?k lbg]sf]z; ufof]To; sf/0f klg xfdl nfu' ug[lznlnzndf l9nf eof]. To; df d6qfnon]u/\$f]; xofu, ejg ljefun]u/\$f]; xofu k|t d cfef/l 5' . agkf gu/kflnsfn]lj = ; \*@)%\* ; fndf ejg lgdf/f cfrf/ ; lxtf nfu'ug{sf]z; u/\$f]lyof]t/ Ps}f6l ejg lgdf/f cfrf/ ; lxtf nfu'ug{g; lsg]ePsn] xfdln]ejg lgdf/f dfkb08 nfu' ufof]. To; e6f cufl8 ejg lgdf/f dfkb08sf]cf8df s]n af6f]5f6y] em6fn /Vg slt lkm6 hluf 5f6y]h:tf hDdf b06f dfq klj wfgx? lyP . glt tyf lgodx? klg w}sdhf] tyf c:ki6 lyP . ejg lgdf/f cfrf/ ; lxtf tyf ejg lgdf/f dfkb08 nfu'ug{kb5 e6g] dx; ; agkf gu/kflnsfn]Toltahf ufof] hgahf lj = ; \*@)\$% ; fndf e\$Dk cfof] . lj = ; \*@)%\* ; fn jf ; g\@)! Dff ejg lgodfjnl (building bylaws) tof/ ufof]/ ; f]tof/ ubf{ejg ; lxtsf slx klj wfgx? h:t}efof#) ld6/e6f a9l ePdf b0j 6f efof+sf]cfj Zos kb5, dVo af/ j flx/ vllg' k5{ cfuf6 ; /lft xg] pkfox?, ejg prf0df l; ldttf, ; fj h]gs ejgx?df r66f+af6 argsf nflu cfj Zos kj6w cflb h:tf s/fx? pSt lgodfj nldf ; dfj z u/\$f lyof].

ejg ; lxtfnf0{k0f{; km]tf; fy nfu'ugf0{z?df NSET sf]klj lws ; xofu]df ; g\@))@ blv @))# ; Dd ! j if{ nufP/ xfdln] agkf jftf/0f gS; fsg sfo\$6 (Banepa Environment Mapping Program-BEMP) ; fng ufof]. o; sfo\$6 cftu\$ xfdln] agkf gu/kflnsfsf]ef]ts ; Argf tyf ; f]x?sf] ; f'gf dfq ; sng ufof]. pSt sfo\$6 ; fng eP nuQ}NSET s]klj lws ; xofu]df agkf e\$Dklo hf]vd Joj:yfkg sfo\$6 (Banepa Earthquake Risk Management Program) nfu' ufof]. BEMP jf BERMP h]eg] klg To; sf]dVo p2]o ejg ; lxtf; Dd cf0klg'g]xf]/ ejg ; lxtf nfu'ugf0{g}tl sfo\$6x? ; fng u/\$f xf]. To; kl5 xfdln]e\$Dklo b7ox?sf]kl/slkf ufof]; fy]hg]tnf0{; ; lrt klg ufof]. lj le6g dfqsf]e\$Dk cfof] eg]s]x65 < agkfdf xdf]ejgsf]l:y]lt s:tf]5 e6g]Pp6f e\$Dksf kl/b[o (earthquake scenario) tof/ ug] / lgdf/f sfof] ; mlg xg] Olghlgo/, cf6/l; o/ ; x- cf6/l; o/ / 8sdlx?nf0{ tflnd lbg] ; f] agfof]. ; j {fwf/0df r]gfdhs sfo\$6x? ; fng ufof]. e\$Dk kl/b[o; # ; Dal6wt Ps k\$]sf ; f'gxf? ; sng ul/ ; skl5 radius e6g]Pp6f cf]h/ k6f]u u/] slt /\$6/ :sh]sf]e\$Dk cfof]eg]slt lft x65 eg] agkfdf clloog ufof]. To; \$]cfw/af6 xfdln]hf]vd lrg tyf ; f'gxf? tof/ ufof]. pbfx/0fsf nflu lbgdf e\$Dk cfof] eg]slt d56V slt 3f0t]x65g\ To:t]/lt cfof]eg]slt d56V 3f0t]x65g\ slt /\$6/ :sh]sf]cfof]eg]slt

d5gV 3f0t]x65g\cflb . To:t}vfg]kfgl, ljhhlsf]l:ylt s:tf]x65 cflb cgdfig ug]. e\$Dkn]gf\$; fg ug{: Sg] lfgdf xfdln]s]s]ug[e6g]; jfndf ; j e6bf 7hf]; j {fwf/0fnf0{r]gf hufpg]g}xf]. ; f]r]gfdhs sfo\$dx? ljle6g tl/sf]f6 ug[h:t}Pkm= Pd=, kqklsfx?, ; 8s gf6s, tflnd, c:ktfn tyf lj Bfnox?df o:tf r]gfdhs sfo\$dx? ; #fng ug]cflb . To:t}0l6hlg0/, cfe/l; o/ tyf ; a-cfe/l; o/x?sf nflu tflnd cfofhgf ug]. lj Bfnox?df e\$Dklo ; /lff sfo\$dx? (earthquake safety programs) ; #fng ug] lfdtf clej mbsf sfo\$dx? cflb h:tf ljle6g sfo\$dx tyf ultljwx?sf af/df xfdln]; rL tof/ ug]sfd u/\$f lyof}.

agkfsf hgtfx?df g\$zf kfz ug{k5{e6g}efj gf lj sf; BEMP sfo\$dx;c;/sf ?kdf bl]vof]. ejg ; ktf nfu' ug{k5{e6g}hgtfx?af6}dfu cfPsf]5 . ; j e6bf uj \$f]s/f agkfdf 8sdl{; dx 5 / pglx?sf]cfkmg}; ldt klg 5 . ; f]; ldttdf cllolf, pkfllolfsf]rgfj klg x65 . kln]kln]tflndsf nflu 0l6hlg0/x?sf]cuf]8 cpg 8sdl{x? 8/fpg]uy]pglx?df cfdlj Zjf; sf]sld lyof]t/ tflnd kfP kl5 pglx?df cfdlj Zjf; j 9\$]5 . h:sf km:j?k lgdf} sfo\$dx pglx?sf]zlk tyf lfdtfsf]clej mb ePsf]5 .

log}lj ifox?nf0{lnP/ xfdln]w]}k6s uf7l tyf tflndx? cfofhgf u/\$f lyof}. ; 8s gf6saf6 klg ; j {fwf/0fdf r]gf hufpg]r]gfdhs sfo\$dx? ; #fng u\$of}. ejg ; ktf nfu' ug]; jfndf tflnd kkt 8sdl{ 0l6hlg0/, cfe/l; o/x?n]kz u/\$f]g\$zfx? dfq kf; xg]geP xfdl g\$zf g}btf{gug]egl agkf gu/kflnsf cuf]8 a9\$]5 . o;/l tflnd kkt 8sdl{x?n]agfpg]3/ tyf ejgx?nf0{dfq lgdf} sfo\$dx :jls[l lbg] tyf lglZrt 8sdl{af6 lgdf} sfo{geP :jls[l g]glbg]u/l xfdl cuf]8 al9/x\$] 5f}. ; Argfut lj Zn]f0sf ; Gbedf xfdl nlnk/ pkdxfgu/kflnsdf h:t} pk; ldt u7g ug] kof; df 5f} . t/ ; kl/]f0sf sdsf sf/0fn] ejg ; ktfnf0{suhl ?kdf dfq l; ldt gu/l jf:tlj s sfo\$dx og lfgdf nfu' ug}; ej xg ; ls/x\$]5g .

ca d ejg ; ktf nfu' ug]; nl; nfdf cfPsf rfg]tx?sf]af/df k|t'tls/0f ug\$' . ; j kyd d6qno; # ; d6j osf] sdsf af/df sxl s/fx? k|t't u5{. lj = ; #e)^) ; fndf gkfn ; /sf/n]ejg ; ktf nfu' ug{k5{e6g]lg0f6 eP kl5 ejg ljefu / :yfglo lj sf; d6qnon]; j}gu/kflnsfx?df ejg ; ktf nfu' ug{eg} Pp6f kq k7fof]t/ s; /l nfu' ug[e6g]lgbzg rfx+cfPg . To: sf]sll dxgf kl5 ejg ; ktf nfu' ug{d6qnon]s]s]t ; xof]u ug{k5{hfgsf/l k7fpg' e6g]lj ifosf ; fy csf]kq cfof]. To: sf]k]oQ/df xfdln]b0{kfgfsf]kq nlv k7fof}t/ k|ts6f eg]cfPsf]5g .

ejg ; ktf s]xf]/ of]s; /l nfu' ug[e6g]; jfndf klg kzf; g txd f a; \$f JolQm?, hg k|tlglwx?sf]cu] /tfd klg cej bl]vof]. kllj lwsx?sf]sdsf]sf/0fn]sfo{f}df ; kl/]f0f ug{g; ls/x\$]c] :yf 5 . o; sf ; fy}e0/x\$]f] ejg lgdf} cfrf/ ; ktfdf ; zfwg ug{; emf lb0Psf]t/ To: df klg cgy{nfu\$]c] :yf klg cfPsf]n]xfdl] ejg ; ktf nfu' s; /l ug]. xfdl kllj lwsx? o:tf]l:yltaf6 uhl/x\$] 5f}h:tf]lj /fdlnf0{x\$ofP/ Pdahl; n] c:ktfn n]h65 t/ c:ktfndf 8fS6/ g}xbg xfdl 7ls To:t}c] :ydf 5f}. ejg ; ktf ; Da6wl ejg ljefu, cfj f; d6qno tyf :yfglo lj sf; d6qno alr Ps cfk; df ; d6j o eg]xg}kb5 e6g]; Nfx lbg rfx65' .

csf] hgwf/0ff s]klg 5 eg]gu/kflnsf]kllj lwsn]agfPsf]g\$zf l56f]kf; x65 c?n]agfPsf]g\$zf l9nf kf; x65 e6g]5 t/ To:tf]wf/0ff jf ; f]gsf/ftds xf]lsgeg]jf:tlj stf cs}5 . o; df kllj lwsx?n]klg cfkmg] lhDd]f/l ; dodf lgefpg' h6g'kyof].

; ej x65 eg]ejg ; ktfnf0{sDko6/df tYofs] (database) u/l l56f]5l/tf]agfpg' k5{. o; sf nflu xfdln] sf]zz u/f} ; s] Dd l56f]nfu' u/f}.

ejg ; ktf ; Da6wl gu/sf}df tflnd x6f ejg ljefu, gu/kflnsf / :yfglo lj sf; d6qnosf]; eSt kof; df Pp6f vfsf -standard format) tof/ u/f} / To: nf0 Pqsf] ?kdf Nofcf} ; fy} ; j} gu/kflnsfx?n] To] clgj fo{ ?kdf nfu' ug{k5{eg} kqrf/ u/f} e6g] lyof]. To: /l dfq nfu' ug{; ej x65 gq xbg . ejg ; ktf ; Da6wl lj ifox? snh tyf lj Bfnox?df Joj :yf ul/g' kb5 e6g] s/f d ; xif{l:jsf/ ub5' . kf7asdd}; dfj z u/kl5 ejg ; ktf nfu' ug{xfdl ; lfd x65f}e6b}d cfkmg]k|t'tls/0fnf0{oxl c6t ub5' . w6j fb .

# ejg lgdff cfrf/ ; lxtfdf gful/s ; dfhsf]el'dsf

lj el'tdfg l; \*  
cWof

k\$ffk Joj :yfgk ; ldlit, sfdkf - !&, klitlgw, 7dih /fö/L Snj



wGoj fb ; eflktho" cfb/0flo ; fylx? tyf lj bzl ; fylx? . blj k\$ffk] bll6sf0faf6 xfdlx? b0{ ; u; u} t/ Ps  
cfk; df lj /f]fef; dffotfsf cfw/df sfd ul//x\$ 5f; e\$Dksf]; jndf Pp6f dffotf s]/x\$]5 eg]csf[e\$Dk  
cfpg xfdl; u cemj@) j if\$] ; do 5 eg]csf[dffotf s]5 eg]xfd; u Ps jif{klg 5g / of]cfs:ds cfw/df  
ul/gkb5 .

klxnf] dffotf w}}cfzfj fbl / ; sf/f]ds cj :yf ; u}z? x65 . dhe't l; Wof]tsf af/d]f s'/f u/f}- ejg lgdff  
cfrf/ ; lxtf, ; fj hlgsg hgl ; femf/L, ; dfj zls/of tyf lgoldt c6t/s6f .

xfd; u kz: t ; do 5 / tn blv dfl; Dd r]gf hufpg' k5{e6g]dffotfdf cfs:ds ?kdf ul/g]tof/lsf dhe't  
l; Wof]tdf xfdln]sfd ugkb5 . t/ csf[dffotf s]5 eg]tNnf]:t/df cgz/of ug5 / o; sf nflu xfd; u ; lldgf/  
tfindx?sf]tof/L / ; fng ug]; do 5g . sfu s/fp6}u5{lkgf ; Sb}u5{e6g]pvfg h:tf]ug]ePg . tNnf]:t/df  
jf lgsfodf e\$Dk cfo]eg]s]b]:t/af6 sDtlfd b0{xktf; Dd ; xofu cfoKlb6 . To; h]tNnf]:t/df xfdl :j fj nDal  
xgkb5 . xfdl 7dihsf]/fö/L Sna dfkmt\ sfd ul//x\$ 5f; . xfdln]tlgj 6f j 8fx? dVotof j 8f !&, @( / #) sf  
j fl; Gbfnf0{pTk]/t / kl/rflnt u/\$f 5f; . csf[d]xgfd}e\$Dksf]k\$ffk xg ; S5 e6g]dffotfdf xfdln]sfd u/\$f  
5f; . To; h]xfdln]:j o+}sx?sf]6fhl tof/ u/\$f 5f; . f]6fhl cfw/e't klyds pkrf/, vf]h / pWof/ sfo6f  
tfind kkt 5g; fy)e\$Dksf 36gdf t?6t}so{ug; Sg5g\ xfdln]j 8f g+!& df @.))) hg; Wof]sf]cfw/df  
sl/a @)) hgf :j o+}sx? tof/ ug]sflz; ul//x\$ 5f; o; df xfd]dffotf s]/x\$]5 eg]Ps :j o+}sn]!))  
hgf dflg; x?sf]x]/lj rf/ ug; ; sf] \. t/ dh]s]; g\$]5' eg]hfkfgd k]o\$ @) hgfsf nflu Pshgf tfind  
kkt :j o+}s x65g\ xfdln]c? j 8fx?df klg To; / l g]sdsf/j fl cuf]8 a9f0/x\$ 5f; .

/zdl /fh kf08]/ ; 'z >]7n]ejg lgdff cfrf/ ; lxtsf]cgludg sfo{sdhf] /x\$]eg] e6g' ePsf]5 . hxf+Dd  
SONA / SCAEF sf]; Gbedf xfdl ; fwi/of zNsd] lgdff sfo\$]gS; fsgsf] cgludg tyf lgo6of u/  
gu/kflnsf tyf s]b]t/sf lgsfox?df cyk0f{el'dsf vllg ; S5f; . xfdln]oxl cg/f]v gu/kflnsf?df k7fPsf] t/  
xfn; Dd sg}klg ; sf/f]ds hj fkm cPsf]5g . s]b]t/sf lgsfox? / gu/kflnsf?df cgludg sfo6f ; xof]sf  
nflu of]Pp6f ; fj hlgsg hgl ; femf/Lsf]/fd]pbfx/of xg; S'of]. SONA sf]; Gbedf ; sf/f]ds kl]ts6f k]ktsf  
nflu s]bb6 ; /sf/nf0{xfdln]; emfj x? k7fPsf 5f; . d olx lznlnfd tNnf]:t/df lgoldt ; xof]sf nflu  
lj bzl ; fylx?nf0{cg/f]v ub5' . tNnf]:t/sf ; jfn tyf d2fx?df UNCRD ; r] 5 e6g]s/fdf d lj Zj:t 5' .  
w}}w}}wGoj fb .

>l ykfm >l lj el'tdfg l; xnf0{ k]t'tls/0fsf nflu wGoj fb . dnf0{ nlu5 pxfm] cfkmg] k]t'tls/0fdf lj lj w  
klfx?nf0{; d6g' ePsf]5 . ca xfd]5nkmsf]; do cPsf]5 . oxf cl3 blv g]5nkmsf nflu ; xeful ; fylx?n]  
pI; fx blv0/xg' ePsf]5 / xfdl; u ; do klg sl/a #) ldg6 hit 5 . t; y{oxfx?n]cfkmg] s'/fx? dg knsfP/  
/fVg' xg5 e6g]d cfzf ub5' .

; q - ^

; dxut 5nkmM ej g lgdf0f cfrf/; lxtfdf  
gu/kflnsfsf]k0fnl

clwlf M k?iff0d 8wfh, pk-dxflgbzs, ej g ljefu

kZgf0/ ; j [f0fsf]k1/IDes gtlhf -; Dk0f{gu/kflnsfsf]; f/\_ M /dZ u/fuf0{ lgo0qs,  
eSDk 0f / tflnd, Pg; 0 gkfn

ej g lgdf0f cfrf/ ; lxtf / To; sf] sf0f0j ogsf] lj Zj Jofkl ; j [f0f, gfcf\$] ldlzdf,  
cg' Gwffg ; xfos, cg' Gwfg clws[, oPg; lcf/8l k\$fk Joj :yfkf ofhgf xoflf]  
clkm;

; dxut 5nkmsf j 0fx?, lj i0f' xl/ kf08] cg' Gwfg clws[, oPg; lcf/8l k\$fk  
Joj :yfkf ofhgf xoflf]clkm;

; dxut 5nkmsf]k|t'tl

; dx s M gu/ ; /sf/ / ; dbfosf]lfdtf clej [4

; dx v M lbuf]ej g lgo0q0f / k/fdz\$fnlu kZfzlgS 9fFf

; dx u M ej g lgdf0f cfrf/ ; lxtfsfnlu cfj Zos dfgj / cfly\$ ; #fwg

# kZgfQ/ ; j [f0fsf]k/IDes gtlhf -; Dk0f{gu/kflnsfsf]; f/\_

/dž u/fuf0  
lgo6qs, ešDk 0f / tflnd, Pg; ž gkfn



; ahgdf zèkèft\ dZ]gfd /dž u/fuf0{xf]/ d NSET df sfo{t 5'. xfdln]kZgfj nlx? lxhf]; fèdf w]}l9nf]  
u/L kflkt ufof}. sxl kZgfj nlx? ev{ }dfq kflkt ufof}/ o; nfo{lj Zn]f0df ; dfj ž ul/Psf] 5g . hltj 6f  
kZgfj nlx? kflkt ufof}+tlx?nf0{lj Zn]f0f u/L xfdln]kfl/ddf /fvšf]5f}; o; af6 glthfx? eg]/fd]lg:sšf 5g\

kZgfj nldf lgdg s/fx? ; dfj ž lyPM  
gu/kflnsfsf nflu kZgfj nll slt gu/kflnsfx?df ejg lgdff cgdlt k0ffnl 5 / To; dWo]slt gu/kflnsfx?df  
cgdlt kš0f cftuf ejg lgdff cfrf/ ; lxtf ; dfj ž 5 . csf{kZg kZgfj nldf ejg lgdff cfrf/ ; lxtf nfu'  
ug{ ; aè6bf 7hf] ; d:of s]/xšf]5 / o; sf] ; wf/sf nflu gu/kflnsfx?df s]/s/fx?sf] cfj Zostf 5 e6g] s/f  
/xšf]5 . tfls cPsf glthfx? cfufdl lbgdf k0f]u ug{ ; lsof] \

xfdln]sl/a @% j 6f kZgfj nlx? kflkt ufof}h; dWo]@! j 6fnf0{dfq ; dfj ž ug{ ; Sof}; @! j 6f ; a}gu/kflnsfx?df  
ejg lgdff cgdlt kš0f/k0ffnl 5 . lsgg]; ah]"5" eg] e6gePsf]5 . pxfx? dWo]of]kš0fdf ejg lgdff  
cfrf/ ; lxtf Ps cwsf]?kdf 5 eg] e6g' ePsf]5 eg] sl/a %) klztzn]ejg lgdff cgdlt kš0fdf ejg  
lgdff cfrf/ ; lxtf sxl cZsf]?kdf 5 eg] e6g' ePsf]5 . of]lj zif]ul/sg ejg lgdff cgdlt kš0fsf nflu xf].  
ejg lgdff cgdlt kš0f nfu' ePsf]; kmtfsf]cgkftsf]; Gbe0f hxf+of]kš0f nfu' ul/Psf]5 Toxf+sh lgdff  
sfošf] %)-&) klztz lgdff sfo0f ejg lgdff cgdlt kš0fnf0{cgz/of u/šf 5g\ . To:t}sl/a \$) / #)  
klztzn]lgdff sfošf]sl/a &)-() klztzn]ljlgodnf0{cgz/of u/šf]eg] e6gePsf]5 . sxl %-@% klztzn]  
s]n #)-%) klztz ejg lgdffdf ejg lgdff cgdlt kš0f cgz/of ePsf]atfpg' ePsf]5 . ol ljleg  
gu/kflnsfx?af6 cPsf klts0fx? xg\ . o; n]s]b]vfp5 eg] s0tldf &) klztz ejg lgdff sfošf] %)-^)  
klztzn]ljlgods]cgz/of u/šf 5g\ xfdl; u lgSs]/fd]glthf 5 .

slt gu/kflnsfx?n]sb]g sb]kšf/sf]k/fdz{ ; jf hgtf, l8hf0g/ tyf c6o Joj ; flos JoIStx?nf0{kfof0/xšf]  
csf{kZgdf sl/a Ps ltxf0{gu/kflnsfx?n]pSt ; jf kfof0/xšf]kfoPsf]5 .

7hf ejg ; ldl lgdff e0{agf0g]; fj hlgS ejgsf]; Gbešf]csf{kZgdf @) klztzn]sb]klts0f g]lbg' ePg  
eg] sl/a !\$ klztzn]xf]Tof]5 egl e6gePsf]5 . t/ w]h; fh] xfd] gu/kflnsfdf To; kšf/sf ; ldltx?  
5ggh; n]dx]j k0f{kšf/sf ejg lgdffsf sfo{? xg]ub5 eg] e6g' ePsf]5 .

xfdl; u tlgj 6f c? kZgx? 5gV xfdl; u rfvnf0b]glthfx? kflkt 5g\ tl dWošf Ps kZgdf sdhf] ejg lgdff  
xgšf]dh sf/of tyf ejg lgdffdf ešDklo ; /lffds pkfox? jf:tlj s ?kdf lsg nfu' ug{ ; lsg e6g] ; j fndf  
3/wglx?df pTk]0ffs]cejf ePsf]w]h; fh]pNn]y ug'ePsf]5 . csf]pQ/df 3/wglx?sf]klj lwx?df kxšf]cejf  
e6g]klg 5 hg hgtfsf]r]gf; u ; Dal6wt 5 . olb xfdln]ol bj]nf0{hfšg]xf]eg]# \$ / @ \$ klztz u/L %\*  
klztz x65 / %\* klztz ; xefulx?n]3/wglx?s]pTk]0ffs]cejf / pglx?sf]klj lw; usf]kxšf]cejf g]3/  
lgdff sfo{ ; /lft gxg]dh sf/s tlj ePsf]eg] e6gePsf]5 .

c? nfu' ug{ g; Sgdf sxl sf/0fx?df h:tf] cflyš cj:yfsf sf/0fdf !\$ klztz, Joj ; flos JoIStx?df  
klj lw ; Dal6w hfgsf/Lsf]cejf df !\$ klztz /xsf]5 . 3/wglx?df pTk]0ffs]cejf g]dVo sf/of em]xfdln]To:t}  
vfnsf klts0fx? c? kZgx?df klg kPsf 5f}; o; df dVo sl7g ; jfn rfx+ejg lgdff cfrf/ ; lxtfsf]

kfej sf/L sfofj og g}xf]. \$% kl|zt ; xefulx?n]cbfntsf]cibz kngf hgftfx?n]OR5f ugIgu/\$f]atf0Psf] 5 . c?x?n]0lghlgo/x?sf]Joj ; flos zlk zx/x?df sd ePsf]elgPsf]5 . klxnf]kfyldstfdf hgtfx?sf]rjgf clea||b /x\$]5 eg]bf]f]kfyldstfdf gu/kflnsfsf sdf/f/L / Joj ; flos JolStx?df lfdtf clea||bsf s'/fx? /x\$]5 . rfvnflubf]s]5 eg]nfu'ug\$fnflu ljlQo >f]sf]cej / ejg lgdfqf lgoq0fsf nflu sd ; Wofdf sdf/f/L /x\$]s'/fn]sd kl|zt cyf{\sdz||!% / @) kl|zt kfPsf 5g\ . o; af6 dnf0{s]nfl5 eg]xdlx? cfknyf]zx/df ejg lgdfqf cfrf/ ; lxtf nfu'ul//x\$]5g}ls . o; ; Gbedf xfdln]e6of]ls sdf/f/Lx?sf] ; Wof kof{t 5 t/ of]cj:yfdf olb xfdln]sfd z? u{of}eg]Joj ; flos sdf/f/L kof{t gxg ; S5 . oxf+tYofs lj Zn}f0f ubf{s]kf0Psf]5 eg]gu/kflnsfx?df sdf/f/Lx?sf]cej 5 / ljlQo ; d:ofx?sf] ; fdgf u/\$f]5 . uxg ; d:of rjgf / lfdtf ljsf ; ; # ; Dal6wt 5g\

ejg lgdfqf ; /lff; # ; Dal6wt ; d:ofx?nf0{ ; Daf}vg ug{gu/ ; /sf/sf] lfdtf ljsf ; g}kfylds cij Zostf xf]. gu/ ; /sf/, 0lghlgo/ tyf 3/wglx?alrsf] ; d6jo tyf ; #f/sf s'/fx? 5l6/x\$] 5g\

ejg lgdfqf cgdlt k\$6f/k0ffnlsf] pkoSt ljsf; n] bf]f] bhf{ k{t u/\$f] 5 . olb xfdln] rjgf, ; d6jo tyf ; #f/sf ; 6qx? ljsf; u{of}+/ pkoSt ejg lgdfqf cgdlt k\$6f/k0ffnlsf] ljsf; ug{ ; Sof}eg] xfdl tl ; d:ofx?nf0{ ; Daf}vg ug{ ; S5f}.

d}f]k|t|t|s/of sf]cz oldt} ; ls65 / csf]cz ; >l ldlzdfn]k|t|t ug{65 .

# ejg lgdf@f cfrf/ ; lxtf / To; sf]sfolfj ogsf]lj Zj Jofkl ; j [f0f

gfcf\$]ldlzdf  
cg; Gwfg ; xfos  
oPg; lcf/8l k\$fk Joj :yfkq of]hgf xof]uf]clkm;



d]f]gfd ldlzdf xf] / d UNCRD df sfo{t 5' . d 5f@s/ldf e\$Dklo ; /lffds 3/x?df UNCRD sf] k@f; x?sf af/df s/f ug\$'. To; kl5 d kl/of]hgf]Ps czsf]?kdf ut j if{ul/Psf]; j [f0fsf]kl/0ffdx?sf af/df rrf{ug\$'.

e\$Dklo ; /lffds 3/x? (HESI) sf af/df s/f ubf{cNhl}/of, 008f]l]zof, gkfn / kP u/L hDdf rf/ bzx?df of] sfo\$@ nllft 5g\ o; sf]; dfoj wl ; g\@)) & b]v @)) ( ; Dd /x\$]5 / of]kl/of]hgf e\$Dl ; Argf tyf offtoft d@qfno (MLIT), hfkfg ; /sf/sf]cfly\$ ; xof]uf ; #flnt 5 . HESI sf]dVo rf/j 6f s@fsnfkx? 5gM

- != k@ffnl dNof\$g – HESI ; Dal@wt kZgfj nlx? k7fpg]/ cfPsf klts@fx?nf0{ dNof\$g ug].
- @= r]gf cleaM – ejg lgdf@f of]hgf / ejg lgdf@f cfrf/ ; lxtfdf /fli6@ tyf :yfglo ; /sf/sf sdf/l / k]lj lws / k/fdz\$? alr .
- #= gllt lj sf; - lj leG ; /lffds 3/x? tyf k/Dk/fut 3/x?sf]; /lffds pkfox?df glltut ; emfj x?sf]lj sf; .
- \$= ejg lgdf@f cfrf/ ; lxtf k@fj sf/l ?kn]sfolfj og ug{/fli6@ tyf :yfglo ; /sf/sf]lfdtf cleaM .

## kZgfj nlsf]lgZsif{

of] ; j [f0f utj if{cS6f@ / l8; D]a/df ul/Psf]lyof] / sh @^ j 6f pQ/x? kfof}. !# j 6f /fli6@ ; /sf/ / !# j 6f :yfglo lhNnf?af6 k]t u/\$f lyof}. xfdln]gkfn ; /sf/sf ; fy}nlntk/ pkdxfgu/kf]nsfaf6 k]t u/\$f lyof}.

kZgfj nldf ; ftj 6f dVo s/fx? 5g\ k\$fk c@ej sf]0ltxf; , ejg lgdf@f cfrf/ ; lxtsf]k@fj nf\$g, ejg lgdf@f cfrf/ ; lxtsf] sfolfj og, ejg lgdf@f cfrf/ ; lxtsf] v08, krf/k]f/ tyf sfolfj og; # ; Dal@wt ; r'gf tyf ; d:ofx?, ejg lgdf@f cfrf/ ; lxtf tyf k\$fk Joj :yfkq; # ; Dal@wt ; d:of tyf ; jfnx? .

## sxl dVo tYox?

d oxf+sxl dVo tYox? j 0f@ ub\$'.

- ufhf afx\$ /fli6@ tyf :yfglo ; /sf/x?; # ejg lgdf@f cfrf/ ; lxtf 5 . clxn]lhaf@l; # d:of@f ; lxtf 5 .
- 0ltxf; df w}]le@gtf 5 . nfd]0ltxf; af\$]f]Pp6f c; n :yflkt ; lxtf -; g\(@) b]v hfkfg\_ b]v ev{ k; ePsf]-; g\@))^ b]v a#nfbz\_ ; lxtf; Dd 5 .

lj leG bzx?df gg-0lGhigo8{ej gx?sf] thgf ubf{rfvn]ubf] tYox? kf0Psf]5 . cl3 elgP cg; f/ \*) kl]tzt gk]nsf ejgx? gg-0lGhigo8{5g\eg} (& kl]tzt ef/tsf ejgx? gg-0lGhigo8{5g\ gk]nsf \$) kl]tzt ; a} gg-0lGhigo8{ 3/x? 3/wgln] g} agfPsf 5g\ . of] w}] 8/n]ubf] cj:yf xf] lsgls 3/wglx?nf0{ ejg lgdf@fsf ; /lffds pkfox?sf af/df yxf gxg ; Sb5 . zlstzfnl e\$Dk cfPdf of]; d:of xg ; S5 .

kl't :Sj fo/ ld6/df cfrf lgdf nfut tyf lgdf ; fdullsf]j f:tlj s nfutM  
nfutsf] ; fwf/0f kj [tsf af/df tkf0x?sf] wofgfsif uf ug{rfx65'. tkf0x?n] bVg ; Sgx65 ls 0lGhigo8{l gdf df  
a9l nfut nfu5 . gkfndf gg-0lGhigo8{ejg agfpbf nllg]nfutsf] thgdf 0lGhigo8{ejg agfpbf bfa/ nfut  
nlu5 . gkfndf 0lGhigo8{ejgx? ; /lft 5g\ xfdln] ; flg's] kb5 eg] hgtfn] eSkaf6 aRg ; /lft 3/x?sf  
nflu a9sf] nfut lsg ltg{ rfx65g\ To:t} ; /lft 3/ lgdf ug{ xfdln] s; /l pglx?nf0{ kfl; flxt  
ug{ ; S5f; ; /lft 3/ agfpg kfl; flxt ug] sddf lhDd] f/ sf] xgkb5 . d7f]lj rf/df ; /lft 3/ lgdf sf nflu  
hgtfnf0{ kfl; flxt ug] eldsf ; /sf/sf] xgkb5 . pbf/0fsf nflu ; /sf/n] 3/wglx?nf0{ sxl sfo\$dx? kbf  
u/L ; xofu ug{ ; Sb5 .

gkfndf ejg lgdf cfrf/ ; lxtf kfej sf/L ?kn]sfofj ogdf blVPsf ; d:ofx?M

- hgtfx?df eSklo ; /lft ; Dalwt r]gfsf]cejf ,
- ; lxtf nfu'ug] ; jfndf tfind kfl't kflj lwsx?sf]sdl, tyf
- ksfk Joj :yfk; u ; Dalwt ; /sf/L gltx?sf]cejf .

ejg lgdf lgodn]sfd ug{ejg lgdf cfrf/ ; lxtsf]w}]cfl't\$tf{xgkb5 . t/ To; sf nflu tfind kfl't, zlk  
ePsf sd{f/L tyf Joj ; flos sd{f/L xgkb5 . To; sf ; fy; fy} ejg lgdf cfrf/ ; lxtf nfu' ug{ dfu  
ug]3/wglx? klx xgkb5 .

lgod sfg9sf]lj kl/t ePdf lgodn]sfd ug{ kffnl klx xgkb5 . kl/kfngf tyf lgodsf] alvfk sf u/df  
o:tf] ; eGqsf]lj sf; ul/gkb5 h; n]tl s/fx?nf0{; Rofpg ; sf] \ d7f]lj rf/df gkfndf ul/g'kgIdVo sfdx?dfM  
!= ejg lgdf cfrf/ ; lxtsf nflu gkfndf tfind cfl't\$tf\$]cfj Zostf 5 .  
@= ejg lgdf cfrf/ ; lxtf ; kmfkt] \$ nfu'ug{ufxs j f dfustf?sf]nflu lzlff cfj Zos 5 .

d7f]k|t'tls/0f olt g}xf]. w7}w7}w6oj fb .



>l u/fuf0M sxl s/fx?df d tkf0x?nf0{k|6 kfg{rfx65'. Pp6f s/f s]xf]eg]gu/kflnsfdf ejg lgdff cgdlt  
k\$6f/k0ffnlsf nflu kmnf] rf6{kQf nufpg' xf]. xfdln] ; xeful ePsf gu/kflnsfx?nf0{tlg efudf jul\$0f  
ug]sf]zz u/\$f 5ff

- != dxfgu/kflnsf tyf pkdxfgu/kflnsf
- @= ! nfv hg; Vof ePsf gu/kflnsfx?
- #= dfly pln]vt hg; Vof sd ePsf gu/kflnsfx?

dxfgu/kflnsf tyf pkdxfgu/kflnsfdf k0ffnl sxl 7ls 5g\ xfdln]o; nf0{lk46 u/\$f 5f)/ ; dx sf6f]bf]fgdf  
o; kmnf]rf6{nf0{l] t/0f ug]sf]h; n]ubf{Ps c; n k0ffnlsf]; emfj tyf klxrfg ug{; lsof] \

- != cfj Zos b:tfj]h tyf ejg g\$; f\$gsf]kz
- @= k]of\$ j if{ejg g\$; f\$g tyf cfj Zos b:tfj]h r\$hf# ug]/ o; n]/lhi6zg k\$6f tyf s/  
eStfgldf hf\$ lb65 .
- #= sfgg] ; r'gf tyf lkml8 r\$sf nflu of]j 8f :t/df hf65 / kgM cfp5 / ; f06 kflj lws kltj dgsf]  
tof/l x65 .
- \$= k\$6f]sf]klxnf]r/0fsf]; dflkt kl5 kgM rfn' /x65, olb of]7ls 5 eg]csf]r/0fdf hf65 / 7ls  
5g eg]; wf/sf nflu ; emfj ub5 .
- %= csf] r/0fdf pglx?n] :jls[tsf nflu cgdlt k6fg ub5, kgM r\$ ub5 / lgodfj nl  
cg; f / ; Rofp5 / 7hf]; Argf lgdff]sf nflu cgdlt lb65 .

xfdln] 5f6f]cj lwdf tof/ u/\$f]of]; fwf/0f ejg lgdff cgdlt k\$6f xf]. xfdl ; dx sf6f] cem lj :t\$ ?kn]  
ug]sf]z; ug]sf] 5f6s/ldf e6g]xf]eg]7hf zx/x?df k0ffnl b?:t 5 eg]; fgf zx/x?df ; fwf/0f 5 . lgZsif{olt  
g}xf]. w6j fb .

>l 8ufjM w6j fb >l u/fuf0hl . pxfm]gu/kflnsfaf6 k|kt ePsf] kZgfj nlx? lj zif u/] ejg ; lxtf / ejg  
cgdlt k\$6fx?sf af/d]f lj Zn]f0f u/L k|t'tls/0f ug]ePsf] 5 . To; u/L ; >l gfcf\$] ldl; dfn] klg lj Zj s}  
s/fnf0{lnP/ k|t'tls/0f ug]ePsf] 5 . gkfns}af/d]f klg ejg ; lxtf sf6f]ogsf]l:ylt / 0l6hlg08{/ gg-  
0l6hlg08{ejgx?sf af/d]f klg k|t'tls/0f ug]ePsf] 5 .

**; dxt 5nkmsf j bfx?**

o; }lznlnfdf ; dX sfof nflu xfdln]; dX lj efhg u/\$f 5f}. tlgj 6f ; dXdf xfdl sfof? ug5f}. tl tlgj 6f sfof{x? o; k\$/sf 5gM

; dX !M gu/kfnsf ; /sf/ tyf ; dbfox?sf]lfdtf cleaM = @& ; xefulx?  
; dX @M lbuf]ejg lgdf@f lgo6q0f tyf k/fdzf nflu kzf; lgs ; Argf = @@ ; xefulx?  
; dX #M ejg lgdf@f cfrf/ ; lxtf nfu'ug{koflt dfgj lo tyf lj lQo >f}x?sf] ; lglZrttf = @% ; xefulx?

>l k08M lxf] / cfh ePsf k|t'tls/0f tyf 5nkmx?nf0{ Psls[ ?kdf hfB} sfozfnfsf] glthfsf ?kdf :yfglo ; /sf/df s:tf]lsl; dsf]ejg lgdf@f cgdlt k\$@f xgkb5 eG]s/fsf]lgSof}sf ; fy xfdl Pp6f k0ffnl lj sf; ug{u0/x\$ 5f}/ To; sf nflu tlg ; dX cku xg ; S5 . t/ klg ; a} s/f ; d0} gu/kfnsfsf nflu ejg lgdf@f cgdlt kqdf Pp6f k0ffnlsf]lj sf; u/f;eG]p2}osf ; fy ; dX sfof nflu}. 5nkM sfof0{dfu6zg xf] veg} d oxfx?nf0{lj ifoj :t'k|t' u5f.

**lj ifoj :tx?M**

**gu/kfnsfsf]lfdtf cleaMbsf nfluM**

! = s; /L / sg k\$@faf6 zx/L lj sf; tyf ejg lgdf@f lj efu (DUDBC) n]; xofu ugkb5 < sg k\$@fdf uP/ To:tf]; xofu k065< gu/kfnsfn]cfkm}cfkmyf]lj efudf uP/ Pp6f kq nVg]lj lQs}x65 ls cyjf To; sf] nflu k0ffnls}cfj Zos kb5< lfdtf clej Mbsf nflu cfj Zos kg]tflndx?sf]vr{nfut s; n]lbg]cfib h:tf s'/fx? 5nkM u/L lgSof} u/f}.

@ = s; n]gu/kfnsfsf sd{f/lx?nf0{tflnd k0fg ug} zx/L lj sf; tyf ejg lgdf@f lj efu (DUDBC) n]dfq} tflnd lbg ; Sg]xf]jf c? sf}kl klg ; dfj z xg ; Sg]xf} sg cfwf/df ; f] tflndx? lbg ; Sg]xf} o; sf nflu cfj Zostf klxrfg ug]sfd klg u/f}.

# = ejg ; lxtf nfu'ug{cfj Zos kg]yk sd{f/lx?sf]s; /L Joj :yf ug} ejg ; lxtf nfu'ug{gu/kfnsfx?nf0{s} s:tf tyf s; /L ; lj wix? lbg ; ls65< ejg ; lxtf nfu' u/fpg k} ; fxg ; j ?k s}kl ug; ls65 ls<

\$ = lglb6 gu/kfnsfx?sf]; Hlsf]lj sf;

% = ejg ; lxtf krf/ k}f/sf nflu ; dbfodf s; /L n}f}g} o:tf vfnsf sfof{x?nf0{ gu/kfnsfsf] k0ffnldf; dfj z s; /L u/fpg} cfib .

**kzf; slo ; Argfsf nfluM**

! = gu/kfnsfdf ejg lgdf@f cgdltsf nflu zfvfsf] cfj Zostf 5 ls 5g< nlnk/ pkdxfgu/kfnsfn] ejg ; lxtf nfu'ug{e\$Dklo ; /lfsf nflu j}n}zfvfsf] :yfkf u}of]. o:t}566}zfvf :yfkf ug{kg]xf]jf e0/x\$]zfvfaf6}sfdrnpg]xf]cyjf o; sf nflu Pp6f sd{f/lnf0{lhDd}f/L lbp klG]xf} cfib .

@ = ejg lgdf@f cgdlt kqsf nflu clwsf/ k}ofofhg s; n]ugkg]xf}

# = to:t} lj ifout lj efu jf zfvdf klg 5nkM tyf lj :tf/ ugkg] xf] ls< h:tf] cfwf/e't e\$Dklo ; /lff ; Argfut ; /lff, cgludg tyf ; kl/j }of cfib h:tf lj ifox? .

\$ = k/fdz{ 8sdlx?nf0{tflnd / ltlx?sf]k0ffnls/0f, 0lGhgo/x?sf]k0ffnls/0f cfib sfof nflu 0sf0 :yfkf ugkg]xf]jf Pshgf sd{f/lnf0{g}lhDd}f/L lbg]xf}

% = c6t/ ; yf ; dgj osf]cfj Zostf a9} cfPsf] 5 . h:t}kx/L lj efunf0{ ; xofu dfu} 3/ eTsfpg' kg]xf]ls< b08 ; hfosf]Joj :yf ug{kg]xf]ls< To:tf sfof?sf]lhDd} s:n]lng]xf} zx/L lj sf; tyf ejg lgdf@f lj efu (DUDBC) ; u ; dgj o ug{zfvf :yfkf ug]xf]ls< cfib .

**dfgj lo tyf lj lQo ; f}x?sf nfluM**

! = dfgj ; f} slt rlix65 / s; /L Joj :yff ug]eg} cj :yf lj Zn}f0f ug]ls< o; df xfdln]lgSof} u/L Ps cfwf/ klg tof/ u/f}. lj leG gu/kfnsfx?sf]cfj Zostf cg; f/ cfj Zos kg]kij wfgx?sf]af/df klg 5nkM u/f}.

@ = lj lQo ; f}nf0{lbuf]agfpg cgdlt k\$@fdf ln0g]zNsnf0{g}cfwf/ agfpg]xf]ls< o; nf0{t?6t nfu'ug{g; s} 5f}f]; dosf nflu d6qfnoaf6}; xofu lng]xf]ls< ; fy}cgdlt kqsf nflu ln0g]zNsnf0{kl5 uP/ bl3f}lng cfwf/ agfpg]xf]ls<

# = d6qfnoaf6 cgbfg s; /L dflg} zt{lxtsf]cgbfsg]cfwf/ s}xg ; S5< To:t}c6o bft[lgsfo tyf ; yfx?af6 sg cfwf/df xfdln]; xofu lng]xf} cfib af/df 5nkM u/f}.

\$= tflndsf nflu cfj Zos kgI; f]x? sxfaf6 cfp5< cflb .

**:yfglo lj sf; dGqfnosf kltglwaf6 :ki6ls/0fM**

cfufdl cfly\$ j ifdf :yfglo lj sf; dGqfnosf] ; f]sf]af8kmf8df o:t}x65 eg] xfdln]ki6 eGg ; Sg]cj :yfdf  
5gf); dGqfnodf k]t xg]sh cgbfg /sd cy{dGqfnodf hfg]k]ng 5 . t/ Pp6f k]jwfg s]5 eg]s]l zt{?  
k/f u/df dfgjlo ; f] lj sf; sf nflu gu/kflnsfx?nf0{olt /sd cgbfg /fv eGg]; Dd xfdl ug{; S5f};

>l **kf08M** clxn]xhdl oyfl:yldf /xg g; Sg]ePsfm]d]h]zt{lxtsf]cgbfgsf]cfj Zos k5{ls eg] eg]sf]xf].  
gu/kflnsfx?nf0{cuf]8 a9d' 5 / pglx?nf0{cuf]8 a9fpgsf lglDt Tof] d]f] Pp6f k]tfj dfq xf] . olb  
o; df ; fylx?n]5nkmn u/] zt{lxtsf]cgbfgsf s/fx?nf0{/fvG ; ls65 eg]/fvf}; ; ls6g eg]g/fvf};

>l **8uf]M** ; dX sfo\$ nflu xfdl; # Ps 306sf] ; do 5 / x/\$ ; dXn] cfkmf ; dXsf ; fylx?af6  
Ps ; dgjostf{t]gkg]5 . 5nkmnaf6 cfPsf glthfx?sf]k]t]t]ls/0fsf nflu k]o\$ ; dXnf0{!% ldg6sf] ; do  
pknAw 5 .

; dx sfo\$]k|t'tls/0f

; dx !M xfd] ; dxsf] 5nkm gu/kflnsfsf] lfdtf lj sf; eGg] lzif\$df s]b]t lyof]. xfd] ; dxn] 5nkm u/] lgsfn\$ f lgsif\$? d ; /; tl{k9] ; gpg rfx65'. k|t'tls/0fdf s]l 56g uPdf jf eGg ghfgdf ; dxsf af\$l ; b:ox?n]k]6 kfl/lbg'xg\$ eGg]d]h]cfzf lnPsf]5'.

zx/L lj sf; tyf ejg lgdf] lj efu (DUDBC) af6 k|t xg]k]j lws ; xof] ; Da6wM

; j]kyd gu/kflnsfx?n] zx/L lj sf; tyf ejg lgdf] lj efu (DUDBC) af6 k]j lws ; xof] k|t s ; /L ug ; S5g\eGg]lj ifodf xfd] 5nkm lyof]. xfdn]gu/kflnsfsf]cg/f]wdf zx/L lj sf; tyf ejg lgdf] lj efu (DUDBC) n]k]j lws ; xof] kbfg ug]kb\$ eGg]7x/ u/\$f 5f]. xfd]ejg ; k|tfdf rf/j 6f txx? 5g\h; df tlg / rf/ txsf nflu gu/kflnsfdf /x\$]d]h]bf hgziStx? af6}kof]t xG5g\eGg]xfdln]; f] \$f 5f]. To:t}Ps / b0{txsf nflu lj z]fu/L hgziSt kof]t gxb]jf tflnd k|t hgziSt xfdl; u xfn gePsfn]xfdln]zx/L lj sf; tyf ejg lgdf] lj efu (DUDBC) nf0{cg/f]w ug] ; f] agfPsf 5f]. Ps / b0{txdf kg]3/x?sf]gS; f gu/kflnsfdf bt{xb cfof]eg]To:tf gS; fx? ; DalGwt lhnNnsf l8lehgn sfof]ox?df k7fP/ To; sf]lgSof] ug] ; f] agfPsf 5f]. o; sf]nflu cg/f]w ug]k\$bf klg ; fwf/0f 5 . Pp6f kq n]vg]To; nf0{>L ; b{; fuf] ; /n] g);jls]t ug]kg]xgfn]gu/kflnsfx?nf0{cg/f]w ug]; xh x]hf . k]j lws ; xof]sf s'/f ePsfn]nfutsf s'/f o; df ToIt dx]j k0f]gxf]hf .

gu/kflnsfsf sd{f/Lx?nf0{lb0g]tflnd ; Da6wM

gu/kflnsfx?n]cfk]y]sd{f/Lx?sf]lfdtf lj sf; sf nflu z?df cfk]y]cfj Zostf lj Zn]f0f ug]{kb\$ / o; sf nflu s; \$f] ; xof] ln0/xg' kg]xfdln]h?/L 7fgdf]. t; y{lfdtf lj sf; sf nflu cfj Zos kg] ; f] tyf ; fwgsf]dfu gu/kflnsfn]agfpg' kb\$ . lj leGg tflndx?sf]klxrfg ubf{To; df ejg ; k|tf ; Da6wL tflndnf0{klg ; dfj z ug]kg]eGg]xfdln]; f] agfPsf 5f]. To; df zx/L lj sf; tyf ejg lgdf] lj efu (DUDBC) sf ; fy}NSET n] klg ; xof] ug ; Sb5 .

o; sf nflu cfj Zos kg] >f]sf s'/fx? xtf/ ePsfn]o; df n]vg 56\$ . zx/L lj sf; tyf ejg lgdf] lj efu (DUDBC) sf]klg cfk]y]tflnd sfo\$df ePsf]/ p; sf]pSt tflnd sfo\$df ePsf]v08df zx/L lj sf; tyf ejg lgdf] lj efu (DUDBC) sf]cfk]y]nfutdf pSt sfo\$df ; #fng xg ; Sg]eof]. gu/kflnsfn]k7fPsf] sfo\$dx?df nfutsf]cgkft j/fj/ ug]jf sg cgkftdf ug]eGg]af/]gu/kflnsf / lj efu a;L 5nkm u/] ug ; Sg]eGg]; f] agfPsf 5f].

ejg ; k|tfsf nflu yk hgziSt ; Da6wM

ejg ; k|tfsf nflu gu/kflnsfdf yk hgziStsf ; Gbedf lxhf]klg w]}k|t'tlx? eP . gu/kflnsfdf hf]sd{f/L l55g\pgnf0{lgSng eg]w]}u]xf]x65 . ; fy}gu/kflnsfsf sd{f/Lx?s}sf/0f klg w]} ; d:ofx? cfPsf 5g\ . t; y{hgziSt y'kg' ebf klg pkoSt Joj ; flos (professionals) JoIStx? s/f/df lgoSt ug]kg]x]ls eGg]klg xfdn]; f] agfPsf 5f]. o; df nflu]nfutsf nflu 3/wglx?nf0{Pp6f gS; df yk ?= !))-@)) z]Ns lnP/ eP klg nfutsf]s'/f ldnf]ug ; ls65 ls eGg]klg xfdn]; f] agfPsf 5f]. o; /L yk z]Ns lng]k\$bfaf6 cuf]8 hfaf gsf/f]ds ; Gb z hf65 ls eGg]klg ; dxdf 5nkm ePsf]lyof]. h:tf]k/dz\$ / gu/kflnsfsf sd{f/L ldn] k}f vfg nflu]eGg]h:tf s'/fx? . To; sf nflu xfdn]j]xt ?kdf tflnd jf cledVls/0f sfo\$dx? ; #fng ug ; Sof] eg]o; vfnf ; d:ofx? cfpb]g\

ejg ; k|tf nfu'ug[k] ; xfgdhs ; lj wfx? ; Da6wM

ejg ; k|tf nfu'ug[k] ; xfgdhs ; lj wfx?sf nflu tlg klfx? 5g\ h:t}lj efuaf6 k\$dfsf af/] hgtfnf0]j 0fG ug]eGg] 5nkmnaf6 cfPsf]lyof]. csf] hg hg gu/kflnsfx?n]ejg ; k|tf ; kmntk] \$ nfu' u/\$f 5g\To:tf gu/kflnsfx?sf] /fd] sfdfnf0{dx]j lb0{lj efu jf :yfglo lj sf; dGqfno jf c6o dGqfnoaf6 k] ; xfg :j?k gu/kflnsfx?df hf] ; xof] jf ah\$ a9fpg]x]ls .

To:t} gu/kflnsfx?sf] tkmf6 hg 3/wglx?n] gu/kflnsf lf]qdf ejg ; k|tfsf] cjwf/0f cg' f/ 3/ agf]5g\pglx?nf0{lj leGg lsl; dsf s/x? h:t}gS; f kf; b:t/, Pslst ; DkQL s/, 3/h]luf cflbdf nflu]s/x?df 56 lbP/ klg k] ; xfg ug ; ls65 ls . To; u/L 7\$bf/x?nf0{klg xfdn]k] ; xfg :j?k pglx?nf0{nflu]s/df 56 jf 1fkg kq jf w6ojfb kq lbg ; ls65 ls . To:t}/f]hosf]tkmf6 3/wglx?nf0{j ldf ; xof] lbg ; ls65 . zx/df

a:g]dfg; x? wgl xg]xgfn]jldfdf 56 lbg]s/f cln 7ls gxhfh eGg]ePdf ejg ; lxtsf/cjwf/Off cg; f/ 3/  
lgdf/f ug[3/wglx?nf0{pglx?n]ltgkg[cfos/df /fhosf]tkmf6 sxl 56 lbg ; ls65 ls . ejg ; lxtf cg; f/ 3/  
agfpg] 3/wglx?nf0{ a\$af6 C0f kjfx ubf{ ; xlnot kbfg ug[xf]ls jf ejg ; lxtf cg; f/sf] 3/ agfpg]  
3/wglx?nf0{dfq C0f kjfx ug[xf]ls eGg]af/df ; d: xdf] ; dxd 5nkm ePsf]lyof]. Isgeg]lgdf/f sf nflu  
a\$af6 b0/tlg r/0fdf C0f kjfx ug[ePsf] To; nf0{ cgludg ug{ klg ; xh x65 . To:t} vf; vf;  
gu/kfnsfsf] ; l tof/sf nflu ljeuaf6 ejg ; lxtsf/x/\$ txsf nflu Pp6f ; l tof/ ug[. tx Ps xdf]  
kl/k]fdf Tolt ; e: gxhfh t/ tx b0sf] nflu ; fy}uflld0f ejgx?sf nflu 566f 566} ; l agfpg' k5{eGg]  
xdf] ; dXsf] 7x/ eof]. gu/kfnsf lkr5] e6bf klg 3/sf] k\$[t cg; f/ ; l agfpg' 7ls x65 ls eGg]  
xdf] ; dXsf] ; f /x6f]. To:t}ufp+lj sf; ; ldtx?sf nflu kfllj lws ; xofu jf gS; f kf; lhNnf lj sf; ; ldtf  
kfllj lwsx?n]ug{k65 ls eGg]xdf] ; dXsf]/fo /x6f].

**ejg ; lxtsf/kf/f/ k/ f/ ; DaGwM**

ejg ; lxtf/f/]hgdg; df nhfg kf/f/ k/ f/sf nflu ljeun]agfPsf]lgb]zsf x/\$ 3/df kl6' k5{o; sf]nflu dVo  
lhDd]f/l zx/L lj sf; tyf ejg lgdf/f ljefu (DUDBC) sf]xg]xdf] 7x/ eof]. To:t}tx tlgsf]MRD g}  
dVo lgod xf]. o; nf0{gkfnl eifdf cgj fb u/L x/\$ uf+lj sf; ; ldt / gu/kfnsfsf j8fx?df k7fpg' k5{/  
o; sf]nflu lhDd]f/ zx/L lj sf; tyf ejg lgdf/f ljefu (DUDBC) / NSET eGg]xdf]lgisif{/x\$]5 . To:t}  
bze/L /l8ofaf6 ; 6bz k7fpg u/ ; /sf/L ; yfx?n]eldsf vllg ; S5g\ x/\$ uf+lj sf; ; ldtf Ps tlnD kkt  
cf/l; o/ xgkb5 . To:t}x/\$ gu/kfnsfsf 0lghgo/ / cf/l; o/x? tlnD kkt xgkb5 . lj Bfnof?af6 kf/f/  
k/ f/sf nflu slff ! af6]ug{ ; lsof]eg]a9l kfj sf/l xg ; Sb5 . clxn] Dd o; df NSET n]g]eldsf lgj f  
ul//x\$]xgfn] NSET g}o; ; DaGwL lhDd]f/ xg ; S5 . ejg ; lxtf / e\$Dklo ; /lffs af/df slff !) sf  
lj Bfylf0{ hfgsf/l u/fp6f /fd] x65 . r]gfdhs sfo\$ d ; #fngsf nflu ; f]x?sf] vflh xgkb5 . To:t}  
ejg ; lxtf / b]L k\$fl ; /lf ; DaGwL 6]nrnlrq jf 8sd]6k agfpg]xf]ls . o; ; DaGwdf zx/L lj sf; tyf ejg  
lgdf/f ljefu (DUDBC), NSET / gu/kfnsfx?sf] ; 0st nufgldf agfpg kg[xf]ls . ; dudf, of]HESI sf]  
sfozfnf uf]7l xf]/ o; df p; sf]eldsf s]xg]xf] t< s]n tlnD jf uf]7l dfq ; #fng u/fpg]xf] lglZrt  
sfo\$dx? ; #fng gu/L s]n tlnD dfq ; #fng u/ kll6 . t; y(HESI sf]af/df xdf] ; dxn]lgdg s/fx?df  
p; sf]eldsf xgkb5 egl hf8 u/\$]5M

- tlnDx?sf] ; #fng tyf kf/f/ k/ f/
- gu/kfnsfsf sdf/lx?nf0{cj nfg e00sf]Jo: yf .

d]f]k]t'tl olt d]c6t ug{rfx65' . w6oj fb .

>L 8uf]M ; dx Psn]gu/kfnsfsf]eldsf ; d: /fv] k]t'tl ul/lbg6Psf]df d w6oj fb lbg rfx65' . d ca ; dx  
b06f0{kz; slo ; Argfsf af/df k]t'tls/Of ul/lbg' xg cg/fw ub5' .

; dx 5nkm clns c]7df/f]g]/x\$ Isgeg]o; df gu/kfnsf tyf l8hf0g/x?sf]eldsfsf ; fy]clxn]lj Bdfg  
/x\$] Jo: yfx?df ; b0ls/Of ugkg] ; jfnx?df 5nkm ugkg]/x\$ . t/kg xfdln]ol ; a)s'fx?sf]af/df 5nkm  
u/L ; emjx? tof/ u/\$] 5f; .

oxf+tlg k\$]/sf gu/kfnsfx? 5g\eg]oyfyfdf cfwl/t /x] xfdln]5nkm u{of}. sf7df08f]dxfgu/kfnsf,  
nlnt pkdxfgu/kfnsf / c6o sxl gu/kfnsfx? ; lfd 5g\pglx? ; u clxn]ejg lgdf/f cgdlt zfvfx? 5gV tl  
b?:t 5g\ . To:t}c? sxl gu/kfnsfx?df klg To:t}zfvf 5g\ / Itglx? b?:t eg]5gg\ o:tf gu/kfnsfx?  
klg 5g\h; df o:tf zfvfx? vllnPsf klg 5gg\eg]xdf] ; dXsf]lj Zn]0f /x6f]. t/ o; ; Gbedf xdf] ; dXsf]  
wf/Off s]/x\$]5 eg]ejg lgdf/f cgdlt k\$]f ljefu jf zfvfsf]?kdf lj :tf/}cuf]8 a9g' kb5 / ejg ; lxtf  
nfu' ug]sddf ; lfd xgkb5 . o; ; lznlnzndf pglx?sf] lfdt lj sf; sf]k\$]f clxn]af6}z? ugkg]lgf]t  
cfj Zos /x\$]5 .

ejg lgdf/f cgdlt zfvnf0{ o; k\$]/n] ; b0ls/Of ul/gkb5 h; n] ejg lgdf/f cfrf/ ; lxtf k0f?kn] nfu'  
xg ; sf] \

; lfd gu/kfnsfx? cfkn] ; Argdf ljefulo ; Argf cg; f/ t?6t] hfgkb5 . o; nf0{ ; b0ls/Of u/ o:tf]  
Pp6f ; lfd 0sf0{v8f ug]h; n]ejg lgdf/f cfrf/ ; lxtf nfu' ug{ ; lfd xf] \

gu/kflnsfx?df sDtlDf Ps OIGhlgol/ u sfB xgkb5 / o; nfo{; xdtlsf; fy lgofo ugkb5 . o; df sg]dtleGgtf 5g . To:tf gu/kflnsfx? hg sdhf] 5gV sd >f] ePsf ePsf 5g\To:tf gu/kflnsfx?df klG sDtlDf Ps OIGhlgol/ egf{ugkb5 . ; lfd klj lws jf sdf/l geP ejg lgdff cfrf/ ; lxtf sfot] og xbg . olb ; ej 5 eg] Toxf+Pshgf ebf a9L ; lfd OIGhlgol/ xgkb5 . 7hf ejgx?sf] ; Gbedf gu/kflnsfx?n] :yfglo Joj; flos ; dhaf6 ; xofu lng' kb5 . xfdl] b[6s]f s]x]eg] hxf+Pp6f OIGhlgol/ 5 / 7hf vfn/z]lsf ejgx? agfpg' 5 eg] o:tf] cj :yfdf hg 7fpaf klj lws zlk 5, hf] u 5 jf hg lgsfox?; u 5 Itgx?nf0{ kofu ug; Sgkb5 . o:tf] cj :yfdf ; xofu lng' kb5 {xfln] zx/L lj sf; tyf ejg lgdff l]efunf0{; flg' kb5 ls Joj; flos ; dfh :yfglo ahf/df pknAw 5 eg] . olb To:tf] ; dfh :yfglo ahf/df pknAw 5g eg] :yfglo ahf/ ebf aflx/af6]NofP/ ePklg To:tf ejgx? lgdff ug; ls65 . ; jls[t clwsf/sf ; Gbedf rlgP/ cfPsf]d0/n]g] ejg gS; f kf; ug[clwsf/ xgkb5 eG]xfl] ; dxsf] ; f]f0 /xsf]5 . t/ clwsf/ k[ofof]hgsf nflu klG klj wfg xgkb5, gS; f kf; sf nflu klj lws JolStn] :jls]t ug[ klj wfg xgkb5 / of] klj lws zfvdf sdf ug[ al/i7 sdf/lfd e/kg]xgkb5 . of] Pp6f 7hf] ; jfn xflsgeg] hgtfx?n] gS; f kf; ug[ sddf klom w] ; do nflu] u/xf]uf; f]x? ul/x65g\ o:tf uf; fx? x6fpg s]ugkb5 eg]h; n]cfkng]hldgsf] ; fw l; dfgsf l5d3lx?af6 kdf0f h6fpg ; S5g\ pglx?nf0{ ljgf l9nf] kf; ul/gkb5 . t/ h; n] o; ksf/sf kdf0fx? kz ug; Sbgg\ pglx?nf0{sfgg, lgod cg; f/ ; do pknAw u/f0g' kb5 . OIGhlgol/x?n] lkm8 ; kl/j]f0f tyf cgludg aflwofds agf0g' kb5 . /fhg]ts ; 0g klG Toxf+xgkb5 . pglx?nf0{klG cgludgs]eldsf lb0g' kb5 . s; n] lgoldt ?kdf cgludg ug[kb5 eG] ; Gbedf ; dx sfotf w] ; uxg 5nkm eof]h; n]b0]6f lj rf/x? h6dfPsf] 5 . klxn] 7hf] ; wofn]s]eGof]eg]l8hf0g/nf0{o; df pQ/bfol agf0g' kb5 t/ dh]o; lj rf/nf0{dfgg lSgeg] olb l8hf0g/nf0{pQ/bfol agf0of]eg]3/wgl]p; nf0{zlls Itgkb5 . o:tf klj wfg? lgod sfggdf cj ndag ug[yof] / Toxf+slt / s] sf nflu egl ; f'sx? klG /flvgk]of] . w] ; s/fx? cj ndag ul/Ptflk] ; dhfn] To; nf0{krfpg ; s3f] 5g . o:t} vfns] cj :yf dfly elgPsf s/fx?df klG xg ; S5 . olb lglb[6 l8hf0g/nf0{lhDd] f/L lbPaf d]f]ts{s]5 eg]ejg lgdff cgdlt zfvdf sdf/lx?sf] lfdtf clej mo ul/gkb5 . To; f]x6f p lgoldt ?kdf lkm8 eDof u5{/ p; n]kl/kfngf eP gePsf af/] ; emfjx? lb65 . olb kl/kfngf geP cfj Zos sf/j flx klG ugkb5 .

lkm8 kdf0ls/of ksf]df w]nfd] ; do nflu eG]klG lj jf b cfo]. lkm8 kdf0ls/of ksf]df nflu] ; donf0{sd ug[klj wfgx?sf]Joj :yf ul/gkb5 . tkf0{x?sf]wofgsf nflu w]w]w]wGof fb .

>L 8uf]m k]t'tls/0fsf nflu w6oj fb . ; a}k]t'tls/0fx? ; lSpk15 xfdl lj leG ; jfnx?df 5nkm ug{ ; S5f] . clxn]d ; dx tlgnf0{dfg]lo tyf lj lQo ; f]x?sf af/]f k]t't ul/lbg xg cg/f]v ub5' .

; dx #m ; a}gu/kflnsfx?df ejg ; lxtf nfu' ugkb5 egl kl/kq u0; s3f] ; Gbedf s; /L o; nf0{k6f]sf/L ?kdf k]f/ k]f/ tyf nfu' ug]eG] ; jfn lj Bdfg 5 . o; sf nflu gt xfdl ; u dfgj lo >f] 5 gt cfly6 >f] g} . log] s/fx?df 5nkm u/] xfdl] ; dh]lgrfB lgsflg]sflzz u/3f]5 ; fy]xfln]sg sdf s; /L ug[ / To; df s; sf] bfolj x65 eG]s/f :ki6 ?kdf eg3f 5f] . xfdln] tlg s/fnf0{/fv3f]5f] . klxn] ; d:of jf ; jfnx? s]xg\ k]6 ?kdf ; d:of s]fpg] / bf] fl] ; dfwgsf pkfox? ; s; /L tl pkfox?nf0{k/f ug{ ; ls65 / t] fl] sf]sg lfd df lhDd]f/ x65 eG]s/fx?df 5nkm s]b]t /x6f] . gu/kflnsf lfd leqsf]hg; wof, 3/w/L tyf gof+3/x? lgdffsf cfwf/df cyf]v gu/kflnsfx?sf]lj Bdfg cj :yfnf0{dlwogh/ u/L gu/kflnsfx?nf0{tlg ksf/n]j ul6/0f u/3f 5f] gu/kflnsf / To; ; u hf]8Psf uf]j ; x? ; lhNf ; b/dsdx? / lgs6 elj iodf gu/kflnsf xg u0/xsf uf]j ; x? . o; df ; Dal6wt d6qfnox? h:t}ef]ts of]hg tyf lgdff d6qfno / :yfglo lj sf; d6qfnon]o; df sdf ugkb5 . o; df klxn]sfd eg3f]o; ksf/sf]j ul6/0fsf cfwf/df d6qfnox?n]>f]x?sf]af8km8 ugkb5 . To; kl5 dfq sg gu/kflnsdf slt ; xofu ug[ / s-s; sf]s]s]bfolj xg ; S5 egl n]v]h]v]f ugkg]x65 .

x/3 gu/kflnsf cfkng]sfo]f tyf sfo{lfdtf cg; f/ km/s km/s xg ; Sb5 . sg >0]lsf]gu/kflnsfnf0{slt hgziSt cfj Zos kb5 eG]s/f 5b6f0 ; sk15 Toxl cg; f/ hgziStsf] Joj :yf ugkb5 . klxn] >0]lfd dxfgu/kflnsf / pkdxfgu/kflnsfnf0{/fv3f 5f]h; df ejg lgdff tyf eS]k klT/f]ws ejg ; lxtf nfu' ug[zfvf g]xgkb5 . bf] fl]>0]lfd gu/kflnsfx?sf]cj :yf tyf lfdtf x] zfvf jf 0sf0{s]sf]Joj :yf ugkb5 To] ug[ / t] fl] >0]l eg3f] v]f]f/L h:tf gu/kflnsfx?df To:tf 0sf0 ePklg Joj :yf ugkg] x65 . uf]j ; x?df ejg ; lxtf ; Dal6wL tfind k]Psf jf tfind k]t sdf/lx?sf] Joj :yf xgkb5 . o; sf] nflu s; n] lhDd]f/L lngkb5 eG] ; jfndf klxn] bf] fl] tyf t3f] >0]lsf gu/kflnsfx?df zfvf jf 0sf0{/Vg] ; Gbedf gu/kflnsf

cfkmb]; f]lhbd] f/l lngkb5 eg]rfyf] >0fl df k/3f ufj ; / lhNnf ; b/dsfdx?df s0b]; /sf/af6 ; xofu xgkb5 .  
Toxf+cfkmb] zfvf jf 0sf0{/fvg g; Sg]ePsfns]s0b]; /sf/ jf lhj ; sf]kltlgwlj xgkb5 .

To; u/l xfdln]b0{ jifsf]; dofj lw lnP/ gu/kflnsfx?n]cfkmb]l8hf0g/x?nf0{ tflnd lbg] pglx?nf0{ kdf0ls/0f  
ug]nf0; 0; lbg]; fy}kff/ k] f/ ug]s/fx? ug]eg] ; f] agfPsf 5f]. To; cj lw kl5 dfq ejg ; lxtf ; Da6w  
tflnd glnPsf l8hf0g/x?af6 cfpf gS; fx? kf; gug]sfd gu/kflnsfx?n]ug]kb5 egl ; emj lbPsf 5f].  
tflndx? lbg]; jndf xfdln]73bf/x?, 8sdlx?, gu/kflnsfsf sdf/lx?nf0{lbg kb5 egl]Jo] :yf u/3f 5f].  
zx/L l]sf; tyf ejg lgdff lj efu (DUDBC) / :yfglo l]sf; d6qfnodf o:tf tflndx?sf]k]f wfgx? xfdln]  
/fv3f 5f].

>f]x?sf]; jndf xfdln]lj z]fu/L cgludgsf]klfnf0{x]3f 5f]lsgeg]gu/kflnsf cfkmb]klg kfj sf/l cgludg  
ug]; ls/x3f]5g ; fy}zx/L l]sf; tyf ejg lgdff lj efu (DUDBC) / c? lgsfox?af6 klg plrt ; xofu  
e0/x3f]5g egl lxhf]/ cfh ePsf 5nkmx?af6 cf0/x3f]5 . cgludg ug]{cfj Zos kg]hgziSt tyf >f]x?  
sxfaf6 Nofpg] e6g] ; jndf sdf/l, yk sdf/l, tflnd, r]gfdhs cleofgsf nflu :yfglo l]sf;  
d6qfno, ; 0St /fi6«; 3, u} ; /sf/L ; 3 ; yfx?af6 Jo] :yf ul/gkb5 . o; sf nflu gu/kflnsfx?sf]cg/fw  
ug]kb5 . kl03 gu/kflnsfn]ah3 lj lgo]hg ubf{cfkmb]j flif3 sfo3ddf ejg ; lxtf nfu' ug]{lziif3 g}/fv] ah3  
56dfpg' kb5 . o; jif{blv g}gu/kflnsfx? o; sfdsf nflu kl]tawb xgkb5 . xfdln]h; /l gu/kflnsfx?sf] >0fl  
lj efhg u/3f 5f]klxf] bf] j / t3]j]f s, v, / u u/] To; /l g}ejg ; lxtfn]klg To:tf s/fx? 56dfPsf]5 .  
gu/kflnsfx?n]ejg lgdff cgdlt kq kbfg ubf{3/wglaf6 ln0g]zNsd f klg gu/kflnsfsf]jul3/0f cg; f/ g}  
zNssf]klg jul3/0f xgkb5 . lsgeg]s / v >0flsf ejgx? l8hf0g ubf{l8hf0g/sf]kl/>d klg a9l kg]ePsfn]  
p; sf]zNs klg a9l xgkb5 / To] a9l cfpf]zNsnf0{ejg ; lxtf nfu' ug]sddf g}vr{ug]g]e6g]  
xfdln]; emj u/3f 5f]. o; /l ejg cgdlt zNsd a]wb ug]{gu/kflnsf af3af6 ug]Jo] :yf ldnfpg' kb5 . olt  
e6b]d cfkmb]k]ttl oxl c6t ub5' . w6oj fb .

>l 8uf]m dfgj lo tyf lj lQo >f] ; Da6w k]tt ul/lbg' ePsf]df w}w}w6oj fb 5 . tlj 6f ; dXsf]k]ttls/0f  
e0; s3f]5 / ca kZg pQ/sf]kfn]cfPsf]5 . kZg ubf{sg ; dXnf0{ug]xf]Toxl ; dXnf0{tf3} kZg  
ul/lbgxf]f . ; fy}k]tf]fn]kmb]af6}pQ/ lbg klg d cg/fw ub5; w6oj fb .

kZg sm ejg cgdlt zNs eg] gS; f kf; ug]b:t/ xf]ls cyj f To; nf0{; dfj 3 u/] lng]zNs xf3 clns :ki6  
kf/3f]eP xg]lyof]. o; /l bxf]f]k3f/n]zNs lnof]eg]kg]m hgtfnf0{af3m lbPsf]e6g]; 6b3 hfg' 7ls xf]sl  
xf]g<

pQ/M ejg ; lxtf nfu' ug]; jndf xfdl]s]lgZsif{/x0f]eg]ejg ; lxtfn]klg s / v >0flsf ejgx?nf0{hf3  
lbPsf]5 h; df lj z]f k3f/sf]l8hf0g / lj Zn]f0sf]cfj Zostf kb5 ; fy}To; ; ejgdf cgludgsf s/fx? klg cfpg]  
ePsfn]gu/kflnsfx?n]xfn ln0/x3f]ejg lgdff cgdlt zNsd s]l kl]tzt yk ug] / Toxla6 To; ; ejgsf]  
cgludg jf ; kl/]f0sf]Jo] :yf ug]cyj f r]gfdhs sfo3d ; #fng ug]tyf p; nf0{l80g]; lj wfx? gu/kflnsfn]  
lbg]sf nflu ejg cgdlt df s]l zNs a]wb ug]e6g]xfdf]; dXsf]lgZsif{xf}.

kZg vm k3f; lso ; Argfsf af/df ; dX lj efhg ug]{cufj}dnf0{nfu3f]s/f /fvg rfx65' . :ki6 ; Argf agfP/  
ejg ; lxtfnf0{cuf]8 lnP/ hfgkb5 e6g]dnf0{nfu3f]lyof]t/ k]ttls/0fdf To]s/fx? cfpgg\

; emj sm ; dX b0hf0{; emj x? . ejg ; lxtf nfu' ug]{rf/j 6f >0fl df jul3/0f xgkb5 e6g]xfdnf0{nfu3f]5 .  
gu/kflnsfx?nf0{tlg efudf -w} >f] ePsf, d]lod >f] ePsf / sd >f] ePsf / ufj ; x?, gu/kflnsf; u  
hf]3Psf ufj ; x? hg eljiodf uP/ gu/kflnsf xg ; Sb5gV/ eljiodf zx/ls/0f xg ; Sg]; b/dsfdx? u/L  
rf/j 6f >0fl df jul3/0f u/f]. !#0 lj le6g 7fpx?df ejg ; lxtf nfu' ug]kb5 egl kqrf/ e0; s3f]s/f xfdln]yxf  
kfof; t; y{; dX b0h]tlg >0fl df dfq u/3f]jul3/0f jf xfdl]; dXn]u/3f]jul3/0fnf0{cwf/ agfpg' kb5 .

gS; fkf; sf]; 6bedf h; n]a9l kl8f ef]3f]x65 To; nf0{g}a9l cf3Ng cfp5 . xfdln]lxhf]blv g}p7f0/x3f]; jfn  
s]xf]eg]sf7df08f]dxfgu/kflnsf cfkmb]gS; f kf; u/] ef]lsf lbgdf p; n]3/ e]sfpg ; fX}u]xf]x65 lsgeg]  
/fhg]ts sf/0fn]oxf+; d:of cfpg ; S5 . csf]s/f s]5 eg]dfkb08 lj kl/t 3/ agfPsf]kl6 ePdf 3/ e]sfpg]  
u/L xfn gS; f kf; ul/Psf]5 eg] klg gS; f kf; ul/Psf]5 . t; y{o; nf0{nfu' s; /l ug]sfg]l s/fx? x0{oxf+  
sxf]g] h?/l 5 eg]gS; f kf; klg d0/n]g]jug] / gS; f kf; dfly d2f k/df To; sf]km]nf klg d0/n]g]ug]h:tf

c6t/lj/fwsf s/fx? 5g\ o:t}c6t/lj/fwsf cj:yfsf sf/0f lj=; #@)%@ ; fn b]v d2f ylkPsf 5g\h; sf]km} nf  
xg g; ls/x\$]cj:yf 5 . t; y{o:tf]uxg ; jfndf clnslt /fd} # 5nkm u/] dfq}clwsf/ k]ofof]hgsf af/df  
lgSof] u/df lgod ; z]wg ug{d6qfinonf0{klg ; lhnf]xg]lyof].

**pQ/M** pxm]e6gePsf]s/fx? d]w]Pp6f s/f clwsf/ k]ofof]hgsf af/df d ki6 kfg{rfx65'. clwsf/ k]ofof]hg  
ugkb5 / hxf+sfdsf]rfk a9l 5 Toxfkg clwsf/ k]ofof]hg ugkb5 . o; }lj ifodf ; xdltdf klg klg xfdl ; a}  
oxf+e]hf ePsf xf}. dxfgu/kflnsf / c6o gu/kflnsfx?nf0{Pp6}efiffn]kli6 ug{; S5 h:tf]dnf0{nflb6} .  
dxfgu/kflnsf / pkdxfgu/kflnsfdf ; #7gf]ds ; #rgf agfpg]xf]eg]d6/nf0{/ c?nf0{cln km/s lsl; dn]  
x]f{/fd]x65 ls h:tf]dnf0{ nfl5 .

>l **8uf]m** of]xfd]5nkm dfq}xf]/ o; sf]nflu Pp6f ; ldlit agfP/ uf]hd] 5nkm csf]; qdf ug]Jo;:yf ePsfn]  
cixn\$]of]; q d oxl c6t ePsf]3f]f0ff ub5'.





शिवमूल  
धागो स्टोर

; q - &

gu/ ; /sf/dt e j g lgdf/f cfrf/ |xtf nfu"; j#Gwdf  
ufndr ; Ddng

clbf Ms[0f k] fb bj sf/f, kv sfof/l clwst, nintk/ pk-dxigu/kfnsf

; xhstfM ; b{gf/foof >]7, pk-sfof/l lgbzs, Pg; f-gkfn

SUBI  
LADIES  
TAILORS  
COLLECTIVE

ARATI WORKS

; #fnsll ca xfdl csf[; qdf hfb5f]; nlnk/ pkdxfgu/kfinsfsf kdV tyf sfof/l clwsf >l s[Of k] fb  
b] sfofnf0{d6rnf cf0lbg / ; eflktlj ux0f ul/lbg xg cg/fw ub5'. To; u/L NSET sf sfoj fxs sfof/l  
lgbzs >l ; b{gf/foof >]7nf0{of]; q ; xhls/of ul/lbg xg cg/fw ; d] ub5'.

>l b] sfofm xfdl sl/a sl/a cl6td ; qdf cf0kuf5f 5f+ / lgrf8 lgsfllg] cj:yfdf kluf5f 5f+ .  
o; ; qnf0{; xhls/of ul/lbg xg d NSET sf 8k6l 8f0/\$6/ >l ; b{gf/foof >]7nf0{xflb5 cg/fw ub5'.

>l >]7M tlga6f ; dXaf6 clxn]Dd cfPsf s/fx?nf0{ldnfg u/L lgrf8 lgsfllg] sfd o; ; qdf xg5 .  
tlga6}; dxsf ; d6oj stf? / NSET sf kl|tlglwx?n]lgsfllg' ePsf]lgrf8nf0{k|t'tls/of ul/lbgxg d cg/fw  
ub5'. cl3 tlgl 6f ; dx?n]km/s km/s lj ifodf k|t't ug[Psf]To; df vf; }lj dltx? 5gg\ sXl lj ifodf dfq  
km/s dt blvPsf]5 . To; h]xfdln]o; kmf]df 5nkm ul/; s|k|5 Ps}dt cfp5 ls h:tf]dnf0{nfu5f]5 .

cl3 tlgl ; dXaf6 cfPsf lj ifox?nf0{ d ; /; tl{ kg/fj nf5g u5{ / cfPsf km/s dtx?nf0{ d oxf+k|t't  
ug]hdsf]u5{.

; dx ! sf]lj ifo gu/kfinsfsf] lfdtf lj sf; e6g]lyof]. o; df w]h; f] tflnd, r]gfdhs sfof, ; Pl tof/  
k|lj lws ; xofw ; Da6wl s/fx? lyP . o; df Pp6f cg/fw]sf lfq eg] ejg ; lxtf dfkb08 !-@ zx/L lj sf; tyf  
ejg lgdff lj efu (DUDBC) n]xg] ejg ; lxtf dfkb08 #- \$ ; Ddsf s/fx? gu/kfinsfn]xg] ; Sg5g\ e6g]  
s/fx? cfPsf]lyof]. of]; u clns km/s xg]w/L ; dx b06f6 ejg ; lxtf dfkb08 !-@ zx/L lj sf; tyf ejg lgdff  
lj efu (DUDBC) n]dfq ge0{c? Joj ; flos ; dbfox? cyjf ; ldt u7g u/] klgl xg] ; Sg]klj wfg xgkb5  
e6g]s/f cfPsf]lyof].

csf]s/f nfut ; Da6wl s/fx? 5g\h; nf0{d]k5fl8 klgl /fv5f]5'h; df s/sf s/f klgl 5g\  
; /; tl{x}f{lgdglnlvt s/fx?df km/s dt blvPsf 5gM  
!= gu/kfinsfx?sf]jul5/of- tlgl xgkg]ls rf/ xgkg]xf]e6g]; jfn cfPsf]5 .  
@= gu/kfinsfx?df ejg ; lxtf nfu'ug{lj z]f zfvf, lj efu, l8lehg s]xgkg]xf]e6g]; jfn 5 . ; dx tlgn]t?6t]  
zfvf agfpg' kb5 e6g] ; emfj lbPsf]5 eg] ; dx b06] zfvf, l8lehg clgl lj efu lj :tf/) agfpg' hfg' kb5  
e6g] ; emfj lbPsf]5 . To:t}csf] sdtldf klgl Pshgf 0l6hlg/ ; a}gu/kfinsfx?df xgkg]klj wfg /flvgkb5  
e6g] ; emfj ; dx b06f6 cfPsf]5 . c?af6 klgl o:t}dg; fosf]; emfj x? cfPsf]5 .  
#= lkm18 cgludg jf ; kl/j ]f0f s; n]ug]e6g]s/f cfPsf]5 . 0l6hlg/ jf l8hf0g/nf0{g}pQ/bfol agfpg' kb5  
e6g]5 eg]csf]; fwf/of zNs lnP/ gu/kfinsfn]g]cgludg/; kl/j ]f0f ug]kb5 e6g]5 . o; df nfut ; Da6wl ; jfn  
klgl ; u; u}cfPsf]lyof]. csf]dVo ; jfndf clwsf/ k|ofof]hg ; Da6wl lyof]h; df gu/kfinsf kdVn]clwsf/  
k|ofof]hg ug]kg]klj wfg /fVg]ls ug]; Sg]klj wfg /fVg]e6g]cfPsf]lyof].

ca cfPsf ol ; jfnx?df Ps Ps u/L xfdl 5nkm ub}hfcf};

of]Ps gDa/sf]; jfn w}]7hf]lj jfbsf]lj ifo xf0g . Pp6f ; dxn]lj Bdfg gu/kfinsfx?nf0{dfq lj rf/ u/] tlgl  
>0lndf jul5/of u/]5f]lyof]eg]uf]j ; ; d]nf0{; dfj z ug]xf]eg]To; nf0{rf/ >0lndf jul5/of ul/g' kb5 e6g]  
dfq xf]. To; h]o; df w}]7hf]lj jf fb x65 h:tf]nflbg .

kmf]7M :yfglo lgsfox?sf]jul5/of rf/ k5f/sf]xgkb5 . o; df sf7df08f]j|kl/sf \$\$ j 6f uf]j ; x?nf0{dfkb08  
leq /flvPsf]5 / Toxf+dfkb08 nfu'xgkb5 e6g]klj wfg 5 .

>l >]7M gu/kfinsfsf] lj Bdfg cj:yfnf0{ x}f{ tlgl 6f jul5/of g} 7ls 5 - klxn] dxfgu/kfinsf /  
pkdxfgu/kfinsfx?, bf] ! nfv e6f a9l hg; Wof / 3/; Wof a9l ePsf gu/kfinsfx? / , t}f] hg; Wof / 3/  
lgdf ; Wofsf]cfwf/df ; fgf gu/kfinsfx? . ejg Pgn]; d5sf uf]j ; x?sf]Pp6f jul5/of / afsl uf]j ; x?sf]  
Pp6f jul5/of kf]ug]xf]ls<

gu/ / gu/f]dv lfq?sf]rf/ >0lndf jul5/of / ; a]lfq ; d6] kf# >0lndf jul5/of ug{plrt xg]5nkmnaf6  
lgrf8 cfof].

gu/kflnsfx?df ejg lgdf cf/ ; lxtf nfu' ug{zfvf :yfkf ug[kg[eG]lyof]To; df xfdl ; a\$] ; xdtl 5 .  
lj :tf/}:yfkf ub{hfg]ls t?{t}:yfkf ug[eG]s/fdf dfq xfd]dt leGtf x]. o; df lj :tf/}hbf g}plrt x65  
ls<

**kbfM** zfvf v8f u/] hfg] eG] s/f ToIt ; lhnf] eg] 5g . gu/kflnsfdf hgziSt ykg ; do nll5 . o; df  
kl/of[hgfsf]w/Off cg; f/ hfg]ls< h:tf] **RUPP** eG] kl/of[hg] lyof]h; n]z?df kl/of[hgfsf]?kdf uP/ kl5  
gu/kflnsf ; :yf; u ld; fPsf]lyof]To; u/L hfg]x]ls< o; /L hbf kl/of[hg; u >f] x65 / gu/kflnsfn]lj gf >f]  
sxfaf6 gof+zfvf v8f ug{

zfvf, ljeu, l8lehgsf] s/f ubf{ s}l ; Argf / sfollj /Of (job description) xg]kg] x65 . xfd] txut  
(heirachy) ; s[ft 5 / o:tf s/fnf0{xfdl clxn]g}x6fpg ; S5f; o; df sfgl klj wfg, sfo{lgbZg, ; lj wf, >f]  
tyf ; fwgsf s/fx? cfp] / hf]8g]x65 . To; h]Pp6f ejg lgdf cf/ ; lxtsf nflu dfq]lj efu agfpg]x]ls<  
o; nf0{Psbd}lemg]kf/fn]x]l/g' kb5 ef]hl ck7df/f]kg]ls; dn]sg]sfd ug{kb5 . sfo\$dnf0{internalization  
eGf klg sd{f/Lnf0{internalization ug{kb5 eG]dnf0{nll5 .

**8f- cfbfM** hfkfgsf] cgejdf ejg lgdf lgbZg l8lehgsf af/] b0 s/fx? 5g\ . klxn] sf7df08f}zx/sf]  
l:yltnf0{Ing]x] eg]oxf+w}ej gx?sf]lgdf sfo? e0/x\$]5 / ejg lgdf sldzg zNsfaf6 ejg lgdf  
cgdlit zfvfnf0{>f] cfp] ; S5 . Pp6f s/f s] 5 eg] 3/wglnf0{ ; /sf/n] slt zNs nufpg ; S5 To]g}  
koffnl :yfkf ug] dVo s/f x] . jf:tjdf /fhZj gu/kflnsfs} /fhZj x] t/ /fhZj n] :yfglo ; /sf/ jf  
gu/kflnsfsf]ejg lgdf cgdlit zfvf jf cly\$ zfvfnf0{k}olf ?kdf :xofu u5{eG]cy{xfo}g . zNssf]/sd  
rflx+dxlj kof{ x] . 7hf zx/x?df ejg lgdf cgdlit zfvf :yfol ?kdf :yfkf ug{cfj Zos 5 . bf] f] s/f, olb  
xhdln]:yfol ?ksf]ejg lgdf cgdlit zfvf v8f u{of}eg]klg ejg lgdf rdf ; mlg clws{tx?nf0{tfind kbf  
ug{sl7g x65 . pSt :yfglo ; /sf/ / pSt gu/kflnsfsf] zfvf 5 h; n]lgdf sfo{ynnf0{Jo: yf ub5  
pbfx/Ofsf nflu lj Bfno lgdf sfo{yn, Toxf+klg OlGhlo/ x65 h; nf0{lgdf nfutsf af/df /fd]hfgsf/L x65 .  
dGqfno leqsf klg zfvx? alrdf To:tf] JoLstx?sf] kl/j tg dxlj kof{ x65 / To]g} :yfglo ; /sf/ jf  
gu/kflnsfx?df lfdtf cleaM tfindsf nflu >f] x65 .

clGtdf, ; fgf gu/kflnsf jf buG lqsf :yfglo ; /sf/df OlGhlo/ /Vg 7hf] ; d:of x65 . hfkfgsf] ; Gbedf  
/fli60 ; /sf/n]gu/kflnsfx?df OlGhlo/x? k7fp65 . slx\$fxl+gu/kflnsfn]g}OlGhlo/ lgoSt ub5 / lfdtf  
cleaMbsf nflu To:tf OlGhlo/x?nf0{/fli60 ; /sf/df k7f065 . o; k\$]sf/fli60 tyf :yfglo ; /sf/ alr xg]  
sd{f/lx?sf] cfbf kbf kfj sf/L xg] u/\$] 5 . hfkf gdf tlG :t/sf ; /sf/x? x65g\ /fli60, lqto tyf  
gu/kflnsf . lqto ; /sf/n]pglx?sf] OlGhlo/x?nf0{; fg]zx/ / buG :yndf k7fp5 / pglx?n]pglx?alr g}  
klj lwsf af/df lj rf/ / cgej cfbf kbf ub5g\hg clxn] Dd sfod}5 .

>l >]M w6oj fb 5 ; / . pxfm]#,\$ s/fx? ug{Psf]5 . klxn] xfd] zfvf xgkb5 . bf] f] rln/x\$] k\$]faf6}  
cgludg tyf ; kl/j]f0fsf nflu /sd ; hgf ug{kb5 . t}f] gu/kflnsf tyf buG lqsf gu/kflnsfx?df  
OlGhlo/x? /Vg ; d:of xg]ePsf]s]bb ; /sf/n]To:tf OlGhlo/x?nf0{k7fP/ ; xofu k'ofpg' kb5 .

**kbfM** u / 3 >]sf gu/kflnsfx?df lglZrt ; do; Dd s[b] ; /sf/n]; xofu ug[eG]x]fd] ; dXn]n]y\$]5 . s /  
v >]sf gu/kflnsfx?n]zfvf / 0sf0{v8f ug{kb5 . To; f]ug{ ; lsGg eg]uf]j ; df ?k{t/Of xg}kb5 / To; /L  
hfg' kb5 eG]dnf0{nll5 .

dxfgu/kflnsf / pkdxfgu/kflnsfn]Ps j if{leq zfvf v8f ug{kb5 lsgeg]ejg ; lxtsf nflu cf]krfl/s r\$ /  
kf; ug]s'/f]t 5b5 o; sf ; fy}cgludg k\$]fsf nflu klg c? sg]lj efu jf zfvfn]o; df sfd ug{ ; Sg]cj :yf  
klg 5g . clxn]klg lgdf sfo{yndf uP/ cgludg s; h]ug{g; ls/x\$]xgn]ejg ; lxtf nfu' e} s}kl5 klg  
o:t}cj :yf cf0/xdf]eg]ejg ; lxtsf]kfj sf/L sfollj og xg ; Sb5 / of]s]n sfuhdf dfq]l; ldt x65 .

>l >]M ; a}gu/kflnsfx?n]ejg lgdf cf/ ; lxtf nfu' ug{kb5 . k/fgf gu/kflnsfx?df zfvf v8f u/L lj :tf/}  
nfu' ub{hfg]eG]s/f cfof] / ; fgf gu/kflnsfx?sf]xsdf zx/L lj sf; tyf ejg lgdf ljeu (DUDBC) jf  
s[b] :t/af6 ; xofu ug{kb5 ; fy}c60 ; /f\$]j fnfx?n]klg ; xofu ug{kb5 . dxfgu/kflnsf / pkdxfgu/kflnsfn]  
eg]Ps j if{leq t?{t}of]nfu' ug{kb5 eG]s/f cfof] .

knbf7M hxf+ >f7x? sd 5g\ To:tf gu/kflnsfx?df ;/sf/n] kl/of7hgfsf] ?kdf lnP/ hfcf] \ h; n] ubf{gu/kflnsfx?df cfj Zostf dx; ; klg xb7hf65 / Toxfsf tNnf]:t/sf sd{f/lx?n]klg l; Sb}hf65g\

klxnf]s/f >0fl u / 3 sf gu/kflnsfsf]xsdf lj :tf/}0l6hgo/ /fVb}hfg]e6gSf]cy{ejg lgdf0f cfrf/ ; lxtfsf] af7df ; ; lrt eP/ cfkm}klg ; r7 xgkb5 e6g]xf]. bf] fl]s/f, olb cfkm7f]hgZlStn]sfd ug{; s7gV ; /sf/; # kflj lwssf]dfu ubf{Tof]dfu k/f gxg]uhf0; klg /xb7 . kl/of7hgfsf]s/f cln k5fl8sf]s/f xfl]of]t?6t}xb7 . pbfx/0fsf nflu w/fgd fbf| % b7v ejg ; lxtf nfu' ug7eg] Ps ksf/n]xfln]tof/L u/7sf 5f7. cfufdl lbgdf ejg ; lxtf nfu' ug7; dodf xfdlnf0{t?6t}Pp6f 0l6hgo/ rflxof]eg] ejg lje fu jf zx/L lj sf; lje fu; # dfl]of]eg]p; n]pknAw u/fpg ; Sg]ls g; Sg7 o:tf s7fx?df clns k76tf e0lbof]eg]/fdfl]xg]lyof]ls .

kl/of7hgf gcfPsf]cj :ydf l8lehgn]klg ; xof7u ug7kb5 . ; /sf/L ejg agfPsf]cj :ydf l8lehg hfg]kb5 . ejg ; lxtf cg' f/ ejg lgdf0f ePsf] 5 5g egl cgldg ug7f0{xfln] ah7sf] Joj :yf u/7sf 5f7. ; fgf gu/kflnsfx?df xfdfl]l8lehgsf ; fylx? hfg]kg7x65 . lj utdf sd hfg]u/7sf]eP ca hfg]dfqf a9fpg' kb5 . o; /L klg kl/of7hgf gcfP; Dd ; fgf gu/kflnsfx?df ejg ; lxtf nfu' eP gePsf]x7{cgldgsf nflu ah7sf] Joj :yf u/L ; fl]sfd xfdln]ug7kb5 .

lj :tf/}hfg]; j findf klxnf]j if{gu/kflnsfx?sf] >0fl j ul7/Of u/7 Itglx?sf] lfdtf lj Zn7f0f ug7kb5 . klxnf] bf] fl] t7}f] j if6f slt slt ; Wofdf nfu' ub7 hfg] e6g] lglZrt u/L of7hgf agf0{cufl8 hfg' kb5 h:tf] nflu b5 . gu/kflnsfsf]gfd / ; Wof t77} dfq sfd sf/j fxl cufl8 a9fpg' kb5 h:tf]dnf0{nflu b5 .

>L >7M lj :tf/}e6bf %, ^ gu/kflnsfx? h; df dxfgu/kflnsf / pkdxfgu/kflnsfx? kb5g\Itglx?df Ps j if{leqdf nfu' ug7kb5 e6g]s/f eof]. bf] fl]j ul7/Ofdf Ps nfv e6bf a9L hg; Wof ePsf gu/kflnsfx? 567fpg' k7of]/ To:tf gu/kflnsfx?df slt ; dodf nfu' ug7; lS65 Tof]klg t77}g' k7of]. t7}f]j ul7/Ofsf gu/kflnsfx?df kl/of7hgf cfP klg gcfP klg zx/L lj sf; tyf ejg lgdf0f lje fu (DUDBC) / d6qfnosf]; xof7udf nfu' ug7kb5 . dxfgu/kflnsf / pkdxfgu/kflnsfx?n] s8f0sf ; fy z? ul/xflg' kb5 e6g]s/f eof]. To:t}; a) gu/kflnsfdf Pp6f 0l6hgo/ /fVg' k5{e6g]cfof]To; sf nflu kflj wfgsf]Joj :yf ul/xflg' kb5 ls<

knbf7M s7b| tx jf l8lehga6 0l6hgo/ k7fpbf sfo6f7hgf tof/ u/L k7fpg]Joj :yf xg' kb5 . sf]JolSt, sxf+/ slxn]hfg]e6g7df sfo6f7hgf g}tof/ ug7kb5 . h:t}clxn]sfhsf]s/f cfof]slt lbg sf]sfhdf hfg]x7 k76 xgkb5 . ; a)gu/kflnsf, lje fu, d6qfno / c6o ; /7sf/ lje fux? ; #a; l ; d6j o u/L :j lSt ul/gkb5 .

ejg lje fuf]0l6hgo/ ejg l8hf0g / ; kl/j ]f0f ug7{hfbf kl/of7hgaf6 @-% kltzt; Dd k/fdz{zNs lng]s/f d7]; g7sf]5' Tof]s]x7 To:tf]zNs lng kg7xf]ls gkg7xf]

pQ/M xfdln] s7}klg ; /sf/L ejgsf]l8hf0g ubf{klxnf g}MOU u5f7. o; c7tu7 of] of] >f7x? rflx65 / ; kl/j ]f0f ubf{klg cfly7 lgoddf Joj :yf eP cg' f/ % kltzt ; Dd /sd /fVg ; S5f7. pbfx/0fsf nflu @-% kltzt ; f06 0l6hgo/ /fVg /sd /fVg ; S5f7/ @-% kltzt gb7vg]yk sfdx? ug7{k7of]eg]/sd /fVg ; S5f7. MOU u/7 /sd lgsf; f u5f7. ejg lgdf0f cfrf/ ; lxtf cgldg ug7sf nflu lje fun]/sdsf]Joj :yf u/7sf]5 . o; /L x/7 ; /sf/L ejgx?sf]cgldg ul//x7sf]cj :ydf ca gu/kflnsfaf6 cg/f7v cfPsf]v08df gu/kflnsfx?df klg cgldg ug7{hfg' kb5 . cg/f7v g}cfPg eg]t xfdl hfg]s/}ePg . gu/kflnsfnf0{cg/f7v sf nflu klg xfdl p7k7t u5f7. cg/f7v cfpgsf nflu jftfj/0fsf] lj sf; klg xfdln] g}ug7kg7x65 . gu/kflnsf; # xfdfl] lje fuf]; Da6w glhs xgkb5 . o; sf nflu gu/kflnsfdf nufgl g}ug7kg7klg x65 . of7hgf agfpg]sfd dfq geP/ cgldg sfo7sf nflu klg o; j if{b7v xfdl gu/kflnsfdf hfb7f7.

>L >7M cg/f7v cfpb7 dfq ge0 cg/f7v gcfpb7 klg zx/L lj sf; tyf ejg lgdf0f lje fu (DUDBC) cgldgsf nflu hfg]u/7sf]5 . o; df yk}klj wfg / Joj :yf x? 5g\ . o; df klg ; /x?n]ev7}cfj Zostf cg' f/sf]; xof7u ug7{hxf+h]h:tf]; 7f7vgsf]cfj Zostf kb5 To:df ; 7f7vg tyf yk36 u/7 eP klg ; xof7u ug7{kl]tall7f hfx] ul/; Sg' ePsf]5 . o:tf]ePdf gu/kflnsfx?nf0{sfd ug7; lhnf]x7hf e6g]cfzf ub7' . o; /L xfdln] s7 s7 gu/kflnsfx?df s; /L hfg]e6g]; j findf 67f]nufpg]sfd u7of]x70g t<

knbf7M nflu]nflu]. gnfu7sf]eP klg 67f]nufpg' k7of].

>l >]7M csf[s/f oxf+s]cfPsf]lyof]eg]; kl/j ]f0f ug]sfd s; sf]xf] lkm8df cgludg tyf ; kl/j ]f0f ug]lhDdf  
s; sf]xf] gu/kflnsf sf0f{no ls l8hf0g/ lhDd]f/ xgkg]xf]

kmf]M o; df l8hf0g/ g}lhDd]f/ xg' 7ls xfhf . gu/kflnsfn] pSt lhDd]f/l lnbf kflj lws ykg' kg] xG5  
h; n]; d:of cfpG ; S5 . cgludg l8hf0g/n] ug] s/f t xf] t/ s] sf] cgludg ug]xf] s]n ejg lgdff  
cfrf/ ; lxtf nfu' eP gePsf]eg] kflj lws ?kdf dfq}xg]xf]ls c? klfx? h:t}ejg ; lxtfsf]kl/kfngf s:t]5,  
hgtfdf ejg ; lxtfsf]kl/kfngf s]:t/ s:t]5, ofubfg s]:s:t]u/}f]5, ejg lgdffdf s]:s:t]c; / k/}f]5,  
; /lffdf slt c; / u/}f]5 cflb h:t} s/fx?sf]cgludg ug]f0{axcfolds cgludg lfdtsf]cfj Zostf kb5 .  
l8hf0g/n] kflj lws s/fx? dfq xg]xf] t/ c? kl/kfngsf s/fx? xg]xf]eg]Tof]c?n] klg xg]kb5 . To; h]of]  
cgludgsf]klf axcfolds xg]kb5 h:t}dnf0{nflb5 .

klxn] ejg / zx/ u/L b0{txdf xg]kb5 . sfollj og :ynsf]txdf l8hf0g/nf0{g}lhDd]f/ agfpg' kb5 t/ zx/  
txdf gu/kflnsf] 0lGhgo/ / c? kflj lws 6fh] jf Joj ; flos ; dbfon]kl/kfngsf lfh / cfo lfh]sf af]fh  
cgludg ug]kb5 . zx/L txd] cgludg ug]6fh]n]; a}7fpaf gu/L 7fp+7fpaf :ofdklnsf cfw/df s; /L ejg  
lgdff cfrf/ ; lxtf nfu' ul/Psf]5 eg] cgludg ug]kb5 .

clxn]oxf+s]b]lyof]eg]egf0{Pp6f / u/f0{csf]eP h:t}nfllof] . ; frf]s/f s]xf]eg]gu/kflnsdf hg l8hf0g/n]  
gS; f agfp5 / k} xG5 t/ p lgdff :yn jf lkm8 lt/ uPs} xbg . Tof]l8hf0g/ l; len, cfls6}r/n jf :6}r/n  
s] xf] eG] s/f klG kb5 . clGtdf xfdlnf0{ hitahf kdf0fkqs] cfj Zostf xG5 Tolta]hdfq Tof]  
l8hf0g/nf0{vfl]g]k}ng 5 . To; h]ubf{g}; kl/j ]f0f xfdlnf0{; d:of cfPsf]5 . of]dh]cfk]ef]u}f]s/f xf].  
To; h]l8hf0g/ tflnd k]t xg]kb5 gls gu/kflnsfn]lbp]kdf0fkq gDa/ dfq /flvlp k]5 gu/kflnsfnf0{.

l8hf0g/n]; kl/j ]f0f jf cgludg ug]kg]ge0{j \$]Nks klf dfq egl 5nkm ug{/flvPsf]lj ifo xf]. ; kl/j ]f0f jf  
cgludg ug]kg]eG]ePdf elj iodf sg}Joj xfl/s ; d:of cfp5 ls eG]dnf0{nflb5 . csf]s/f p; n]; kl/j ]f0f  
jf cgludg u}of]ls u/} eg] yk cgludg gu/kflnsfn]ug]kg]xG5 . To; f]xhf gu/kflnsf]lhDd]f/l klG ylg]  
xG5 .

xfdln]hg s/fx? oxf+kf; u/}f 5f]Tof]s/fx? Toit ; lhnf]5 h:t}dnf0{nflb5 . o; df clns a9L uDe/ xg'  
kb5 lsgeg]x/} gu/kflnsdf :6}r/n 0lGhgo/ rflxof]To:t}xfdln]gu/f]dv upaf klG]s/f u/}f 5f].  
t/ lj Bdfg ejg lj efus}hgziStn]#,\$ lhnf] xg]Pp6f dfq 0lGhgo/ xg]G5 . oib pSt 0lGhgo/nf0{tlg] 6f  
dfq gu/kflnsf k}of]eg]pxf]Toltsf 3/x? xg]s; /L ; Sg]G5<

l8hf0g/nf0{g}dVo lhDd]f/ agfpg' kb5 eG]s/f ejg lgdff cfrf/ ; lxtf nfu' xhf g}s/f p7}f]lyof]. lsgeg]  
gu/kflnsdf /x}f kflj lwsx?n]; a}3/x? xg] / l8hf0gsf sfd ug]{; ej 5g . gu/kflnsfn] ejg lgdff  
cfrf/ ; lxtf nfu' ug]; xhls/0fsf]sfd dfq ug]xf]. t; y{l8hf0g / ; Argfsf sfd xg]lhDdf l8hf0g/sf]xG5  
eG]xf]. t/ 3/wgn]; kl/j ]f0f jf cgludgsf nflu l8hf0g/nf0{/sd lbg ; Sg]cj:yf eg]5g . s}l wgl vfnsf  
3/wgn]dfq of]; kl/j ]f0f jf cgludgsf nflu /sd lbg ; S5g\t/ k}ollh]lbg ; Sg]cj:yf eg]5g . xfdln]clxn]  
l8hf0g/nf0{; kl/j ]f0f jf cgludg ug]lhDd]f/l lbgk5]eg]tklg lkm8df nfu' ug]{u}xf]5 .

sf7df08f]dxfgu/kflnsdf P Snf; sf ejgx?df k}oll ztk]tzt tflnd k]t kflj lwsx?af6 ; kl/j ]f0f e0/x}f}  
xG5 . To; sf]cnf]f al Snf; sf ejgx?df 3/wlx?sf]cj:yf x} ; kl/j ]f0f gePsf]klG xf]g . zfob sf7df08f]  
eG]af]x/sf gu/kflnsf?df To:t]cj:yf xfhf . ejg lgdff cfrf/ ; lxtf nfu' ug]{eg] xfdln]ejg lgdff  
cgdl]t zNsd] s}l kl]tzt /sd a9fP/ /fv}f xf]. t/ Tof]gu/kflnsf]sd(f/Ln]g]; kl/j ]f0f ug]{kb5 elg  
/flvPsf]rflx+xf]g . af]x/sf l8hf0g/ jf k/fdz}x?nf0{klG To:t]lhDd]f/l lbg ; lsG5 . l8hf0g/x?nf0{sfd  
klG nufpg]/ sfd u/]j fkt s}l kfl/>lds klG lbg]Joj:yf gu/kflnsdf eP ; lhnf]xg]lyof].

olx lznlnzndf d Pp6f s/f ykg rfxG5' . l8hf0g/nf0{hg zNs lbg]s/f ul/of]Tof]/sddf To; Jo]Stn]; kl/j ]f0f  
ug]{g; Sg]/x} .

dxfgu/kflnsfn] ; kl/j ]f0f zNs lnPsf] 5 To; df of]hg] agfP/ lbg]sf] @# 3/x? df]f0n ?kdf ; kl/j ]f0f  
ug]Joj:yf eP plrt xG5 .

>L >]7M ol s/ fx?nf0{s; /l 6u0p+eg] l8hf0g/nf0{lhDd]f/ agfpg] k0V s/f eof]. o; df nfutsf s/f klg kg[ePsf] rfx] klg l8hf0g/nf0{w}}; kl/j ]f0f u/fpg ; Sg]cj :yf 50 . To; sf/0f gu/kfinsfn]; do ; dodf cgludgsf sfdx? ugkg] x65 . To; sf nflu gu/kfinsfn] ; fwf/0f /sd s; /l x65 Joj :yf ugkg] x65 . ; kl/j ]f0fsf] ?kdf e6bf klg gu/nf0{dha't agfpg] lx; fan] cgludg ug] lj ifodf xfdl ; xdt xg ; S5f]s<

knf7M To; /l k6fj sf/l x60 . of]gu/kfinsfsf] sfo6d klg xf]/ gu/af; L; u xfdln] lj le6g s/ klg lnPsf 5f] To; h] gS; f kf; ubf{clnsit /sd a9fP/ To; sfddf nufpg' pkoSt x65 . lghl l8hf0g/x?nf0{gu/sf ejgx?sf] cgludg tyf ; kl/j ]f0f ug{gu/kfinsfn] ah0df g} cfj Zos Joj :yf ugkb5 / p; nf0{lnlvt ?kd} kdfi0ft (certify) u/fpg' kb5 .

cgludgsf]lhDdf gu/kfinsfnf0{af] u/fpg] / p; h] cgludg ug] ; fy]lghl l8hf0g/nf0{klg cgludg ug]{lbgkb5 . z?df h; n] cgludg u/klg cl6tddf kdf0fls/0f ug] t gu/kfinsf g} xgkb5 . To; h] tl b0{sf d j \$lnksdf ge0{>v nfdv xgkb5 . l8hf0g/sf] sfd 7ls 5 egl cl6td lg0f6 ug] clwsf/ t gu/kfinsfs] xf].

>L >]7M l8hf0g/ g]lhDd]f/ t xf] t/ l8hf0g/n] u/klg gu/klg cl6tddf ; /lfsf] bfl0j t gu/kfinsfs} xf]. To; sf/0f gu/kfinsfn]; lglZt xg] sfdx? h: t} cgludg tyf ; kl/j ]f0fsf sfdx? ugkb5 . To; sf nflu cfj Zos kg]/sdsf] klg gu/kfinsfn] Joj :yf ugkb5 .

knf7M Pp6f s/f s]5 eg] gu/kfinsfn] ztkltzt l0f/06l ug{ ; Sg]cj :yf 50 . d]f] l0df hyfeyl ug{ kf06g eg] gu/kfinsfdf rlgP/ cfPsf : yfglo ; /sf/sf kl]t lglwn] lhDdf lngkb5 .

; kl/j ]f0fdf Pshgfsf] dfq lhDd]f/l x60 . gu/kfinsf, l8hf0g/ / c? yk} ; /f\$]jfnfx? klg x65g\ . To; df ; a66bf 7hf]lhDd]f/l 3/wgl]sf] x65 . 3/sf] ; /lff / u0f: t/sf] nflu dVo lhDd]f/ 3/wgl] g} x65 . p; n] g] sfd ug{lbPg eg] s; h] klg sxl ug{ ; S60 t; y{3/wgl]nf0{la; 6} x60 . To; kl5 ; /lff kdf0fls/0fsf] s/f xf]. u0f: t/sf] l8hf0g, dfkb08 cg; f/ ePsf]5 eg] c?n] alr alrdf xg] xf] t/ h; n] agfp5 cyft\3/wgl]sf] dVo eldsf x65 . To] s/f rfx+5nkmndf cfPg . l8hf0g/n] k66f 7ls 5 50 eg] dfu6z0 u5{. gu/kfinsfn] l8hf0g/n] u/\$f] k66f cfkmg] tl/sf cg; f/ 7ls 5 eg] kdfi0ft u5{. t/ jf: tl] s ?kdf e6g] xf] eg] 7\$df/n] hlt ugkg] xf] tolt ub0 eg] To] sfd] nflu6 . lhDd]f/l ; Da6wL Ps lgb] zsf cfpg' kb5 . sRrf kbfy{ultnf] geP; Dd u0f: t/ tyf ; /lff k]t x60 To; h] s; sf]lhDd]f/l s]e6g] lgb] zsfdf :ki6 xgkb5 .

>L >]7M ejg lgdff cfr/ ; lxtf nfu' ug{ sxl s/ fx? xfdln] lgb] z s l; W06t]sf] ?kdf lgs0ff ul/; s\$]f] 5f]. To; df klg clxn] cfPsf ; jfnx? k/\$f 5g\ . clxn] xfdln] ejg lgdff cgdlt k66fdf p7\$] ; jfnf0{s; /l ; dfj] z u/fpg ; ls65 egl 5nkm u/\$f xf]. tl lglZrt ; jfnx? xgM ; kl/j ]f0fsf] efu l8hf0g/sf] xf] ; lglZrt ug] lhDdf gu/kfinsfsf] xf] / o; sf nflu /sdsf] cfj Zostf kb5 .

knf7M gu/kfinsfn]; k0f{zx/sf] l; kmf/zsf] lhDdf lng ; S60 / gu/kfinsfn] o: tf] lhDd]f/l sbfklg lng' x60 .

3/ agfp6f gS; f kf; u/] cg; f/ slt tnfsf] 3/ xf] tolt tnfd 808l xfn\$]f] 7ls 5 ls 50 egl slt k6s xgkg] xf] tolt k6ssf] ; kl/j ]f0f zNs gu/kfinsfn] lngkg] / gu/kfinsfn] ; kl/j ]f0f ug{v6fPsf] ; k/ef0h/s} nflu pSt vr{ugkg] / ; f]/sdsf] k66f] c6t ug{gkf0g] xgkb5 . c60 ; a]lhDdf 3/wgl]sf] xgkb5 .

xfdl]n] ejg lgdff e/kbf]5 e6g] s/f kofslhdf xgkb5 e6g] s/f u/\$f] lyP+t/ clxn] 808l dfq xg] le6g] s/ fx? cf0/x\$]f]5 . u0f: t/lo sRrf kbfy? dfq eP/ x60 . tl sRrf kbfy? sf] ld>0fsf] cgkft / c60 dfkb08 gldNbf u0f: t/lo 3/ a6g ; S60 . To; h] 3/wgl]nf0{r]gf hufpg] sfd ugkb5 .

>L >]7M o; ; jfndf xfdln] w}]5nkm ul/; s\$]f] xgfn] o; df w}]; do glncf] Hsgeg] of] axklf0 ; d: of xf]. gu/kfinsfn]: ynut cgludg klg ugk5{e6g] olt dfq s/f xf].

csf] ; jfn clwsf/ k]of0f] hgsf] lj ifonf0{lnP/ p7\$]f]5 . d0/n] dfq] gS; f kf; ug{ kfp]g] ls 0lghlgo/ klg gS; f kf; ug{ kfp]g}

knrf]M clwsf/ k]ofof]hg Pq ; zfv]g gagf0{xbq . lgsf; lbg g; lsg]s/fnf0{a6blsf]3]fileq /fv]g' xbg .

xfd] clekfo kflj lws 6f]hlnf0{lbg' kb5 e6g]xf]. gu/kflnsf Pp6}sfggn]rnfp]kpf; u#of]To; a6 of]; d:of  
pAh]sf]xf]. xfdn]dxfgu/kflnsf / pkdxfgu/kflnsfsf]bl]6sf]af6 eg]sf]t/ c6o gu/kflnsfx?df ; d]nf0{; f]l  
nfu'ePsf]of]; d:of cfPsf]xf].

clwsf/ k]ofof]hgsf]; Gbedf s/f ubf{gu/kflnsfsf]k\$[t cg; f/ km/s km/s th]f ug]kg] x65 . of]Pq ; zfv]g  
ubf{gu/kflnsfsf]0]6hgo/; Dddf clwsf/ k]ofof]hg ul/gkg]x65 .

clwsf/ e6g]s/f ; zf; gsf]; jfn x]To; sf/of d6/n]g]x:tf]f/ ug]kb5 t/ p; nf0{kflj lws ; xof]usf]cj Zostf  
kb5 e6g]/fo x].

gu/kflnsfn]/fo k/fdz{; ldt agfpg ; S5 t/ To; sf]kxfj sf]/tdf kZg lrx /x65 . oxf+; d:of s]xf]eg]  
k]jwfg eP/ klg k]ffnl]sfd gu/]sf]xf].

>l >]7M clxn] g} of]; jfndf sg] lgrf] lg:sq t; y{ o; ; jfnf0{ olQs} 5f]y' knf{ . ca d ; a}  
s/fx?nf0{lgisif]f nfg rfx65' . ; dx !, @ / # n]lbPsf ; emfj x? 5gV Itglx?nf0{ldnfP/ n]y' kb5 . s]l  
c:ki6 s/fx? lyP tl ; a; dfwfg e0; s]. ; dx !, @ / # af6 cfPsf ; emfj / b:tf]h eg]sf]gu/kflnsfsf nflu  
ejg lgdff cfrf / ; lxtfsf]k\$]f ; 66q, lfdt lj sf; , kzf; lgs tyf >f]x?; # ; Dalwt ; a} s/fx?sf] Ps  
lgb]zsf x].

; dxaf6 cg/f]w cfPsf]5 . HESI n]s]u5{e6g]s/fdf k\$z kfl/lbg xg Dr. Ando nf0{d cg/f]w ub5' .

8f- c]6b]f]@-# j ifsf nflu HESI sfo]dn]UNDP ; # ; d]jo u/]sf]5 . hfkfg ; /sf/af6 UN nf0{sf]f cfp5  
t/ HESI sf]f /li60 :t/sf nflu s]b]t ul/Psf] 5 h; df xfdn] /li60 :t/sf]; d]jo h:t}of] uf]7L sf  
nflu ; xof]u ug]f]f . hfkfg ; /sf/sf] ; xof]udf xg] UNDP sfo]dn] /li60 ; /sf/  
dfk]f\ :yfglo ; /sf/nf0{; xof]u ug]f . t]nd, k]f/ k] f/, lkm8 cj n]sf]g ed]of c]b h:tf ult]j lwx? UNDP n]  
ug]f . HESI n]; ldtnf0{cfj Zostf cg; f/ ; d]jo ug]f . ; ldt]sf /li60 :t/sf ult]j lwnf0{; xof]u ug]f .  
zx/l lj sf; tyf ejg lgdff ljefusf ult]j lwx?sf nflu rf/ bZ nufot u/la bZx?df c6t/li60 s6km/; sf  
nflu tlj j ifsf]cj]wdf sl/a @,))) 8n/sf]ah]df, hg w]x]f]dg, d k]t]alt]f hfx] ub5' . o; sf ; fy]x]fdl  
UNDP sfo]dnf0{klg ; d]oj ug]f]f .

knrf]M lj]le6 l]q]sf k]t]glwx? a; ] ejg cgd]t k\$]fsf nflu Pp6f k]b]t] jf k]ffnl]sf]lj sf; ug]{b0{lbg]sf]  
sfo]zfnf uf]7Ldf ; e] x6g . t; y{lgb]z]s l; Wof]tsf cfwf/df /x] Pp6f ; ldt agf0{k]b]t] jf k]ffnl]sf]lj sf;  
ul/gkb5 . Pp6f k]t]fj /fv]h; df Pp6f ; ldt agfpg]/ To; nf0}UNCRD n]/li60 :t/sf]k]b]t] jf k]ffnl]  
lj sf; ug{: xof]u ug{: Sb5 .

8f- c]6b]f] 5nk]msf bf]fgdf cfPsf]; /lff k]t ug]s/f s]n ; /sf/n]dfq ug{: S5 . ; /sf/n]Go]td ; /lffsf]  
dfkb08 k]t ub5 . hfkfgsf]; Gbedf of] ed]k0f{ 5 . cfj Zos kg] ; a} k\$]f/sf s/fx? ; /sf/n] k]t  
ug{: Sb5 . ; kl/j]f]of s]n Go]Qd dfkb08 hf]f ug]xf]. ; /sf/l :t/af6 ul/g]hf]f#aem Go]Qd ; /lff dfkb08sf]  
hf]f ug]lx; fan] dfq sf]of]og xgkb5 . 0]6hgo/; jfnx?sf]; fgf lj j /ofx? k]t ug]{p c]k]f] hf]f  
/ ; kl/j]f]of ug]s/f l; Sg' kb5 . c]f]s6]r/ jf ejg lgdff 0]6hgo/sf]sfg] nfu' xgkb5 . ejg lgdff cgd]t  
k\$]f / ejg lgdff 0]6hgo/x? bj]; /lffsf nflu lh]d]f/ xgkb5 .

>l >]7M UNCRD / HESI kl/of]hgn] k]ffnl lj sf; tyf lj rf//cge]x?sf] c]bfg k]f]gsf nlu ; xof]u  
ug]k]t]alt]f JoSt u/]sf]5 . o; sf nflu xfdl l; Wof]t]M ; sf/f]ds 5f] t/ o; sf nflu xfdl k]l/ klg a:gkg]tyf  
s/fx? lj :t]t ?kdf ug]kg]x65 . xfdl of] sfo]zfnf uf]7L ; l]SP nuQ}a:g ; S5f]. ca d of]; qaf6 labf lng  
rfx65' t/ o; cufj]; dx sfo]f]k]t]tsf]lg]Zsif{k]t]t ug]{rfx65' .

gu/kflnsf, d6qfno tyf lj efusf ; fy)HESI / UNCRD sf]klg o; df kl|talWotf 5 . NSET sf]kl|talWotf t  
o; df ; w}/xG5 . xfdl] sfozfnf ufj7lsf glthfx? nueu ; xl lbzf lt/ p6d'v ePsf]h:tf]nflU5 . cl6tddf o;  
b0{lbgstf]ufj7laf6 lg:s3f glthfx? d oxfx? ; dlf :d/of u/fpg rfxG5'.

**glthfx?M**

!= ejg lgdff cfrf/ ; lxtf nfu'ug{lgbz's l; Wbft, /ofglit tyf s0fsnfkx? eg] sl/a !@- !% j6f glthfx?  
cfPsf 5g\ ; fy)/ofg]ts tyf lgbz's l; Wbftsf b:tfj h xfdln]kf; klg ul/; s3f 5f].  
@= ; /f3f/jfnfx?sf]lj Zn]f0f u/l pglx?sf]el'dsf s]s]xf]eg] xfdln]lj:t?kdf lj Zn]f0f / klxrfg ug]sfd  
klg ul/; s3f 5f].  
#= ; dX sfo6f6 lfdtf lj sf; , kzf; Iso kg{ /rgf, cfly6 tyf kl]j lws >f]x?sf]af8knf8 / Joj :yfkq ; Da6w  
klg xfdln]s]l ; eifj x? lbPsf 5f].

ca ol cfPsf s/fx?nf0{kf; ug{tfnl ahfP/ kfl/t ug]xf]ls< tfnl ahof]. ol kfl/t ePsf s/fx?nf0{kl/dflh  
u/l UNCRD df k3f ug]f]f; d olt e6b)d]f]; xhls/ofdf ; xofu ul/lbg'xg]; ahf0{w6oj fb lbg rfxG5'.

>l b] sfoM ; s0 ; xeflutfsf nflu ; ahf0{w6oj fb 5 . kl/dflh ul/Psf]b:tfj h ; a}gu/kflnsfx?nf0{pknAw  
u/fpg cg/f]w ; d] ub5' / of]; q oxl-c6t ePsf]3f]f0ff ; d] ub5'.





△ q - \*

elj iosf] sfo?k / ; dfgk

df]vs k]tlt

lbgž yklnof, kdV sfošf/L clwsf, sf7df8f}dxfgu/kflnsf  
cfdff dlof lblift, Pg; f gkfn

blifof Plzofsnflu ešDk hf]vd Golgs/of / kg?Tyfg tof/L sfošd

df; flxsf]d/ftf, International Recovery Platform -cf0cf/kl  
/fxh; g uktf, kšfk Joj :yfg lj 1, oPg8tkl gkfn

; dfgk j Qmlo, ; bēQm ; fuf5.] dxflgbžs, ej g lj efu

; #fnsll w6oj fb ; efklt tyf ; xhstf{ox? . uf7l]sf]cl6td lbgdf ejg lgdf{ cfrf/ ; lxtf k|f/ k| f/ tyf nfu' ug[ ; jfndf xfdl Ps lglZrt ; xdtldf kluf 5f} of]uf7l dfrkf xfdln]Ps lglZrt lgb]zsf tof/ ug[k|tallbtf hfx] u/uf 5f} . ca xfdl csf] ; qdf kjz ul//xuf 5f} jf:tjdf of] uf7l]sf] cl6td ; qdf cfudl af6f tyf ; dfgk . d zx/l ljsf ; tyf ejg lgdf{ ljeufsf dxlgbz s > l ; b{eSt ; fuf5]f0{of] ; qsf] ; efkltlj ul/lbg xg cg/fw ub5' . To ; u/l of] ; qsf k|tfx?nf0{klg d6rdf cf0lbg xg cg/fw ub5' . o ; ; qsf k|tfx? sf7df08f} dxfgu/kfnsfsf kdv tyf sfof/l clws t > l lbgz yklnof, NSET sf sfof/l lgbz s > l cdfh]d0f l blift, UNDP sf ksfk Joj :yfgk lj 1 > l /fxh ; g uktf, IRP sf al/i7 cg ; Gwfgstf{> l df ; fxlslf d/ftf, efts ofhg tyf lgdf{ d6qnosf ; x ; lrj > l lszf ykf, :yfglo ljsf ; d6qnosf ; x ; lrj > l ; fdnfn ; j bl, UNCRD ksfk Joj :yfgk ofhg Xoluf sfofnosf ; d6oj stf{8f= ; f0rl cf6bf]f0{d6rdf cf0lbg cg/fw ub5' .

> l ; fuf5] ; a]f0{ gd:sf/ . b0lbg] sfožinf uf7l]sf] of] ; dfgk ; q x] . o ; sfof]df sf7df08f} dxfgu/kfnsfsf kdv tyf sfof/l clws t > l lbgz yklnofaf6 5f]k|t'tls/of xg5 / d pxfm0{k|t'tls/of ul/lbg xg cg/fw ub5' .

> l yklnofll o ; ; dfgk ; df/fxsf ; efkltHo" d6rdf pkl:yt c? lj]zi6 JolStx? tyf ; k0f{ ; xeful ; fylx? . gu/ ; /sf/sf]tkmf6 ejg lgdf{ cfrf/ ; lxtf nfu' ug[kdv lhDd]f/l / bfl0j gu/kfnsfsf]xf] / oxf+ ; a]sf] tkmf6 afsl sxl eP To] clxn] k|t't ug{ nuf0Psf] xg ; S5 . To ; h] d Toxl kl/wl leq /xl d]f] k|t'tl ug{rfx65' .

; j k]yd d ; a]gu/kfnsfx?sf]tkmf6 cfofhs kl't xflb]stf k56 ug{rfx65' . cTo6t}dxlj k0f{lj ifodf xfdln]yf] eP klg hfgsf/l xfl ; n ug{ ; s]f 5f} . ejg lgdf{ cfrf/ ; lxtf nfu' ug[lj ifodf gu/kfnsfaf6 cfpgePsf sfof/l clws t, 0l6hgo/ nufot c6o pkl:yt ; xefulx? k|olf jf ck|olf ?kdf ; Dal6wt xgX65 . xfdl ; a]f0{lhDd]f/l afw ePsf] 5 / Pp6f lhDd]f/l ylkPsf]d] dx ; ; klg u/uf 5' . sxl ; d:ofx?, sxl bljwfx?, sxl hl6ntfx?sf]alraf6 k|tallbtf hfx] u/] xfdl ca oxfaf6 lx8b]f} . Isgeg]of]Psb d hl6n lj ifo 5 / sfof]og gu/l gxb]lj ifo klg 5 . t/ ; a]s/f xfdln]ul/xflg ; Sg]cj :yf klg 5g . of]alraf6 ePklg xfdl ; a]sf]cfwf eg]vh]sf]5 .

dfg ; x?sf]yk} rfxgxf? d]w]Pp6f rfxgf hlj gdf Pp6f ; fg] 3/ agfpg ; sf]e6g]x65 . oltajf xfdlnf0{s} dx ; ; ePsf]5 eg]xfdl]agfpg]3/ st}d]o]sf]sf/Of t alg/x]f]5g eg] Pp6f qf ; xfdldf knfPsf]5 . of] qf ; ; e]lj s ?kn]ejg lgdf{ cfrf/ ; lxtf nfu' ug]sf lglD ; a]6of 7hf]cfwf/ xf]e6g]d]h]7fg]sf]5' . 3/ agfpg rfxg]k]o]sf dfg ; x?df tkf0{3/ x]f]og st}tkf0{cfkng}lrxfg t agf0/xg' ePsf]5g e6g]qf ; xfdln] hg:t/ ; Dd ; hgf ug{tyf cge't u/fpg ; Sof]eg]ejg lgdf{ cfrf/ ; lxtf nfu' ug{o ; n} ; sf/f]ds glthf lbg ; Sb5 e6g]d]h]7fg]sf]5' .

oxf+sxl k| u p7]f 5g\ . oxf+u0f:t/xlg ejgx? klg lgdf{ e0/x]f 5g\ . o ; } ; Gbedf xfdln]ejg lgdf{ cfrf/ ; lxtf s ; /l nfu' ug{ ; Sb5f}eg] d s]dfq e6g rfx65' eg] xfdln] JolSt JolStnf0{olb tkf0f} u0f:t/xlg ; fdu]x? kofw ug]eof]eg]tkf0f}u0f:t/xlg 3/ agfpg' x65 / To]tkf0]sf]d]o]sf]sf/Of a6g ; S5 eg] xfdln]pglx?nf0{/fd/l ; e]fpg ; s]f of]nfu' ug{ ; e] x65 . Isgeg]df65h]c?nf0{wf]f lbg ; S5 t/ cfkng]cfkng]f0{wf]f lbg} ; Sb5 . xfdln]Pp6f k]w]t jf jftfj/Of ; hgf ug{tn]af6 hfuf xg]k]w]t]sf]lgdf{ ug]k]b5 . of]sf]d ug]f nflu xfdlnf0{phf]ldn]sf]5 e6g]d]h]7fg]sf]5' .

csf]s/f, oxf+yk}k|t'tlx? ePsf 5g\ / cTo6t}dxlj k0f{s/fx?df 5nkim ePsf 5g\ . kZgfjnl e/uf 5f}/ tlg ; d]xdf a ; ] lj]le6g l]gdf ePsf s/fx?nf0{5nkim u/] 6]w]Psf 5f} . ejg lgdf{ cfrf/ ; lxtf Psbd} dxlj k0f{5 t/ of]PSn]h]s ; h]klg ug{ ; Sb5 e6g]d]h]lgZsif{lgsfn]sf]5' . xfdln]cf-cfkng]lhDd]f/l / bfl0j af8knf8 u/uf 5f} . To:t}of]nfu' ug{ ; fem]f/l / ; xsfof]jftfj/Of h?/L 5 eg]f 5f} . ; a ; /f]f/jfn tyf lgsfox?n]cf-cfkng]bfl0j / lhDd]f/l alembof]eg]dfq klg csf]j if{ejg lgdf{ cfrf/ ; lxtfsf]k]w]t]sf] :y]t s :t]5 egl xg ; Sg]jftfj/Of agfpg ; S5f} . To ; h]cf-cfkng]k|tallbtf nfu' ug]sf lglD cf-cfkng]7fpaf6 k|tallbtf xcf]e6g]d cg/fw ub5' . k|tallbtf sxfaf6 z? ug]e6g]s/f klg cfp5 . xfdln] ; a]h]bfl0j / lhDd]f/l]sf]s/f u/uf]d]f]tkf0x? ; u s]k|tj 5 eg]xfdl d]w]sit hgn]3/ agfpg]f]f agfpg] ; f} agfPsf 5f]folt hgn]dfq}ejg lgdf{ cfrf/ ; lxtf k0f{?kdf nfu' ug{k|tallb 5f}e6g]e]glbg' eof]eg]klg of]cu]f8

al9xfl5 . To; kl5 ; aelbf dfos s; nfo{u5f kSs}klg cfm'tx?nf0{dfos u5f. pglx?nf0{olb xfdln}ejg lgdff cfrf / ; lxtf cg?k 3/ agfpg elglbcf}eg]Tof]s/f / dbfodf hf65 / ; dbfo xb}hxf+xfdl klgl]sflzz ul//xsf 5f}toxl of]kl5 . t; y{of]cfm'f6 k/f/De xgkb5 eG]dnf0{nfu\$]f 5 . gu/kflnsfsf]xsdf klg ca s[blh]slt ah6 b]hf, OlGhlo/ k7fpnf ls gk7fpnf eg] eG' e6bf klg xfdl cfm'f]tkm'f6 s]slit ug{; S5f}Tof] tTsf n z? ul/xfnf}clgdq xfdl sfollj og txdf kl5f. cK7df/f]sxf] k5{To; kl5 dfq ; xofl] vfl]hf}.

oxf+tlg klfx? /x\$g\ . Pp6f 3/ agfpg]h; n]of]s/f nfu' / cge't ugkb5 . bf] fl] / ;sf/ / :yfglo / ;sf/ / t}f]klf xfdl]gllt lgod, sfg6 jf ejg lgdff cfrf / ; lxtf . ol tlg}klfsf]lj Zn]f0f ubf{ 7ls jf a7]ls eP klg, hgtfx?sf]:t/ !(cf)ztf]blsf]h:tf]/x\$ . xfdl / ;sf/df h; n]nfu' ug]lhDd]f/L lnP/ a; \$f 5f]xfdl]:t/ @) cf)ztf]bl It/ kl\$]f/ xfdl]ejg lgdff cfrf / ; lxtf @! cf)ztf]blsf]klg pQ/fw{It/ kl\$]f]kf]5 ls eG]nfu\$]f 5 . To; h]ol tlg}klfx? alr vf8n jf c6t/ sxf+5 eg] vfl]hf. Tof]c6t/ kQf nufpg ; Sof}eg]sfollj og u/fpg eg]ufxf]56 . t; y{of]c6t/ kQf nufpg' xfdl]lgllt cTo6t h?/L s/f xf]eG]d]h]7fg\$]f'5'.

csf]s/f kl/kfngf (compliance) sf]s/f xf]. sfollj og u/fpg]dflg; x? xfdl cfm'g}0df6bf/ ePgf}eg]c?af6 0df6bf/lst]ck]ff ug{a\$]f/ x65 . To; h]sfollj og klfd xfdl cfm'klxn; r] xcf}sfollj og klfnf0{afllw]ds agfpg] To; kl5sf s/f xg\ . xfdl kl/kfngsf s/fdf hfgkb5 eG]dnf0{nflb5 . xfdlnf0{v6\$]f] glltut ; dg]osf]s/f klg xf]. efl]ts of]hg] tyf :yfglo lj sf; dg]qnoaf6 lhj; nf0{; xofl] xgkb5 . gllt Pp6fn] agf65 / km'fn dg]qno csf] 5 . ol bj}klfx? Pp6} 5fgf dg] eP gllt agfpg / sfollj og u/fpg ; lhnf]x6]of]ls eG]nfl5 . d7]f]k]tfj s]5 eg]ejg lgdff cfrf / ; lxtf nfu' ug{Pp6f ; ldlit agf}sf; sg sg gu/kflnsfx?df s]s:tf sdx? ePsf 5g\; fy]gu/kflnsf; # hf]8Psf uflj ; x?df s; /L sfd e0/x\$]f]5 eg] Tof] ; ldltn] xg] / ; xhls/0fsf] sfd ug\$ . lj]eG] lgsfox?n] ug] sfo\$]dsf] ; dg] o u/L To; ; ldltn] tn]Dd k'ofpg]/ ejg lgdff cfrf / ; lxtf nfu' g}gePsf]7fpax?df cfwf/et b:tfj h agfP/ lbg]cflb h:tf o; n] yk]/fd]sfd ug{; S5 eG]d]h]lj Zjf; lnPsf] 5'.

d ; a\$]f]tkm'f6 s]cg/fw ug{rfx65' eg]ejg lgdff cfrf / ; lxtsf]sfollj og klfsf]cj:yf ; f{x}boglo 5 . xfdl dfkb08 ljkl/t 3/ agfPsf]eg] e65f. To:tf 3/x? eTsfpg' k5{eg] e65f. t/ Itg}3/x?n]xfdlnf0{Job6 xfg/x\$]f 5gV xfdl s]L ug{; Sb6}f. To; h]kl/kfngsf / sfollj og sf /fx?nf0{xfdln}cInslt ePklg Joj:l:yt ug{; S5f]eG]nfu\$]f]5 .

c6tdf, bflotj / lhDd]f/L s; sf] slt 5 eg] eG' e6bf klg of]clg]fo{ 5 eg] xfdln}cge't u/f}. o; nf0{sfollj og gu/}Dd xfdln]hg tla]lj sf; sf]kl/sNkgf u/\$f 5f}Tof]k'kt xg ; Sb6 eG]s/fdf olb xfdl lj Zj :t 5f}eg]cfh}b]v cf-cfm'f]7fpaf6 h6f/ nfu}eG]cg/fw]sf ; fy lj bf xg rfx65' . w6oj fb .

>l ; fuf5] w6oj fb >l yklnof . d ca >l cfdff]d0fl lblftnf0{cfm'f]egf0x? /flvlbg xg cg/fw ub5' .

>l lblftM ; eflktHo; cfb/0flo cltly tyf ; xeful ; fylx? . d7]f] ; emgdf of]klxn]k6s xfhf hxf+o; k\$]f/sf] ehf ePsf]5 . b0{lbgsf]sfozfnf uf]7ldf xfdln}ejg lgdff cfrf / ; lxtf sfollj og sf ; jfnx?df 5nkm u'of} / xfdl ; # b\$]sf @) 7hf gu/kflnsfx?sf ; fy}cfb/0flo / ;sf/l clwsf/L tyf c6t/f66 lgsfox?sf]kl]tlglw]j 5 . of]7hf]sfo\$]dsf]?kdf /x\$]f]5 . o:t}k\$]f/sf sfo\$]d c? b\$] tyf lf]df ePsf]5 eG]s/f dnf0{yxf] 56 . xfdlx? Ps j }t ; xldtdf kl\$]f 5f}hg dx]j k0f]s/f xf]. xfdl ; a; xefulx?n]xfdl ; # ejg lgdff cfrf / ; lxtf tyf o; sf]b:tfj h ePsf]s/f ul//x\$]f 5f. ; fy}o; nf0{sfollj og ug]s/f klg ul//x\$]f 5f} / xfdl ; a]h]s]klg dx; ; ul//x\$]f 5f} eg] toxf+; d:ofx? klg 5g\ / sfd Tolt ; lhnf] klg 56 . ; d:ofx?sf] jf]hb xfdl o; nf0{ug{; S5f} / nuf} / ?kdf xfdln]ul//xg' kb5 . uf]7lsf]pb3f6g ; q blv g}kl]taw]tf hfx] ul/Psf]lyof] / ; a\$]f]o; df Psk\$]f/sf]aem0 /x\$]f]5 . ; /f]j/fnfx?sf]e]dsf, glltut s/fx?, ejg lgdff cgdlt k\$]f nfu' ug{cfj Zos kg] sfollj, ejg lgdff cfrf / ; lxtf nfu' ug{cfj Zos kg] ; wf/x?, kzf; lgs k0ffnl ; eG, sfollj og sf nflu cfj Zos kg] lfdtf lj sf; tflnd tyf >f]x? cflb 5nkm'af6 cP t/ cem]klg o; sf lj :t klf] klfx? sh]pg afsl g}5 . xfdl o; s/fx?nf0{dfgf} ul/Psf ; a}5nkmx? w]g}; sf/flds 5g\ o; uf]7lsf csf]/fd] klf s]/x6]f eg] ; ah]gn] ; sf/flds 7fpax?sf] vfl]l ug]k6f; ul//x\$]f lyP hg w]g]/fd] s/f xf]. To; h] ; a\$]f] kl]taw]tf /x\$]fn] d o; nf0{w]g}; sf/flds ?kdf lnPsf] 5' . xfdl] sfollj{ tlg jul\$]f/0fdf k]yldstsf ; fy cl3 a9fPsf 5f. loglx?nf0{ xfdln] xfdl] lgbz]s l; w6f]tsf ?kdf lncf. o; f] u/df xfdl ; # ; d:of, afwf c8rgx?, /fhg]ts cl:y/tf eP klg xfdl xfdl] p2]o k'kt ug{; S5f. xfdln] tof/ u/\$]f tlg sfo{f]x? xfdl k'kt ug{; S5f} / of]c6t/f66 ; femf/sf nflu 7f] ; 6bz] klg xf]. ejg lgdff cfrf / ; lxtf

nfu' ugšf nflu vf; vf; s/fx? l6kf6 ug{ d xfdŕ] c6t/fŕi60 ; femf/x?nf0{ cg/fŕ ub5' . d o; }  
lznlnzndf ; yfut ?kn]kŕtallbtf ug{klg rfx65' . of]; yf ejg lgdfŕf cŕf/ ; ŕtf nfu'ug{ ; /sf/nf0{; xofŕ  
ugŕp2ŕon]:yflkt ePsf]lyof]. NSET sf]h6d hgahf ePsf]lyof]To; ahf Ps dfq nlf lnP/ cufl8 a9šf]  
lyof]. Toŕs]lyof]eg]ejg lgdfŕf cŕf/ ; ŕtf agfpg]kšŕf -; g\!((@/#\_ / of]nfu'ug{ ; /sf/nf0{; 3fpg  
e6b klg ; /sf/n]egšf]; dodf bf8] hfg]/ ; xofŕ ug{afŕx/sf]; yf cfj Zos kb5 e6g]dx; ; u/šf lyof; olb  
xŕdn]sfd ul//xšf] 56f}eg]kŕošn] xŕdnf0{ kZg ugŕclwsf/ 5 . xŕdl kŕoš Ifŕdf kŕtallb 5f}-t/ of] t  
tkf0x?n]lg0f6 ugŕs/f xŕ]ls xŕdl sxf+pkoSt x65f}- olb tkf0x?n]xŕdf]sg}eldsf bŕgŕ6g eg]klg Toŕ]7ls]  
5 . c6tdf, d UNCRD / HESI sfošŕ, d6qnosf ; fy}c6o ; a}; xeful ; fylx?nf0{w6oj fb lbg rfx65' h; n]  
wŕ}kl/>dsf ; fy sfd ugŕPsf]5 . sfožinf uŕ7l ; fngdf ; xofŕ ugŕclwsf/L tyf lgsfonf0{klg w6oj fb lbg  
rfx65' . w6oj fb .

# blifof Plzofsfnflu eSDk hfjvd Gols/Of / kg?Tyfg tof/L sfofð

df; flxsfjd/ftf, International Recovery Platform -cf0cf/kl



/fxh; g uktf  
kftk Joj :yfkglj 1, oPg8lkl gkfn



>L d/ftm d clxn] blifofl Pl; of lfgsf nflu nfu' ul/Psf]gof+eSDklo hfjvd Gols/Of tyf kftof/L sfofð (Earthquake risk reduction and recovery preparedness program) sf af/]hfgsf/L u/fpg rfx65'. UNDP jf UN nf0{kofu u/L hfkfg ; /sf/sf]klxn] lfglo eSDklo kl/ofhgf xf] ; fy} ; /lffds kl/ofhgf; u o; sf]ghssf]; Da6w xgkb5 . of]ERRP kl/ofhfgsf]hfkfg ; /sf/, UNCRD, UNDP alr eldsf 5 . o; sfofðsf]sh ah6 \$\* nfv #) xhf/ cdv/sl 8n/ 5 . of]; xofu hfkfg ; /sf/af6 ePsf]5 . of]sfofð|b0j ifsf nflu Hyogo Framework for Action sf] p27o k/f ug{ ; #fng ePsf] xf] . of] kl/ofhgf Hyogo Framework for Action sf ; fy}kftk Gols/Of ug{ 3/sf afl; Gbf, ; dbfox? tyf /fi6sf nflu klg xf]. eSDklo hfjvd Gols/Of /ofglit thfif tyf sfof] og ug{ ; #yfut tyf ; dbfos] lfdtf ; b9 ug]o; sfofðsf] p27o /xsf] 5 . of] sfofð e6fg, aunftz, ef/t, gkfn tyf kfs:tfu u/L blifofl Plzofs kfr dh5x?df ; #flnt 5 . of] sfofð b0{txaf6 tof/ ul/Psf] 5 . klxn] /fi66 :t/ Joj :yfkglj 9#fndf ; xofu kfofpg /fi66:t/lo kl/ofhfgsf] ?kdf / bf] fl] lfgx? alr cgej sf] cfbfg kbf tyf lfglo tyf /fi66:t/lo kl/ofhfgsf nflu klj lws ; xofu ug{ lfglo kl/ofhfgsf] ?kdf . kfof /fi66 ; /sf/sf nflu /fi66:t/lo kl/ofhgf UNDP s66k sfofnoaf6 lj sf; ul/Psf]xf].

d lfglo kl/ofhfgsf af/]5f6s/ldf hfgsf/L u/fpg rfx65'. cgej x?sf] cfbfg kbfgef lfglo ; xofu tyf ; d6j o a9fpg lfglo kl/ofhgf ; #flnt 5 . of]clxn] lfgx? alr kfrngdf 5 ; fy}cgej tyf cEof; x?sf]b:tfj h klg 5 . blifof Pl; of leq} klg kftkx? cf-cfkn} vfnf] 5 . lsgel lgdrf skglx? lj le6g vfnf 5g\ ; fdfhs, cfly6, ; #s[tdf lj lj wtf 5 . ; fy}pkoSt tyf nfut kefj sf/l klj lwx?sf]kofudf klg km/s 5 . o; sfofðn] lfglo tyf /fi66:t/lo kl/ofhfgsf nflu lfglo tyf ljzi6 lgsfo, u} ; ; #fnx?sf]kofu u/L pkoSt klj lws ; xofu ug{ /xsf] 5 . /fd] kfrngx? sfod /fvg]gkndf xdf] rfxgf 5 hg c? nllf u/La b2x?df klg 5 . Pl; ofsf]; eSt ; /lffsf s/fx?df c6t/fl66 klj lws ; xofu ; lglZrt xg5 . hfkfgsf]eSDklo kl/tf]vs ejg lgdrf /ofglit ; Da6wl 1fg tyf cgej nf0{o; sfofðdf /fd} u ; dflxt ul/g5 e6g]cfzf ug{ ; l65 . w6jfb .

>L ukftm UNDP sf] tkmf6 d ; ahf0{ of] sfofðdf ; xeful xgePsfdf w6jfb lbg rfx65'. d oxf+ hfkfg ; /sf/sf]; xofudf ; #flnt IRP / UNDP sfofðsf af/]pNn} ug{ rfx65'. oxf+tkf0n]bVg ; Sgx65 gkfnf] dfglrqdf sfofðsf c6o efux? s]xg ; S5g\ . /fi66 tyf gu/kfnf :t/df efv]ns lfg xg5 . gu/kfnf :t/sf af/]s/f ubf{xfdlx? :yfglo lj sf; d6afno tyf eflts ofhgf tyf lgdrf d6afnosf]; ofhgsf

lfqx? klxrfg ugI sflzz ul//x\$ 5f}. kfrj6f gu/kflnsfx? kllj lws cydf w}}g} cfwf/t 5g\ efufhns, hg3gTj, :yfglo lj sf; d6qnosf]lj Zn]f0f cg; f/ sxl d6qdf ePklg gu/kflnsfsf] lfdtf cyjf e6kofu cflb . log}kllj lws s/fx?sf cfwf/df xfdlx?n}kfrj 6f gu/kflnsfx?nf0{k}tfj ul//x\$ 5f}hg cfpj!) lbgdf klxrfg ug5f}; xdf]kl/of]hgf dlfosg ; ldltn]w}}d6qnox?; # k/fdz{u/l o; df 7hf]d}xgt u/\$f]5 . ca /fli60 tyf d6qno :t/sf]; 06q xg5 . /fli60 :t/sf]; 06qn]HESI kl/of]hgf tyf UNCRD ; # glhssf]; Da6w /fv} sfd ug5 . o; sf]cj lw cu:t blv hhf0{0})( ; Ddsf]xg5 . o; sf]ah0 & nfv ^) xhf/ cd]l/sl 8n/ a/fa/sf] 5 hg k]olf /fli60 :t/sf]sfo5d tyf sfo5d ; xof]uf nflu cfpj]5 . hfkgsf]pRr kllj lws ; #yfx?af6 k]k}t xg]l]f0lo ; xof]u o; df ; dfj z 5g . of]l]f0lo :t/sf ; 06qsf nflu cfpj]5 . t; y{& nfv ^) xhf/ cd]l/sl 8n/ sfo5d tyf sfo5d ; xof]uf nflu gk]ndf /fli60 :t/sf nflu t?6t}pknAw x65 .

gk]ndf ; femf]/Lsf ; Da6wdf xdf] lgb]zsf cg; f/ UNDP n] w}h; f] sfd ugI kd'v sfo5f]0fl lgsfo cyf\ ; /sf/ g}o; sf] dVo sfo5f]0fl lgsfo x65 . eflts of]hgf tyf lgd}f d6qnosf ; fy}:yfglo lj sf; d6qno sfof]og ugI lgsfo xg5g\eg] t]n]f]:t/sf nflu gu/kflnsf g}pQ/bf0l xg5g\ gk]nsf]; fwf/0f k\$}k Joj:yfkgf nflu u} d6qno cfl/s d6q :t/lo ; d6j o ugI lgsfosf ?kdf o; ; femf]/Ldf ; b:o xg5 . UNCRD sfo5d]sf]; d6j odf ol sfd ul/g5g\ /fli60 :t/df xfl; n ug{v}f]hPsf gDa/ \$ sf] glthf klxn] e5Dklo hf]vddf /x\$ tyf d6qno tyf gu/kflnsfx?sf] hf]vd G6]s/0fdf lfdtfsf]lj Zn]f0f xfl. csf]s/f, ha xfd bl]f0f Pl; ofsf sfo5d]sf af/]f s/f ul//x\$ x65f} kfrj 6f ; Fls} b}x?sf] e5Dklo hf]vd G6]s/0fdf kl/kSj tfsf]:t/ Pp6}x65 e6g] dtna xf0g . gk]n o; d6n]df cu0fl xg5 . tkf0{?; # NSET, JICA, sf7df08f} e5Dk cgludg lj Zn]f0f, sf7df08f} dxfgu/kflnsdf EU Mapping kl/of]hgf h:tf pRr kllj lws :t/sf sfo5dx? ; #fng e0/x\$ 5g\

t; y{oxf+Pp6f dxTj k0f{s/f k]6 kfg{rfx65'ls xfd ug5f} h]u5f]f0f]NSET, JICA nufot c6o ; femf]/n] xfn; Dd u/\$f u0f:t/lo sfd e6f /fd] u5f}. clxn] Dd ul/Psf sfdx?sf] kg/fj n}sg xfd ub}f} ul/Psf sfdx? kg] ub}f}. bf] f] s/f, lfdtf lj sf; sf af/]h; df UNDP sl/a !^^ j 6f dh'sx?df a9l d6qdf ; m]g 5 . ; /sf/l lgsfox? tyf ; dbfosf]e5Dklo k} fof/L tyf of]hgf kfg ug} lfdtf lj sf; hg rflx+w}}; lhn] k\$}f xfl. t}f] k\$}k k}f]:yf of]hgdf lfdtf clea]b xfl. ol ; a}gof+lf] xgV of]of]hgf k\$}f ; gfd kl5 / e5Dk kl5sf ; Gbe5f xg\ t/ gk]ndf o; n]w}}dxTj kfgp' kb5 / of]k}{k\$}k 9f}f}sf]cu} /tfnf0{d kz}f ub5'. zx/L 9f}f}sf nflu gu/kflnsfx?df o; sf]cj Zostf kb5 . hxf+k}f]:yf k} fof/L of]hgf cuj}ug}; ls65 Toxf+pknAw xgkb5 tfs ; s6df k/\$f ; Argfx? 3/, lj Bfno, c:ktfn ejgx? klxn\$} /fd] cj:yfdf Nofpg ; ls65 . rfyf] hxf+Dd /fli60 :t/sf]; Gbedf lj z]f]ul/sg :yfglo :t/df pkoSt xg]; dfwfg h; df gk]nsf ; Gbedf cfj Zos kg] lfdtf lj sf; k\$}f0f0{; xof]u ugI s/fx?nf0{l}rf/ u/l ; /sf/sf] lfdtfsf]lj sf; kb5g\ lj Zn]f0f af/]f xfdln]xg]dVo tlg lfqx? 5g\ tl xg]

- != dfl]bf ejgsf]e5Dklo ; s6sf]lj Zn]f0f -; f] flgs lgd}f? h:tf]lj Bfno, c:ktfn cflb tyf lghl 3/x?.
- @= j :tl k\$}/sf]k}f]sf]kg/fj n}sg, e6kofu k}ng, pRr hf]vd lf]sf lj slkx? tyf e5Dk k\$}k}sf ; Gbedf lh] sf]fhg tyf ; fdlhs cfly5 cj:yf]kg/fj n}sg .
- #= e5Dklo k} fof/L tyf klts6df lj Bdfg ; /sf/l tyf gu/kflnsf gltx?sf] kg/fj n}sg.

of]hgf tof/L ugI lhDd]f/ lgsfodf UNCRD sf]; d6j odf zx/L lj sf; tyf ejg lgd}f lj efu xfl/ o; df /fli60 :t/sf w}}lfqx? ; dl6Psf 5g\ bf] f] e5Dklo hf]vd G6]s/0fdf gu/kflnsfx? tyf d6qnox?sf] lfdtf lj sf; xfl. o; df s; nf0{lhdD]f/ agf0g]e6g]s/f xfd w}}k]6 ?kdf / 7f] ?kdf lj rf/ ul//x\$ 5f}. t/ xfd o; nf0{s; /L xll/x\$ 5f}eg]lgd}f}sf >v}nfx? x65g\h:t]Ps 3/ lgd}f} x65 eg]of]cf}l; o/, Olghlgo/ tyf 7\$}f]x? xsf+h}65 . ca of]lglZrt >v}nf gu/kflnsfsf Olghlgo/x?af6 ; kl/]f0f ul/gkb5 cyjf of]lglZrt k\$}f /fd]j}f 7ls 9#af6 ePsf]5 5g\ eg]s/f x65 . t; y{l}gd}f} k\$}f}df ol ; /f}f/j}fnfx? k]o\$}n]lglZrt kllj lws 1fg, zlk cfj Zostf kb5 . lo; u/L 3/wlx?sf nflu z? ubf{pglx?nf0{klg r}gf hufpg]s/fx?, Olghlgo/, lghl Olghlgo/ tyf gu/fklnsf Olghlgo/x?nf0{kllj lws tflndf s/fx? kb5g\ . gltut txn] gu/kflnsf tyf d6qnox?sf] glt lgd}f}stf}nf0{ ; j}hgZln agfpg ; S5 / sf/vfgf, c:ktfn, lj Bfno, Joj; flos ejgx?sf ; Dal6wt ; a}Joj:yfksx? plQs}hf]vddf x65gV pglx?nf0{klg o; af/]; j}hgZln agfpg' kb5 . km]/klg zx/L lj sf; tyf ejg lgd}f} lj efu, eflts of]hgf tyf lgd}f} d6qno / :yfglo lj sf; d6qnon] o; nf0{cufl8 a9fpg' x65 . glthf # ; fwf/0f 5 . of]b0]6f lfqx?df k}f]:yf of]hgfsf]af/]f xfl. Pp6fn]s]:tf

*ejg lgdllf cfrf/ ; lxtfsfkéj sf/l sfollj og  
tyf kff/-k/f/*

l; sf0 jf kf7x? eP e6g] s/f u5{/ of] **IRP** sf] ; xof]un] cfbfg klfpg ug{ ; ls65 . 1fg/l; sf0{ cfbfg klfpg  
ug{ešDkaf6 xfn}ePsf lj le6g gf\$; fgx? xfdln]c? bžx?af6 klg lng ; \$5f}+. bf] fl] gkfnst]lj sf; of]hgfd  
kj]f] :yf kj] of/L of]hgfnf0{; of]hg ug]s/f kb5 .

## ; dfrkg j Qmlo

; ðéQm ; fuf5]  
dxflgbžs, ejg lj efu



d tkf0x? ; a)nf0{ of] ; k0f{ sfošðdf ; ædtfk] \$ a;L/xg' / ; xefultf hgf0/xg' ePsfðf w6oj fb lbg rfx65'. ; fy}xhdln]clxn] Dd s]l; Sof}eg]xhdln]g}sfdu gkb5 .

xhdln]w}k|tall0tf hfx] u/šf 5f}. >f]x?sf]cfj Zostf kb5 To]k/f ug{; lsg]jf g; lsg]s]xf] t/ klg xfd] txaf6 ug{; lsg]sfd z? u/f}. **HESI / UNDP** sf] **ERRP** sfošðn]xhdlnf0{stf hfg] e6g] s/fdf lgbž ugš e6g]cfzf /fvšf 5f}. sfd ug{xhdln]xf]/ sfd ug{cfwf/lznf xhdln]tof/ u/šf 5f}. o; sf nflu 6f]hl klg alg; sšf] 5, ejg lgdff cfrf/ ; lxtf alg; sšf] 5 . ; fy}; ðyf klg u7g e0; sšf] 5 / ljle6g :t/df sfd ug{; Sg]cj :yfdf klu; sšf 5f}. cfknyf] tx cg; f/ k|tall0tfsf nflu xhdln]sfd ug{z? u/f}. of]g}b0{lbj uf]7lsf]pknAwl xfh:tf]dnf0{nflb5 . elj iodf xg]sfdx? tkf0x?; u}ug{xfdl jfrf klg u5f}. zx/l lj sf; , ejg lj sf; lj efu / gu/kfnsf tkf0x? 566f 566}lgsfo eg] g7f6gxf]hf . of]Pp6}c u x]e6g]; f]gxf]hf . Ps cfk; sf]; xof]u lnP/ of]sfo{cufl8 a9fcf}. o; sfoðf **HESI / ERRP** n]xhdlnf0{; xof]u u5{eg] egšf] 5 t; y{xhdl]of]; xsfo{cleofg cl3 a9fpb}lnP/ hfcf}.

o; }lznlnzndf d 8f= cf6bf] 8f= d/ftf tyf k|k]m] / cf]f]glnf0{w6oj fb lbg rfx65'. xfd] bždf tkf0x?sf] pkl:y]tsf ; fy}xhdl] 3/ ; fj h]lgs ejg, c:ktfn ejg, lj Bfno ejgx? cfbl ; /l]ft agfpg ejg lgdff cfrf/ ; lxtf k6f]sf/l sfof]j ogsf nflu lg/6t/ ?kdf tkf0x?sf] k|k]m]; xfg / lgbžg k|kt e0/xgš . xhdln] gu/kfnsfx?; u ; xsfo{ug{k|tall0tf JoSt ul/; sšf 5f}/ oxl lznlnzndf tkf0x?sf]; xof]u w}g}kž;glo 5 . elj iodf tkf0x?sf]; xof]u hf/L /lx/xg]s/fdf xfdl cfz]f fbl 5f}. ca d of]b0{lbj}sfožtnf oxl e6t ePsf]3f]f0ff ug{rfx65'. w6oj fb .





cg; rl

sfosd sf]pb7o / sfosd ; 77  
; xeflux?sf]; lr



## Workshop Program:

### **“Effective Enforcement and Dissemination of Building Code”**

**2<sup>nd</sup> – 3<sup>rd</sup> August 2007**

Godavari Village Resort, Lalitpur, Nepal

Building codes are key instruments for improving the resilience of the built environment to earthquakes and other natural hazards. It is recognized that though many developing countries have established the building control system aiming to prevent casualty and other losses due to natural hazards like earthquake, cyclone etc, it is yet to see the effective enforcement of such regulation in practice in those countries. Lack of understanding of proper building control mechanism among policy makers, inability of local governments to put system in place and other socio-economic factors are, in part, the major factors for such shortfalls in code enforcement.

In order to identify the common problems that hinder the effective enforcement of codes, the United Nations Centre for Regional Development (UNCRD) held an expert meeting in Kobe in January 2007 under the Housing Earthquake Safety Initiative (HESI). The meeting attended by several international and Japanese building officials and experts pointed out the lack of capacity of national government and local governments to comprehend the necessary requirements and tools for code application as one of the major hindrances in this path. In this context, UNCRD plans to support national and local governments in recognizing the problem areas, identify the appropriate chain of building permit system, planning for human and financial resources for code enforcement through certification and inspection.

In course of HESI implementation, a national consultative workshop is planned for 2 – 3 August 2007 in Nepal where UNCRD will co organize the meeting with Ministry of Local Development (MOLD), Department of Urban Development and Building Construction (DUDBC)/ Ministry of Physical Planning and Works, and National Society for Earthquake Technology -Nepal (NSET).

The objectives of the workshop are:

1. Identify the country context problems in relation to supply and demands of building construction in urban areas.
2. Make the case that building control is a policy problem and requires policy intervention from the decision makers
3. Support development of generic framework for effective building code enforcement by city governments in Nepal.
4. Identify the scope and areas of necessary support to build capacity of local governments for effective Building Code (BC) enforcement.

The workshop will deal with the topics in following themes:

1. Building code as policy issue
  2. Development of BC enforcement and dissemination system for local governments
  3. Capacity building of local governments
  4. Way forward for sustainable and effective BC enforcement and dissemination
- 

## **Workshop “Effective Enforcement and Dissemination of Building Code”**

*A two-day consultative workshop for shaping the future course of action*

### *DAY I – THURSDAY 2 AUGUST 2007*

**08:00-08:30**

**Participants Registration**

**08:45 - 09:20**

#### **OPENING SESSION**

**Chair**      **Mr. Purna Kadariya, Acting Secretary, Ministry of Physical Planning and Works**

Welcome Remarks

Mr. Amod Mani Dixit, *Executive Director, National Society for Earthquake Technology- Nepal (NSET)*

Opening Remarks

Dr. Shoichi Ando, *Coordinator, Disaster Management Planning Hyogo Office, UNCRD*

Remarks

Mr. Vijaya Singh, *Assistant Resident Representative, UNDP Nepal*

Message from the Hon. Minister Dev Gurung, *Ministry of Local Development, Nepal*

by Mr. Som Lal Subedi, *Joint Secretary, Ministry of Local Development*

Remarks by the Chair of the Session- Mr. Purna Kadariya, *Acting Secretary, Ministry of Physical Planning and Works*

**09:20-09:30**

**Group photo**

**09:30- 10:00**

**Tea/Coffee Break**

#### **SESSION I: POLICY FRAMEWORK FOR BUILDING CODE**

**Chair**      **Mr. Som Lal Subedi, Joint Secretary, Ministry of Local Development**

- 10:00-10:20      **Building code as a tool for sustainable habitat**  
*Mr. Kishore Thapa, Joint Secretary, Ministry of Physical Planning and Works*
- 10:20-10:40      **Millennium Development Goals (MDGs) and HESI for sustainable development**  
*Dr. Shoichi Ando, UNCRD, Japan*
- 10:40-11:00      **Decentralization, local governance and building code implementation**  
*Mr. Dinesh Kumar Thapaliya, Chief Executive Officer, Kathmandu Metropolitan City*
- 11:00-11:30      **Historical Development of Building Code of Japan**  
*Prof. S. Otani, Chiba University, Japan*
- 11:30-11:40      **Session Review**  
*Prof. Bharat Sharma, Nepal Engineering College*
- 11:40-12:00      **General Discussion and Response by Presenters**

## **SESSION II: PANEL DISCUSSION ON ROLE OF STAKEHOLDERS**

- 12:00- 13:00      *Moderator: Mr. Bishnu Pandey, UNCRD*  
*Rapporteur: Ms. Nisha Shrestha, NSET*
- Panellists:*
- *Mr. Som Lal Subedi, Ministry of Local Development*
  - *Mr. Surya Bhakta Sangachhe, Director General, DUDBC*
  - *Mr. Prem Raj Joshi, Bharatpur Municipality*
  - *Badan Lal Nyachhyon, Society of Consulting Architectural and Engineering Firms (SCAEF)*
  - *Dr. Jishnu Subedi, Nepal Engineering college*
  - *Mr. Ram Chandra Kandel, NSET*
- 13:00-13:15      **General Discussion and formation of a team for drafting main elements of the policy for enforcement and dissemination of Building Code**
- 13:15-14:30      Lunch Break**
- 14:30- 15:00      Video Screening "An Earthquake Reconstruction of Kobe, Hyogo Prefecture, Kobe, Japan"

## **SESSION III: ROUND TABLE DISCUSSION ON BUILDING CODE POLICY**

- 15:00- 15:30      Moderator: Mr. Amod Dixit, Executive Director, NSET

*Presentation of draft building code enforcement policy by team  
representative  
Discussion on draft document  
Finalization of the document*

**15:30 -15:50**            **Tea Break**

**SESSION IV:    PROBLEMS AND OPPORTUNITIES IN BUILDING-  
PERMIT PROCESS**

**Chair**    **Mr. Bidur Mainali, General Secretary, Municipal Association  
of Nepal (MUAN)**

15:50-16:10            **Japanese experience of building control by Prefecture government**  
*Mr. Nobuaki Takahasi, Hyogo Prefecture Government, Japan*

16:10-16:25            **LSMC experience of building code Implementation**  
*Mr. Niyam Maharjan, Chief, Earthquake Safety Section, Lalitpur Sub-  
Metropolitan City*

16:25-16:40            **Challenges and opportunities to initiate building code implementation**  
*Mr. Suraj Shrestha, Engineer, Dharan Municipality*

16:40-16:55            **Legal and regulatory issues of building control**  
*Mr. Basant Acharya, Legal Officer, Kathmandu Metropolitan City*

16:55-17:15            **General discussion and note from session chair (omitted)**

17:15- 17:30            **Explanation of questionnaire to be filled by each municipality (input to  
develop a system of building permit process)**  
*Mr. Bishnu Hari Pandey, UNCRD*

17:30- 18:30            Filling out of questionnaire

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***DAY II- FRIDAY, 3 August 2007***

08:45-09:00            Recap of 1st Day's work by Mr. Bishnu Hari Pandey, Researcher, UNCRD

**SESSION V:    DEVELOPMENT OF MUNICIPAL BUILDING  
PERMIT PROCESS**

**Chair**            **Mr. Narayan Bahadur Thapa, Under-secretary,  
*MOLD***

09:00-09:20            **Salient features of Nepal National Building Code**  
*Mr. Amritman Tuladhar, Engineer, DUDBC*

- 09:20-09:40 **Provision of resources for the building permit process**  
*Mr. Reshmi Raj Pandey, Under Secretary, MOLD*
- 09:40- 10:00 **Engagement and counseling service by city government: Experiences of Banepa Municipality**  
*Mr. Suresh Shrestha, Engineer, Banepa Municipality*
- 10:00-10:20 **Role of civil society in building code implementation**  
*Mr. Bibhuti Man Singh, Chairman, Disaster Management Committee KMC Ward-17; Representative of Thamel Rotary Club*
- 10:20-10:40 **General discussion and response by presenters**
- 10:40- 11:00** **Tea/Coffee Break**

**SESSION VI: BREAK OUT SESSION: MUNICIPAL SYSTEM FOR BUILDING CODE IMPLEMENTATION**

**Chair** **Mr. Purusottam Dangol, Deputy Director General, DUDBC**

- 11:00-11:30 **Preliminary Result of Survey Questionnaire (summary of responses of all municipalities)**  
*Mr. Ramesh Guragain, Director, Earthquake Engineering and Training, NSET*

**Global Survey on Building Code and Code Enforcement**  
*Ms. Naoko Mishima, Research Assistant, UNCRD Disaster Management Planning Hyogo Office*

- 11:30-11:45 **Explanation of problem issues to be discussed in breakout session**  
*Mr. Bishnu Hari Pandey, UNCRD*

- 11:45-12:00 **Break out of participants into 3 groups**
- G1: Capacity building of municipal governments and communities
  - G2: Administrative structure for sustainable building control and counseling
  - G3: Ensuring adequate human and financial resources for BC implementation

- 12:00-13:00** **Working Lunch**

**SESSION VII: BREAK OUT SESSION: MUNICIPAL SYSTEM FOR BUILDING CODE IMPLEMENTATION (continuation of session VI)**

- 13:00-14:15 Group work
- 14:15-14:30 Preparation of group report

14:30- 15:15 Group work presentation by group coordinators (15 min each)

**15:15- 15:35 Tea/Coffee Break**

**SESSION VIII: ROUND TABLE DISCUSSION ON BUILDING CODE  
IMPLANTATIONS IN CITY GOVERNMENTS**

**Chair Mr. Krishna Prasad Devkota, *Chief and Executive Officer, LSMC***

15:35- 16:15 Facilitator: Mr. Surya Narayan Shrestha, *Deputy Executive Director, NSET*

Presentation of draft building permit system for municipalities (based on group work presentation)

Roundtable discussion on draft document

**SESSION IX: WAY FORWARD AND CLOSING**

**Chair Mr. Surya Bhakta Sangachhe, *Director General, DUDBC***

16:15- 16:45 Short oral presentations by representative of

- City government: *Mr. Dinesh Thapaliya, Chief and Executive Officer, KMC*
- NSET- *Mr. Amod Mani Dixit, Executive Director, NSET*
- IRP – *Masahiko Murata, Senior Researcher*
- UNDP- *Mr. Rahul Sen Gupta, Disaster Management Expert, UNDP*

16:45- 17:00 Way forward (3 - year action plan )

- MPPW – *Mr. Kishore Thapa, Joint Secretary, Ministry of Physical Planning and Works*
- MOLD- *Mr. Som Lal Subedi, Joint Secretary, Ministry of Local Development*
- UNCRD- *Dr. Shoichi Ando, Coordinator, UNCRD Disaster Management Planning Hyogo Office*

**17:00- CLOSING REMARKS BY THE CHAIR**

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S/N	Name	Title/Organization
1	Mr. Purna Kadaria	Acting Secretary, Ministry of Physical Planning and Works
2	Mr. Kishore Thapa	Joint Secretary, Ministry of Physical Planning and Works
3	Mr. Surya Bhakta Sangachhe	Director General, Department of Urban Development and Building Construction
4	Mr. Asok Nath Upreti	Deputy Director General, Department of Urban Development and Building Construction
5	Mr. Moti Lal Pandey	Senior divisional engineer, Department of Housing and Building Construction, Ministry of Physical Planning and Works
6	Mr. Dwarika Shrestha	Senior divisional engineer, Department of Housing and Building Construction, Ministry of Physical Planning and Works
7	Mr. Amritman Tuladhar	Building Engineer, Department of Housing and Building Construction
8	Mr. Som Lal Subedi	Joint Secretary, Ministry of Local Development
9	Mr. Babu Ram Gautam	Under Secretary, Ministry of Local Development
10	Mr. Reshmi Raj Pandey	Under Secretary, Ministry of Local Development
11	Mr. Pashupati Pokharel	Section officer, Ministry of Local Development
12	Mr. Dinesh Thapaliya	Executive Officer/ Kathmandu Metropolitan City
13	Mr. Ram Thapa	Engineer/ Kathmandu Metropolitan City
14	Mr. Devendra Dangol	Urban Planner/ Kathmandu Metropolitan City
15	Mr. Krishna Prasad Devkota	Executive Officer/ Lalitpur Sub Municipality
16	Mr. Niyam Maharjan	Engineer/ Lalitpur Sub Municipality
17	Mr. Pradeep Shrestha	Head, Urban Development Division/ Lalitpur Sub Municipality
18	Mr. Indra Prasad Karki	Executive Officer/ Bhaktapur Municipality
19	Mr. Ram Govinda Shrestha	Engineer/Bhaktapur Municipality
20	Mr. Krishna Gopal Prajapati	Arch. Engineer/Bhaktapur Municipality
21	Mr. Saroj Guragain	Executive Officer/Kirtipur
22	Mr. Bal K. Maharjan	Engineer/Kirtipur
23	Mr. Govinda Singh Bhandari	Executive Officer/ Madhyapur Thimi
24	Mr. Satyanarayan Shah	Engineer/ Madhyapur Thimi
25	Mr. Yagya Prasad Bhattarai	Executive Officer/Biratnagar
26	Mr. Dilendra Pradhan	Engineer/Biratnagar
27	Mr. Umesh Prasad Ojha	Engineer /Biratnagar
28	Mr. Uttam Prasad Nagila	Executive Officer/Pokhara Sub-Metropolitan City
29	Mr. Purna B. Gurung	Engineer/Pokhara Sub-Metropolitan City
30	Mr. Sarada Mohan Kafte	Urban Planner/Pokhara Sub-Metropolitan City
31	Mr. Keshav R.Ghimire	Executive Officer/Birgunj Sub-Metropolitan City
32	Mr. Shailendra Shrestha	Engineer/Birgunj Sub-Metropolitan City
33	Mr. Prakash Man Amatya	Chief, Planning /Birgunj Sub - Metropolitan City
34	Mr. Khadga Bahadur Chapagain	Executive Officer/Dharan Municipality
35	Mr. Suraj Shrestha	Engineer/Dharan Municipality
36	Mr. Krishna Prasad Jaisi	Executive Officer/ Banepa Municipality
37	Mr. Jay Manandhar	Engineer/Banepa Municipality
38	Mr. Madan Bhujel	Executive Officer/ Hetauda Municipality
39	Mr. Satya Narayan Sah	Engineer/Hetauda Municipality
40	Mr. Birendra Lal Shrestha	Urban Planner/Hetauda Municipality
41	Mr. Ganesh P. Timilsina	Executive Officer/ Itahari Municipality
42	Mr. Arjun K. Dahal	Engineer/Itahari Municipality
43	Mr. Narendra Baral	Executive Officer/ Butwal Municipality



44	Mr. Surya Mani Poudel	Engineer/Butwal Municipality
45	Mr. Bishnu Prasad Khanal	Legal Officer/Butwal Municipality
46	Mr. Krishna Prasad Aryal	Executive Officer/Nepalgunj Municipality
47	Mr. Ganesh Prasad Pandey	Engineer/Nepalgunj Municipality
48	Mr. Murai Nepal	Executive Officer/ Dhangadhi Municipality
49	Mr. Dej Raj Bhatta	Engineer/Dhangadhi Municipality
50	Mr. Krisna P. Gautam	Executive Officer/Tribuvan Nagar Municipality
51	Mr. Ram Dhan Shrestha	Engineer/Tribuvan Nagar Municipality
52	Mr. Krishna P. Pudasaini	Executive Officer/ Mahendra Nagar Municipality
53	Mr. Himalay Singh Ayar	Engineer/Mahendra Nagar Municipality
54	Mr. Pusp Raj Bhatt	Assistant Planner/Mahendra Nagar Municipality
55	Mr. Tuphan Singh K.C	Executive Officer/ Birendranagar Municipality
56	Mr. Janak B. Shahi	Engineer/ Birendranagar Municipality
57	Mr. Tika Ram Gyawalai	Executive Officer/ Tansen Municipality
58	Mr. Bishnu Paudel	Manager/ Tansen Municipality
59	Mr. Manohar Lal Shakya	Urban Planner/ Tansen Municipality
60	Mr. Lok Nath Poudyal	Executive Officer/ Bharatpur
61	Mr. Prem Raj Joshi	Engineer/ Bharatpur
62	Mr. Birat Ghimire	Engineer, Urban Planner/ Bharatpur
63	Mr. Raju Pokharel	Engineer/Dharan Municipality
64	Mr. Amod Mani Dixit	Execurtive Director, National Society for Earthquake Technology- Nepal (NSET)
65	Mr. Surya Narayan Shrestha	Deputy Executive Director, NSET
66	Mr. Ramesh Guragain	Director, Engineering and Research Division, NSET
67	Ms. Niva Upreti	Communication officer, NSET
68	Dr. Jishnu Subedi	Vice Principal and Associate Professor, Nepal engineering college
69	Mr. Bharat Raj Sharma	Professor, Nepal engineering college
70	Mr. Bibhuti Man Singh	Chairman, Disaster Management Committee, ward 17, KMC
71	Mr. Badan Lal Nyanchhon	Executive Director, Society of Consulting Architectural and Engineering Firms (SCAEF)
72	Mr. Kiran Pokhrel	Reporter, Sagarmatha community Radio



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